

LAKEWOOD RACQUET REPORT



YOUR LRC BOARD MEMBERS

President Tricia Parsons
Vice President Craig Robertson
Treasurer Brian Parsons
Secretary Wayne Davis

PRO SHOP DISCOUNT

Did you know LRC Members get 20% off of retail in our Pro Shop? Don't see something you like? No worries, just let us know and we can order it (PS- even custom orders get that 20% off)

PRO TIP

Looseness and relaxation are key to unlocking your potential on the court, especially with your groundstrokes and serve. Imagine your swing as a whip, when you stay relaxed and fluid, you generate maximum force and spin effortlessly. Tension in your swing, like a stick, limits your power and control. Focus on staying loose and letting your body flow naturally through each shot, and you'll see a big difference in your game!

Member Nicole Enslow Member Kate Perry Member Chi Guerrero

Member Chi Guerrero

Member Schuyler Soderland

Member Lori Wollen



Twoey Hats

We're excited to partner with Connor Garnett and his brand, Twoey Nation, to bring you stylish, high-quality hats that make a statement on and off the court. If you loved meeting Connor at his event in December, now's your chance to support his brand while snagging a unique piece of gear. Supplies are limited, so don't wait! Grab your Twoey Nations hat today before they're gone!

WEDNESDAY NIGHT SKILLS & DRILLS

Wednesday Night Skills & Drills will now be an hour and a half long instead of just an hour!

More time to hone in on your tennis!

Like a god neighbor. State Farm is there: Like a god neighbor. State Farm is there: Like a god neighbor. State Farm is there: Like a god neighbor. State Farm is there:

FIND US ON INSTAGRAM!



@Lakewood.RacquetClub

Your ad here!

Did you know members get 50% off our advertisement rates? Imagine your business's logo here, on the fence, in the parking lot, or even on the courts.

Email General Manager, Lily, at Lily. LRSC@gmail.com for pricing and more info!



February 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						1
						Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
2	3	4	5	6	7	8
Pickleball 11am-2pm* Pickelball Adv 4.0+ 6-9pm*	TRX @ 8:30am, 1pm, 4pm Adv Skills/drills 6:30pm	Pickleball 11am-2pm Ladies' Night 5-7pm & Ladies' Potluck 6:30pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm	Pickleball 11am-2pm Mixed Night 5-7pm	Pickleball Adv 3.5+ 3:30-6:30pm*	Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
9	10	11	12	13	14	15
Pickleball 11am-2pm*	TRX @ 8:30am, 1pm, 4pm	Pickleball 11am-2pm	TRX @ 8:30am, 1pm, 6pm	Pickleball 11am-2pm		Tennis Skills/drills 9:30-10:45am
Pickelball Adv 4.0+ 6-9pm*	Adv Skills/drills 6:30pm	Men's Night 5-7pm	Cardio Skills/drills 6:30pm	Mixed Night 5-7pm	Pickleball Adv 3.5+ 3:30-6:30pm*	Pickleball 11am-2pm*
16	17	18	19	20	21	22
Pickleball 11am-2pm*	TRX @ 8:30am, 1pm, 4pm	Pickleball 11am-2pm	TRX @ 8:30am, 1pm, 6pm	Pickleball 11am-2pm		Tennis Skills/drills 9:30-10:45am
Pickelball Adv 4.0+ 6-9pm*	Adv Skills/drills 6:30pm	Ladies' Night 5-7pm	Cardio Skills/drills 6:30pm	Mixed Night 5-7pm	Pickleball Adv 3.5+ 3:30-6:30pm*	Pickleball 11am-2pm*
23	24	25	26	27	28	
Pickleball 11am-2pm* Pickelball Adv 4.0+ 6-9pm*	TRX @ 8:30am, 1pm, 4pm Adv Skills/drills 6:30pm	Pickleball 11am-2pm Men's Night 5-7pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm Board Meeting 5:30pn	Pickleball 11am-2pm Mixed Night 5-7pm	Pickleball Adv 3.5+ 3:30-6:30pm*	



March 2025

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						1
						Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
2	3	4	5	6	7	8
Pickleball 11am-2pm* Pickelball Adv 4.0+ 6-9pm*	TRX @ 8:30am, 1pm, 4pm Adv Skills/drills 6:30pm	Pickleball 11am-2pm Ladies' Night 5-7pm & Ladies' Potluck 6:30pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm	Pickleball 11am-2pm Mixed Night 5-7pm	Pickleball Adv 3.5+ 3:30-6:30pm	Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
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Pickleball 11am-2pm* Pickelball Adv 4.0+ 6-9pm*	TRX @ 8:30am, 1pm, 4pm Adv Skills/drills 6:30pm	Pickleball 11am-2pm Men's Night 5-7pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm	Pickleball 11am-2pm Mixed Night 5-7pm	Pickleball Adv 3.5+ 3:30-6:30pm	Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*
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23	24 ***********************************	Pickleball 11am-2pm Men's Night 5-7pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm Board Meeting 5:30pm	Pickleball 11am-2pm Mixed Night 5-7pm	28 Pickleball Adv 3.5+ 3:30-6:30pm	Tennis Skills/drills 9:30-10:45am Pickleball 11am-2pm*