

!!! Certified long-distance Runfest!!!



**JOPLIN ROADRUNNERS &
JOPLIN TRAIL COALITION PRESENT**

HIT THE ROAD, JACK 2025 RUN FEST

SATURDAY SEPTEMBER 20, STARTING AT 8:00AM

**5K/10K/15K/30K RACE
ALL RACES START AT 8AM**

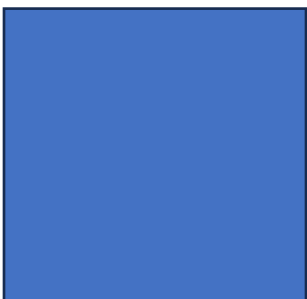
**RUBY JACK TRAIL HEAD – CARTHAGE, MO
NET PROCEEDS TOWARDS JRR CHARITIES AND
EXPANSION OF RUBY JACK TRAIL**

ALL DISTANCES USATF-CERTIFIED; ELECTRONIC CHIP-TIMING

**EARLY BIRD FEE (UNTIL 6/30): \$35 ANY DISTANCE
ENTRY FEE (UNTIL 8/31): \$35 FOR 5K, \$35 FOR 10K, \$40 FOR 15K, \$45 FOR 30K
ENTRY FEE (UNTIL 9/17): \$35 FOR 5K, \$40 FOR 10K, \$45 FOR 15K, \$50 FOR 30K
RACE DAY: \$40 FOR 5K, \$45 FOR 10K, \$50 FOR 15K, \$60 FOR 30K
VIRTUAL RUN: ANY DISTANCE \$40**

**JRR/JTC/OMRR MEMBERS AND ORGANIZATIONS/COMPANIES REGISTERING 10 OR MORE RUNNERS:
\$5 OFF WITH DISCOUNT CODE ON RUNSIGNUP
(NO DISCOUNTS ON RACE DAY !)**

**QUALITY TECH SHIRT IS OPTIONAL
SAME-DAY RACE REGISTRATION STARTS AT 6:30AM AT
RUBY JACK TRAIL HEAD**



Race Details

✓ 5K

Race starts at 8am.

Course runs to 2.5K turn-around point, out-and-back.

Awards: finisher's medal and USATF certified time. Trophy to top male/female, age group and age-graded awards.

✓ 10K

Race starts at 8am.

Course runs to 5K turn-around point, out-and-back.

Awards: finisher's medal and USATF certified time. Trophy to top male/female, age group and age-graded awards.

✓ 15K / 30K

Race starts at 8:00am

Course runs to 7.5K turn-around point, out-and-back (once for the 15K, twice for the 30K)

Awards for 15K runners: finisher's medal and USATF certified time. Trophy to top male/female, age group and age-graded awards. Number of awards depends on number of participants.

Awards for 30K runners: finisher's medal and USATF certified time at 15K and 30K. Trophy to top male/female, age group and age-graded awards.

- ✓ Number of age group and age-graded awards will increase with number of registrations.
- ✓ Age groups for 5K: 12-, 13-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+
Age groups for 10K, 15K and 30K: 19-; 20-29; 30-39; 40-49; 50-59; 60-69; 70+
- ✓ All runners completing the 5, 10, 15, or 30K will be eligible to win one of the age-graded awards in addition to any other award they may receive. These awards will be calculated and available after last runner in that race crosses the finish line.
Age-Graded Performance ranking is based on a US Masters handicap system, creating a level-playing field for all participants, regardless of gender, age or race distance.
For details, please check <https://usatfmasters.org/age-grading>
- ✓ Any MO age record set in the 5, 10, 15 or 30K receives a special MO-record award, an online MO-record certificate and a MO age record listing on MO staterunningrecords.com and on MaraRunning.org.
- ✓ Award ceremonies will be held after the last runner in that race crosses the finish line. For the 5K, this should be around 9:30am. The award ceremony for the 10K can be expected around 10am. The 15K and 30K ceremonies can be expected around 11am and 12pm respectively.
- ✓ **Virtual runners** receive a participation medal and a free event shirt as soon as they upload their result to RunSignup or submit a screenshot of their distance and time to info@joplinroadrunners.com within a week following the race. Award for virtual runners (only) will be mailed to the participants.
- ✓ Gift certificates to all top award winners by The RunAround
- ✓ Finish line entertainment by Resonation!

- ✓ Big R's BBQ will be available at the finish line. All runners will receive a \$5 coupon towards their meal selection.
- ✓ Photography by JV Photography. Pictures will be uploaded after the race and will be free of charge to all participants.
- ✓ All races are run entirely on the Ruby Jack trail. Even though the course is on a rails-to-trails surface, the course is flat, fast, solid footing and great to set a PR or even a State record. Every race is out-and-back for and all distances are beautifully shaded this time of the year.
- ✓ Advance registration at RunSignup.com (<https://runsignup.com/race/mo/carthage/HitTheRoadJack>) or on race day. Scan the QR code to register. Advance package-pickup and last-minute registrations on Friday 9/19 at the Joplin YMCA.
- ✓ T-Shirt orders will be delivered at the race or at package pick-up if ordered on or before Sept 21.
- ✓ Race direction by Joplin RoadRunners with volunteers from JTC and JRR.
- ✓ Race course profiles are available on Strava
5K: <https://www.strava.com/routes/3246616740194593440>
10K: <https://www.strava.com/routes/3246615321642163872>
15/30K: <https://www.strava.com/routes/3152668269910202980>
- ✓ Check our Facebook event pages for latest updates: <https://fb.me/e/427CyAJ4A>

Race Day Registration Form

PARTICIPANTS FIRST / LAST NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: (_____) _____

EMAIL ADDRESS (in CAPS please): _____

BIRTHDATE: ____ / ____ / ____

GENDER: MALE ☐ FEMALE ☐

RACE: ☐ 5K - \$40

☐ 10K - \$45

☐ 15K - \$50

☐ 30K - \$60

Shirts are optional and if-available at \$15 for S, M, L and XL, \$20 for 2XL and 3XL

Shirt size (circle your selection): S M L XL 2XL 3XL No Shirt

Paid for shirts: \$15 ☐ \$20 ☐

WAIVER

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all rights and claims for damages or injuries that I may have against the Race Director, The Joplin RoadRunners, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

This event follows the standard running industry policy: All entry fees are non-refundable. We reserve the right to postpone or cancel the event due to circumstances beyond our control such as a natural disaster or emergency or as required to protect the safety of participants and staff. No refunds will be issued under these circumstances. We reserve the right to change the details of the event without prior notice. I understand that my entry fee is nonrefundable and bib numbers are non-transferable.

By signing this waiver, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver including the no refund policy.

Name _____ Date _____

Signature _____