

STEAM ONWARD



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BREATHE: BE NICOTINE FREE A Free T-Shirt Opportunity

ELIGIBILITY:

This Free T-Shirt opportunity is open only to youth (ages 8 – 19) residing in Charles County, Maryland.

HOW YOU GET YOUR FREE T-SHIRT:

1. Visit STEAM ONWARD's ANTI-TOBACCO/ANTI-VAPING website pages at:
<https://steamonward.org/anti-tobacco-%26-vaping-1>
2. View at least three (3) different anti-vaping &/or anti-tobacco PSA videos on our website.
3. Complete the online application form and explain in a short paragraph (5 – 10 sentences) ***“What new information I learned about the health effects of nicotine use”***.



The deadline to submit is 11:59 PM ET on Saturday, April 29, 2022.

T-Shirts available to win are in sizes S, M, L, XL, and XXL.

Only a limited number of t-shirts are available in each size listed above.
All the t-shirts are BLACK with white type.



NO PURCHASE IS NECESSARY TO ENTER OR WIN.

This FREE-T-SHIRT opportunity is sponsored by STEAM ONWARD with funding support from the Charles County Department of Health.

