

Habibi Youth

May 2020

Quarterly Newsletter for Muslim Youth

Volume 3 Issue 2

Honey the Healer

Honey is a treat to eat. Did you know it can also heal you when you are sick? Allah says in Quran that honey is a cure for illnesses.

Once, one of the companions of Prophet Muhammad (saw) said that he had a stomach problem. The Prophet (saw) told the man to take honey to make it feel better. He said that Allah said honey heals stomach illnesses. The man swallowed some honey, but he still felt sick. He swallowed it a second time, but he still felt sick. He swallowed it a third time and his stomach felt better. Allah is the Greatest!

Ibn Sina Wrote the Book on Quarantine

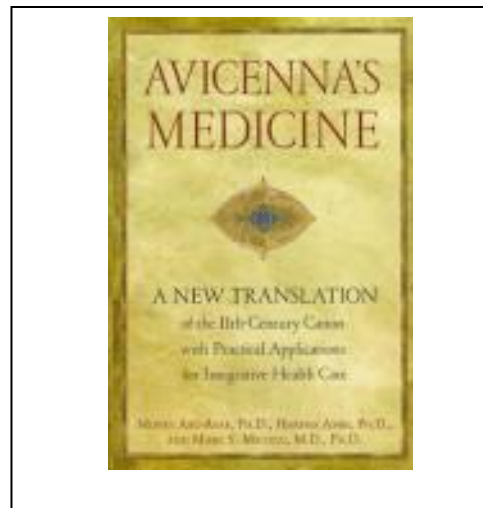
Did you know that staying away from others to prevent the spread of disease is called *quarantine*? Where did our current leaders get the idea of quarantine? They learned it from a Muslim named Ibn Sina.

Ibn Sina wrote one of the most famous books in the world on medicine. It's called *The Canon of Medicine*. It was published almost 1,000 years ago! In the book, Ibn Sina says that some diseases can spread from tiny particles that are invisible to the naked eye. This was before microscopes were even invented!

It is believed that the word "quarantine" comes from the Arabic word "al-Araba'iniya" which means (the fortieth). Forty days was how long Ibn Sina said people should stay apart from one another to prevent the spread of certain diseases.



There comes from their [bees] stomach a drink . . . that can heal people. (Quran 16: 69)



Every disease has a cure . . . (Muslim)

Visit Muslim School Books today for Islamic based phonics and reading textbooks