

LAKEWOOD RACQUET REPORT

MEN'S NIGHT ANNOUNCEMENTS

We're thrilled to announce some exciting changes to Men's Night, beginning June 11th! This new format will run in 4-week sessions, requiring sign-up in advance. Sign-ups are open <u>NOW</u> at the front desk, so mark your calendars! Please note, this program is replacing the traditional Men's Night format during the 4-week sessions. We heard your feedback in the April Social Night Survey that was emailed out, that you want a more competitive and engaging Men's Night. With that, we are so excited to have incorporated your feedback to create this special version of Men's Night.

HERE'S WHAT TO EXPECT

- *Court Structure:* Each week, you'll play on a single court and play three sets. You'll play one set with each player on your court.
- *Advancement System:* At the end of each week, we'll record the results. The player with the most games won will move up a court, and the player with the least games will move down. This way, there's always a chance to advance!
- *Subs Policy:* If you can't attend, you'll be responsible for finding your own sub to keep the matches balanced.
- *Outdoor Play:* Play will be held outside for the summer, allowing us to enjoy Washington's beautiful summers.
- *Prizes:* At the end of the 4-week session, there will be a prize for the most successful players. More details on this to come.

Make sure to sign up ASAP to secure your spot. We're excited to see how this new format will add more fun and competition to our Men's Night events. If you have any questions, please don't hesitate to contact Michael Campbell at michaelcampbell.lrc@gmail.com.

COMMITTEES: We need YOUR help! We are seeking motivated, energetic members to become involved with our committees here at LRC. Whether you have experience that will lend itself to the Building and Grounds Committee, have a knack for planning parties and want to join the Social Committee, or simply want to join any of our other committees like Finance, Membership, or Planning. Please reach out to Lily at Lily.LRSC@Gmail.com for further information!

COURT TIME UPDATES

Great news! Starting July 1, 2024 we're updating our court booking times to make your tennis sessions even better. We're extending our reservation slots from 1.25 hours to 1.5 hours, giving you more time to enjoy the game and score those extra points! Here's the new schedule for Court Reservations:

> 6:30am - 8:00am 8:00am - 9:30am 9:30am - 11:00am 11:00am - 12:30pm 12:30pm - 2:00pm 2:00pm - 3:30pm 3:30pm - 5:00pm 5:00pm - 6:30pm 6:30pm - 8:00pm 8:00pm - 9:30pm

Please note, our operational hours remain unchanged, with closing at 9pm on Sundays and 10pm Monday through Saturday.

We hope you enjoy this little upgrade, and can't wait to see you on the courts making the most of your extended playtime!



MEMBER SPOTLICHTE CONNIE WORTHEN

My dad was career Army & retired in Lakewood when I was very young. I grew up here and graduated from Lakes High & WSU. I met my husband, Ed Worthen, in high school & we married while he was in optometry school near Portland, OR. Sadly, Ed passed away while playing tennis in 2016.

My business career was managing my husband's optometry practice in Gig Harbor for many years. I also had my human resources career in raising two kids to independent adulthood! Just like most families there were a few bumps along the way. My daughter has her own Geotechnical Engineering firm in Portland. My son is a Land Surveyor on Vancouver Island BC and has my only grandson, Teddy!

Tennis became important in my life when our family joined the club when our former neighbor & past LRC president, Tom Funkhouser, invited us to join. That makes me close to a twenty five year member. Many ladies nurtured my love for the game & this club. As a result I have captained many Ladies 3.0 teams over the last 15 years. A lot of people have come &

gone during my time at LRC. I have made lifelong friends from many of those people. I have made it to Sectionals a number of times (& have the shirts to prove it!). But I never got to play at the National level.

I believe in giving back to things I believe in. So I have been a three year board member two separate times. My last time finished in 2021 during the very challenging COVID years. I volunteer on committees and try to encourage new, younger players. I always try to have a smile and an encouraging word to all the people who allow me to play on the courts with them. It is always fun on the tennis courts!!

USTA UPDATE:



Dear Members,

We would like to inform you that we have updated our USTA rules and policies. Please note that we will no longer be offering USTA practice courts, effective July. 1st. An updated document outlining these changes will be available soon. If any USTA teams wish to set up formal practices with a coach, please have your captain reach out to Michael Campbell at MichaelCampbell.lrc@gmail.com.

FIND US ON INSTAGRAM!

@Lakewood.RacquetClub



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June 2024

| Sun | Mon | Tues | Wed | Thurs | Fri | Sat |
|-------------------------|-----------------------------------|-------------------------|----------------------------------|---------------------------|---------------------------|--------------------------------------|
| | | | | | | 1 |
| | | | | | | Tennis Skills/drills 9:30-10:45am |
| | | | | | | PB Skills/drills 10:45am-12 |
| | | | | | | Pickleball 12-2:30pm |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| | TRX @ 8:30am, 1pm, 4pm | | | | | Tennis Skills/drills 9:30-10:45am |
| Pickleball 12-2:30pm | Adv Skills/drills 6:30pm | Pickleball 12-2:30pm | TRX @ 8:30am, 1pm, 6pm | Pickleball 12-2:30pm | Pickleball 6:30-9:30am | PB Skills/drills 10:45am-12 |
| | Ladies' Night Potluck 5-6:30pm | Men's Night 5-7:30pm | Cardio Skills/drills 6:30pm | Mixed Doubles 5-7:30pm | Pickleball 5-7:30pm | Pickleball 12-2:30pm |
| | 10 | 11 | 12 | 13 | 14 | 15 |
| | TRX @ 8:30am, 1pm, 4pm | | | | | Tennis Skills/drills 9:30-10:45am |
| Pickleball 12-2:30pm | Ladies' Night 5-6:30pm | Pickleball 12-2:30pm | TRX @ 8:30am, 1pm, 6pm | Pickleball 12-2:30pm | Pickleball 6:30-9:30am | PB Skills/drills 10:45am-12 |
| | Adv Skills/drills 6:30pm | Men's Night 5-7:30pm | Cardio Skills/drills 6:30pm | Mixed Doubles 5-7:30pm | Pickleball 5-7:30pm | Pickleball 12-2:30pm |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| | TRX @ 8:30am, 1pm, 4pm | | TRX @ 8:30am, | | | Tennis Skills/drills 9:30-10:45am |
| Pickleball 12-2:30pm | Ladies' Night 5-6:30pm | Pickleball 12-2:30pm | 1pm, 6pm Cardio Skills/drills | Pickleball 12-2:30pm | Pickleball 6:30-9:30am | PB Skills/drills 10:45am-12 |
| | Adv Skills/drills 6:30pm | Men's Night 5-7:30pm | 6:30pm | Mixed Doubles 5-7:30pm | Pickleball 5-7:30pm | Pickleball 12-2:30pm |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | 7 TRX @ 8:30am, 1pm, 4pm | | TRX @ 8:30am, | | | Tennis Skills/drills 9:30-10:45am |
| 21.2.1 | Ladies' Night 5-6:30pm | Pickleball 12-2:30pm | 1pm, 6pm Cardio Skills/drills | Pickleball 12-2:30pm | Pickleball 6:30-9:30am | PB Skills/drills 10:45am-12 |
| 3 | Adv Skills/drills 6:30pm | Men's Night 5-7:30pm | 6:30pm Board Meeting 6:30pm | Mixed Doubles 5-6:30pm | Pickleball 5-7:30pm | Pickleball 12-2:30pm |



July 2024

| Sun | Mon | Tues | Wed | Thurs | Fri | Sat |
|-------------------------|---|--|--|---|---|---|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| | TRX @ 8:30am, 1pm, 4pm Adv Skills/drills 6:30pm Ladies' Night Potluck 5-7:30pm | Pickleball 12-2:30pm Men's Night 5-7:30pm | TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm | Pickleball 12-2:30pm The club will close at 3pm for Independence Da | Dialdahall | Tennis Skills/drills 9:30-10:45am PB Skills/drills 10:45am-12 Pickleball 12-2:30pm |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | TRX @ 8:30am, 1pm, 4pm | | | | | Tennis Skills/drills 9:30-10:45am |
| Pickleball 12-2:30pm | Ladies' Night 5-7:30pm | Pickleball 12-2:30pm | TRX @ 8:30am, 1pm, 6pm | Pickleball 12-2:30pm | Pickleball 6:30-9:30am | PB Skills/drills 10:45am-12 |
| | Adv Skills/drills 6:30pm | Men's Night 5-7:30pm | Cardio Skills/drills 6:30pm | Mixed Doubles 5-7:30pm | Pickleball 5-7:30pm | Pickleball 12-2:30pm |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | TRX @ 8:30am, 1pm, 4pm | | | | | Tennis Skills/drills 9:30-10:45am |
| Pickleball 12-2:30pm | Ladies' Night 5-7:30pm | Pickleball 12-2:30pm | TRX @ 8:30am, 1pm, 6pm | Pickleball 12-2:30pm | Pickleball 6:30-9:30am | PB Skills/drills 10:45am-12 |
| | Adv Skills/drills 6:30pm | Men's Night 5-7:30pm | Cardio Skills/drills 6:30pm | Mixed Doubles 5-7:30pm | Pickleball 5-7:30pm | Pickleball 12-2:30pm |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Pickleball 12-2:30pm | TRX @ 8:30am, 1pm, 4pm Ladies' Night 5-7:30pm Adv Skills/drills 6:30pm | Pickleball 12-2:30pm Men's Night 5-7:30pm | TRX @ 8:30am, 1pm, 6pm Cardio Skills/drills 6:30pm Board Meeting 6:30pm | Pickleball 12-2:30pm Mixed Doubles 5-7:30pm | Pickleball 6:30-9:30am Pickleball 5-7:30pm | Tennis Skills/drills 9:30-10:45am PB Skills/drills 10:45am-12 Pickleball 12-2:30pm |
| 28 | 29 | 30 | 31 | | | |
| Pickleball 12-2:30pm | TRX @ 8:30am, 1pm, 4pm Ladies' Night 5-7:30pm | Pickleball 12-2:30pm | TRX @ 8:30am, 1pm, 6pm | | | |
| | Adv Skills/drills 6:30pm | Men's Night 5-7:30pm | Cardio Skills/drills 6:30pm | | | |