



SEPTEMBER 2026

LAKEWOOD RACQUET REPORT

What a summer it's been! A huge thank you to all of our summer members. We hope you continue taking advantage of your free tennis or pickleball clinic and fall in love with racquets and paddles as much as we have and become full members all year. An extra special shoutout goes to our hard-working lifeguards and swim teachers for keeping our pool safe and fun all season long. Remember the first Tuesday of the month is always a Ladies Potluck after social tennis.

Upcoming Events & Save the Dates

Final Summer BBQ: Thursday, Sept 3 @ ~ 6:30 PM we have our last BBQ. Thank you, for cooking and hosting all year, for over a decade now, Dan and Peggy Thurston! Play in Mixed Night Tennis or just drop by for the food and social hour potluck!

New Pool Hours: Pool Open through Labor Day, Monday, September 7. New Hours August 31-Labor Day 3-8 PM. The weather has not been so summery and schools are starting.

Member Appreciation Day BBQ Potluck: Saturday, September 12, from Noon to 5:00 PM. Join us for one last special pool day!

Ice Cube Guessing Contest: Congrats to Peter Yim for taking home the giant can of candy with the closest guess, and thanks to Sarah Tays for organizing a fantastic event!

LRC Holiday Party: Wednesday, December 9, Save the Date!

Tournaments & New Classes: Look soon for additional Skills & Drills, Shot of the Month, and Pickleball classes. You may notice, many of you have noticed, I'm around on weekends running tournaments. Our outdoor courts were packed with high level juniors this weekend, always fun to watch. We are making grand efforts to bring the local cities and tennis community back to LRC and soon you will see more opportunities for juniors and adults to play in tournaments here as well as yourselves. I can sense a member-guest gala soon!

Member Spotlight & Celebrations

Pickleball Victory: Congratulations to Dee Stutts for taking home the Gold Medal at the Senior Pickleball Games (4.0 Level)!

Farewell to a Legacy: We send a warm, grateful farewell to long-time member and Volunteer Beth Nichols as she moves out of state. Thank you for everything you've given to LRC, Beth. We will miss you! Thank you for including me on your birthday tennis match this year! Please stay in touch!



Community Spotlight: Thanks to local partnerships and site tours showcasing our amenities, LRC may soon be featured in the City of Lakewood Business Spotlight! Be sure to check out President Tricia's beautiful article on the LRC Vision in Stroll magazine and in our newsletter.

Birthday Milestones!: Congratulations and Happy Birthday, Dave turning 60 and Lee turning 40!

Fall USTA Tennis Leagues Begin!

Fall matches kick off this month! Captains and players, please send in your team pictures and keep us posted on match results. Good luck to all our teams. I highly suggest you take a team practice lesson or two or three with Michael, our state champion Head Pro!

- 6.0 Mixed: Baird | Barnes (Lakewood Lobsters)
- 7.0 Mixed: Triquart/Guerrero
- 8.0 Mixed: Mettler (Mocha's Minions Strike Back) | Hudson
- 6.0 Men: Baird (Goon Platoon)
- 7.0 Men: Wright
- 8.0 Men: Peyton
- 6.0 Women: Worthen
- 7.0 Women: Moll (Lakewood Ladies)
- 8.0 Women: Harris
- 9.0 Women: Fladebo

Get Involved: LRC Leadership & Volunteering

We've welcomed **40 new members in 2026!** If you've wondered how the private club operates

or how to get more involved, LRC is powered by a dedicated staff alongside a 9-member volunteer Board led by President Tricia, committees, and volunteers.

Your unique talents help bring the board's vision to life. We have active committees in **Finance, Membership, Social, Racquet & Sports, Planning, and Building & Grounds.**

We are currently seeking a Chair Person for the Building & Grounds Committee!

If you're interested in taking on a committee role or volunteering your skills, reach out to me today and we'll help guide you to the right fit.

Social Member Benefits & Court Guidelines

Social Members, remember that you receive daily access to the fitness areas, clubhouse, pool, and free gratis social pickleball/tennis open play times like Men's Day, Women's Day, Mixed Night, and Bump! Please note: when you play on a reserved members court, you are playing as a guest and pay the \$17 daily pass fee.

We Proudly Sponsor



Thank You Partners



Why Lakewood Racquet and Sport Club Is More Than a Membership by Tricia Parsons

There's a moment every member remembers - walking through the doors for the first time, catching a wave from someone in the lobby who doesn't even know your name yet but greets you like they do. That's not an accident. That's Lakewood Racquet and Sport Club. And once you're in, you're not just a member. You're part of something we've all built together.

At the heart of everything we do is one simple idea: like-minded people belong together. Whether you're chasing your first winning rally, training for a tournament, or simply looking for a Tuesday night doubles group that feels like home, LRC is where you'll find your people. Competition sharpens us. Camaraderie sustains us. And fun? Fun is the whole point. Every court booking, every league night, every casual hit against a friend is a thread in the fabric of a community that grows stronger every single day. When you walk onto our courts, you're not just playing a game, you're part of the story that members are writing together. Here's something that sets LRC apart from your local gym: this club is owned by its members. That's not a marketing line, it's the truth of who we are. When you join LRC, you're not a customer. You're a stakeholder. You have a voice. You have a stake in what this place becomes.

That means the future of this club is written by the people who show up to play in it. Got an idea for a new clinic? Speak up. See an opportunity to make the pro shop better, the schedule smoother, the social calendar richer? That's exactly the kind of energy we want. Ownership isn't a responsibility we hand you reluctantly, it's an invitation. The best clubs in the world are built by members who care enough to roll up their sleeves and contribute. We're counting on you to be one of them. Walk into any corner of LRC, the courts, the lounge, the parking lot, and you'll feel it immediately: the warmth. We've worked hard to build a culture where everyone is treated as an equal, where a first-time player and a decades-long greet each other the same way, where staff welcome you not as a transaction but as a familiar face they're genuinely glad to see.

We're all friends here, and it's been that way since 1962. That's not a slogan on a wall (although we should add it) it's a promise we make to every person who joins. Because we know that sports, at their best, aren't really all about the sport being played. They're about connection. The friendships forged over a hard-fought three-setter or a post-match beverage often outlast any win. We want you to leave every visit not just having played a great game, but having felt seen, welcomed, and valued.

Here's your official invitation: Have fun. Be kind. Be social. Joy is contagious at LRC, and we need you to help spread it. Bring your energy to the courts. Cheer loudly for your teammates. Strike up a conversation with someone new in the lounge. Say yes to the mixer you weren't sure you had time for. Every smile you bring into this club multiplies, and before long, the whole community feels lighter, warmer, and more alive because you showed up as yourself.

This is your club. Enjoy it fully. Let loose a little. The best memories here rarely come from a scoreboard, they come from the laughter between games, the inside jokes with your league team, the small moments of connection that turn strangers into friends.

And when the stakes rise and the competition gets real (because it will, and it should), we play with integrity. Sportsmanship isn't just about following the rules; it's about respecting your opponent as much as you respect the game itself. Win with humility. Lose with grace. Extend goodwill on the court and off it, because the person across the net today might be your doubles partner tomorrow, or the friend cheering you on at your next tournament.

Community. Ownership. Friendship. Enjoyment. Sportsmanship. These aren't just words we've printed in a handbook; they're the lived experience of every person who walks through our doors. They're what makes Lakewood Racquet and Sport Club feel less like a facility and more like a second home. So bring your energy, bring your best self, and we'll even supply the racquets and paddles if you need them. Let's build something great together, one match, one friendship, one joyful moment at a time.

Swing by for a tour (pun intended)! Drop in for public open play tennis or pickleball, take a lesson, or check us out at lakewoodracquetclub.com.

TRX TRAINING WITH HUGH GRIFFIN



- Prevents Injuries
- Improves Your Sports Performance
- Improves Sleeping Patterns
- Controls Body Fat
- Boosts Stamina

When done with proper form, TRX training protects your joints from injury. Who wouldn't want to perform their best on the court?! You are less likely to suffer from insomnia if you strength train regularly. Lean muscle burns more calories at rest, thereby increasing your resting metabolic rate. The more muscle you build, the more calories you'll burn. You will find that you fatigue less easily when you strength train. Every Monday & Wednesday there are open TRX classes:

Mondays

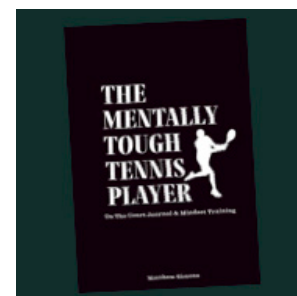
8:30 am, 1 pm, 4 pm

Wednesdays

8:30 am, 1 pm, 6 pm

Contact:

griffinpersonaltraining@yahoo.com
phone: 253.861.4916



SAVE THE DATE!

You're Invited

MEMBERSHIPS APPRECIATION DAY!

A DAY OF FUN, FRIENDS, AND COMMUNITY

SATURDAY
SEPT 12
12-5 PM
POOL WILL BE OPEN

PICKLEBALL TOURNAMENT

TENNIS DOUBLES TOURNAMENT
Mens womens & mixed

MEET THE TEAM
Come see what makes LRC special!

BBQ POTLUCK
Bring a dish to share!

ENJOY SOME MUSIC!

TRX & FITNESS
Stop by and say hi to Hugh! All are welcome!

EVERYTHING IS FREE FOR MEMBERS!

THANK YOU FOR BEING A PART OF THE CLUB

Lakewood Racquet Club

LET'S CELEBRATE

LEE'S 40TH

Birthday Bash!

PLAY TENNIS • SING KARAOKE • HAVE FUN

The birthday boy wants to **PLAY TENNIS** with his friends!

YOU'RE INVITED!

EVERYONE AT **LAKEWOOD RACKET & SPORT CLUB**

ALL MEMBERS ARE INVITED!

26 SEPT

IN THE CLUB HOUSE ON SITE

IT'S POT LUCK!
Please bring a dish to share!

3-8PM

WE WILL BE SINGING *Karaoke!*

NO GIFTS PLEASE!
But if you feel so inclined, HE WOULD LOVE A NEW CAN OF BALLS!

Let's hit the court and celebrate!

LET'S PLAY!

PICKLEBALL 101

Every Wednesday
11:00 AM - 1:00 PM

Join our experienced instructor as they teach beginner foundations, followed with open play

TENNIS 101

ADULT CLINIC

Every Wednesday
5:00 PM - 6:30 PM
\$20 MEMBERS | \$25 NON-MEMBERS

Learn the basic foundational skills for tennis with Head Pro, Michael Parretta!

LAKEWOOD RACQUET CLUB
5820 112TH ST SW
LAKEWOOD, WA 98501

BUY A LRC, SAVE \$15!

DUNLOP GRAND PRIX SALE

LRC LOGO TENNIS BALLS
24-PACK | \$99
SINGLE TUBE | \$6

ONLY AT YOUR LAKEWOOD RACQUET CLUB

WWW.LAKEWOODRACQUETCLUB.COM 253.582.6311

LAKEWOOD RACQUET CLUB

MEMBERSHIP

RATES & INFORMATION

Please note: All memberships are subject to Quarterly Capital Dues

COURT MEMBERSHIPS

Court Membership gives you full access to everything the club offers, including booking courts, playing on member courts, attending social nights, using the fitness center, enjoying the summer pool, relaxing in the lounge, and accessing pickleball and racquetball courts. Members also receive exclusive discounts and additional perks year-round.

SOCIAL MEMBERSHIP

Social Membership includes our social nights, fitness center, pool, lounge, and member discounts. This membership does not include reserving courts or playing on member courts.

MILITARY MEMBERSHIPS

Active Duty Military receive zero initiation fee for any of the listed memberships.

Retired/Reservist Military receive half-off of the regular initiation fee for any of the listed memberships.

MONTHLY MEMBERSHIP RATES

MEMBERSHIP TYPE	MONTHLY AMOUNT
Family Court (35+ Years Old)	\$235
Single Court (35+ Years Old)	\$180
Junior Family Court (Under 35)	\$180
Junior Single Court (Under 35)	\$135
Student (18 & Under)	\$70
Social	\$70
Medical	\$70

QUARTERLY CAPITAL DUES

MEMBERSHIP TYPE	QUARTERLY CAPITAL DUES
Family Court (35+ Years Old)	\$200
Single Court (35+ Years Old)	\$155
Junior Family Court (Under 35)	\$155
Junior Single Court (Under 35)	\$115
Student (18 & Under)	\$60
Social	\$60
Medical	\$60

DISCOVER THE LRC DIFFERENCE

A place for racket sports, fitness, relaxation, and community — all year round.

We look forward to welcoming you!

STAY CONNECTED

lakewoodracquetclub.com
253-582-6311
5820 112th St SW
Lakewood, WA 98499
Lakewood.racquetclub

TENNIS

Cardio Skills & Drills

High-Energy Doubles Drills & Point Play

EVERY WEDNESDAY
6:30 PM - 8:00 PM

LOCATION:
LAKEWOOD RACQUET & SPORT CLUB

Class Focus:

- Doubles live ball
- High-intensity doubles drills
- Continuous movement
- Competitive point play

Fast-paced doubles drills designed to keep players moving while improving consistency, positioning, and match play.

REGISTER ON COURTRESERVE APP.COURTRESERVE.COM.

ALL LESSONS OPEN TO THE PUBLIC

TENNIS • PICKLEBALL
SWIMMING • FITNESS

NO SMOKING OR VAPING
INCLUDING E-CIGARETTES

SEPTEMBER 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1 Water Aerobics, 10:30-11:15am Pickleball Int 3.0+, 11am-2pm Ladies' Night & Potluck 5-7pm	2 TRX Classes 8:30am, 1pm, 6pm Bump Split 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	3 Water Aerobics, 10:30-11:15am Pickleball Int 3.0+, 11am-2pm Mixed Night & THE LAST BBQ 5-7pm	4 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	5 Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm* UTR Junior Circuit Level 1-4.99
6 Water Aerobics, 9-9:45am	7 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm LABOR DAY Last Day of Summer Membership	8 Pickleball Int 3.0+, 11am-2pm Ladies' Night 5-7pm	9 TRX Classes 8:30am, 1pm, 6pm Bump Split 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	10 Pickleball Int 3.0+, 11am-2pm Mixed Night 5-7pm	11 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	12 Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm* MEMBER APPRECIATION DAY SUMMER MEMBERS WELCOME LAST POOL DAY 12-5PM
13	14 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm	15 Pickleball Int 3.0+, 11am-2pm Ladies' Night 5-7pm	16 TRX Classes 8:30am, 1pm, 6pm Bump Split 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	17 Pickleball Int 3.0+, 11am-2pm Mixed Night 5-7pm	18 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	19 Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm* UTR Junior Circuit Level 1-4.99
20	21 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm	22 Pickleball Int 3.0+, 11am-2pm Ladies' Night 5-7pm	23 TRX Classes 8:30am, 1pm, 6pm Bump Split 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	24 Pickleball Int 3.0+, 11am-2pm Mixed Night 5-7pm	25 USTA One Doubles Sectionals	26
27	28 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm Board Meeting 5:30pm	29 Pickleball Int 3.0+, 11am-2pm Ladies' Night 5-7pm	30 TRX Classes 8:30am, 1pm, 6pm Bump Split 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	Save the Date: Holiday Party at TCGC December 9th		

*subject to USTA match schedules

OCTOBER 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1 Pickleball Int 3.0+, 11am-2pm Mixed Night 5-7pm	2 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	3 Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm*
4	5 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm	6 Pickleball Int 3.0+, 11am-2pm Ladies' Night 5-7pm	7 TRX Classes 8:30am, 1pm, 6pm Bump Split 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	8 Pickleball Int 3.0+, 11am-2pm Mixed Night 5-7pm	9 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	10 Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm*
11	12 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm	13 Pickleball Int 3.0+, 11am-2pm Ladies' Night 5-7pm	14 TRX Classes 8:30am, 1pm, 6pm Bump Split 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	15 Pickleball Int 3.0+, 11am-2pm Mixed Night 5-7pm	16 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	17 Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm*
18	19 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm	20 Pickleball Int 3.0+, 11am-2pm Ladies' Night 5-7pm	21 TRX Classes 8:30am, 1pm, 6pm Bump Split 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	22 Pickleball Int 3.0+, 11am-2pm Mixed Night 5-7pm	23 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	24 Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm*
25	26 TRX Classes 8:30am, 1pm, 4pm Men's Night 5-7pm Board Meeting 5:30pm	27 Pickleball Int 3.0+, 11am-2pm Ladies' Night 5-7pm	28 TRX Classes 8:30am, 1pm, 6pm Bump Split 9:30-11:00 am Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Cardio Skills&Drills 6:30-8pm	29 Pickleball Int 3.0+, 11am-2pm Mixed Night 5-7pm	30 Foundations Strategy 9:30-11am* Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	31 Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm* HALLOWEEN

*subject to USTA match schedules