



Earn Student Service Learning Credit Hours

COMMUNITY GARDEN PROJECTS

Planting & Maintenance Activities

LOCATIONS:

Willing Helpers Society Hall - La Plata MD

Tri-County Youth Services - Waldorf. MD

Dates: TBD

SATURDAY

10:00 AM to 2:00 PM

Why Create a Community Garden?

Community gardens put nutritious food within easy reach for residents, which supports a healthy diet. Fresh produce provides essential vitamins, minerals, fiber, and even hydration in the human diet. This helps to reduce obesity, improve gastrointestinal and immune health, and strengthen skin, hair, nails, and teeth.

Activities include planting vegetables and fruit trees from seed, seedlings, and native trees. Other activities include weeding and cleaning up existing community gardens.

VOLUNTEERS SHOULD BRING: Closed-toe shoes , clothing that they don't mind getting dirty, and a bag lunch. If needed also bring sunscreen & bug spray . We will have water , snacks, and work gloves available.

This community event is an environmental project of Steam Onward with support from the Chesapeake Education, Arts and Research Society (CHEARS).

Visit us at STEAMONWARD.ORG

