

# ELAWA FARM FOUNDATION

## 2023 SUMMER NEWSLETTER







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Dear friends,

One of the joys of farming in the Midwest is the change in seasons. We embrace each season, as it offers balance from the season before. We reap the abundance of long summer days – with the bountiful harvests and engaging programs it brings to Elawa Farm – and then welcome the restful nature of winter.

As the seasons change, so does life at Elawa Farm. This spring we said farewell to our longtime campus neighbor, Wildlife Discovery Center. With the sunsetting of this beloved program, we enter a new season at Elawa Farm. We are working with the City of Lake Forest to thoughtfully plan the use of space formerly occupied by the Wildlife Discovery Center. We are exploring opportunities to enhance our family programming, grow our farm to table experiences, and the possibility to host a few additional farm animals to keep Elawa Farm a hub of engaging activity for community members of all ages. Stay tuned to learn more about these exciting developments!

Enjoy these summer days at our weekly Garden Market on Fridays and Saturdays from 8 am – 2 pm and join us on Saturdays for free farm tours and family activities in the garden. Find a full calendar of interactive experiences at the farm, including butchery, soap making, and cocktail classes for adults and scavenger hunts, music classes, and story time for kids on our website.

By registering for our programs, shopping our market, or attending our upcoming fundraisers, including our Barn Dance on June 24 and Harvest Dinner on September 8, you support our mission to broaden access to education, nutritious food, and our local food system – season after season. Thank you for being a part of the Elawa Farm community!

With gratitude,

*Laura Calvert*

Laura Calvert  
Executive Director

*Elizabeth Borland Blodgett*

Elizabeth Borland Blodgett  
Board President



# at's New at the Farm

## Accessibility

- This summer will bring the grand opening of our Discovery Garden at Elawa Farm Foundation. This ADA (Americans with Disabilities Act) accessible garden will host education programs and experiential learning opportunities for community members of all ages and abilities.
- The new central pathway on our farm grounds offers ADA accessibility for visitors to explore our gardens. The pathway is accessible for limited mobility devices, including wheelchairs, and strollers. Take in the beautiful vista of our historic buildings and gardens on the pathway.

## Expansion

- With the recent closing of our campus neighbor, Wildlife Discovery Center, Elawa Farm Foundation is working with the City of Lake Forest to thoughtfully plan the future use of their former space.
- Our plans include additional family programs, farm-to-table food service, and the potential for additional farm animals at Elawa Farm. Follow our website and social media for updates.

## Youth & Family Programming

- We are expanding our summer camp offerings, including our popular Farm-to-Table Cooking Camp, and increasing session hours.
- Join us for free weekly farm tours and fun family activities, grounded in sustainable agriculture and therapeutic horticulture, on Saturdays during the Garden Market season.
- We are offering collaborative music sessions with local musician, Jamerry Music, and interactive story time sessions with Lake Forest Library at Elawa Farm on Fridays and Saturdays throughout the summer.





# Garden Market

Fridays and Saturdays | 8 a.m. - 2 p.m.

May 12 - October 21



Our Garden Market features freshly harvested produce and flowers from our garden, savory treats and baked goods from our kitchen, and local food items, including eggs and meat, from regional farms and vendors. Our shelves are stocked with a curated selection of artisan products, such as high-quality garden tools, recently released cookbooks, and more. Enjoy pop-up grill out events, featuring ribs, housemade sausages, picnic sides, and more on select weekends this summer.

This year, we will host market festivals to celebrate the season. These special market days will showcase additional vendors and family programming.

Save the date for:

**Flower Fest - Saturday, July 29**

**Fall Fest - Saturday, September 30**

# Upcoming Fundraisers

These events will benefit Elawa Farm Foundation's education and food access initiatives.



## Barn Dance

Saturday, June 24 | 6:30 p.m. - 10 p.m.

Kick up your cowboy boots at Elawa Farm Foundation's Barn Dance fundraiser. Enjoy an evening of dancing, libations, barbeque, good friends, and fun! Live music to be performed by Wild Earp.

Co-chairs: Ammar Bahrani and Lisa Goldfayn



## Harvest Dinner

Friday, September 8 | 6 p.m. - 10:30 p.m.

Revel in the final days of summer at the Harvest Dinner. Guests will enjoy a true farm-to-table feast prepared by award-winning Chef Jason Hammel of Lula Cafe on the beautiful grounds of Elawa Farm.

Co-chairs: Nancy Fletcher, Marina Carney Puryear and Ellory Peck

Visit our website at [www.elawafarm.org](http://www.elawafarm.org) for ticket registration and more information. Contact us at [info@elawafarm.org](mailto:info@elawafarm.org) or 847-234-1966 Ext. 800 for sponsorship opportunities.



# Our Donors

Elawa Farm Foundation would like to acknowledge the generous support of the following donors for making our work possible in 2022.

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# Upcoming Programs

Our mission is to steward a historic farm that enriches the greater Lake County community as a center for experiential learning to broaden access to education, nutritious food, and our local food system.

Elawa Farm gathers community through food and agriculture with a sustainable farm, weekly market, learning kitchen, and educational programming for youth & adults.

For registration and to learn more about upcoming programs at the farm, please visit [www.elawafarm.org](http://www.elawafarm.org)



## JAMBERRY MUSIC

On most Fridays & Saturdays from June - October  
10:00 a.m - 10:45 a.m. and 11:15 a.m. - 12:00 p.m.

Bring the whole family and a blanket for a morning of collaborative group music making with Jamberry Music. You and your little ones will bond and make new friends while we sing, dance, move, play, pretend, and experiment with instruments.

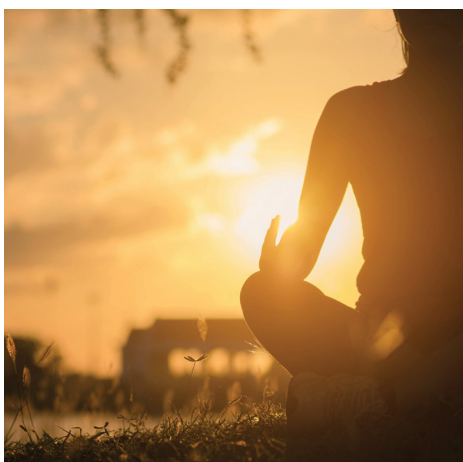
For schedule and registration, please visit [www.jamberrymusic.com](http://www.jamberrymusic.com)



## STORY TIME ON THE FARM

On select Fridays and Saturdays from May - September  
9:15 a.m. - 9:45 a.m.

Looking for a story time for your child in the beautiful outdoors? Join us for a drop-in story time hosted by Lake Forest Library at Elawa Farm. Sessions will include rhymes, music, and movement! Storytellers will guide toddlers, young children, and parents/caregivers with practicing language, listening, and pre-reading skills needed for early childhood development.



## YOGA ON THE FARM

On most Saturdays from June - October  
10:00 a.m. - 11:00 a.m.

Unroll your mat and enjoy the scenery of Elawa Farm's restored gardens as our Yoga Instructor, Dani, guides you on an hour-long yoga journey. Sessions will be held at the top of our restored gardens during non-inclement weather. Bring a blossoming spirit and enjoy a mindful morning.





## FARM DINNERS

On select Saturdays throughout the year

Join us for an intimate farm-to-table dinner experience at Elawa Farm this growing season! This program series will offer a true farm-to-table experience, where our community can learn about our local food system and enjoy a seasonal meal prepared by our Culinary Team and guest chefs.



## LOCAL WHISKEYS WE LOVE WITH APOLOGUE LIQUEURS

Friday, June 16 | 6:00 p.m. - 8:00 p.m.

Join Chiyo Takemoto from Apologue Liqueurs for a whiskey tasting featuring whiskeys from three of our favorite local distilleries. You will be welcomed with a whiskey cocktail and each pour of whiskey will be served with its own food pairing.



## INTERMEDIATE SOURDOUGH & LEVAIN

Saturday, July 8 | 8:30 a.m. - 11:30 a.m.

Join our Pastry Chef, Maggie Logan, for an intermediate baking class on how to use levain in your breadmaking. This hands-on class will focus on the use of fermentation to create artisan breads. Participants will take home fresh bread and ideas to share with loved ones.



## ALL ABOUT RIB-EYE WITH CHICAGO MEAT COLLECTIVE

Saturday, July 8 | 2:00 p.m. - 4:00 p.m.

Join McCullough Kelly-Willis of Chicago Meat Collective for a deep dive on beef rib eyes, exploring everything that the rib-eye has to offer. From shoulder end to loin end to deckle, McCullough will demonstrate the many ways to break down a rib section, while educating on best cooking methods and more.



## ¡VERANO CON ELAWA!

Monday - Friday, July 10 - 14 | 9:00 a.m. - 1:00 p.m.

¡Verano con Elawa! (Summer with Elawa!) is a cultural experience that integrates Spanish language & Latin cultures. In this camp, Campistas (campers) in grades 1 and 2 will learn basic Spanish vocabulary, name a gallina (chicken), enjoy bilingual story time, explore Latin-inspired recipes, create Mexican arts & crafts, and more! There will be bilingual activities led by guest educators. No previous Spanish-language knowledge required!



## CLASSIC SUMMER BBQING WITH HEAD'S RED BBQ

Thursday, July 20 | 6:00 p.m. - 8:30 p.m.

Start your summer right with Head's Red BBQ for our first BBQ class of the season. This hands-on class is perfect for the beginner BBQer. Learn how to choose meats, prep, pair woods with meats, fire building techniques, and the types of rubs and sauces to use. Bring an appetite! Grilled meats and drinks included.



## SOAP MAKING 101 WITH GRETTA'S GOATS

Saturday, July 29 | 10:00 a.m. - 11:30 a.m.

Join Gretta Winkelbauer of Gretta's Goats for a Soap Making 101. This is a creative process that can help take your skincare into your own hands. You can experiment with scents, colors, textures, and use responsibly sourced ingredients and know exactly what you are putting on your skin.



## BEEKEEPING 101 WITH GRETTA'S GOATS

Saturday, August 26 | 10:00 a.m. - 12:00 p.m.

Join us on our first ever beekeeping class with Eric Winkelbauer from Gretta's Goats for a two-hour introductory beekeeping class. Learn the benefits of keeping bees, equipment needs, hive parts, native plants that support bee colonies, and the beneficial products that can be sourced from your hive.





# Plan a Visit to Elawa Farm

## Free Family Activities

Join us for free, engaging family activities on Saturdays led by our Education Team at Elawa Farm from 11 a.m. - 11:30 a.m.

May: Farm Hunt

June: Meet the Chickens

July: Bees & Pollinators

August: Taste the Veggie Rainbow

September: Name That Herb

October: Worms & Composting

For more information, including schedule and registration, please visit [www.elawafarm.org/family-programs-1](http://www.elawafarm.org/family-programs-1)

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## Free Farm Tours

Learn about Elawa's history and our ever-growing garden, while touring the grounds. These free farm tours will take place at 10 a.m. most Saturdays from June - October.

For more information, including schedule and registration, please visit [www.elawafarm.org/farm-tours](http://www.elawafarm.org/farm-tours)

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## Private Tours

Enhance your corporate function, garden club gathering, or community event by joining our Education Team on a private tour of Elawa Farm's historic campus. Enjoy a behind the scenes tour of our market, greenhouse, garden spaces, and our newly built ADA accessible Discovery Garden. Learn how Elawa Farm Foundation is broadening access to nutritious food, education, and the local food system.

To learn more, please contact Jesús Cuezzi at [jcuezzi@elawafarm.org](mailto:jcuezzi@elawafarm.org) or call at 847-234-1966 Ext. 802.



## **ELAWA FARM FOUNDATION**

The Foundation Office  
1401 Middlefork Drive  
Lake Forest, IL 60045  
[www.elawafarm.org](http://www.elawafarm.org) | 847.234.1966

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### **Our Mission**

Today, our mission is to steward a historic farm that enriches the greater Lake County community as a center for experiential learning to broaden access to education, nutritious food, and our local food system.

As a nonprofit organization, Elawa Farm Foundation relies on the generosity of donors to support our educational initiatives, food access programs, and the stewardship of our historic campus. Your support makes all the difference with our progress. In 2017, we celebrated the farm's 100th year and we are looking forward to our next 100 years. Please help us continue to grow.

**Donate online at [www.elawafarm.org](http://www.elawafarm.org) or through the enclosed envelope.**

### **Advisory Board**

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### **Memorials and Tributes**

By making a gift to the Elawa Farm Foundation, you can honor or remember a loved one. We acknowledge all gifts to their recipients and keep the amount of the donation confidential.

### **Matching Gifts**

The amount of your gift may be doubled at no expense to you if you work for an employer who matches the charitable gifts of employees. Simply contact your company's Human Resource Department.

### **Stock Gifts**

Please contact our office for instructions to donate stock at 847-234-1966.