



Code of conduct for children and young people

Note: When we refer to “parents” we mean parents and carers inclusively. The term “children” or “child” describes any person under the age of 18. Any reference to “club” or “clubs”, “organisation” shall mean the Shukokai Karate Academy.

As a young person taking part in our club or activity, we’d like you to:

The essentials

- Keep yourself safe by listening to your coach or instructor, behaving responsively and speak out when something isn’t right.
- When you’re with us, stay in the places where you’re supposed to, don’t wander off or leave without telling your coach or instructor.
- Take care of our equipment and premises as if they were your own.
- Make it to training on time and, if you are running late, let your coach or instructor know.
- Bring the right kit to practice to every class and wear appropriate kit for the weather.
- Do not smoke or consume alcohol on our premises or during practice, competitions or when representing us.

Behaviour

- Respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of gender, race, sexual orientation or ability.
- Report any incidents of bullying, including homophobia and transphobia to your coach or instructor, even if you are just a witness.
- Treat other young people with respect and appreciate that everyone has different levels of skill and talent.
- Make our club or activity a welcoming and friendly place to be.
- Support and encourage your team mates. Tell them when they have done well and be there for them when they are struggling.
- Respect your coaches and instructors and any other staff or volunteers and any young students from other clubs or teams.
- Be a good sport, celebrate when you/we win and be gracious when you/we lose.
- Play by the rules and have fun.

- Follow our online safety and internet use policies
- Get involved in club or activity decisions, it's your club too.
- Abide by the dojo etiquette at all times.
- Never use any of the techniques taught to you outside of the dojo or during any competition unless in self-defence.

As a young person taking part, we understand you have the right to:

- Enjoy the time that you spend with us and know you're safe.
- Be told who you can talk to if something is not right.
- Be listened to.
- Be involved and contribute towards decisions within the club or activity.
- Be respected by us and other team members and be treated fairly.
- Feel welcomed, valued and not judged based on your race, gender, sexuality or ability.
- Be encouraged and develop skills with our help
- Be looked after if there's an accident or injury and have your parents informed if needed.

We expect all young people to follow the behaviours and requests set out in this code. If any young person behaves in a way which contradicts any of the points set out above, we will address the problem straight away with parent's involvement and aim to resolve the issue.

Continued issues and repeated breaches of this code may result in us regrettably asking you to leave the activity, event or club permanently, for the welfare of other young people and our own staff. This is something we never want to do but will if circumstances dictate.