



JUNE 2026

LAKEWOOD RACQUET REPORT

THE OASIS OUTLOOK: A MESSAGE FROM YOUR GENERAL MANAGER

Our Top Priority: Growing the LRC Family!

If you ask me, our Board President Trish, or any of our committee members what the "most important thing" is right now, the answer is unanimous: **Membership!** We are on a mission to grow our community, especially as we head into the beautiful summer months. We want to see more families enjoying everything we have to offer. We all know the Lakewood Racquet Club is a "hidden oasis," but it's time to let the secret out! This is a great place to be!

How You Can Help?

Bring a guest or a friend to the club. Introduce them around! Once they experience the atmosphere, they'll love it just as much as we do. **Spread the Word!** We have flyers ready to go! Take some to your office or place of business. Shout out to **Fabio and Rebecca at Galileo's Pizza Truck** and Celine for already displaying our ads at their business and schools! **Community Roots help** - I am personally engaging with the Rotary, Cabrini, the Chamber of Commerce, and the Cascadian to build relationships and put the LRC on the map. It was super to go to the Community in Schools Event.

Why the LRC? It's All About People.

At its heart, we are a **social club**. Whether it's a BBQ on the deck, a picnic on our 11 acres, or a game of volleyball, the magic is in the people. Of course, the amenities don't hurt. Remind people we have Indoor/Outdoor Tennis & Pickleball Courts, fully-equipped gym & **HEATED** Pool, expert instruction from **Michael, Hugh, and Julia**, Tournaments with Chris & Jereck, lots of social nights lead by members, Jereck, and Michael, and a family room and pool to rent for parties.

Some of you ask me who is in charge of what? Now that I have been here 90 days+, the board has supported me as we collaborate, and we've reorganized to serve you better! While I lead day-to-day operations, all departments are one team to all help each other, and we have a "dream team" heading each department:

- **Jereck:** Assistant General Manager & Pro Shop Lead. He's your go-to for connecting social nights to court action and running UTR tournaments. Jereck is in charge of the facility in my absence. You will see our team is smaller, and when the same team member is helping you more often, they can know you better, to help you more.
- **Michael:** Head Pro, Head of Instruction. He's busy setting up pickleball and tennis clinics, teaching, teaching others how to teach, outreaching to coaches. Michael leads Isaac and Loretta on staff, and supports our legacy pros (who have full time jobs and help us when they can) David, Winston, Bayley.
- **Julia:** Our Aquatics Leader (see her bio below!).
- **Andrew:** Heading up our Maintenance to keep the grounds beautiful.

The Vision: A perfect day at the LRC is seeing Michael, Hugh, and Julia teaching, their teams teaching, while Jereck and I run a tournament, and the pro shop sells you a great racquet - all at the same time making revenue and members/guests happy with activity!

We do have some poolside reminders. Safety first! Please follow the directions of **Julia and our lifeguards**. All posted rules come directly from Pierce County and State regulations. Following them isn't just about safety - It's what allows us to stay open!

This leads into a staff spotlight about Julia, our aquatics director.

Julia joins us with over 10 years of competitive experience (USA Swimming & U.S. Masters). She has coached everyone from toddlers to high schoolers. For Julia, swimming is more than a sport—it's a life-saving skill and a lifelong source of wellness. We are thrilled to have her leading the pool!

A huge thanks to the hands that help us grow - the list is long and includes **Connie landscaping around the entire building grading cleaned up, Terry's cook out, the Thurstons BBQ, Kit landscaping, John moving furniture, Schuyler, and Sarah always around pitching in a hand.** A special shout-out to **Wayne** for his hard work fixing the deck chair backs! See the newly painted deck green by Andrew and Dawn!

Teena and Deanne's "Bump Split" on the outdoor courts @ 9:30 AM start June 24, quickly followed by the Summer Slam weekend, our sanctioned USTA event! Come sign up to volunteer please. Then we head into 4th of July celebrations around town. **The club closes at 2:00 PM.** Ask Loren about 4th of July T-shirts for Steilacoom!

Thank you for the games Brian, Jeff, and all the men, rallying with me Noel, teaching me Judith, and a fun birthday match with Beth, Lucy, and Kit! I appreciated being able to sub.

Remember to sign up for a team practice lesson with Michael and you can buy or gift a super package of lessons, buy 5 get 1 free!

See you at the LRC!
Have fun and be kind, Chris



EVERY TUESDAY IS LRC LADIES' NIGHT

Hello Lovely Ladies of LRC, 😊

I hope everyone had a wonderful MEMORIAL day long weekend. The LRC pool is open and it feels like summer! Let your friends and family know it's the perfect time to do your type into LRC membership with our screaming deal on Summer Memberships. It's the best deal to keep friends and family busy this summer. 😊

As you know, men's night is now every Monday so MORE TENNIS FOR US LADIES!! We get our weekly tennis in 30 minute tennis rounds from 5pm to 6:30pm EVERY WEEK. 🎾👩🏻🎾

Come on out and let's pack the courts!!!!

Your tennis buddy,
Teena

TRX TRAINING WITH HUGH GRIFFIN



- Prevents Injuries
- Improves Your Sports Performance
- Improves Sleeping Patterns
- Controls Body Fat
- Boosts Stamina

When done with proper form, TRX training protects your joints from injury. Who wouldn't want to perform their best on the court?! You are less likely to suffer from insomnia if you strength train regularly. Lean muscle burns more calories at rest, thereby increasing your resting metabolic rate. The more muscle you build, the more calories you'll burn. You will find that you fatigue less easily when you strength train.

Every Monday & Wednesday there are open TRX classes:

Mondays

8:30 am, 1 pm, 4 pm

Wednesdays

8:30 am, 1 pm, 6 pm

Contact:

griffinpersonaltraining@yahoo.com
phone: 253.861.4916

LET'S PLAY! PICKLEBALL 101



Every Wednesday

11:00 AM - 1:00 PM

Join our experienced instructor as they teach beginner foundations, followed with open play

Lakewood Racquet Club



LRC EVENTS

LAKEWOOD RACQUET & SPORT CLUB

POOL OPEN

SUMMER MEMBERSHIPS AVAILABLE
TENNIS + PICKLEBALL + FITNESS
SOCIAL NIGHTS + ALL INCLUDED

lakewoodracquetclub.com

LRC Aquatics Lessons Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30 Water Aerobics	9:00-9:30 Level 1 Swim	9:00-9:30 Water Aerobics	9:00-9:30 Level 1 Swim	9:00-9:30 Water Aerobics	9:00-9:30 Level 1 Swim
9:30-10:15 Private or Semi Lesson	9:30-10:00 Level 2 Swim	9:30-10:00 Level 2 Swim	9:30-10:00 Level 2 Swim	9:30-10:00 Level 2 Swim	9:30-10:15 Private or Semi Lesson
10:15-11:00 Private or Semi Lesson	10:00-10:30 Level 3 Swim	10:00-10:30 Level 3 Swim	10:00-10:30 Level 3 Swim	10:00-10:30 Level 3 Swim	10:15-11:00 Private or Semi Lesson
	10:30-11:00 Level 4 Swim	10:30-11:00 Level 4 Swim	10:30-11:00 Level 4 Swim	10:30-11:00 Level 4 Swim	
	4:00-4:45 Private or Semi Lesson		4:00-4:45 Private or Semi Lesson		
	4:45-5:30 Private or Semi Lesson		4:45-5:30 Private or Semi Lesson		

TENNIS

Cardio Skills & Drills

High-Energy Doubles Drills & Point Play

EVERY WEDNESDAY
6:30 PM – 8:00 PM

LOCATION:
LAKEWOOD RACQUET & SPORT CLUB

Class Focus:

- Doubles live ball
- High-intensity doubles drills
- Continuous movement
- Competitive point play



Fast-paced doubles drills designed to keep players moving while improving consistency, positioning, and match play.

REGISTER ON COURTRERESERVE APP.COURTRERESERVE.COM.

JUNE 26-28 2026

SUMMER SLAM

2026

ALL PLAYERS & NON-MEMBERS WELCOME

DOUBLES & MIXED DOUBLES DRAWS

All players will receive a free T-Shirt, Friday Dinner, and compete for Prizes!



SCAN TO SIGN UP

This is all doubles. The format for all matches will be 2 out of 3 no ad sets to 6 with a 10 point tiebreaker for the third set.

All players can play in a max of two events. Two matches guaranteed per event. There is a consolation bracket. All matches will be played on the outdoor courts.

Entries close on June 19th and draws will be posted approximately on June 22.

We are happy to help you find a partner to make a doubles team!


TENNIS 101

ADULT CLINIC

Every Wednesday
5:00 PM - 6:30 PM

\$20 MEMBERS | \$25 NON-MEMBERS

Learn the basic foundational skills for tennis with Head Pro, Michael Parretta!



LAKEWOOD RACQUET CLUB
5820 112TH ST SW
LAKEWOOD, WA 98501



JUNE 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1 TRX Classes 8:30am, 1pm, 4pm Men's Night Pizza Party 5-7pm	2 Pickleball Int 3.0+ 11am-2pm Ladies' Night 5-7pm	3 TRX Classes 8:30am, 1pm, 6pm Pickleball Games 11am-12pm Beg. Pickleball Skills/ drills - 12-1pm Tennis 101 5-6:30pm Cardio Skills&Drills 6:30-8pm	4 Pickleball Int 3.0+ 11am-2pm Mixed Night & BBQ 5-7pm	5 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+ 2-5pm* Friday Night Bump 5-6:30pm*	6 Tennis Skills/drills 9:30-11am* Pickleball Int 3.0+ 11am-2pm*
7	8 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm	9 Pickleball Int 3.0+ 11am-2pm Ladies' Night 5-7pm	10 TRX Classes 8:30am, 1pm, 6pm Pickleball Games 11am-12pm Beg. Pickleball Skills/ drills - 12-1pm Tennis 101 5-6:30pm Cardio Skills&Drills 6:30-8pm	11 Pickleball Int 3.0+ 11am-2pm Mixed Night & BBQ 5-7pm	12 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+ 2-5pm* Friday Night Bump 5-6:30pm*	13 Tennis Skills/drills 9:30-11am* Pickleball Int 3.0+ 11am-2pm*
14 Water Aerobics \$15 9-9:30am POOL SESSION 1 STARTS	15 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm	16 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Ladies' Night 5-7pm	17 TRX Classes 8:30am, 1pm, 6pm Pickleball Games 11am-12pm Beg. Pickleball Skills/ drills - 12-1pm Tennis 101 5-6:30pm Cardio Skills&Drills 6:30-8pm	18 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Mixed Night & BBQ 5-7pm	19 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+ 2-5pm* Friday Night Bump 5-6:30pm* JUNETEENTH	20 Tennis Skills/drills 9:30-11am* Pickleball Int 3.0+ 11am-2pm*
21 Water Aerobics \$15 9-9:30am FATHER'S DAY	22 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm Board Meeting 5:30pm	23 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Ladies' Night 5-7pm	24 TRX Classes 8:30am, 1pm, 6pm Bump Split (outdoor) 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	25 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Mixed Night & BBQ 5-7pm	26 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+ 2-5pm* Friday Night Bump 5-6:30pm* 2nd Annual Summer Slam	27 Tennis Skills/drills 9:30-11am* Pickleball Int 3.0+ 11am-2pm*
28 Water Aerobics \$15 9-9:30am POOL SESSION 2 STARTS 2nd Annual Summer Slam	29 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm	30 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Ladies' Night 5-7pm				

*subject to USTA match schedules



JULY 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
			1 TRX Classes 8:30am, 1pm, 6pm Bump Split (outdoor) 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	2 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Mixed Night & BBQ 5-7pm	3 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+ 2-5pm* Friday Night Bump 5-6:30pm*	4 Tennis Skills/drills 9:30-11am* Pickleball Int 3.0+ 11am-2pm* INDEPENDENCE DAY Club Closes at 2pm
5 Water Aerobics \$15 9-9:30am	6 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm	7 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Ladies' Night 5-7pm	8 TRX Classes 8:30am, 1pm, 6pm Bump Split (outdoor) 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	9 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Mixed Night & BBQ 5-7pm	10 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+ 2-5pm* Friday Night Bump 5-6:30pm*	11 Tennis Skills/drills 9:30-11am* Pickleball Int 3.0+ 11am-2pm*
12 Water Aerobics \$15 9-9:30am POOL SESSION 3 STARTS	13 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm	14 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Ladies' Night 5-7pm	15 TRX Classes 8:30am, 1pm, 6pm Bump Split (outdoor) 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	16 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Mixed Night & BBQ 5-7pm	17 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+ 2-5pm* Friday Night Bump 5-6:30pm* HEAD DEMO DAY	18 Tennis Skills/drills 9:30-11am* Pickleball Int 3.0+ 11am-2pm*
19 Water Aerobics \$15 9-9:30am	20 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm	21 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Ladies' Night 5-7pm	22 TRX Classes 8:30am, 1pm, 6pm Bump Split (outdoor) 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	23 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Mixed Night & BBQ 5-7pm	24 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+ 2-5pm* Friday Night Bump 5-6:30pm*	25 Tennis Skills/drills 9:30-11am* Pickleball Int 3.0+ 11am-2pm* UTR Junior Circuit Level 1-4.99
26 Water Aerobics \$15 9-9:30am POOL SESSION 4 STARTS	27 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm Board Meeting 5:30pm	28 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Ladies' Night 5-7pm	29 TRX Classes 8:30am, 1pm, 6pm Bump Split (outdoor) 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	30 Water Aerobics \$15 9-9:30am Pickleball Int 3.0+ 11am-2pm Mixed Night & BBQ 5-7pm	31 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+ 2-5pm* Friday Night Bump 5-6:30pm*	

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