

!!! All dog and cat lovers, unite !!!



SOLES 4 PAWS

5K RUN

1M DOG/CAT-WALK

SUNDAY NOVEMBER 17, 3PM
CARTHAGE MUNICIPAL PARK

NET PROCEEDS GO TO
CARTHAGE HUMANE SOCIETY

ENTRY FEE 5K: \$25 UNTIL 11/14/2024; \$30 ON RACE DAY

ENTRY FEE 1MILE: \$20 (\$25 ON RACE DAY)

CUSTOM-DESIGNED QUALITY TECH SHIRT OPTIONAL



Race Details

- ✓ Run or walk the 5K or the 1M with or without your dog or cat.
Non-retractable leashes only.
- ✓ 5K Run/walk: Finisher awards for all participants.
Awards to top male and female, to age group winners and to top-3 Handler/Dog teams.
Dog bandanas to all furry finishers. Electronic bib and timing. No duplicate awards.
- ✓ 1M run/walk: Dog bandanas for all furry finishers. Baby joggers/strollers welcome.
- ✓ Both 5K and 1M will be USATF-certified and qualify for a MO age record or a true PR
- ✓ Race-tech shirts optional while registering online; guaranteed if ordered by Nov 5.
- ✓ \$5 discount for JRR members (with discount code)
- ✓ Advance registration at RunSignup (or scan QR-code)
(<https://runsignup.com/Race/MO/Carthage/Soles4Paws5K>)
or in-person on race day.
- ✓ Race direction by Joplin RoadRunners.
- ✓ Check our Facebook event page for latest information and questions:
[facebook.com/joplinroadrunners](https://www.facebook.com/joplinroadrunners)

Registration Form

PARTICIPANTS FIRST / LAST NAME: _____

BIRTHDATE: ____/____/____

[if not a JRR member, please fill out below contact info]

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: (_____) _____

EMAIL ADDRESS (in CAPS please): _____

GENDER:

MALE

FEMALE

RACE:

1M

5K

Combo 1M + 5K

Shirts are optional at \$15 for S, M, L and XL, \$20 for 2XL and 3XL

Shirt size (circle your selection): S M L XL 2XL 3XL No Shirt

WAIVER

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all rights and claims for damages or injuries that I may have against the Race Director, The Joplin RoadRunners, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

This event follows the standard running industry policy: All entry fees are non-refundable. We reserve the right to postpone or cancel the event due to circumstances beyond our control such as a natural disaster or emergency or as required to protect the safety of participants and staff. No refunds will be issued under these circumstances. We reserve the right to change the details of the event without prior notice. I understand that my entry fee is nonrefundable and bib numbers are non-transferable.

By signing this waiver, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver including the no refund policy.

Name _____ Date _____

Signature _____