# Michael Harner's

# Basic Workshop, The Way of the Shaman® Shamanic Journeying, Power, and Healing

# Presented by Jo Ann Broder – Shamanic Practitioner and FSS Faculty ShamanicThunder.com

During the Basic experiential workshop, participants are introduced to core shamanism, the universal, near-universal, or common basic methods of the shaman to enter nonordinary reality for problem solving and healing. Particular emphasis is on the classic shamanic journey, one of the most remarkable visionary methods used by humankind to explore the hidden universe otherwise known mainly through myth and dream. Participants are initiated into shamanic journeying, aided by drumming and other techniques for experiencing the shamanic state of consciousness and for awakening dormant spiritual abilities, including connections with Nature.

Practice includes comparisons by participants of their discoveries in shamanic journeys as well as being introduced to shamanic divination and healing. They are also provided with methods for journeying to meet and study with their own individual spirit helpers in nonordinary reality, a classic step in shamanic practice. Participants learn how the journey is utilized to restore spiritual power and health, and how shamanism can be applied in contemporary daily life to help heal oneself, others, and the Planet.

## **PLEASE BRING:**

A rattle or a drum if you have one.

A bandana or other eye covering.

A cushion and/or blanket.

A rough-surfaced GRAPEFRUIT-sized rock.

A pen and notebook to record your journeys.

A bag lunch (optional).

Wear comfortable layered clothing and warm socks. Please do not use perfumes or scented oils (some participants may have allergies). Completion of this workshop qualifies participants to take more advanced FSS workshops.

#### WORKSHOP DATE AND TIME

Saturday, November 14, 2020, 10:00 am - 5:30 pm Sunday, November 15, 2020, 9:30 am - 5:00 pm

#### **FEE AND REGISTRATION**

Fees: \$250 - Paid in Advance

## **To Register Contact:**

Jo Ann Broder Jo@ShamanicThunder.com 815-519-3104 ShamanicThunder.com

#### LOCATION:

Cedar Rapids, Iowa

#### **INSTRUCTOR:**

Jo Ann Broder

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- Please Be Prompt

# THE FOUNDATION FOR SHAMANIC STUDIES

A non-profit public 501(c)(3) charitable and educational organization www.Shamanism.org

Course Title: Basic Workshop: The Way of the Shaman®

**Instructor:** Jo Ann Broder FSS Faculty **Course Date:** November 14 & 15, 2020

Location: Cedar Rapids, Iowa

Please PRINT the following information and mail with your check (made out to Jo Ann Broder) to:

Jo Ann Broder 5733 N. Rockton Ave. Rockford, IL. 61103 C - 815-519-3104

Name:	
Street:	
City, State, Zip Code:	
Phone:	-
E-mail:	

Class fee \$250 – Paid in Advance