



Earn Student Service Learning Credit Hours

COMMUNITY GARDEN PROJECTS

Planting & Maintenance Activities

LOCATIONS:

Willing Helpers Society Hall - La Plata MD

Tri-County Youth Services - Waldorf MD

Lifestream Church - Waldorf MD

Dates: See the backside of this flyer for dates

Why Create a Community Garden?

Community gardens put nutritious food within easy reach for residents, which supports a healthy diet. Fresh produce provides essential vitamins, minerals, fiber, and even hydration in the human diet. This helps to reduce obesity, improve gastrointestinal and immune health, and strengthen skin, hair, nails, and teeth.

Activities include planting vegetables and fruit trees from seed, seedlings, and native trees. Other activities include weeding and cleaning up existing community gardens.

VOLUNTEERS SHOULD BRING: Closed-toe shoes, clothing that they don't mind getting dirty, and a bag lunch. If needed also bring sunscreen & bug spray. We will have water, snacks, and work gloves available.

This community event is an environmental project of Steam Onward with support from the Chesapeake Education, Arts and Research Society (CHEARS).

Visit us at STEAMONWARD.ORG



STEAM ONWARD

Science, Technology, Engineering, & Mathematics in Agriculture

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Upcoming Steam Onward Activities

(*Service Learning Hours available for youth)

Register at www.steamonward.org

March 11, 2023: CCPS H.I.T.S. Expo at St. Charles High School in Waldorf, 1 PM - 5 PM, family-friendly hands-on STEM activities

***April 1, 2023:** Stream Monitoring Citizen Science Project at Matthew Henson Middle School, 1 PM - 4 PM, Contact Diane Fisher for more info - 240-210-1734 or dfisher401@gmail.com

***Spring 2023:** Community Garden Project at Tri-County Youth Services in Waldorf, Contact Ebony Malone for dates and info - 240-603-9657 or ebonynmalone@gmail.com

***Spring/Summer 2023:** Community Garden Project at Willing Helpers Center in La Plata, Contact Wanda Woodland for dates and info - 240-528-0840 or wandawillwoodland@gmail.com

***Spring/Summer 2023:** Community Garden Project at Lifestream Church in Waldorf, Contact Diane Fisher for dates and info - 240-210-1734 or dfisher401@gmail.com