



**LAKEWOOD  
RACQUET  
& SPORT CLUB**

**MARCH 2019**

# LAKEWOOD RACQUET REPORT

## New Wilson CLASH Racquet

**Wilson.**



LRC Members get  
20% off Suggested  
Retail.  
Best price anywhere.  
Will beat any  
advertised price.



## WELCOME NEW MEMBERS

*Sr. Family*

Gayle Hampton-Smith

*Sr. Single*

Pamela Hampton

In Seok Jeon

Jim Paxinos

Heyward Pugh

Kimberly Rokpeter

*Jr. Single*

Andrew Choi

Scott Marcus

*Student*

Jana Escoton

Peyton Gomez

Nina Ly

Vivyanne Nguyen

Kristine Pham

Tate Talbot

Nolan White

## USTA

If you are interested in playing 18+ that starts second week of March, please contact Bruce Dayton ASAP at: [bruce@lakewoodracquetclub.com](mailto:bruce@lakewoodracquetclub.com). Please let Bruce know if you plan to captain a 65+ team starting in March. All players interested please check USTA Board for Captains contact information.

## \$100 Member Credit

The best advertisement and community outreach for our club is through our members. Each of you can receive or donate a \$100 credit for bringing in a new member who has paid their club membership initiation fee.

## Hugh's Recipe for Heart Health

### Shamrock Shake

1 banana  
1 cup of almond milk  
1/4 cup of spinach  
1/4 cup of kale  
Add a few ice cubes.  
Blend everything together  
and enjoy.





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## PICKLEBALL AT LRC



*It's fun,  
It's fast,  
And best of all...  
For Members it's \*FREE!*

Don't know anything about pickleball?  
Never played pickleball before?

***THIS IS YOUR OPPORTUNITY!  
WE'LL SHOW YOU HOW TO PLAY!!***

Still unsure, don't have any pickleball equipment...  
***WE'LL PROVIDE IT!***

### DATES/TIMES

March 1-March 17  
Sundays, 12 Noon – 2:30 pm  
Wednesdays, 1:15 pm – 3:45 pm

\*Free for LRC members.  
Non-members/guests pay \$10 per session.

## FOLLOW US!



@piercecourttennis



@lakewoodracquetsportclub

## WINTER TENNIS PROGRAMS

Bruce Dayton, John Cassens,  
Chan Thourk, and Joe  
Tomasi will be available for  
Private, Semi-Private, and  
Group lessons.

We have Adult Skills and  
Drills Tuesday/Fridays/  
Saturdays. Please check the  
calendar for times and skill  
levels.

Junior Program is conducted  
on Friday and Saturday.

Times and rates are listed on  
[www.10sportal.net](http://www.10sportal.net).

LAISSEZ LES BON  
TEMPS ROULER!

### **PICKLEBALL MARDI GRAS STYLE**

Sunday, March 10 from 12-2:30pm  
Come one, come all, come to play, or  
come to spectate and cheer. All are welcome!



Join hosts Anneke Berry and Nan Leiter for a BYOB/Cajun Acadian  
Zydeco potluck. Courts 9 & 10 and the loft.

Please sign up on our website [www.lakewoodracquetclub.com](http://www.lakewoodracquetclub.com)  
Click on "members only" and sign in.





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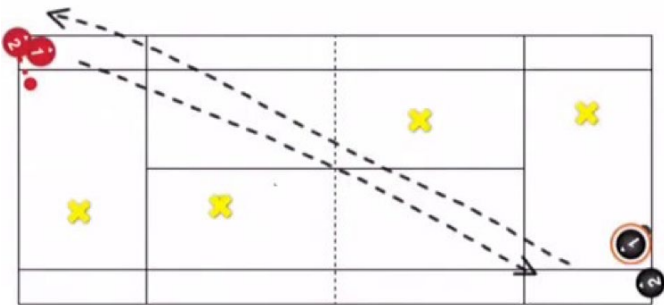
## 2019 Winter Tennis Membership Drive

Join before March 31, 2019 and receive the following:



*One complimentary  
private tennis lesson*

*One \$50 gift certificate  
for use in the LRC pro shop*



*One complimentary  
skills & drills session*





**Standing Committee Meeting Times:**

Finance Meeting - 2<sup>nd</sup> Thursday of the month @ 5pm

Membership Meeting - 3<sup>rd</sup> Wednesday of the month @ 6:15pm

Sports and Recreational - 3<sup>rd</sup> Wednesday of the month @ 5:30pm

**March 2019**

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					<b>1</b> Skills/Drills 8:15-9:30am 3.5+ 12-1pm 2.5/3.0	<b>2</b> Skills/Drills 9:30-10:45am 3.5+
<b>3</b>	<b>4</b> Ladies' Night Potluck Dinner 6:30pm	<b>5</b> Skills/Drills 12-1pm - 2.5/3.0 Men's Night 3:45-7:30pm	<b>6</b>	<b>7</b> Mixed Doubles 5-7:30pm Mixed Doubles Potluck 6:30pm	<b>8</b> Skills/Drills 8:15-9:30am 3.5+ 12-1pm 2.5/3.0	<b>9</b> Skills/Drills 9:30-10:45am 3.5+
<b>10</b> Daylight savings Spring forward!	<b>11</b> Ladies' Night 5-7:30pm	<b>12</b> Skills/Drills 12-1pm - 2.5/3.0 Men's Night 3:45-7:30pm	<b>13</b>	<b>14</b> Mixed Doubles 5-7:30pm	<b>15</b> Skills/Drills 8:15-9:30am 3.5+ 12-1pm 2.5/3.0	<b>16</b> Skills/Drills 9:30-10:45am 3.5+
<b>17</b> St. Patrick's Day	<b>18</b> Ladies' Night 5-7:30pm	<b>19</b> Skills/Drills 12-1pm - 2.5/3.0 Men's Night Dinner 6:30pm	<b>20</b>	<b>21</b> Mixed Doubles 5-7:30pm	<b>22</b> Skills/Drills 8:15-9:30am 3.5+ 12-1pm 2.5/3.0	<b>23</b> Skills/Drills 9:30-10:45am 3.5+
<b>24</b>	<b>25</b> Ladies' Night 5-7:30pm Board Meeting 6:30pm	<b>26</b> Skills/Drills 12-1pm - 2.5/3.0 Men's Night 3:45-7:30pm	<b>27</b>	<b>28</b> Mixed Doubles 5-7:30pm	<b>29</b> Skills/Drills 8:15-9:30am 3.5+ 12-1pm 2.5/3.0	<b>30</b> Skills/Drills 9:30-10:45am 3.5+
<b>31</b>						

