



LAKEWOOD
RACQUET
& SPORT CLUB

March 2021

LAKEWOOD RACQUET REPORT



the
Original
9

WOMEN'S HISTORY MONTH

More than fifty years ago, on September 23, 1970 - nine brave women banded together to take a first-of-its kind stand against a growing disparity in prize money and playing opportunities for women in professional tennis. As a result of their courage, women's professional tennis was launched when **the Original 9** (a.k.a. the Houston 9) stood with promoter Gladys Heldman in Houston and held aloft symbolic dollar bills notes.

The nine women were Americans Peaches Bartkowicz, Rosie Casals, Julie Heldman, Billie Jean King, Kristy Pigeon, Nancy Richey, Valerie Ziegenfuss, and Australians Judy Tegart Dalton and Kerry Melville Reid, and together with Gladys Heldman (pictured here in sunglasses) they were committed to creating a better future for female athletes.

"They were pioneers and publicity agents and true professionals...and because they had such a barrier of prejudice to break down, they were always so much better at selling the game of tennis than the men," wrote British journalist Richard Evans of the first group of women pros.

Excerpts from articles on [Tennis.com](https://www.tennis.com) and [Tennis Hall of Fame.com](https://www.tennis-hall-of-fame.com)

NEWS! NEWS!

Men's, Ladies', Mixed Night

Starts March 15th with Monday Ladies' Night, Tuesday Men's Night, & Thursday Mixed Night.

New Covid-19 restriction format. All three nights start at 5pm and finish at 6:15pm. Sign up in person at the front desk, via phone, or log into 10sportal.net.

First eight people for each night that sign up are in. Staff will set up each foursome. You will stay with that foursome for the entire time. You will rotate with each person for 3 blocks of 8 games. Staff will be present to help.

Please contact Bruce if you have any questions BruceLRC@gmail.com

New Tennis Courts

We need everybody's help to keep our new courts clean by not bringing any food or beverages onto the courts other than water. We have already cleaned up spilt beverages that leave residue on the court. If you see a spot please notify staff immediately so we can clean it up. If you didn't hear, we had a hawk fly into court nine this week. Please do not prop open any exterior doors on our courts. If you are too hot we can turn off the heat. - Thank you.



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YOUR LRC BOARD MEMBERS

President Teena Ward Hyde
Vice President Dick Hutchison
Treasurer Charlie Hyde
Secretary Connie Worthen
Member Tad Davis
Member Terry Wright
Member Paul Whittaker
Member Dave Henderson
Member Teddy Grenley



YOUR LRC COMMITTEE CHAIRS

Financial
Charlie Hyde
Grounds and Building
Dick Hutchison
Membership
Teena Ward Hyde
Planning (Long Range)
Terry Wright
Social
Anneke Berry Morley
Sports and Recreation
Teddy Grenley

MORE WOMEN'S HISTORY MONTH

1874: Mary Ewing Outerbridge of Staten Island introduced tennis to the United States. She purchased equipment in Bermuda and used it to set up the first tennis court on the island.

1887: Ellen Hansell was crowned the first Women's singles tennis champion at the U.S. Open.

1887: Lottie Dod won the women's Wimbledon championship five times between 1887 and 1893.

1887: First women's French Tennis Championship was held.

1929: Ora Washington, an African-American woman, won her first American Tennis Association's singles title, a title she held for seven years. She held onto that record until Althea Gibson broke it with nine titles.

1950: Althea Gibson became the first African-American to play in a major United States Lawn Tennis Association event.

1951: Althea Gibson was the first black player ever to compete at Wimbledon.

1953: At the age of sixteen, Maureen "Little Mo" Connolly became the first woman to score a Grand Slam - winning all four major world (US Open, Wimbledon, French & Australian Opens) tennis matches in a single season

1956: Althea Gibson was the first African American to win a Grand Slam singles title when she won the French championships. The next year, she made more history by winning Wimbledon and the U.S. Nationals, the first African American to win ever.

1957: With her first Wimbledon title and first U.S. Championship, Althea Gibson was the top-ranked female tennis player in the world.

1966: Billie Jean King won her first Wimbledon single title, repeating again in 1967 and 1968.

1970: The original 9 start a women's tour. Billy Jean King, Rosie Casals, Kristy Pigeon, Nancy Richey, Val Ziegenfuss, Judy Tegart Dalton, Kerry Melville Reid, Peaches Bartkowicz, and Julie Heldman.

1971: Billie Jean King became the first woman athlete ever to receive more than \$100,000 in a single season at any sport.

1971: Althea Gibson was inducted into the International Tennis Hall of Fame.

1973: U.S. Tennis Association announced that men and women would now receive equal prize money and pay at the U.S. Open for the first time in history.

MEMBERSHIP

Thank you all for continuing your membership during these tough times for all of us. Without your membership, LRC would not be the great outlet for tennis and social events. With your help, our membership will grow. Bring in a friend/guest to try out our club. Receive \$100 credit once that person joins the club and pays their initiation fee.

FOLLOW US!



@piercecountytennis



@lakewoodracquetsportclub





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LESSONS ARE IN FULL SWING!

Junior Classes Every Day:

Tennis 101 (Ages 10-18) - Tuesday/Thursday 3:45-4:45 PM

Varsity HS and Intermediate Tournament player

Future Stars (ages 6-10) - Monday/Wednesday 4-5 PM

Beginner strokes and games

Little Tennis (ages 3-6) - Friday 3-4 PM

Introduction to tennis

Adult Classes:

Cardio Skills & Drills - All levels

Monday/Wednesday 6:15-7:30 PM

Skills & Drills (2.5/3.0 level)

Tuesday/Friday Noon - 1 PM

Weekend Skills & Drills - 3.5+ level

Saturday 9:30-10:45 AM

** Advanced Registration available online.**

WELCOME NEW MEMBERS

Senior Single - Tennis

Ben and Megan Michels

Junior Single - Tennis

Nicole Enslow

Student - Tennis

Zachary Song

APRIL 24 MEMBER VOLUNTEER SPRING PRUNING

Spring is coming. As a member-owned club, we appreciate the generosity of our members coming together for the betterment of our club. We will start at 9AM. Registration for time slots throughout the day are needed. More info to come later this month.

TRX TRAINING IS GREAT FOR YOUR TENNIS GAME!

- Prevents Injuries
- Improves Your Sports Performance
- Improves Sleeping Patterns
- Controls Body Fat
- Boosts Stamina



When done with proper form, TRX training protects your joints from injury. Who wouldn't want to perform their best on the court?! You are less likely to suffer from insomnia if you strength train regularly. Lean muscle burns more calories at rest, thereby increasing your resting metabolic rate. The more muscle you build, the more calories you'll burn. You will find that you fatigue less easily when you strength train.



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March 2021

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1 TRX @ 8:30am, 1pm, 4pm, 6pm Skills/drills 6:15-7:15pm	2 Skills/drills 12-1pm	3 TRX @ 8:30am, 1pm, 6pm Skills/drills 6:15-7:15pm	4	5 Skills/drills 12-1pm	6 Skills/drills 9:30-10:45am
7	8 TRX @ 8:30am, 1pm, 4pm, 6pm Skills/drills 6:15-7:15pm	9 Skills/drills 12-1pm	10 TRX @ 8:30am, 1pm, 6pm Skills/drills 6:15-7:15pm	11	12 Skills/drills 12-1pm	13 Skills/drills 9:30-10:45am
14 Daylight Saving Time	15 TRX @ 8:30am, 1pm, 4pm, 6pm Skills/drills 6:15-7:15pm	16 Skills/drills 12-1pm	17 TRX @ 8:30am, 1pm, 6pm Skills/drills 6:15-7:15pm St. Patrick's Day	18	19 Skills/drills 12-1pm	20 Skills/drills 9:30-10:45am
21	22 TRX @ 8:30am, 1pm, 4pm, 6pm Skills/drills 6:15-7:15pm Board Meeting 6:30pm	23 Skills/drills 12-1pm	24 TRX @ 8:30am, 1pm, 6pm Skills/drills 6:15-7:15pm	25	26 Skills/drills 12-1pm	27 Skills/drills 9:30-10:45am Passover
28 Palm Sunday	29 TRX @ 8:30am, 1pm, 4pm, 6pm Skills/drills 6:15-7:15pm Holi	30 Skills/drills 12-1pm	31 TRX @ 8:30am, 1pm, 6pm Skills/drills 6:15-7:15pm			

If you are interested in attending a virtual Board meeting, please contact President Teena Ward Hyde or GM Bruce Dayton at least five days before meeting. Thank You.