



# **Instructions**

## **After Care!**

**Your nails are jewels not tools!**

**Use gloves when washing up or using cleaning products**

**Refrain from putting hands or feet in hot water for long periods of time**

**Try to keep your hands and feet out of water (especially hot water) for as long as possible straight after application (we recommend at least 2 hrs however applying before bed can help with longevity)**

**Use your keysie nail saver tool wherever possible - opening parcels, finding the end of sticky tape, removing stickers or labels, opening drinks cans - they can do all this and more!**

**Take care when doing day to day tasks such as housework, making beds and everything else that you do.**

**NEVER bite off or force off your press on nails - this can cause unnecessary damage to your natural nails!**

**Once you have taken the correct steps in removing your press on nails always replenish your natural nails and cuticles with your cuticle oil.**