

NOVEMBER 2026

LAKEWOOD RACQUET REPORT

It is Thanksgiving month and we do have a lot to be thankful for. This is a great community of happy, friendly people to spend quality time with. Thank you all for contributing with volunteer time, member dues, and your quarterly capital assessments. We have money in the bank now earmarked for when items break so it is a great emergency fund.

Let's go over what we have used the money for this year and what we have planned for the future. This is an ongoing conversation with me, Andrew our head of maintenance, vendors, our planning committee, volunteer building experts, and the board, so there are a lot of people thinking diligently and thoughtfully about our current building and amenities.

We have used the capital money to have the Sterling Group give an analysis of every square foot, top to bottom, of our facility. The money has been used to purchase the four brand new heaters on our indoor courts. Remember our Head Pro Michael and Racquet & Sports Committee Chair believe we have the best indoor courts in the county. The money has been used to fix the parking lot lights so you are not walking in the dark. The indoor court leaks and clubhouse (lounge) leaks have been repaired and fixed. We have one internet connection so we all have internet that works, including for online meetings. The lawn mower went through extensive repairs that will make its life last many more years. We had to do pool repairs in the pump house so that we could operate the pool safely all summer. The deck was repainted and most of the hallway to outdoor courts cleared. We sent out two dump trucks of 1-800-got-junk and even donated furniture to a homeless assistance placement program. Our electrical outlets outdoors have been updated and in the fitness room fixed so the treadmills always work. You will see in November that you can sit in the court 1 and 2 loft viewing area and watch courts 3 and 4 on a live split TV. This should be great to root on your teams and watch multiple events at once.

We are planning to use the current and future capital money to continue fixing our outdated electric system and electric panels so they will be more efficient to save money while also being modern and up to better safety standards. We will use the money to replace burned out indoor court lights, keep repairing the roof to stop leaks, and replacing tall ceiling lights with more efficient LED tubes. There are three HVAC units out (above the bathrooms and fitness areas) that will be replaced next. Then future plans are being made to enhance our club entrance and pro shop for a better operational flow while starting to see what we can do for our fitness areas.

We can be very thankful for another philanthropist that stepped up and has given the LRC $5,000. We can be thankful for all of our great partnerships. These local businesses are advertising us and allowing us to take part in their events. Our newest partnership is Premier Media Group that has 8 magazines. We will be in South Sound Magazine that is distributed to 20,000 houses, thank you Josh the owner and Bob the senior account manager. Thank you to Suzy who runs Elevate and will be advertising us on her digital board on Gravelly Lake; 9,000 vehicles per day drive by this! And most importantly we can all be thankful for each other. Great members, friends, and a fun team make LRC a great place to be!

Your ballots to vote on the new board of directors will be in the mail to you the first week of November. It has been great working with each committee this year and all of you who volunteer time and also super working with the current board. I appreciate all your insight, education, and time. Special thanks to the outgoing directors who have given us three years Brian Parsons, Craig Robertson, and Lori Wollen. The annual meeting will be December 7 to introduce you to new incoming board members and we will celebrate at TCGC together at our Christmas Party December 9.

Happy Thanksgiving, Chris

We Proudly Sponsor

The Cascadian

Lakewood Chamber of Commerce

STROLL

Thank You Partners

Life Christian Academy

PMG premier media group

Galileo's

St. Frances Cabrini Catholic School

Johnson Wealth Advisors

Dustan The Magic Agent

Northwestern Mutual

Revive Yoga Co.





TRX TRAINING WITH HUGH GRIFFIN



- *Prevents Injuries*
- *Improves Your Sports Performance*
- *Improves Sleeping Patterns*
- *Controls Body Fat*
- *Boosts Stamina*

When done with proper form, TRX training protects your joints from injury. Who wouldn't want to perform their best on the court?! You are less likely to suffer from insomnia if you strength train regularly. Lean muscle burns more calories at rest, thereby increasing your resting metabolic rate. The more muscle you build, the more calories you'll burn. You will find that you fatigue less easily when you strength train.
Every Monday & Wednesday there are open TRX classes:

Mondays
8:30 am, 1 pm, 4 pm

Wednesdays
8:30 am, 1 pm, 6 pm

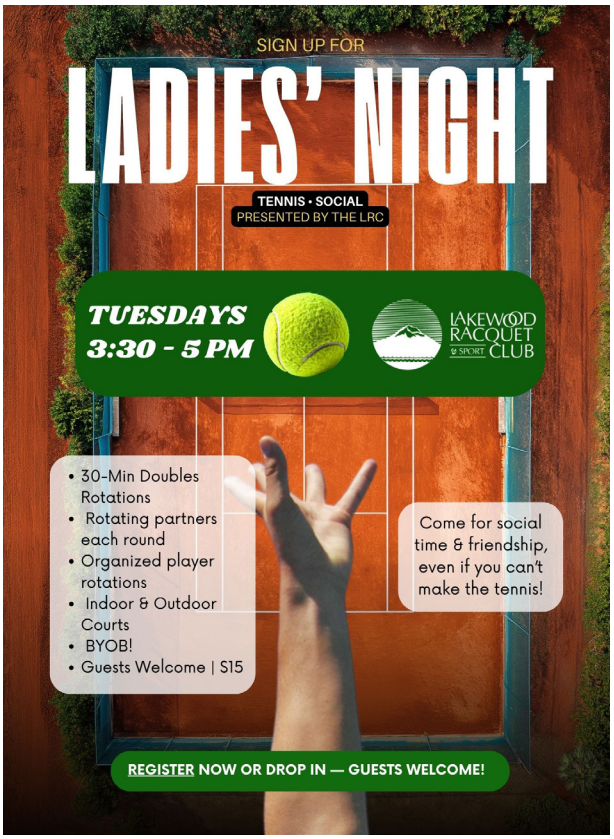
Contact:
griffinpersonaltraining@yahoo.com
phone: 253.861.4916

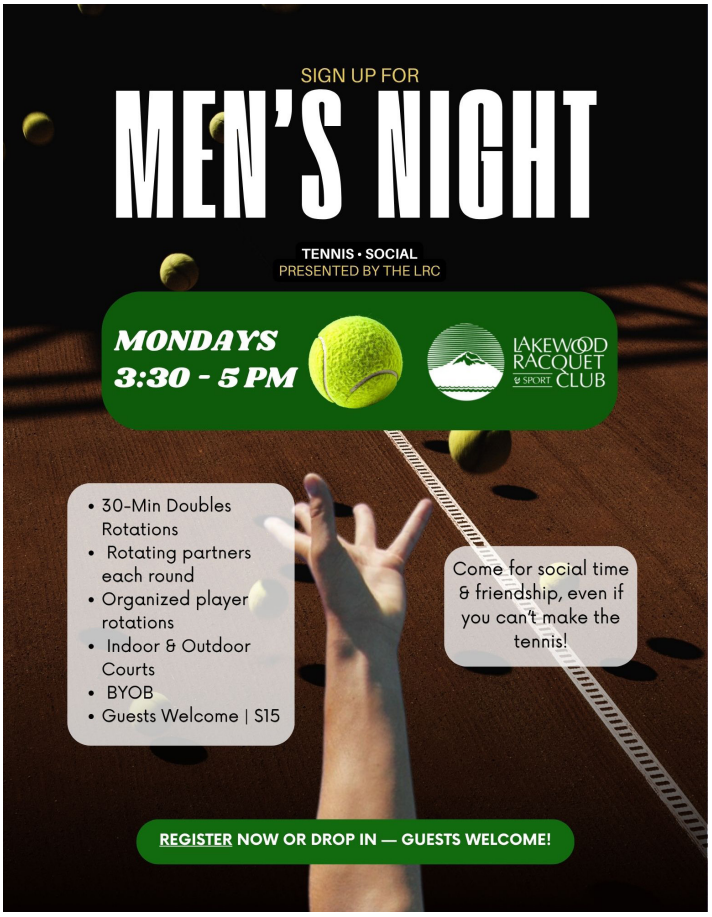
Does anyone have home school or online kids that need a P.E. activity? A lot of elementary, middle, and high school students take online classes now.

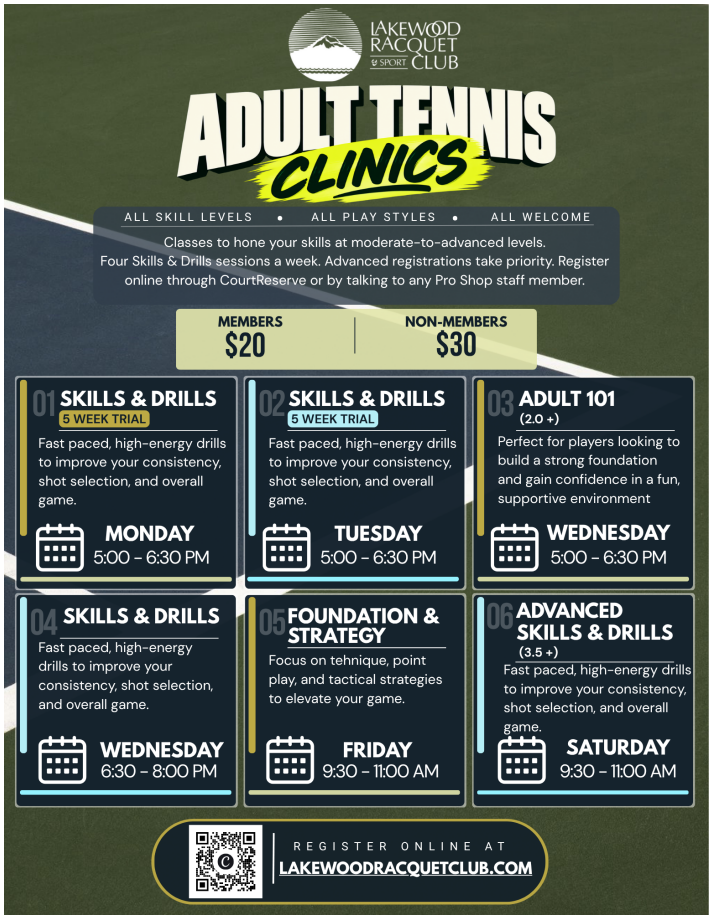
We do have court space and teaching Pros available that could teach your students tennis and pickleball for P.E. Contact me if interested please!

LRC EVENTS


Lakewood Racquet & Sports Club
TENNIS • FITNESS • COMMUNITY
Train Compete Grow Together!
JUNIOR ACADEMY
INVITATIONAL
SERIOUS TRAINING • MORE PLAYERS • A STRONGER COMMUNITY
A focused training program for motivated junior players.
Work on your game, build fitness, and train with friends in a fun, inclusive, and competitive environment!
4-WEEK SESSION
Members: $280
Tuesday and Thursday
Non-members: $400
Tuesday and Thursday
FITNESS & FOOTWORK
Build speed, agility and movement.
ON-COURT TRAINING
Skill stations, drills and point play.
GROUPED BY SKILL LEVEL
Train and compete with players at your level.
EXPERIENCED COACHING TEAM
Learn from our experienced coaches!
TUESDAY & THURSDAYS
6:00 PM - 8:00PM
COURT GROUPS
Groups by skill level.
Rotate through coaches and focused training stations.
4-WEEK SESSION
No drop-ins
(commit to the full session)
6:00 - 6:30 PM
FITNESS & FOOTWORK
Build speed, agility, and movement.
6:30 - 8:00 PM
ON-COURT TRAINING
Skill stations, drills and point play
BRING A FRIEND!
Current members receive $35 OFF when you refer a friend or teamate.
Your friend gets the entire session at member pricing!
The Junior Academy Invitational brings together motivated junior players for a structured, high-quality training experience. Sessions are designed to be inclusive and engaging, with more players, full-court use, and a strong focus on skill development, match play, and teamwork. It's a great opportunity for current and up-and-coming varsity players to train, compete, and be part of a supportive tennis community.
Better Players. Brighter Futures.
LAKEWOOD RACQUET & SPORT CLUB


SIGN UP FOR
LADIES' NIGHT
TENNIS • SOCIAL
PRESENTED BY THE LRC
TUESDAYS
3:30 - 5 PM
LAKEWOOD RACQUET & SPORT CLUB
• 30-Min Doubles Rotations
• Rotating partners each round
• Organized player rotations
• Indoor & Outdoor Courts
• BYOB!
• Guests Welcome | $15
Come for social time & friendship, even if you can't make the tennis!
REGISTER NOW OR DROP IN — GUESTS WELCOME!


SIGN UP FOR
MEN'S NIGHT
TENNIS • SOCIAL
PRESENTED BY THE LRC
MONDAYS
3:30 - 5 PM
LAKEWOOD RACQUET & SPORT CLUB
• 30-Min Doubles Rotations
• Rotating partners each round
• Organized player rotations
• Indoor & Outdoor Courts
• BYOB
• Guests Welcome | $15
Come for social time & friendship, even if you can't make the tennis!
REGISTER NOW OR DROP IN — GUESTS WELCOME!


LAKEWOOD RACQUET & SPORT CLUB
ADULT TENNIS CLINICS
ALL SKILL LEVELS • ALL PLAY STYLES • ALL WELCOME
Classes to hone your skills at moderate-to-advanced levels.
Four Skills & Drills sessions a week. Advanced registrations take priority. Register online through CourtReserve or by talking to any Pro Shop staff member.
MEMBERS $20
NON-MEMBERS $30
01 SKILLS & DRILLS
5 WEEK TRIAL
Fast paced, high-energy drills to improve your consistency, shot selection, and overall game.
MONDAY 5:00 - 6:30 PM
02 SKILLS & DRILLS
5 WEEK TRIAL
Fast paced, high-energy drills to improve your consistency, shot selection, and overall game.
TUESDAY 5:00 - 6:30 PM
03 ADULT 101
(2.0 +)
Perfect for players looking to build a strong foundation and gain confidence in a fun, supportive environment
WEDNESDAY 5:00 - 6:30 PM
04 SKILLS & DRILLS
Fast paced, high-energy drills to improve your consistency, shot selection, and overall game.
WEDNESDAY 6:30 - 8:00 PM
05 FOUNDATION & STRATEGY
Focus on tehnique, point play, and tactical strategies to elevate your game.
FRIDAY 9:30 - 11:00 AM
06 ADVANCED SKILLS & DRILLS
(3.5 +)
Fast paced, high-energy drills to improve your consistency, shot selection, and overall game.
SATURDAY 9:30 - 11:00 AM
REGISTER ONLINE AT
LAKEWOODRACQUETCLUB.COM

LRC EVENTS

TENNIS 101
ADULT CLINIC

Every Wednesday
5:00 PM - 6:30 PM
$20 MEMBERS | $25 NON-MEMBERS

Learn the basic foundational skills for tennis with Head Pro, Michael Parretta!



LAKEWOOD RACQUET CLUB
5820 112TH ST SW
LAKEWOOD, WA 98501



NO SMOKING OR VAPING
INCLUDING E-CIGARETTES



LAKEWOOD RACQUET CLUB
MEMBERSHIP
RATES & INFORMATION

Please note: All memberships are subject to Quarterly Capital Dues

COURT MEMBERSHIPS
Court Membership gives you full access to everything the club offers, including booking courts, playing on member courts, attending social nights, using the fitness center, enjoying the summer pool, relaxing in the lounge, and accessing pickleball and racquetball courts. Members also receive exclusive discounts and additional perks year-round.

SOCIAL MEMBERSHIP
Social Membership includes our social nights, fitness center, pool, lounge, and member discounts. This membership does not include reserving courts or playing on member courts.

MILITARY MEMBERSHIPS
Active Duty Military receive zero initiation fee for any of the listed memberships.

Retired/Reservist Military receive half-off of the regular initiation fee for any of the listed memberships.

MONTHLY MEMBERSHIP RATES

MEMBERSHIP TYPE	MONTHLY AMOUNT
Family Court (35+ Years Old)	$235
Single Court (35+ Years Old)	$180
Junior Family Court (Under 35)	$180
Junior Single Court (Under 35)	$135
Student (18 & Under)	$70
Social	$70
Medical	$70

QUARTERLY CAPITAL DUES

MEMBERSHIP TYPE	QUARTERLY CAPITAL DUES
Family Court (35+ Years Old)	$200
Single Court (35+ Years Old)	$155
Junior Family Court (Under 35)	$155
Junior Single Court (Under 35)	$115
Student (18 & Under)	$60
Social	$60
Medical	$60

DISCOVER THE LRC DIFFERENCE
A place for racquet sports, fitness, relaxation, and community — all year round.
We look forward to welcoming you!

STAY CONNECTED
lakewoodracquetclub.com
253-582-6311
5820 112th St SW
Lakewood, WA 98499
Lakewood.racquetclub

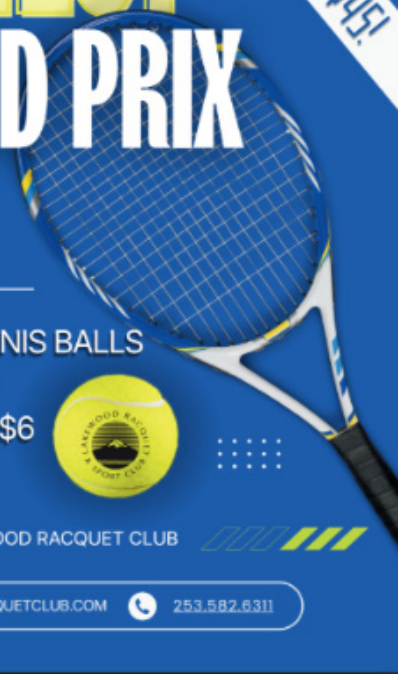
LET'S PLAY!
PICKLEBALL 101



Every Wednesday
11:00 AM - 1:00 PM
Join our experienced instructor as they teach beginner foundations, followed with open play

Lakewood Racquet Club

BUY A CASE, SAVE $45!
DUNLOP GRAND PRIX SALE



LRC LOGO TENNIS BALLS
24-PACK | $99
SINGLE TUBE | $6

ONLY AT YOUR LAKEWOOD RACQUET CLUB

WWW.LAKEWOODRACQUETCLUB.COM 253.582.6311

NOVEMBER 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	**2** TRX Classes 8:30am, 1pm, 4pm Men's Night 3:30-5pm Skills & Drills 5-6:30pm	**3** Pickleball Int 3.0+, 11am-2pm Ladies' Night & Potluck 3:30-5pm Skills & Drills 5-6:30pm **JuniorAcademy 6-8pm**	**4** TRX Classes 8:30am, 1pm, 6pm Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Skills&Drills 6:30-8pm	**5** Pickleball Int 3.0+, 11am-2pm Mixed Night 5-6:30pm **JuniorAcademy 6-8pm**	**6** Foundations Strategy 9:30-11am* Pickleball Skinny Singles 11-12:30p Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	**7** Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm*
8	**9** TRX Classes 8:30am, 1pm, 4pm Men's Night 3:30-5pm Skills & Drills 5-6:30pm	**10** Pickleball Int 3.0+, 11am-2pm Ladies' Night 3:30-5pm Skills & Drills 5-6:30pm **JuniorAcademy 6-8pm**	**11** TRX Classes 8:30am, 1pm, 6pm Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Skills&Drills 6:30-8pm	**12** Pickleball Int 3.0+, 11am-2pm Mixed Night 5-6:30pm **JuniorAcademy 6-8pm**	**13** Foundations Strategy 9:30-11am* Pickleball Skinny Singles 11-12:30p Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	**14** Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm*
15	**16** TRX Classes 8:30am, 1pm, 4pm Men's Night 3:30-5pm Skills & Drills 5-6:30pm	**17** Pickleball Int 3.0+, 11am-2pm Ladies' Night 3:30-5pm Skills & Drills 5-6:30pm **JuniorAcademy 6-8pm**	**18** TRX Classes 8:30am, 1pm, 6pm Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Skills&Drills 6:30-8pm	**19** Pickleball Int 3.0+, 11am-2pm Mixed Night 5-6:30pm **JuniorAcademy 6-8pm**	**20** Foundations Strategy 9:30-11am* Pickleball Skinny Singles 11-12:30p Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	**21** Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm*
22	**23** TRX Classes 8:30am, 1pm, 4pm Men's Night 3:30-5pm Skills & Drills 5-6:30pm	**24** Pickleball Int 3.0+, 11am-2pm Ladies' Night 3:30-5pm Skills & Drills 5-6:30pm **JuniorAcademy 6-8pm**	**25** TRX Classes 8:30am, 1pm, 6pm Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Skills&Drills 6:30-8pm	**26** club closed for the holiday **Thanksgiving**	**27** Foundations Strategy 9:30-11am* Pickleball Skinny Singles 11-12:30p Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	**28** Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm*
29	**30** TRX Classes 8:30am, 1pm, 4pm Men's Night 3:30-5pm Skills & Drills 5-6:30pm **Board Meeting 5:30pm**					

SAVE THE DATE:
Holiday Party at TCGC
Wednesday, December 9th
Bar Opens 4:30pm, Dinner 6:00pm

Annual Meeting
Monday, December 7th at 5:30pm

subject to USTA match schedules

DECEMBER 2026

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1 Pickleball Int 3.0+, 11am-2pm Ladies' Night & Potluck 3:30-5pm Skills & Drills 5-6:30pm **JuniorAcademy 6-8pm**	**2** TRX Classes 8:30am, 1pm, 6pm Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Skills&Drills 6:30-8pm	**3** Pickleball Int 3.0+, 11am-2pm Mixed Night 5-6:30pm **JuniorAcademy 6-8pm**	**4** Foundations Strategy 9:30-11am* Pickleball Skinny Singles 11-12:30p Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	**5** Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm*
6	**7** TRX Classes 8:30am, 1pm, 4pm Men's Night 3:30-5pm **Annual Meeting 5:30pm**	**8** Pickleball Int 3.0+, 11am-2pm Ladies' Night 3:30-5pm Skills & Drills 5-6:30pm **JuniorAcademy 6-8pm**	**9** TRX Classes 8:30am, 1pm, 6pm Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm **Holiday Party 4:30pm**	**10** Pickleball Int 3.0+, 11am-2pm Mixed Night 5-6:30pm **JuniorAcademy 6-8pm**	**11** Foundations Strategy 9:30-11am* Pickleball Skinny Singles 11-12:30p Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	**12** Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm*
13 **HOLIDAY PICKLEBALL CLASSIC**	**14** TRX Classes 8:30am, 1pm, 4pm Men's Night 3:30-5pm Skills & Drills 5-6:30pm	**15** Pickleball Int 3.0+, 11am-2pm Ladies' Night 3:30-5pm Skills & Drills 5-6:30pm **JuniorAcademy 6-8pm**	**16** TRX Classes 8:30am, 1pm, 6pm Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Skills&Drills 6:30-8pm	**17** Pickleball Int 3.0+, 11am-2pm Mixed Night 5-6:30pm **JuniorAcademy 6-8pm**	**18** Foundations Strategy 9:30-11am* Pickleball Skinny Singles 11-12:30p Pickleball Adv 3.5+, 2-5pm* Friday Bump, 5-6:30pm*	**19** Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm*
20	**21** TRX Classes 8:30am, 1pm, 4pm Men's Night 3:30-5pm Skills & Drills 5-6:30pm	**22** Pickleball Int 3.0+, 11am-2pm Ladies' Night 3:30-5pm Skills & Drills 5-6:30pm **JuniorAcademy 6-8pm**	**23** TRX Classes 8:30am, 1pm, 6pm Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Skills&Drills 6:30-8pm	**24** club closed for the holiday	**25** club closed for the holiday **Christmas**	**26** Tennis Skills/ drills, 9:30-11am* Pickleball Int 3.0+, 11am-2pm*
27	**28** TRX Classes 8:30am, 1pm, 4pm Men's Night 3:30-5pm Skills & Drills 5-6:30pm **Board Meeting 5:30pm**	**29** Pickleball Int 3.0+, 11am-2pm Ladies' Night 3:30-5pm Skills & Drills 5-6:30pm **JuniorAcademy 6-8pm**	**30** TRX Classes 8:30am, 1pm, 6pm Pickleball Games 11am-12pm Beg. Pickleball Skills/drills 12-1pm Tennis 101, 5-6:30pm Skills&Drills 6:30-8pm	**31** Pickleball Int 3.0+, 11am-2pm club closes at 2pm **New Year's Eve**		

subject to USTA match schedules