

#### June 2025

# LAKEWOOD RACQUET REPORT

#### PRO TIP: When (and When Not) to Change Direction

Tennis is a game of small margins and smart decisions. One of the most important choices you make with every shot is which direction to hit the ball.

From the baseline, the safest option is often to hit the ball back in the same direction it came from. Hitting crosscourtis also a safe choice — it gives you more net clearance, more court space, and avoids the opposing net player in doubles.

Changing direction, especially hitting down the line, carries more risk. Before going for it, consider three key things:

Your court position – Are you behind the baseline? If so, stick with the safer play. Change direction only when you've moved forward and can step into the shot.

Your balance – Are you set with your weight forward? If you're off-balance or stretched wide, it's usually not the right time to go down the line.

Opponent positioning – Are they out of position or leaving space open? That might be your green light.

Being thoughtful about when to change direction helps reduce unforced errors and gives you a strategic edge. Play smart, and let the percentages work in your favor.



Summer's in full swing at Lakewood Racquet Club!

The sun is out, the pool is open, and summer memberships are going fast. Join now to make the most of the season, from sunny pool days and pickleball play to tennis socials and family fun. Our pool is open from 10am-8pm every day! It's your summer, your way — right here at LRC.

#### HIGHLIGHT OF OUR JUNIORS WHO PLAYED IN STATES:

1. Kayla Duong: 4A Singles : 7th Place

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- 2. Jocelyn Hock: 1A Singles
- 3. Coen Camp: 3A Doubles
- 4. Ben Miller: 4A Doubles
- 5. Jeremy Yang: 4A Doubles
- 6. Eli Smith: 1A Singles



#### Member Spotlighte Brian Julian

Brian Julian was born in Tacoma and raised in University Place, Washington. He graduated from Charles Wright Academy before earning a Bachelor of Science in Biochemistry from Pacific Lutheran University in 2016. He returned to PLU in 2021 to complete a Master's in Education.

Brian teaches computer science at Lochburn Middle School and is a proud Filipino American with deep ties to the local community.

A member of the Lakewood Racquet Club since 2023, Brian enjoys the competitive spirit and camaraderie found on the courts. Outside of tennis, he plays guitar, is an avid chess player, and enjoys staying active and engaged in a variety of interests.

Brian is proud to be part of the LRC community and looks forward to supporting its continued success.



#### DIRECTORY

Interested in a Member Directory? Let us know at the front desk! We can get one printed off for you.



### MIXED NIGHT BBQ

#### Thursday nights just got tastier!

Peggy & Dan's Summer Mixed BBQs are back! After Mixed Night tennis, swing by for burgers, hot dogs, and all the fixings, they'll handle the grill, and you can bring a potluck dish or chip in to the burger fund. Whether you're playing or just coming to hang out, it's the perfect way to wind down, catch up, and enjoy these warm summer nights with the LRC community. Things usually kick off around 6–6:30 PM as players come off the courts. See you there!



## June 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
Singles Bump 4.0+ 8-9:30am Pickleball 11am-2pm* Pickelball Adv 4.0+ 6-9pm*	TRX @ 8:30am, 1pm, 4pm Adv Skills/drills 6:30pm	Pickleball 11am-2pm Ladies' Night 5-7pm & Ladies' Potluck 6:30pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm	Pickleball 11am-2pm Mixed Night 5-7pm	Pickleball Adv 3.5+ 3:30-6:30pm*	Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
8	9	10	11	12	13	14
Singles Bump 4.0+ 8-9:30am						
Pickleball 11am-2pm*	TRX @ 8:30am, 1pm, 4pm	Pickleball 11am-2pm	TRX @ 8:30am, 1pm, 6pm	Pickleball 11am-2pm		Tennis Skills/drills 9:30-10:45am
Pickelball Adv 4.0+ 6-9pm*	Adv Skills/drills 6:30pm	Men's Night 5-7pm	Cardio Skills/drills 6:30pm	Mixed Night 5-7pm	Pickleball Adv 3.5+ 3:30-6:30pm*	Pickleball 11am-2pm*
15	16	17	18	19	20	21
Singles Bump 4.0+ 8-9:30am		LRC Clean Up Day Work Party		Pickleball		
Pickleball 11am-2pm*	TRX @ 8:30am, 1pm, 4pm	Pickleball 11am-2pm	TRX @ 8:30am, 1pm, 6pm	11am-2pm Mixed Night		Tennis Skills/drills 9:30-10:45am
Pickelball Adv 4.0+ 6-9pm*	Adv Skills/drills 6:30pm	Ladies' Night 5-7pm	Cardio Skills/drills 6:30pm	5-7pm Juneteenth	Pickleball Adv 3.5+ 3:30-6:30pm*	Pickleball 11am-2pm*
22	23	24	25	26	27	28
Singles Bump 4.0+ 8-9:30am			TRX @ 8:30am,			
Pickleball 11am-2pm*	TRX @ 8:30am, 1pm, 4pm	Pickleball 11am-2pm	1pm, 6pm Cardio Skills/drills	Pickleball 11am-2pm		Tennis Skills/drills 9:30-10:45am
Pickelball Adv 4.0+ 6-9pm*	Adv Skills/drills 6:30pm	Men's Night 5-7pm	6:30pm Board Meeting 5:30pm	Mixed Night 5-7pm	Pickleball Adv 3.5+ 3:30-6:30pm*	Pickleball 11am-2pm*
29	30					
Singles Bump 4.0+ 8-9:30am						
Pickleball 11am-2pm*	TRX @ 8:30am, 1pm, 4pm					
Pickelball Adv 4.0+ 6-9pm*	Adv Skills/drills 6:30pm					



## July 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1	2	3	4	5
		Pickleball 11am-2pm Ladies' Night 5-7pm & Ladies' Potluck 6:30pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm	Pickleball 11am-2pm Mixed Night 5-7pm	Pickleball Adv 3.5+ 3:30-6:30pm Independence Day	Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
6	7	8	9	10	11	12
Singles Bump 4.0+ 8-9:30am						
Pickleball 11am-2pm*	TRX @ 8:30am, 1pm, 4pm	Pickleball 11am-2pm	TRX @ 8:30am, 1pm, 6pm	Pickleball 11am-2pm		Tennis Skills/drills 9:30-10:45am
Pickelball Adv 4.0+ 6-9pm*		Men's Night 5-7pm	Cardio Skills/drills 6:30pm	Mixed Night 5-7pm	Pickleball Adv 3.5+ 3:30-6:30pm	Pickleball 11am-2pm*
13	14	15	16	17	18	19
Singles Bump 4.0+ 8-9:30am						
Pickleball 11am-2pm*	TRX @ 8:30am, 1pm, 4pm	Pickleball 11am-2pm	TRX @ 8:30am, 1pm, 6pm	Pickleball 11am-2pm		Tennis Skills/drills 9:30-10:45am
Pickelball Adv 4.0+ 6-9pm*		Ladies' Night 5-7pm	Cardio Skills/drills 6:30pm	Mixed Night 5-7pm	Pickleball Adv 3.5+ 3:30-6:30pm	Pickleball 11am-2pm*
20	21	22	23	24	25	26
Singles Bump 4.0+ 8-9:30am Pickleball 11am-2pm* Pickelball Adv 4.0+ 6-9pm*	TRX @ 8:30am, 1pm, 4pm Adv Skills/drills 6:30pm	Pickleball 11am-2pm Men's Night 5-7pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm Board Meeting 5:30pm	Pickleball 11am-2pm Mixed Night 5-7pm	Pickleball Adv 3.5+ 3:30-6:30pm	Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
27	28	29	30	31		
Singles Bump 4.0+ 8-9:30am						
Pickleball 11am-2pm*	TRX @ 8:30am, 1pm, 4pm	Pickleball 11am-2pm	TRX @ 8:30am, 1pm, 6pm	Pickleball 11am-2pm		
Pickelball Adv 4.0+ 6-9pm*	1 · · ·	Ladies' Night 5-7pm	Cardio Skills/drills 6:30pm	Mixed Night 5-7pm		