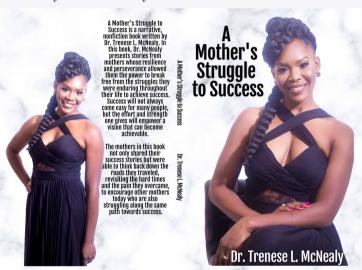
Dr. Trenese L. McNealy

WIFE, MOM, AUTHOR, ENTREPRENEUR, & LIFE COACH



Dr. Trenese L. McNealy

Dr. Trenese L. McNealy is a wife, mom, author, entrepreneur, life coach whose mission is to help moms maintain a healthy, work-life balance to reach their goals through successful Program and Project Management strategies. She has over 10+ years' experience in Program, Project, and Grant Management with a Certified Associate in Project Management. Dr. McNealy's focus derived from her company, Dr. Trenese L. McNealy, LLC., a professional service, management consultation company. Dr. McNealy has been seen on Black Connections, LLC, Business Talk Library, ShaibabyTV, and WTOC 11 Mid-Morning Live. She has been featured in The Chicago Journal, New York Weekly, Entertainment Monthly, New York Wire, US Reporter, ABC Affiliate KAKE.com, and many other publications. Dr. McNealy earned a Bachelor of Science degree in Fashion Merchandising and Apparel Design with a Minor in Management from Georgia Southern University, a Master of Business Administration degree in Business Administration from the University of Phoenix, and a Doctor of Business Administration degree in Project Management from Walden University. Dr. McNealy is the author of Mommy's Goals vs. Reality: Managing School, Work, and Family, the co-author of the Glambitious Guide to Being a Mompreneur in 2020, and she is currently working on a new book, A Mother's Struggle to Success. Dr. McNealy, a Riceboro, Georgia native, currently resides in Hampton, Georgia. She is married to Mr. Brian McNealy, and they have three beautiful children: Brielle, Bryce, and Brayden McNealy.









Dr. Trenese L. McNealy, LLC.

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Press Quotes

"Dr. McNealy is a mompreneur and an author who aims to pave a path for all moms out there to succeed in their careers while maintaining their responsibilities as a mother. Dr. McNealy gives solid advice to all the women out there who seem to think that being a mother is a hindrance toward reaching all their dreams. To that she says, 'Being a mother should not be a hindrance but more of an inspiration to succeed further in life'."

Monica Hewson, Entertainment Monthly News

"Determined to empower moms around the world, Dr. Trenese L. McNealy is widely recognized for her initiatives that truly inspire and propel mothers towards reaching the summits of success."

Daniel Ruiz, The Chicago Journal

"One of the helpful books about motherhood is Mommy's Goals vs. Reality: Managing School, Work, and Family written by Dr. Trenese L. McNealy. While it still tackles the journey of motherhood, her book brings a fresh perspective on how career women can even juggle their duties at work while taking care of their kids."

KAKE ABC com