

LaQuandra (Lala) Gray

Non-Union Representative for Film: Tonya Hensley
 Email: Lgrayetssmu@gmail.com Phone: 214-650-7938
 Playing Age: 20-30 (29) Height: 5'1 Hair: Black (natural)
 Appearance: Black/ African American Body Type: Curvy, Maintained
 Location: Dallas, Texas & Houston, Tx (Prime)
 Education: BA in Theatre Performance (TSU) MA in Theatre (RU),
 Performing Art Industry License (NYU-Tisch)
 Voice Quality: Alto, Clear



FILM

"FAM Records"	Ms. Simms	Supporting	Dream Media LLC
"Neighborhood Run"	Mom	Principal	Dandre Ballard
"Outside The Law"	Julia	Principal	Brooks Nami
"Alone Again"	Angel	Supporting	Destiny Autrey
"The Meddler"	Angie	Principal	541 Productions
"The 4 F's Club"	Mocha	Principal	So Grateful Films
"Majestic"	Crystal	Principal	Treelog Productions

THEATRE (partial)

"Steel Magnolias"	Ouiser	Texas Southern University
"Take My Hand"	Jade	ViiV- TCC Contracted Group
"A Little House Christmas"	Mrs. Harriett Oleson	Coppell Arts Center
"Going Thru Changes: Men Hurt Too"(Musical)	Angel & Ruth	Visions and Dreams Production
"When You Go to the Pit of Hell to Find a Husband"	Debra	Plaza Arts Center
"Just As I Am"	Nina	Ensemble Theatre
"Testimony" (Musical)	Kalisha Miles	Lake Charles Event Center
"A Chocolate Christmas Carol"	Freddie	Harold J Trotter & 1989 Dreams Production

TRAINING (Partial)

Project Discovery	2012-2023	Dallas Theater Center
Stage Combat Certificate	2012	Booker T. High School
Internship/Theatre	2018-2019	The Encore Theatre
BA- Theatre Performance	2015-2019	Texas Southern University
Industry-Performance License	2022-2023	NYU Tisch- Yellowbrick
MA- Theatre	Spring 2025	Regent University
Theatre Director	2019-2023	Cedar Hill ISD-Secondary
Theatre Director	2023-2025	Houston ISD- Secondary
Improv Workshop	Kelley Cody Grimm	541 Productions
Slate Workshop	Kelley Cody Grimm	541 Productions
Headshot Workshop	Luis Martinez	Luis Martinez Photography
Monologue Workshop	Kelly Cody-Grimm	541 Productions
Rehearsal Workshop	Lance Camarillo	541 Productions
Talent Agent Workshop	Gerra Avery	The Avery Agency
Emotional Access Workshop	Erin E. Burns	E.E.B. Studios
Script Analysis	Pete Mattaliano	NYC Acting Coach
Casting Secrets	Tiandra Gayle	541 Productions & Tyler Perry Studios
Talent Branding Workshop	Donnie DeShazer	DeSazer Group LLC
Meisner Technique WorkshopSeries	Erin Elizabeth Burns	Acting Coach & 541 Production
Script Analysis Workshop	Brooke & Matt	Get Taped!-Atlanta

SPECIALS (Partial)

"Crowns" National Gospel Stage Play	Directed	The Power Center
"What Lies Behind this Hospital Bed"	Written/Directed	Texas Southern University
Hairspray Jr- Musical	Directed	CHHS- Permenter Middle School
Aladdin Musical	Directed	HISD- Sharpstown High School
Willy Wonka Jr- Musical	Directed	KISD- Wunderlich Intermediate School
FAME Jr- Musical	Directed	CHHS- Permenter Middle School
"Need No One" Stage Play	Written/Directed	Midtown Art Center & ACT Plano

SKILLS: Sketching, Playwriting, Dance (swing, ballroom, ensemble, majorette), teaching, event planning, floral arrangements, balloons, Flag-Color guard, gun handling, hunting, fishing, sewing, hula hooping, juggling, blueprints, computer, streaming, powerpoints, writing, cold, improvisation, theatre/ stage performance, reading, children's Theatre, Theater tech (sound/lighting/costuming), marketing, communications, designing, singing, Sewing, Memorization, Stage Design