

# Lakewood Racquet & Sport Club

## 2023 Junior Tennis Program

### WINTER REGISTRATION FORM



Please see both sides of the registration form. Thank you!

PARENT / GUARDIAN INFORMATION					
First:	Last:	Middle Initial:	Membership (Yes or No; if yes, please specify type):		
Address:		City:	State:	Zip Code:	
Phone #:		Email:			
Phone # 2:		Email 2:			

PLAYER(S) INFORMATION					
First:	Last:	Middle Initial:	Date of Birth:	Age:	Player Level (see descriptions on back): <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
First:	Last:	Middle Initial:	Date of Birth:	Age:	Player Level (see descriptions on back): <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
First:	Last:	Middle Initial:	Date of Birth:	Age:	Player Level (see descriptions on back): <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
First:	Last:	Middle Initial:	Date of Birth:	Age:	Player Level (see descriptions on back): <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5
First:	Last:	Middle Initial:	Date of Birth:	Age:	Player Level (see descriptions on back): <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5

WINTER SESSION: 8 WEEKS / JAN 02 - FEB 23				
✓	LEVELS	AGE GROUPS	PRICING	TIMES
<input type="checkbox"/>	<b>Level 1 - Red Ball Monday</b>	5 - 8 year olds	Member: \$120 • Guest: \$144	3:30PM-4:30PM
<input type="checkbox"/>	<b>Level 1 - Red Ball Wednesday</b>	5 - 8 year olds	Member: \$120 • Guest: \$144	3:30PM-4:30PM
<input type="checkbox"/>	<b>Level 2 - Orange Ball Tuesday</b>	8 - 10 year olds	Member: \$120 • Guest: \$144	3:30PM-4:30PM
<input type="checkbox"/>	<b>Level 2 - Orange Ball Thursday</b>	8 - 10 year olds	Member: \$120 • Guest: \$144	3:30PM-4:30PM
<input type="checkbox"/>	<b>Level 3 - Green Ball Monday</b>	10 - 13 year olds	Member: \$144 • Guest: \$176	4:30PM-5:45PM
<input type="checkbox"/>	<b>Level 3 - Green Ball Wednesday</b>	10 - 13 year olds	Member: \$144 • Guest: \$176	4:30PM-5:45PM
<input type="checkbox"/>	<b>Level 4 - Intermediate Tuesday</b>	11+ year olds	Member: \$144 • Guest: \$176	4:30PM-5:45PM
<input type="checkbox"/>	<b>Level 4 - Intermediate Thursday</b>	11+ year olds	Member: \$144 • Guest: \$176	4:30PM-5:45PM
<input type="checkbox"/>	<b>Level 5 - Advanced Monday</b>	Invite Only	Member: \$160 • Guest: \$200	5:45PM-7:00PM
<input type="checkbox"/>	<b>Level 5 - Advanced Wednesday</b>	Invite Only	Member: \$160 • Guest: \$200	5:45PM-7:00PM

I hereby release the Lakewood Racquet and Sport Club of all responsibilities and liabilities in case of injury to my child or their guests.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Prices are per child for 1 day/week over the full 8 week session. Prices do not include tax.

# Lakewood Racquet & Sport Club

## 2023 Junior Tennis Program

### WINTER REGISTRATION FORM



Any medical conditions and/or allergies:

---



---



---

#### SCHEDULE FOR JAN 02 - FEB 23

	Monday	Tuesday	Wednesday	Thursday
3:30PM-4:30PM	<b>Level 1 - Red Ball</b>	<b>Level 2 - Orange Ball</b>	<b>Level 1 - Red Ball</b>	<b>Level 2 - Orange Ball</b>
4:30PM-5:45PM	<b>Level 3 - Green Ball</b>	<b>Level 4 - Intermediate</b>	<b>Level 3 - Green Ball</b>	<b>Level 4 - Intermediate</b>
5:45PM-7:00PM	<b>Level 5 - Advanced</b> (Invite Only)		<b>Level 5 - Advanced</b> (Invite Only)	

LEVELS	DESCRIPTIONS
<b>Level 1 - Red Ball</b>	For players ages 5-8 and under who are new to tennis. Red low-compression balls bounce lower and move more slowly through the air, giving beginning players a chance to set up and take a good swing at the ball. Courts at this level are 36' x 18', with a net that is 2'9" high. We'll focus on developing of the ABC's of tennis (agility, balance and coordination) while introducing proper technique that will enable these young players to rally.
<b>Level 2 - Orange Ball</b>	For players ages 8-10 with little or no experience. Once comfortable at the Red Ball level, players graduate to playing at the Orange Ball level. Orange low-compression balls are 50% of a normal ball's pressure. Players will continue to work on tennis fundamentals in addition to learning to hit with direction, height, and depth. We will focus on the fundamentals necessary to serve and rally using a game-based curriculum and continue to develop the athletic skills essential to the sport.
<b>Level 3 - Green Ball</b>	For players ages 10-13, the Green Ball level is a progression from the Orange Ball level and is an introductory program. Players will build athletic fundamentals by learning proper footwork and racquet mechanics. At this level, players will be able to use a full-sized court and the green low-compression balls that are 75% pressure of a normal ball. We'll focus on teaching the basics of rallying, serving, and keeping score with an emphasis on fun.
<b>Level 4 - Intermediate</b>	For players ages 11+ with little or some tennis experience. Players will learn the skills necessary to play on a high school team. Focus is on how to serve, rally, and keep score. This is a great opportunity for any teen interested in learning to play tennis and improving their match play in preparation for joining a team.
<b>Level 5 - Advanced</b> (Invite Only)	For advanced level juniors who are pursuing a ranking and want to reach the highest level of play. Focus is on high level skills and strategies for tournaments and matches. Players with a passion to play tournaments and compete at an advanced level are welcome to this class.

Prices are per child for 1 day/week over the full 8 week session. Prices do not include tax.