

## Telehealth Session Documentation Template

### Session Notes Content

Each session note includes:

- Client code
- Date and time of session
- Duration
- Service type (regular 1 hour session/90 minute urgent session/free grief support group/free 20 minute consultation)
- Session content summary
- Interventions used
- Client progress toward goals
- Risk assessment (if applicable)
- Plan for next session
- Practitioner name/credentials

### NDIS-Specific Requirements

For NDIS participants, additionally document:

- Alignment with NDIS goals and plan
- Progress toward stated outcomes
- Any barriers to goal achievement
- Coordination with other supports
- Reasonable and necessary justification for service

### Timeliness

- Session notes completed within 24 hours of session
- NDIS progress reports completed within required timeframes
- Urgent risk documentation completed immediately

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