

!!! Certified long-distance races are here!!!

JOPLIN ROADRUNNERS & JOPLIN TRAIL COALITION PRESENT

HIT THE ROAD, JACK RUN FEST

SATURDAY SEPTEMBER 14, STARTING AT 6:30AM

25/50K STARTS AT 6:30AM 10/20K STARTS AT 8AM 5K STARTS AT 8AM

RUBY JACK TRAIL HEAD - CARTHAGE, MO
NET PROCEEDS TOWARDS EMBELLISHMENT OF RUBY JACK TRAIL

ALL DISTANCES USATF-CERTIFIED: ELECTRONIC TIMING

ENTRY FEE (UNTIL 6/30): \$25 FOR 5K, \$35 FOR 10/20K, \$45 FOR 25/50K ENTRY FEE (UNTIL 8/31): \$30 FOR 5K, \$40 FOR 10/20K, \$50 FOR 25/50K ENTRY FEE (UNTIL 9/12): \$35 FOR 5K, \$45 FOR 10/20K, \$55 FOR 25/50K RACE DAY: \$40 FOR 5K, \$50 FOR 10/20K, \$60 FOR 25/50K VIRTUAL RUN: ANY DISTANCE \$40

JRR/JTC MEMBERS AND COMPANIES REGISTERING 10 OR MORE RUNNERS:

\$10 OFF WITH DISCOUNT CODE ON RUNSIGNUP
(NO DISCOUNTS ON RACE DAY)

QUALITY TECH SHIRT IS OPTIONAL
SAME-DAY RACE REGISTRATION STARTS AT 6AM AT
RUBY JACK TRAIL HEAD





Race Details

- ✓ The 10 and 20K distances are run on a 5K out-and-back course (once or twice). The 25 and 50K are run on a 12.5K out-and-back course (once or twice). The 10/20K distances are run concurrently and on a single registration; so are the 25/50K distances. Runners of the 10/20K and the 25/50K can stop at either distance but receive overall or age group awards only if running the full 20K or 50K distance.
- ✓ **5K, 20K and 50K prizes**: trophy to top male/female; 10-year age group awards, finisher's awards and USATF certified time.

Must be 18yrs of age to run 20K or more.

Age groups for 5K: 12-, 13-19; 20-29; 30-39; 40-49; 50-59; 60+ Age groups for 20K and 50K: 18-29; 30-39; 40-49; 50-59; 60+

- ✓ 10K and 25K: finisher's award as well as USATF certified times will be available immediately upon arrival.
- ✓ In addition, all runners completing the 10, 20, 25 or 50K will be eligible to win one of the top-10 age-graded awards. These awards will be calculated and available after last runner crosses the finish line. Age-Graded Performance ranking is based on a US Masters handicap system, creating a level-playing field for all participants, regardless of gender, age or race distance. For details, please check https://usatfmasters.org/age-grading
- ✓ All participants will receive a USATF-certified time for any distance they completed (5, 10, 20, 25, and 50K).
- ✓ Any MO age record set in the 5, 10, 20, 25 or 50K receives a special MO-record award, an online MO-record certificate and a MO age record listing on MO <u>staterunningrecords.com</u> and on <u>MaraRunning.org</u>.
- ✓ Award ceremony for 5K will be held around 9:30am, award ceremony for the 20K around 10:30am, and award ceremony for the 50K around 12pm.

 All runners receive their finisher's award immediately upon completion of their distance.
- ✓ Pancake bake before or after your race; Finish line entertainment by <u>Resonation!</u>
- ✓ **Virtual runners** receive a participation medal and a <u>free</u> event shirt as soon as they submit a screenshot of their distance and time to info@joplinroadrunners.com within a week following the race. These will be mailed to the participants.
- ✓ All races are run entirely on the Ruby Jack trail. Course is flat, fast, great to set a PR or even a State record, out-and-back for every distance and beautifully shaded this time of the year.
- ✓ Advance registration at RunSignup.com (https://runsignup.com/race/mo/carthage/HitTheRoadJack) or on race day. Scan the QR code to register. Advance package-pickup and last-minute registrations on Friday 9/13 at the Joplin Y.
- ✓ T-Shirt orders will be delivered at the race or at package pick-up if ordered on or before Sept 8.
- ✓ Race direction by Joplin RoadRunners with volunteers from JTC and JRR.
- ✓ Check our Facebook event pages for latest updates: <u>Facebook.com/JoplinRoadRunners</u> and <u>Facebook/JoplinTrailsCoalition</u>

Registration Form

(for registration/payment in person or mail to Joplin RoadRunners, PO Box 283, Duenweg MO 64841)

PARTICIPANTS FIRST / LAST NAME:
ADDRESS:
CITY/STATE/ZIP:
PHONE: ()
EMAIL ADDRESS (in CAPS please):
BIRTHDATE: / / GENDER: MALE FEMALE
RACE: 5K \$ (\$10 off for JRR/JTC members) 10/20K \$ (\$10 off for JRR/FTC members) 25/50K \$ (\$10 off for JRR/JTC members)
Shirts are optional at \$15 for S, M, L and XL, \$20 for 2XL and 3XL
Shirt size (circle your selection): S M L XL 2XL 3XL No Shirt
Paid for shirts: \$15 \$20
WAIVER In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all rights and claims for damages or injuries that I may have against the Race Director, The Joplin RoadRunners, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.
I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.
In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.
Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.
This event follows the standard running industry policy: All entry fees are non-refundable. We reserve the right to postpone or cancel the event due to circumstances beyond our control such as a natural disaster or emergency or as required to protect the safety of participants and staff. No refunds will be issued under these circumstances. We reserve the right to change the details of the event without prior notice. I understand that my entry fee is nonrefundable and bib numbers are non-transferable. By signing this waiver, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver including the no refund policy.
Name Date
Signature