

!!! Come and walk or run the most scenic 5K in the 4-States !!!

NEOSHO DOGWOOD RUN

**SATURDAY APRIL 18, 9AM
NEOSHO BIG SPRING PARK**

5K RUN/WALK (CHIP-TIMED): \$20 (RACE CAP OPTIONAL)

5K VIRTUAL RUN: \$30 (INCLUDES RACE CAP)

NEOSHO CAP & WALK (NOT CHIP-TIMED): \$20 (INCLUDES RACE CAP)



All proceeds from the event go to **Faithful Friends Animal Advocates** of Neosho



Join us at the 44th edition of this most affordable and most scenic walk/run in the 4-State area.

The Dogwood Run 5K has been held annually in Neosho, Missouri since Eldon Morgan, a Neosho native and late Joplin RoadRunner, first hosted it in 1983.

Join this most scenic run/walk 5K in the 4-States, by yourself, with your family, with your dog and come enjoy the famous, blooming Neosho Dogwoods!

Instead of medals, the first 100 finishers will receive a dogwood sapling!

In addition, we will have awards for age group winners as well as the Delynn Kuhn Lifetime Achievement Award for the fastest older runner. Top male and female receive a large dogwood sapling. Top dog receives a bag of Blue Buffalo kibble.

Our special event Dogwood Race Cap is optional.

Not interested in setting a 5K time running or walking, or any of the race awards or dogwood trees? You just like to have a relaxed, leisurely walk around Neosho's dogwood streets and still support our Neosho animal volunteers? Simply sign up for the Cap & Walk option.

Course outline: clockwise loop with start and finish at Big Spring Park in Neosho, MO. The course takes you through the most beautiful, rolling streets with the dogwoods and redbuds in full bloom. Bring your camera!

For this Dogwood Run/Walk, Joplin RoadRunners keep the cost low so you can bring the whole family without breaking the bank.

Bring your dog, your cat, your stroller, your walker if you must. Just come enjoy the day and our beautiful dogwood trees in full bloom!!

Advance registration at RunSignup (scan code above) or in-person on race day.

Race direction by Joplin RoadRunners. Check our Facebook event page for latest information and questions:

facebook.com/joplinroadrunners/dogwood5K



Race Day Registration Form – Dogwood Run

5K Runners/Walkers (chip-timed) - \$20

Neosho Cap & Walk (not chip-timed) - \$20

Name:

Additional info if not a JRR members already:

DOB:

Cell Phone#:

Email address (in CAPS please):

City of Residence

RACE WAIVER

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all rights and claims for damages or injuries that I may have against the Event Director, Joplin Roadrunners, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees.

I know that running a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typically found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition.

In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited hospital, clinic and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization.

Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic recording of this event for legitimate purposes.

This event follows our standard running policy: **All entry fees are non-refundable.** We reserve the right to postpone or cancel the event due to circumstances beyond our control such as a natural disaster or emergency or as required to protect the safety of participants and staff. No refunds will be issued under these circumstances. We reserve the right to change the details of the event without prior notice. **I understand that my entry fee is nonrefundable, but bib numbers ARE transferable if communicated to the race director by 1/16 end-of-day.**

By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver including the no refund policy.

Signed: (parent if under 18)