



LAKEWOOD
RACQUET
& SPORT CLUB

October 2025

LAKEWOOD RACQUET REPORT

New USTA Practice Policy

Beginning October 6, in-season USTA teams may reserve one 1.5-hour court for team practice up to six days in advance. A flat fee of \$40 will be charged to an LRC member of the team for each practice session. These practices are exempt from the club's guest policy limits. To schedule a practice, team captains must first provide a current team roster and then submit the booking request by email to Lily.lrsc@gmail.com, michaelcampbell.lrc@gmail.com, or Lakewoodracquetclub@gmail.com.

BUMP

Bump is back and better than ever!

Friday Night Bump is open to players of all skill levels from 5pm to 6:30pm! Come enjoy a fun night of games and drills. Bring your own balls! Free for members!

NEW MEMBER PROMO

Thinking about becoming a member? Now, any guest fees you have accumulated throughout the year can be applied directly to your initiation fee!

MEMBERSHIP APPRECIATION DAY

Dear Members,

We're sad to share that Membership Appreciation Day had to be canceled this year because of low sign-ups. We know many of you want more opportunities to gather, and we do too. For these events to be successful, we truly need your participation.

If you feel passionate about the social side of LRC, please consider joining the Social Committee. Your involvement can help us create events that bring more of our community together.

Thank you for being such an important part of LRC. We look forward to finding more ways to connect and celebrate with you.

*Best,
Lily Blackwell
General Manager*



LAKEWOOD
RACQUET
& SPORT CLUB

PRO TIP:

Move to Improve Your Game

Great tennis starts with great movement. While sound technique matters, the fastest way to raise your level is to focus on how you move. Key habits include a well-timed split step as your opponent strikes the ball, taking the extra steps needed to arrive balanced and properly spaced, and recovering quickly after every shot. Pick one of these skills each time you play and practice it with discipline, you'll notice results. By putting deliberate effort into the parts of movement you can control, you give yourself the best chance to maximize your game.

USTA RULE

*New Additional USTA
rule related to pre-match
warm-up space:*

LRC teams have first priority on all available courts for pre-match warm-ups. Visiting teams may use any remaining courts once LRC players' needs are met.

***Thinking about running for the
Board of Directors?
Three spots will be available!
Email Lily at Lily.LRSC@Gmail.com
by October 25 to express interest.***

YOUR LRC BOARD MEMBERS

President Tricia Parsons
Vice President Craig Robertson
Treasurer Brian Parsons
Secretary Wayne Davis

Member Nicole Enslow
Member Kate Perry
Member Chi Guerrero
Member Schuyler Soderland
Member Lori Wollen



October 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 Cardio Skills/drills 5-6:30pm	2 Pickleball 11am-2pm Mixed Night 5-7pm	3 Pickleball Adv 3.5+ 3:30-6:30pm* Friday Night Bump 5-6:30pm*	4 Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
5	6 Adv Skills/drills 5-6:30pm	7 Pickleball 11am-2pm Ladies' Night 5-7pm	8 Cardio Skills/drills 5-6:30pm	9 Pickleball 11am-2pm Mixed Night 5-7pm	10 Pickleball Adv 3.5+ 3:30-6:30pm* Friday Night Bump 5-6:30pm*	11 Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
12	13 Adv Skills/drills 5-6:30pm	14 Pickleball 11am-2pm Men's Night 5-7pm	15 Cardio Skills/drills 5-6:30pm	16 Pickleball 11am-2pm Mixed Night 5-7pm	17 Pickleball Adv 3.5+ 3:30-6:30pm* Friday Night Bump 5-6:30pm*	18 Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
19	20 Adv Skills/drills 5-6:30pm	21 Pickleball 11am-2pm Ladies' Night 5-7pm	22 Cardio Skills/drills 5-6:30pm	23 Pickleball 11am-2pm Mixed Night 5-7pm	24 Pickleball Adv 3.5+ 3:30-6:30pm* Friday Night Bump 5-6:30pm*	25 Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
26	27 Adv Skills/drills 5-6:30pm	28 Pickleball 11am-2pm Men's Night 5-7pm Board Meeting 5:30pm	29 Cardio Skills/drills 5-6:30pm	30 Pickleball 11am-2pm Mixed Night 5-7pm	31 Pickleball Adv 3.5+ 3:30-6:30pm* Friday Night Bump 5-6:30pm* Halloween	

**subject to USTA match schedules*



November 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						1 Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
2 	3 Adv Skills/drills 5-6:30pm	4 Pickleball 11am-2pm Ladies' Night 5-7pm	5 Cardio Skills/drills 5-6:30pm	6 Pickleball 11am-2pm Mixed Night 5-7pm	7 Pickleball Adv 3.5+ 3:30-6:30pm Friday Night Bump 5-6:30pm*	8 Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
9 	10 Adv Skills/drills 5-6:30pm	11 Pickleball 11am-2pm Men's Night 5-7pm	12 Cardio Skills/drills 5-6:30pm	13 Pickleball 11am-2pm Mixed Night 5-7pm	14 Pickleball Adv 3.5+ 3:30-6:30pm Friday Night Bump 5-6:30pm*	15 Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
16 	17 Adv Skills/drills 5-6:30pm	18 Pickleball 11am-2pm Ladies' Night 5-7pm	19 Cardio Skills/drills 5-6:30pm	20 Pickleball 11am-2pm Mixed Night 5-7pm	21 Pickleball Adv 3.5+ 3:30-6:30pm Friday Night Bump 5-6:30pm*	22 Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
23 	24 Adv Skills/drills 5-6:30pm	25 Pickleball 11am-2pm Men's Night 5-7pm Board Meeting 5:30pm	26 Cardio Skills/drills 5-6:30pm	27 CLUB WILL BE CLOSED FOR THE HOLIDAY THANKSGIVING	28 Pickleball Adv 3.5+ 3:30-6:30pm Friday Night Bump 5-6:30pm*	29 Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
30						

**subject to USTA match schedules*