



**July 2024**

# LAKEWOOD RACQUET REPORT

## COURT TIMES

*Hello, Friends of LRC!*

*As a reminder, beginning on July 1, 2024, we're updating our court booking times to make your tennis sessions even better. We're extending our reservation slots from 1.25 hours to 1.5 hours, giving you more time to enjoy the game and score those extra points!*

*Here's the new schedule for Court Reservations:*

6:30am - 8:00am  
8:00am - 9:30am  
9:30am - 11:00am  
11:00am - 12:30pm  
12:30pm - 2:00pm  
2:00pm - 3:30pm  
3:30pm - 5:00pm  
5:00pm - 6:30pm  
6:30pm - 8:00pm  
8:00pm - 9:30pm

*Please note, our operational hours remain unchanged, with closing at 9pm on Sundays and 10pm Monday through Saturday.*

*We hope you enjoy this little upgrade, and can't wait to see you on the courts making the most of your extended playtime!*

## COMMITTEES

Lakewood Racquet Club is seeking dedicated volunteers for our committees: Building and Grounds, Racquet Sports and Physical Exercise, and Social.

As a member-owned club, your involvement is crucial in helping us create an even better community. Join us in making a positive impact and enhancing our club experience for everyone. If you're interested in contributing your time and skills, please let us know!

## LRC CODE OF CONDUCT

We are pleased to announce that the Board of Directors has adopted a new Code of Conduct and Anti-Harassment Policy for our club. This policy is designed to ensure a safe, respectful, and enjoyable environment for everyone.

As a member-owned club, it is essential that we all adhere to these guidelines to maintain the integrity of our community. Therefore, all members and guests are required to follow the new policy. You will find this policy on the third page of the newsletter. For your convenience, it is also posted on our website and in the club.

## CLUB HISTORY

Are you a long-time member of Lakewood Racquet Club? Founded in 1962, our club has a rich history, and we want to document as much of it as possible. If you have memories, stories, or historical insights to share, please email Lily at [Lily.LRSC@gmail.com](mailto:Lily.LRSC@gmail.com).

We are also seeking a dedicated club historian to compile these valuable contributions into a cohesive history of our club. Your participation will help preserve the legacy of Lakewood Racquet Club for future generations.



## ***MEMBER SPOTLIGHT: LORI WOLLEN***

Lori Wollen has been a dedicated member of Lakewood Racquet Club since 2021. She discovered the club through Karie Hamilton and has been playing pickleball since 1998. One of her favorite pickleball memories is playing with her nephews on her brother, Ron Nilsen's court. Although Lori used to win, her nephews now have the upper hand!

Originally from Tacoma, WA, Lori has lived in diverse locations such as Hawaii, Hong Kong, Germany, and Alaska. Her professional background includes an impressive 34 years of teaching Physical Education at Tacoma Public Schools and 3 years working in recreation.

Lori loves the friendly atmosphere at LRC, the relationships she builds with fellow players, and the ability to play at different levels. In her free time, she enjoys traveling, with Antarctica being her favorite destination.

On the court, Lori is described by her friends as universally loved, positive, and an inspiration. She inspires healthy lifestyles and is someone everyone wants to emulate. Lori feels that finding LRC was a godsend, appreciating the nice community and camaraderie it offers.

Thank you, Lori, for being a vibrant and cherished member of our LRC family!



**FIND US ON INSTAGRAM!**

**@Lakewood.RacquetClub**



### **YOUR LRC BOARD MEMBERS**

**President** Nicole Enslow  
**Vice President** Scott Baird  
**Secretary** Tim Morley  
**Treasurer** Brian Parsons  
**Member** Teddy Grenley  
**Member** Mark Mettler  
**Member** Tricia Parsons  
**Member** Kate Perry  
**Member** Craig Robertson

### **YOUR LRC COMMITTEE CHAIRS**

**Financial**  
 Brian Parsons  
**Grounds and Building**  
 Jeff Laskowski  
**Membership**  
 Scott Baird  
**Social**  
 Tricia Parsons & Kate Perry  
**Sports and Recreation**  
 Craig Robertson



### **Code of Conduct and Anti-Harassment Policy**

Lakewood Racquet Club (LRC or Club) is committed to providing a welcoming environment for staff, members and guests. To ensure safety and comfort, LRC requires all individuals to act in accordance with LRC rules and standards set forth below when present at the Club. All persons using and/or working at the Club are expected to behave in a mature and responsible way and to respect the rights and dignity of others. We do not permit language or any action that can hurt, threaten, insult, abuse, frighten, belittle, or unlawfully discriminate against another person in any manner, or which otherwise generally falls below a generally accepted standard of conduct. As such, the LRC Board of Directors (Board) has adopted the following rules and policies, applicable to anyone present at the Club.

All members and guests at the Club:

- Shall follow and abide by any written or oral instructions or directives given by Club staff, Board of Directors, and/or management.
- Shall not engage in any behavior that will damage the reputation of the Club as a family-friendly environment, either orally or through social media.
- Shall maintain proper etiquette and decorum while on courts. Including (but not limited to), throwing racquets, using excessive profanity, and/or engaging in verbal abuse of your playing competitors and/or partners is prohibited.
- Shall treat all members, guests, and staff members with respect, and refrain from any conduct or comments which a reasonable person would deem offensive or otherwise inappropriate.
- Must keep cell phones, laptops and similar electronic devices on “silent” or “vibrate” (especially when on the courts) to avoid disturbing others, unless necessity dictates otherwise.
- Must wear appropriate attire at all times. No jeans in the fitness center. Court shoes are required on tennis and pickleball courts.
- Must ensure that children under seven (7) years old are accompanied by someone at least (12) years old at all times. However, parents are responsible for their children’s behavior. Disruptive behavior will not be tolerated.
- May not use any illicit or illegal drugs while at the Club.
- If drinking alcohol, shall be responsible for such use. Members and guests who are visibly inebriated will be asked to leave the Club.
- Should direct any concerns, problems, or other comments about the Club or another member (or guest) to a staff member at the front desk or to the Club Manager.

### **Disciplinary Actions for Code of Conduct Violation**

- 1st violation: The offender will receive a verbal warning and if warranted, an immediate ejection from the Club.
  - 2nd violation: The offender will be immediately suspended from the Club for 30 days and a written slip explaining the violation will be issued. Monthly dues will still apply.
  - 3rd violation, the offender’s membership will be canceled. The individual MUST wait a minimum of twelve (12) months from time of expulsion before reapplying.
  - Any violation following reinstatement, the offender’s membership will be canceled and the member will be permanently banned from the LRC Club and property.
- During suspensions, monthly dues will continue to be charged. Dues will not be prorated or refunded.

All violations will be reported in writing to the violator and kept on file at LRC. In extraordinary circumstances, the Board may, in accordance with and subject to Article V, Section 7 of the Bylaws, vote to suspend or terminate membership regardless of whether it is the first or second violation.

### **Workplace Anti-Harassment Policy**

Lakewood Racquet Club (LRC) is committed to providing an inclusive and welcoming environment for all members, guests, and employees. LRC is dedicated to ensuring that all individuals are treated with respect and dignity. We do not tolerate discrimination or harassment of any kind. This policy outlines our commitment to maintaining a safe, respectful, and equitable environment for everyone involved in our community. We prohibit any form of discrimination or harassment based on race, color, religion, sex, gender, gender identity or expression, sexual orientation, national origin, age, disability, marital status, citizenship, genetic information, or any other characteristic protected by law.

This policy applies to all members, guests, employees, contractors, vendors, and anyone participating in LRC activities or using LRC facilities. It covers conduct on LRC premises, during LRC-sponsored events, and in any other context related to the club.

Discrimination, as used herein, shall mean the unfair or unequal treatment of an individual or group based on the protected characteristics identified above. Harassment, as used herein, shall mean unwanted (from the reasonable perspective of the recipient) conduct that creates an intimidating, hostile, degrading, humiliating, or offensive environment for the individual subjected to such conduct. This includes, but is not limited to, verbal, physical, and visual harassment.

In the event a complaint of discrimination or harassment is made, such complaint shall be referred to the LRC Board for investigation. If the investigation finds that a violation of this policy has occurred, appropriate corrective action will be taken, up to and including termination of membership or employment. Retaliation against anyone who reports discrimination or harassment or participates in an investigation is strictly prohibited. Any act of retaliation should be reported immediately and will be subject to disciplinary action.

LRC is committed to fostering an environment where everyone can enjoy the benefits of our community without fear of discrimination or harassment. We expect all members, guests, and employees to uphold these principles and contribute to a respectful and inclusive atmosphere. By maintaining these standards, we can ensure that LRC remains a welcoming and enjoyable place for all.

If you experience or witness discrimination or harassment, we encourage you to report it promptly. Reports can be made to any of the following:

- General Manager
- Any LRC staff member
- LRC Board Member

All reports will be taken seriously and investigated promptly and thoroughly. Confidentiality will be maintained to the extent possible, consistent with the need to conduct a thorough investigation. Please call our Front Desk at (253) 582-6311 for any contact information.



# July 2024

**Sun      Mon      Tues      Wed      Thurs      Fri      Sat**

	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	TRX @ 8:30am, 1pm, 4pm Adv Skills/drills 6:30pm <b>Ladies' Night Potluck</b> 5-7:30pm	Pickleball 12-2:30pm Men's Night 5-7:30pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm	Pickleball 12-2:30pm <b>The club will close at 3pm for Independence Day</b>	Pickleball 6:30-9:30am Pickleball 5-7:30pm	Tennis Skills/drills 9:30-10:45am PB Skills/drills 10:45am-12 Pickleball 12-2:30pm
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Pickleball 12-2:30pm	TRX @ 8:30am, 1pm, 4pm Ladies' Night 5-7:30pm Adv Skills/drills 6:30pm	Pickleball 12-2:30pm Men's Night 5-7:30pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm	Pickleball 12-2:30pm Mixed Doubles 5-7:30pm	Pickleball 6:30-9:30am Pickleball 5-7:30pm	Tennis Skills/drills 9:30-10:45am PB Skills/drills 10:45am-12 Pickleball 12-2:30pm
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Pickleball 12-2:30pm	TRX @ 8:30am, 1pm, 4pm Ladies' Night 5-7:30pm Adv Skills/drills 6:30pm	Pickleball 12-2:30pm Men's Night 5-7:30pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm	Pickleball 12-2:30pm Mixed Doubles 5-7:30pm	Pickleball 6:30-9:30am Pickleball 5-7:30pm	Tennis Skills/drills 9:30-10:45am PB Skills/drills 10:45am-12 Pickleball 12-2:30pm
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Pickleball 12-2:30pm	TRX @ 8:30am, 1pm, 4pm Ladies' Night 5-7:30pm Adv Skills/drills 6:30pm	Pickleball 12-2:30pm Men's Night 5-7:30pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm <b>Board Meeting 6:30pm</b>	Pickleball 12-2:30pm Mixed Doubles 5-7:30pm	Pickleball 6:30-9:30am Pickleball 5-7:30pm	Tennis Skills/drills 9:30-10:45am PB Skills/drills 10:45am-12 Pickleball 12-2:30pm
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			
Pickleball 12-2:30pm	TRX @ 8:30am, 1pm, 4pm Ladies' Night 5-7:30pm Adv Skills/drills 6:30pm	Pickleball 12-2:30pm Men's Night 5-7:30pm	TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm			



# August 2024

**Sun      Mon      Tues      Wed      Thurs      Fri      Sat**

				<b>1</b>	<b>2</b>	<b>3</b>
				Pickleball 12-2:30pm Mixed Doubles 5-7:30pm	Pickleball 6:30-9:30am Pickleball 5-7:30pm	Tennis Skills/drills 9:30-10:45am PB Skills/drills 10:45am-12 Pickleball 12-2:30pm
<b>4</b>  Pickleball 12-2:30pm	<b>5</b>  TRX @ 8:30am, 1pm, 4pm Adv Skills/drills 6:30pm <b>Ladies' Night Potluck</b> 5-6:30pm	<b>6</b>  Pickleball 12-2:30pm Men's Night 5-7:30pm	<b>7</b>  TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm	<b>8</b>  Pickleball 12-2:30pm Mixed Doubles 5-7:30pm	<b>9</b>  Pickleball 6:30-9:30am Pickleball 5-7:30pm	<b>10</b>  Tennis Skills/drills 9:30-10:45am PB Skills/drills 10:45am-12 Pickleball 12-2:30pm
<b>11</b>  Pickleball 12-2:30pm	<b>12</b>  TRX @ 8:30am, 1pm, 4pm Ladies' Night 5-6:30pm Adv Skills/drills 6:30pm	<b>13</b>  Pickleball 12-2:30pm Men's Night 5-7:30pm	<b>14</b>  TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm	<b>15</b>  Pickleball 12-2:30pm Mixed Doubles 5-7:30pm	<b>16</b>  Pickleball 6:30-9:30am Pickleball 5-7:30pm	<b>17</b>  Tennis Skills/drills 9:30-10:45am PB Skills/drills 10:45am-12 Pickleball 12-2:30pm
<b>18</b>  Pickleball 12-2:30pm	<b>19</b>  TRX @ 8:30am, 1pm, 4pm Ladies' Night 5-6:30pm Adv Skills/drills 6:30pm	<b>20</b>  Pickleball 12-2:30pm Men's Night 5-7:30pm	<b>21</b>  TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm	<b>22</b>  Pickleball 12-2:30pm Mixed Doubles 5-7:30pm	<b>23</b>  Pickleball 6:30-9:30am Pickleball 5-7:30pm	<b>24</b>  Tennis Skills/drills 9:30-10:45am PB Skills/drills 10:45am-12 Pickleball 12-2:30pm
<b>25</b>  Pickleball 12-2:30pm	<b>26</b>  TRX @ 8:30am, 1pm, 4pm Ladies' Night 5-6:30pm Adv Skills/drills 6:30pm	<b>27</b>  Pickleball 12-2:30pm Men's Night 5-7:30pm	<b>28</b>  TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm <b>Board Meeting 6:30pm</b>	<b>29</b>  Pickleball 12-2:30pm Mixed Doubles 5-6:30pm	<b>30</b>  Pickleball 6:30-9:30am Pickleball 5-7:30pm	<b>31</b>  Tennis Skills/drills 9:30-10:45am PB Skills/drills 10:45am-12 Pickleball 12-2:30pm