



A DISCUSSION OF THE HAWAIIAN PRIMAL WAY OF KNOWING AND ITS IMPACT ON WORLD HARMONY TODAY©

WRITTEN BY

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Royal Diplomat

DOCTORAL DISSERTATION

SUBMITTED IN PARTIAL FULFILLMENT OF
THE REQUIREMENTS FOR THE DEGREE OF
DOCTOR OF PHILOSOPHY AND PASTORAL PSYCHOLOGY

SUBMITTED TO

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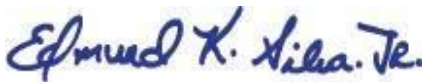
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May 7, 2020

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DECLARATION BY STUDENT

I, Dr. Edmund Keli'i Silva Jr. declare that *under penalty of perjury* this research project is my own original work and to the best of my knowledge has not been presented to any other university for a degree award. All references therein contained have been duly referenced.

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APPROVAL DATE:	May 11, 2020
	

Abstract

This Dissertation presents an explanatory discussion about the ancient Hawaiian primal Way of Knowing and defends its impact on world harmony today.

This discussion is entirely unique. For the first time, the Indigenous concept of harmony is explained with modern scientific knowledge, then bridges into harmonic resonance as understood by the Indigenous using their Way of Knowing. This combination of modern science and ancient knowledge provides an underlying commonality and answers to today's human and planetary issues.

This Dissertation also looks at the original harmony of the creation of Earth, the shattering of that harmony through evil, the effect of current attempts at reharmonizing the planet, and lastly, the ability to restore balanced harmony — enhancing and strengthening it in order to achieve World Peace.

Harmony consists of the orderly organization of resonance, vibration, and its accompanying frequencies, in every aspect of life. The consistent evidence of harmonic resonance, is now being verified in many leading-edge discoveries of science today as well as the ancient Way of Knowing that the First Nations identify with. The Way of Knowing is the practical application of order and harmony through resonance, experienced in the Indigenous way of living life itself.

To gain a full comprehension of the broad-spectrum impact of harmonic resonance, several areas need to be explored such as electrons and their covalent bonds, phonons, crystalline arrays, nanoparticle creation, redox signals, dendritic brain function, and microbiomes.

After it has been established that harmony and harmonic vibration deeply affect every aspect of existence, there is a discussion of water's ability to absorb resonance around it. Such absorption includes all types of vibration and vibration-caused energy such as physical, acoustic, spiritual, mental and atomic for they all are represented at their base

by vibration. This unique characteristic of water makes it function as a mirror, reflecting the state of resonance and changes in resonance. Water is like radar — it shows us where and how we are impacting life on Earth.

Water may have first reached the earth from the stars, as presented in the Main Belt Comet theory. If so, then it contains interstellar crystalized components (retained when it became frozen) which became the broth of life on earth.¹ Such original water from the stars would be like a seed planted on Earth, and was the beginning of our planetary microbiome. We are children of the stars and we naturally reach outward in response. These first crystalized snapshots of electron excitation patterns formed the basis for thought projection, even before thought began.

The Indigenous Way of Knowing is a means to create change in the world's harmonic resonance. **Connecting into a full understanding of vibrational resonance is to experience the Indigenous Way of Knowing.** For the Indigenous, their cultural traditions allow an individual to feel the impact of resonance between self and heaven. It reveals what is *Pono* (true), because the resonance all harmonizes together. It lines up. To experience the Way of Knowing is to touch heaven and to resonate with it. It is to trust someone and know that you can do so, because it resonates. It is to respect nature as well as to protect and preserve it as a responsibility to the Creator. It is to do something because it “feels right”.

This discussion describes the balanced vibrational harmony that existed when the world was created. It looks at the First Nation view of Colonialism and the Doctrine of Discovery which shattered the health of the world's vibrational harmony.

As a final point, this Dissertation takes an in-depth look at practices to create harmonic balance and discusses how this relates to World Peace. By understanding and using

¹ Phil Berardelli, “Main-Belt Comets May Have Been Source Of Earths Water”, Space Daily, SpaceDaily US Editor, Honolulu HI (SPX) Mar 23, 2006, https://www.spacedaily.com/reports/Main_Belt_Comets_May_Have_Been_Source_Of_Earths_Water.html

vibrational resonance together, it is my assertion that as one People covering the face of Earth, a dramatic change in all aspects of life can be made manifest.

As King of The Kingdom of Hawai'i, I invite all who read this to learn and respect the harmony of the world, and to increase it by healing their own vibration. In this way, you prepare yourself to have a life of great meaning, to know the true extent and purpose of your life on Earth, and to participate as a whole in the healing process for the greater good — for our planet. It is crucial that this be accomplished.

The great healing time of the Earth is upon us. We face the momentous choice of bringing about the Earth's destruction — or saving it through dramatic, world-wide, group resonance. Together — as one united People — we can turn the path of destruction to one of global healing.

This dissertation is in the analytic autoethnographic and evocative autoethnographic style which means that the cultural and personal experiences of the author are used to create full understanding. In Indigenous expression, importance is noted by capitalizing keywords. This tradition is incorporated into the style. Methodology is included for practical, individual application of the principles involved in vibrational resonance. *E hele me ka pu'olo*. Make everything better than you found it. *Honesty always finds the truth*. This discussion of vibrational resonance and the frequencies of life represents *Pono* (truth). As Sovereign King, it represents the offering given to me, from my Iwi Kupunā's' (Ancestors') enlightened Indigenous Wisdom of harmonically balanced teachings which shall live in perpetuity. Aloha!

Methodology

Whenever possible, personal interviews have been conducted directly with scientists, Indigenous *Kupunas*, and researchers.

Additional research of Indigenous cultures has occurred over a period of six decades by first hand observation. As a member of the Royal Family of the Kingdom of Hawai'i, my own personal history goes back to 316 A.D. in a direct line of descendancy. I have been educated in both the Indigenous culture and traditions, and extensively in the Western institutions as well as my royal education in preparation for being the *Ali'i Nui Mō'i* – (High Chief and King). This allows an exploration from the basis of true knowledge and experience.

A database of research articles and papers written on the various scientific topics have been accumulated, along with primal religion first person discussion, chants, oral traditions and culture.

The Way of Knowing, Dream Time, and the Mana Pathway to the Third Mind were learned and used daily as part of my Indigenous culture and traditions. Counsels with Chiefs from the many Native American tribes have given a broad background to my knowledge base. Finally, personal discussions with conscientious leaders such as the Dalai Lama, Emmerson Mnangagwa, President of Zimbabwe, and Nelson Mandela, have provided me with the unique perspective from those who are also directly responsible for the health and welfare of their countries and people.

On October 4, 1987, I was inducted into the prestigious Martial Arts Hall of Fame. When I combine the intense focus of martial arts with the Way of Knowing that I learned as an Indigenous-raised person, I can truly say I have been very deeply focused at specific moments in order to receive *Akua's* (God's) understanding of this topic. In those moments, he has provided insights that were not possible in any other manner. I humbly acknowledge his hand in all things.

Acknowledgement

Per ancient protocol in selecting a King, descendants of the original members of the House of Nobles which was established by *King Kamehameha III*, selected me to reign as *Ali' Nui Mō'i*, High Chief and King of and for the Kingdom of Hawai'i. My royal genealogy traces back to a Long Line of Kings and Queens from both my mother's and father's side in a direct hereditary line of successions to *King Kamehameha-Nui 'Ai Lu'au* of *Mau'i*, as having the oldest and highest-ranking bloodline of Hawaiian Royalty ordained by *Akua* (God). Queen Emma prophesied that a sacred child would come forward who would restore the Kingdom of Hawai'i. I was determined by the Royal Spiritual Council to be that child and given the sacred name of:

Nalikalauokalani Paki – Ka-'i-'omaka-ola-hou-Kaluaokalani-

ka-'i-mano-'anu'unu'u-ka-lama-kea-i-ho'oku-ke-aupuni-o-Hawai'i.

The Supreme One; Source of the rebirth of Kaluaokalani the Supreme One who conveys the reverberations of the white light that reestablishes the Kingdom of Hawai'i

Kaluaokalani is translated as The Second Heaven. It is the name of great strength used long ago in Hawai'i of the Pacific that is being reinvigorated in modern times. The sacred realm of the Highest Heaven is the home of the White Light that is the Source that provides for the restoration of the Kingdom of Hawai'i. The Kingdom of Hawai'i is the Kingdom of God.

Hawai'i is the breath, the spirit of Most High God.

I acknowledge the heritage given me by my own (*Iwi Kupunas*) ancestors, who trace our Royal Genealogy back to 316 A.D., for they brought to me their own knowledge, experience and wisdom with an understanding of the responsibilities inherent in leading a Nation.

Kingdom Restored: As King – *Ali'i Nui Mō'ī*, I will unite not only the *Kanaka Maoli* (Iwi Kanakas), Native Hawaiians by blood, but all the races and personalities of those desiring to be citizens of the Kingdom.

There were times in our history when our Nation openly welcomed other people to become part of the Kingdom of Hawai'i (*Nou Ke Akua Ke Aupuni O Hawai'i*). These citizens are as important as our own of Native blood. It is our choice not to exclude, but to include other race citizens in our Kingdom.

I have a deep and abiding respect for Indigenous People everywhere. In offering this information to the world, I commend all First Nations for their persistent determination in the face of intense persecution, loss of life and tragedy. It is very difficult to describe the sense of emptiness generated by the loss of over 500 tribes in North America and so many genocides and wars around the world that have taken many precious Nations from us. It is a deep wound with no comfort for the Indigenous. Let us lead the way, all of the People, back to the healing of Mother Earth and humankind that lives upon her. If we can teach respect once again, then we can stop the harm which mankind is inflicting upon nature everywhere. It is our task and our duty to do so as all Indigenous are born in the blood and called to the blood as leaders and warriors of spirit and light. I honor our ancestors, our current day Indigenous heroes, and our future generations and invite them all to join together at this time on the earth.²

² HRM Edmund K. Silva Jr, "Indigenous Intuitive Education Model: Exploring Learning Methods of First Nations Culture and Traditions – A Case Study of the Kingdom of Hawai'i", July 2019

I acknowledge the endless support of Dr. Carl Robinson, President-Chancellor (Harvest Christian University). His understanding and depth of compassion for the Indigenous is greatly appreciated. We say to you: *O ka Pono ke hana `ia`a iho mai nalani. Continue to do good until the heavens come down on you.* His determination resulted in the selection of my Thesis and production of this Dissertation. He has unlocked the doors for many students that may not otherwise have had the opportunity to be successful. God bless you, Dr. Robinson. *Lana kakou i ka hau`oli o ha`i. We rise by lifting others.*

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1. Introduction

Aloha from my heart to you; the information I will be expressing is my perspective, and my point of view, for all truth awaits you in your heart. Therefore, I ask that you tune out all the disturbances in your mind, calm your life force, and allow the breath of life to flow so that the spirit of *Aloha* and peace can speak into our hearts to unify in solidarity and oneness. Our life on earth is but a moment, let that breathe energy enlighten us to a new world of peace with the natural world, and the human family. In my culture we say, the birth of life is given when we take our first breath, and when we depart this world, the breath is returned to *Akua* (God).

This dissertation is about harmony. It is about achieving harmony inside. It is about healing the disharmony in our world today. This Dissertation presents an understanding of the Indigenous Way of Knowing as a method to heal our world, our relationship with it, and our bond with all that dwells as nature within it.

Western science does not yet fully understand the science behind the Way of Knowing. They need us, the First Nations, in order to *explain* what happens. The First Nations do not need the scientists to *use* what happens. We've already been using it for thousands of years.

In this Dissertation, I will share a Western scientific explanation of how harmonics work within the Way of Knowing. I will then explain how to use the power of the harmonics of the Way of Knowing in order to bring harmony back to the world.

Harmony begins with the creation of movement. That movement on a physical basis often begins with excited electrons in an atom. Electrons, by their very nature, must vibrate. They are the moving parts flying around neutrons and protons. They are the building blocks of life for they lead to every action and reaction in the universe.

Vibration can cause an electromagnetic wave, an acoustic wave, or heat or other reactions such as electric messages carried through the brain's dendrites and neuron system in response to thought or inspiration.

Vibration leads to patterns. Patterns are formed in the consistent and organized manner in which atoms interact and bond with each other. Light, as another energy, can also affect the organization of atoms during flow of electrons. Such patterns are always the basis of vibration.

As patterns are formed, waves of interaction are formed. These patterns can interlock together. This creates resonance as the various parts echo, mirror and interplay with each other.

Just as a microbiome is the assemblage of microorganisms present in a defined area, a *Vibrationis Civitas*³ is a vibration community; an assemblage of vibrations which are present in a defined area. In each case, the components are all affected by and interact with each other. The Earth is a large *Vibrationis Civitas*. The universe is another. All known creation in another. The human body, your backyard, your church — all of these have vibrational resonance interactions. They all produce a resonance.

One of our ancient Hawaiian beliefs is that everyone is connected with everyone, and everyone is connected to everything. You can see how this belief ties into common resonance. It is *Pono* (true).

2. Uniquely Qualified

Having been born and raised as an Indigenous man with royal responsibilities, and having many generations of Indigenous knowledge since 316 A.D. have been taught and passed

³ See Definitions at the bottom of this document.

down to me, I humbly present my *mana'o*, my thoughts, for your consideration. I have lived the Way of Knowing all my life. As a King, I am responsible for the health and well-being of all my citizens. The Earth on which we all live is being destroyed, therefore, this is my best self, put forward, representing my responsibility to the Creator and to my Ancestors, to right wrongs and to reestablish the God-given vibrational harmony from the beginning of the world.

Studying Indigenous wisdom is not the same as living it. Through my eyes, you will learn ancient wisdom stemming back to the beginning of time, for within me is *Iwi Kupuna* wisdom. This ancient knowledge wasn't about survival but about living. Culture and traditions are the *Ha* or breath of life. All of life has a purpose. For that purpose, we journey together, so that we can be in harmony with the unending circle of life.

— Edmund K. Silva Jr., Sovereign King

3. Evidence of Harmonics at Work

Why would I suggest that vibrational harmonics exist everywhere and tie everything together? Let's look at a few samples of vibrational harmonics at work in our world.

3.1 Electrons and Their Covalent Bonds

Electrons are one of the three basic particles of an atom. As they are negatively charged, they move in reaction to the proton particles in the center, or nucleus, of the atom, as positive and negative charges bounce off each other.⁴ This basic avoidance of charges for each other creates the initial movement and sets into motion the vibrations contained in every atom.

Dr. Christopher S. Baird, Assistant Professor of Physics with Texas A & M, answers basic questions about vibration at the electron level. "When bound in a stable state in an atom, an electron behaves mostly like an oscillating three-dimensional wave, i.e. the orbital vibrates. It's a bit like a vibrating guitar string. When you pluck a guitar string, you get the string shaking, which is what creates the sound. Scientifically, we would say that you have excited a standing wave in the string. The guitar string is not moving in the sense of shooting off to the other side of the room. In this sense, the guitar string is not moving at all, but remains clamped to the guitar. But the guitar string *is* moving in the sense that it is vibrating when you pluck it. If you pick one spot on the plucked string and look at it closely, it is definitely moving from one location in space to another, back and forth repeatedly. By pulling the string, you transferred chemical energy in your arm to elastic energy in the stretched string. When you let go, the elastic energy was converted to motional energy (kinetic energy) as the string snapped back and started vibrating. The total kinetic energy of the entire string averaged over time is zero, since the overall string is not going anywhere with respect to the guitar. But the kinetic energy of any small part

⁴ LumenCandela, Lumen; Boundless Chemistry, "The Structure of the Atom", <https://courses.lumenlearning.com/boundless-chemistry/chapter/the-structure-of-the-atom/>

of the string at a given moment is not zero. In this way, a plucked guitar string experiences local motion but not overall motion.”

Professor Baird continues, “An electron in an atomic orbital state acts somewhat like a plucked guitar string. It is spread out in a three-dimensional cloud-like wavefunction that vibrates. Whereas a guitar string vibrates up and down, an atomic electron wavefunction simply vibrates strong and weak. The frequency at which the electron wavefunction vibrates is directly proportional to the total energy of the electron. Electrons in higher-energy atomic states vibrate more quickly. Because an electron is a quantum object with wave-like properties, it must always be vibrating at some frequency. In order for an electron to stop vibrating and therefore have a frequency of zero, it must be destroyed.”⁵

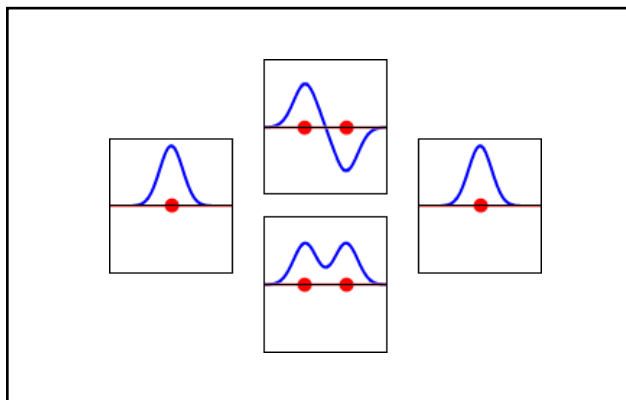


Diagram 1: [Vibrating Electrons Showing Wavefunction](#).

As electrons move and vibrate around their central base in the atom, they are drawn to other atoms. They create either ionic bonds where one atom donates an electron to another atom in the bond, or covalent bonds where the electrons are shared equally

⁵ Dr. Christopher S. Baird, Assistant Professor of Physics, Texas A & M, “Does an electron in an atom move at all?”, December 1, 2014, <https://wtamu.edu/~cbaird/sq/2014/12/01/does-an-electron-in-an-atom-move-at-all/>

between participating atoms, forming a shell of movement around the central nucleus.⁶ These bonds change under certain circumstances. Electrons shift from one place to another, altering the vibrations as they go.

So, it becomes evident that electrons, the basic building block of matter, are always vibrating. This vibration occurs at a certain frequency, that is to say that it occurs at specific intervals. The unique vibration and the frequency that it occurs combine with the vibrations and differing frequencies of all other electrons in all the other electrons in their unique ionic or covalent bonds in all the atoms on earth. When combined all together, that motion is the resonance of Earth, the song our planet sings all around us and into the universe.

3.2 Phonons

Atoms form different arrangements due to the attraction of their need to give, take or share electrons. For instance, one such arrangement is an atomic lattice which creates a crystal structure. As the attraction and movement of the electron takes place, it creates an exertion of force which causes a chain reaction across all the atoms linked together. This reaction moves like a wave across a crystal lattice structure. These waves of vibration movement are called Phonons. As vibration flows, as in the case of crystal lattice, it becomes either acoustic or heat energy.⁷

⁶ Robert J. Ouellette and J. David Rawn, ScienceDirect, "*Covalent Bond; Structure and Bonding in Organic Compounds*", Organic Chemistry Second Edition, 2018, <https://www.sciencedirect.com/topics/chemistry/covalent-bond>

⁷ |Q> Quantiki, Quantum Information Portal and Wiki, "*Phonon*", October 26, 2015, <https://www.quantiki.org/wiki/phonon>

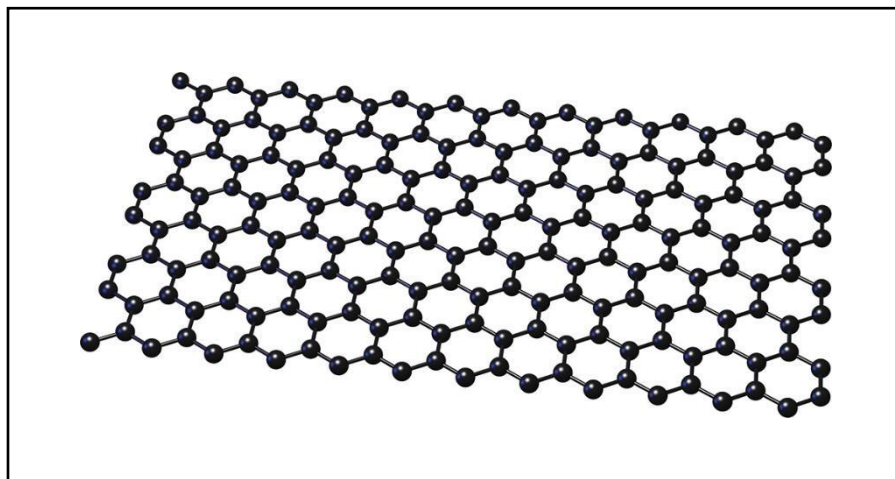


Diagram 2: Graphene Lattice Structure which channels Phonon activity⁸

Phonons, or waves of movement, show how vibration is underneath all matter. It is dynamic and impressive as one examines the activity of matter at the atomic and molecular level.

3.3 Nanoparticle Creation and Superconductors

In a recent publication in *Nature*, ETH Professor Vanessa Wood and her colleagues explain what happens to atomic vibrations when materials are nanosized and how this knowledge can be used to systematically engineer nanomaterials for different applications. The paper shows that when materials are made smaller than about 10 to 20 nanometers – that is, 5,000 times thinner than a human hair – the vibrations of the

⁸ Florian Libisch, Wiley Analytic Science, “*The Wonder Material Graphene*” November 28, 2017, <https://analyticalscience.wiley.com/do/10.1002/gitlab.15487/full/>

outermost atomic layers on the surface of the nanoparticle are large and play an important role in how this material behaves.⁹

Every time you pick up your cell phone or sit down at your computer, you might recognize the importance of vibration in your daily life.

3.4 Crystalline Arrays

When phonons are mediated (manipulated) into interacting with each other, they can drive superconductivity in metals. Phonons, vibration-to-energy waves, are now driving technology that enters the world we know and operate in.

Latest research is corralling cold atoms into an array without the artificial order imposed by a lattice. This is a new way to manipulate the phonon wave movements and it is done by using laser light to attract phonon movement to the strongest regions in an optical field — creating a periodic optical field, or a “light crystal.”

⁹ ETH Zurich. "Atomic vibrations in nanomaterials." ScienceDaily. ScienceDaily, 9 March 2016, <https://www.sciencedaily.com/releases/2016/03/160309135836.htm>

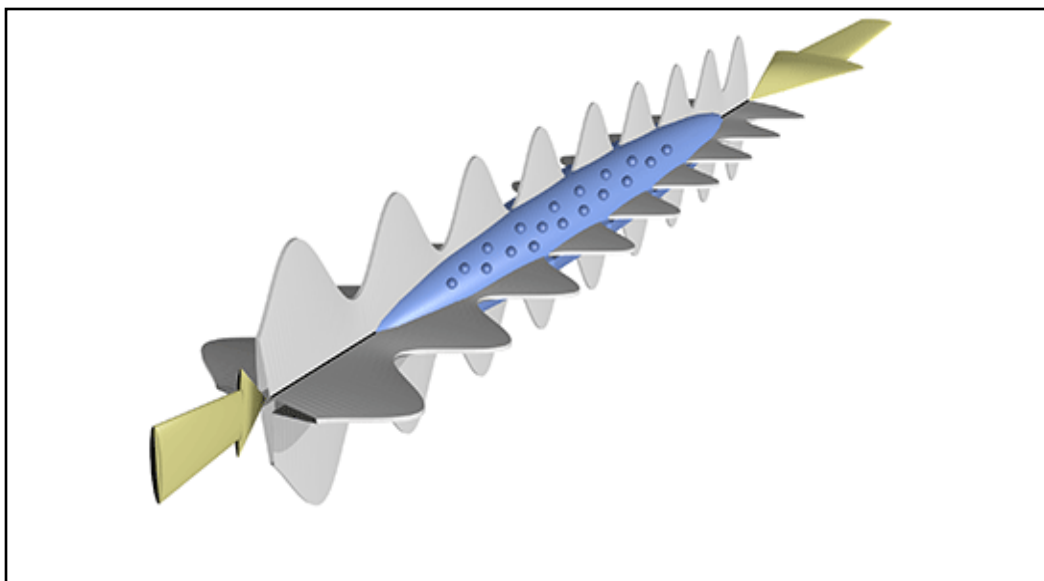


Diagram 3: A crystal created of light and atoms¹⁰

3.5 Free Radicals and Redox Signals

Vibration affects the body in vital ways. Free radicals are atoms that have unpaired electrons making them unstable and therefore highly reactive. Free radicals form when a weak bond between electrons is broken and an uneven number of electrons remain. This means the electron is unpaired, making it chemically reactive.¹¹

In a sense, free radicals are a “vibration waiting to happen” as they search for missing electrons. Free radicals can create havoc.

Redox Signals facilitate electron transfers such as those needed by free radicals. They respond to the vibration signal given off by one electron of one atom and assist the

¹⁰ S. Ostermann et al., Phys. Rev. X (2016)

¹¹ The International Dermal Institute, What is a Free Radical?, **Free radicals** form when one of these weak bonds between **electrons** is broken and an uneven number of **electrons** remain. This means the **electron** is unpaired, making it chemically reactive.

transfer of an electron from another atom. The better the transfer mechanism is functioning and the more redox signals you have, the healthier you are. In this case, vibration is healing.¹²

¹² ScienceDirect, Redox Signaling, <https://www.sciencedirect.com/topics/medicine-and-dentistry/redox-signalling>

4. Water Absorbs and Reflects Resonance

So, what are the deformities of the world? These are the deformities of the soul, and such deformities have an impact on the cosmos itself. Just as a drop in a pond creates a ripple that spreads out endlessly, the deformity of even one soul spreads throughout the world, resulting in global deformities.

Learning about water is like an exploration to discover how the cosmos works, and the crystals revealed through water are like the portal into another dimension. As we continued with our experiments in taking photographs of crystals, we found that we were setting out to climb the stairs toward an understanding of the profound truths of the cosmos.

The vibration of good words has a positive effect on our world, whereas the vibration from negative words has the power to destroy.

— Masaru Emoto, *The Hidden Messages in Water*

We have established many different ways that vibration is evident in our world. How do we detect this resonance? There is only one substance that can consistently tell us what is going on. That substance is water.

As an Islander, I am born of water. My spirit is tied to water. It is part of the *‘Aina* (homeland) to which I am physically and spiritually attached. I am by nature qualified to discuss the practical and spiritual properties of water from an Indigenous point of view.

Water is completely unique. Water has the capability to absorb the resonance of what is around it. It is like a vibration radar. Water can capture its surroundings by absorbing resonance. It is possible to examine water and see the resonance contained within it.

Water also gives resonance outward, sending vibrations into the liquid interior of a person's body.

Water is a tool. In the right circumstance and with the right person, water is extremely powerful.

With water, we can heal the earth or water can destroy the planet.

it is important to understand because it holds resonance, it is as if water “hears”. Water contains our words. Water contains our very thoughts.

In 2001, Masaru Emoto copyrighted his work and published a book titled, “*The Hidden Messages in Water*”. It contained photographs he claimed were taken after speaking a variety of words to the water, then freezing it to form crystals, then photographing the crystals that resulted. The results were astonishing and dramatic. Emoto took these photos of water all around the world. He received massive public acceptance yet severe scientific rejection as he could not or would not duplicate his results under scientific conditions.

Emoto was unappreciated for his pure thought and brilliant insights during his lifetime. He was, by any standard, a master at his craft. Those who judge him wrongly didn’t realize that the water Emoto measured included his own pure soul, reflected back as a part of the resonance he was studying. Emoto knew this. I am certain of it.

The vibrations in the human body average 570 trillion vibrations a second.¹³ Does that surprise you? We are complex beings indeed.

Hannya Shingyo, the Buddhist author of “*Wisdom and Heart Sutra*”, stated “That which can be seen has no form, and that which cannot be seen has form.” Let us examine this unseen form and determine its power and purpose.

¹³ Masaru Emoto and David A Thayne, Atria Books; Simon and Schuster, “*The Hidden Messages of Water*”, July 5, 2011

Water is the mirror of the soul. It has many faces, formed by aligning itself with the consciousness of human beings. What gives water its ability to reflect what is in people's souls? In order to answer that question, I would first like to make sure that you understand this fact: Existence is vibration. The entire universe is in a state of vibration, and each thing generates its own frequency, which is unique. All that I have to say in this book is based on this one fact. My years of research into water have taught me that this is the fundamental principle of the universe. It can be said in just three words, but for people who have never heard them, these are very difficult words to understand. You might think, "Existence is vibration? Even this table? This chair? My body? How can everything that can be seen and touched be vibration?"

It is indeed difficult to believe that things that you can pick up with your hands and examine — things like wood, rocks, and concrete — are all vibrating. But now the science of quantum mechanics generally acknowledges that substance is nothing more than vibration. When we separate something into its smallest parts, we always enter a strange world where all that exists is particles and waves.

Let's imagine that you could reduce your body to microscopic size, and that you set off on an exploration to discover the secrets of this universe called you.

You would soon see that each thing consists of nothing more than atoms, each atom being a nucleus with electrons rotating around it. The number and shape of these electrons and their orbits give each substance a particular set of vibrational frequencies. You would discover that whatever the substance, nothing is solid. Instead there is only a nucleus surrounded by an endlessly rotating wave.

Everything is eternally moving and vibrating — on and off, at an incredible speed.

— Masaru Emoto, *The Hidden Messages in Water*

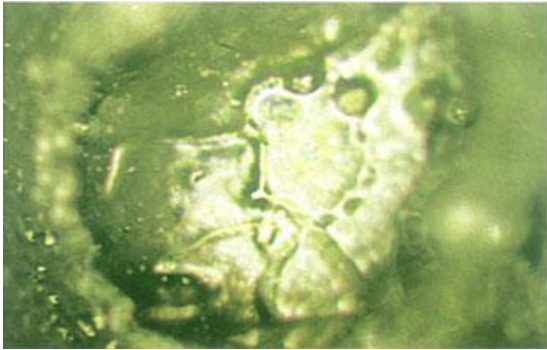


Diagram 4: Lake water *before* a Buddhist healing prayer.

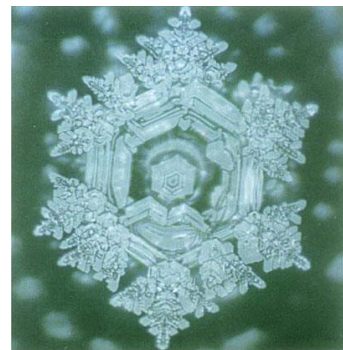


Diagram 5: The same lake *after* a Buddhist healing prayer.

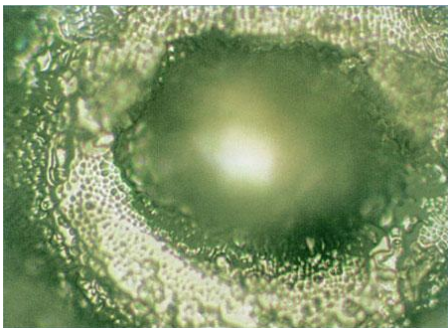


Diagram 6: After the word, "Satan", was spoken.

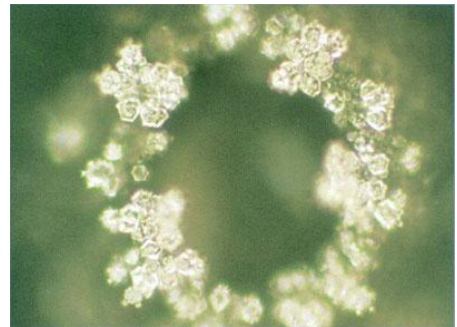
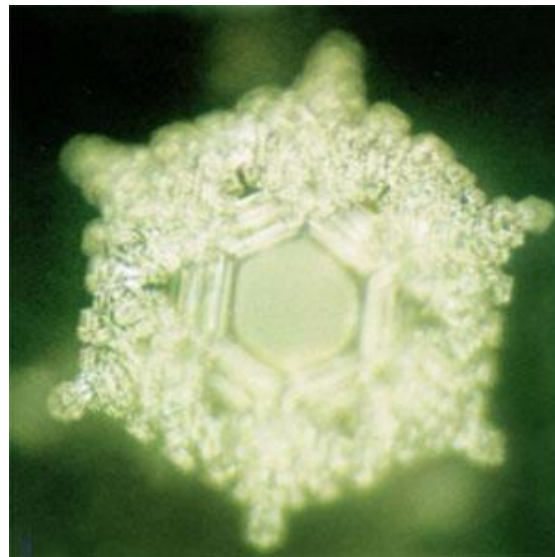


Diagram 7: After the word, "Angel", was spoken.

We have seen through the crystal photographs that water is the mirror of our souls. What do our souls look like — and how should they look? These are questions that can also be answered by water.

— Masaru Emoto, *The Hidden Messages in Water*

Diagram 8: Water after the words, “Love and Gratitude” were spoken. Masaru Emoto felt that this was the most beautiful water crystal he ever filmed. Emoto felt that this beauty reflected gratitude as the single most powerful thought to direct to water. He saw love as an integral part of gratitude.



All things vibrate, and they vibrate at their own frequencies. When you understand this, you will significantly broaden your understanding of the universe. With this understanding, your eyes will open to things you have never seen before — things previously pushed to the back of your consciousness — and these discoveries and

feelings will give new life to your soul. The fact that everything is in a state of vibration also means that everything is creating sound. This doesn't mean that we can hear every sound, although there are some people who apparently hear the voices of trees and who can communicate with plants.

— Masaru Emoto, *The Hidden Messages in Water*

Whether we can hear the sound or not, we can say that the unique frequency of all objects can be interpreted as sound. It is said that the human ear is generally capable of hearing frequencies from approximately 15 Hz to 20,000 Hz (Hz, or Hertz, indicates the number of cycles of the repetitive waveform per second). Actually, it's a good thing that our ears have such limits — otherwise we probably wouldn't be able to sleep at night. The natural world is indeed well designed — everything is in balance.

As sound is created, there is a master listener to receive the sound: water. Let me ask you to think about why crystal formation would be affected by music, and why completely different results would be reached depending on the spoken and written words water was exposed to. The answer is found, again, in the fact that everything is vibration. Water — so sensitive to the unique frequencies being emitted by the world — essentially and efficiently mirrors the outside world. Music and spoken words are vibration, they are easily understood and interpreted by just about anyone. Sounds like the chant created by a human voice at a Buddhist funeral creates a healing frequency.

— Masaru Emoto, *The Hidden Messages in Water*

Humans are the only creatures that have the capacity to resonate with all other creatures and objects found in nature. We can speak with all that exists in the universe. We can give out energy and also receive energy in return.

— Masaru Emoto, *The Hidden Messages in Water*

Here we are, a flesh and blood being, filled with the unique vibrations of our own body functions, filled with the resonance of our soul — the imprint of all our experiences and thoughts throughout earth life. All these vibrations come together into a wonderful, single imprint of existence. There is no other person like you.

In what direction are we headed? What is our role in protecting this planet? Such questions can only be considered when we recognize the greatness of the human being. Perhaps it is time that we stop seeing the human being as the evil agent. I think we underestimate the innate abilities that we each have. We have enormous power.

— Masaru Emoto, *The Hidden Messages in Water*

In the vastness of *Akua's* (God's) creations, *you* stand out. Now, the threads of a cosmic beginning, feathering into you from echoes of space and time, seep into your awareness and you remember stars bursting forth, universes colliding, comets shattering on isolated planets, mud filled creatures crawling forward, seeking the sun, stomping their hooves, mountains crashing down, red hot lava exploding in a shower of sparks, mighty rivers roaring into existence and shaping landscapes, the patter of raindrops, the soft lap of waves on the beach, the cry of a new born baby, the heat of the sun, air rising, night falling and a gentle breeze stirring your spirit as you watch the brilliant colors of a sunset.

Think of yourself as the *conduit* of God's energy. *You* complete the circuit. *You* are part of everyone and everything. *You* are needed.

The water within you hears the water beneath your feet, under the ground and down to the liquid center of the planet. *Your* water resonates with the clouds moving across the skies and the rain falling on your face.

Your thoughts fall as drops into the water of Earth, making concentric circles that ripple outward forever and ever. Your thoughts shape the planet.

Planet Earth vibrates outward into space, carrying the whispers of your soul with it, seeking life, seeking nature, seeking expression and connection. Your resonance, as part of the planet's resonance, becomes part of the cosmic dance of all creation.

You, yes, *you*, are the expression of *Akua* (God).

Now, hear the voice of heaven whispering back at you, showering your spirit with the voice of all the creation that has ever taken place, in every universe in every known and unknown location.

Do you feel the waves, back and forth as they rush, bringing this expression of life? Does this delightful energy of existence enter your breath?

This is the power that you have.

Now, channel this power into creation. Think of the beauty of yourself. Think of your wholeness. Think of perfect health and happiness. Think of love and gratitude. Gratitude is the single most powerful thought to resonate, in my experience.

Your gratitude fills the entire world. This gratitude flows into the water everywhere. It changes the resonance. It fills the resonance with an appreciation of the water and the Creator who formed it and brought it to Earth.

Now, send your power to the rivers and to the ocean. Fill it with the resonance of cleanness and clearness. Crystal clear. Stunning in its clarity. Fill it with your resonance, with your power. Heal it. See it healed and restored.

Resonate of pureness and healing for the People of the Earth. Heal the sick. Bless those in need of blessing. And fill the world with Peace. His peace, for you are *Akua* and *Akua* is you.

This is the power of water.

This is what you can do. You can change every drop with your mere thoughts — with your resonance — and bring harmony to it.

This is your purpose.

The focus of the human race has been drawn away from that which cannot be seen, and towards the obvious physical world. And in order to make as much of this physical world our own as possible, we have cut down forests and fought back deserts in an effort to insure the supreme domination of our culture. Such advancements by human society may indeed be the result of love — for our families and our countries — but as long as we continue to live our lives based on this strategy, there will be no end to conflict. The history of the twentieth century was the history of fighting and warfare. Perhaps we are finally beginning to see that the direction we are moving in leads nowhere. We have sacrificed too much in order to secure the riches of life. Forests have been destroyed and clean water lost, and we have cut up and sold the earth itself. What the world needs now is gratitude. We must begin by learning what it means to have enough. We need to feel gratitude for having been born on a planet so rich in nature, and gratitude for the water that makes our life possible. Do we really know how wonderful it is to be able to breathe a big breath of clean air?

If you open your eyes, you will see that the world is full of so much that deserves your gratitude. When you have become the embodiment of gratitude, think about how pure the water that fills your body will be. *When this happens, you yourself will be a beautiful, shining crystal of light.* (Emphasis added.)

— Masaru Emoto, *The Hidden Messages in Water*

5. Actuating Internal Harmony

We have seen evidence of vibration at work in the world. We have seen that water can absorb the resonance around it and we have suggested that water is key to resonating outward through our personal involvement.

Next, we need an understanding of *how* harmony can be harnessed, repaired and enhanced within us, be pushed outward to the rest of creation, and then on to the Creator. Nothing else learned or presented here matters, if the healing of harmony is not used and put into practice. Resonance is the glue that binds all of creation and destroys it or heals it.

To understand actuation, I will review dendritic spines, a model of mind function from The Kingdom of Hawai'i called *Huna*, pineal gland function, teach you how to establish the *Mana* (Energy) Pathway for harmonic energy flow, chanting "i" and chants for power, breathing, earthing, ridding yourself of negative thoughts through *Huna*, as well as giving you an understanding of *Ho'oponopono* (Hawaiian conflict resolution and means of peace).

5.1 Dendritic Spines and Brain Function

To understand how to achieve harmony, it is important to understand how the brain responds to vibration, how it captures information, and to see that it can expand its knowledge and storage capacity.

The neurons of the brain are perhaps one of the most fascinating cell structures. This is the physical location of thought! For a long time, it was believed that the brain was not capable of change. Recent research has completely altered that perception. The brain is not locked in; it is plastic and flexible. It can grow and expand under stimulation, even into old age. Neurons and their dendrite branching structures have an amazing capacity for change.

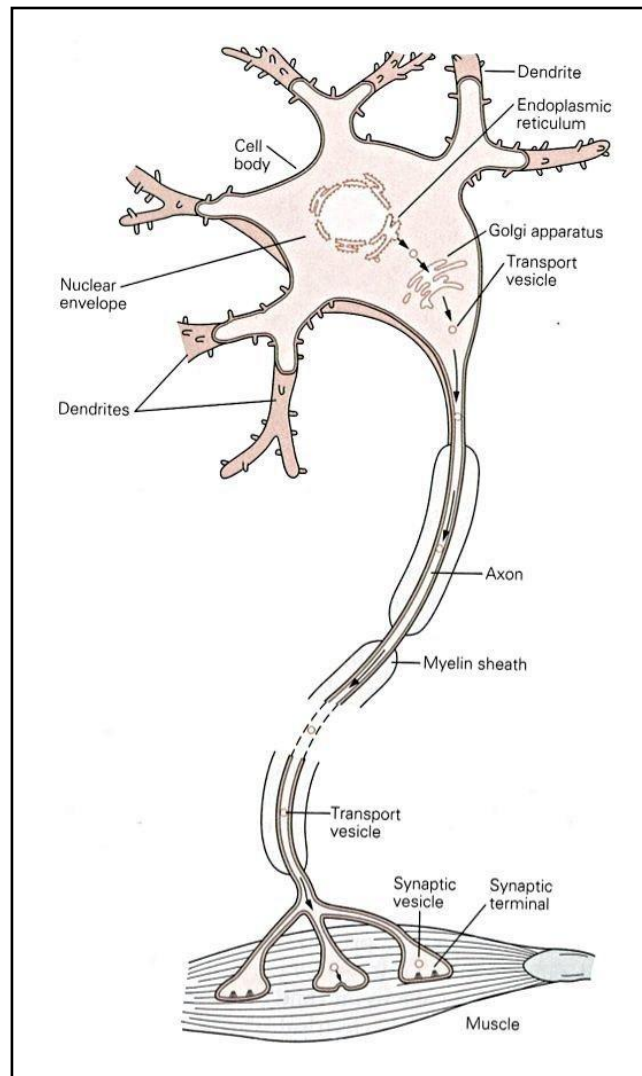


Diagram 9: Diagram of a spinal motor neuron, showing both the cell body and synapse to a muscle.¹⁴

A neuron is composed of its cell body or center of the neuron, axions which are covered with a myelin sheath and stretch *outward* to connect with specific locations, like muscles, through the synaptic terminal. Standing out like trees, dendrites reach to *receive* signals.

¹⁴ Alex Thompson, McGraw-Hill Education, "Investigation of Infrared Neural Stimulation in the Cochlea", 2000 and 2014

It has been believed that dendrites were only for receiving signals coming in from other neurons. However, recent discoveries about dendrites reveal that they are covered in “spines” which protrude off the dendrite arms. Until now, these spines were not really well known nor understood. The truth of their capability is astonishing.

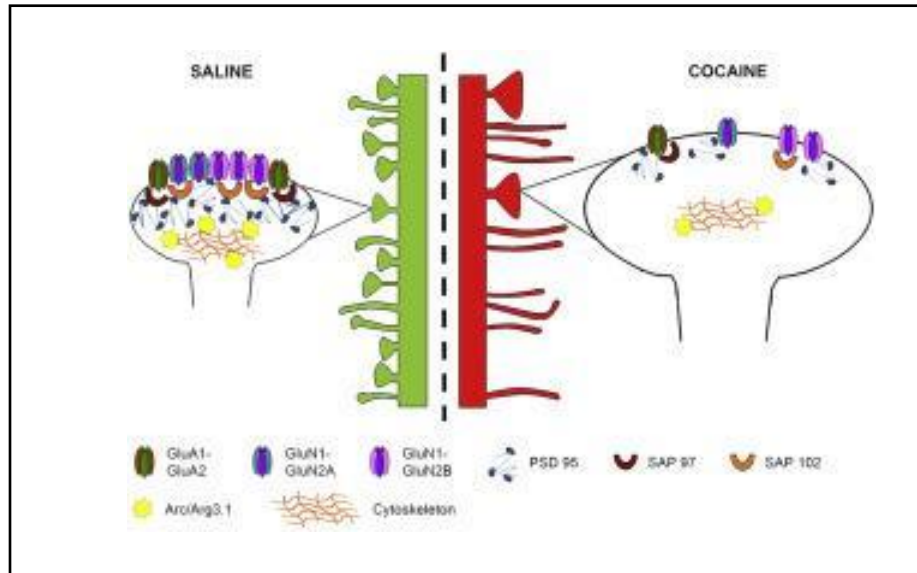


Diagram 10: Impact on Dendrite spines shown here after a single administration of cocaine.¹⁵

New studies show that spines grow in response to stimulus. There are hundreds of shapes that form on the spine’s end, each for a slightly different purpose and formed to

¹⁵ Lucia Caffino, Giulia Messa, Fabio Fumagalli, Department of Pharmacological and Biomolecular Sciences, Università Degli Studi di Milano, Via Balzaretti, Milano, Italy, “A Single Cocaine Administration Alters Dendritic Spine Morphology and Impairs Glutamate Receptor Synaptic Retention in the Medial Prefrontal Cortex of Adolescent Rats”, March 9, 2013

unique circumstances. Conversely, spines can deteriorate under depression, drugs, medications, old age, or lack of use.¹⁶

The Filopodia are little filament-like protrusions from the growing end of the dendrite. This is where a special vibration comes in again. These waving Filopodia create vibrations as they search out additional capacity. As the Filopodia receive signals or stimulation, they grow into specialized spines, responding to the exact need of the brain in that moment.

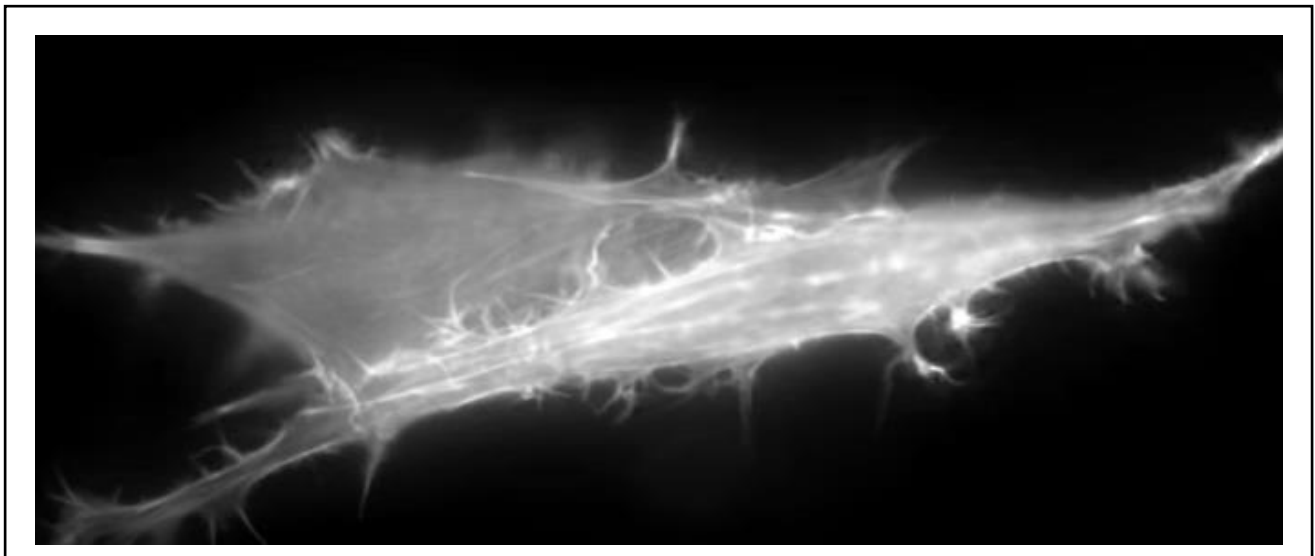


Diagram 11: Actual Filopodia reaching out from dendritic spine.

Axons and the spines are capable of emitting their own signal through the cell body. When stimulated by incoming signals, they open their chemical floodgates and a chemical release. This in turn stimulates more returning signal and in turn stimulates more spine growth and increased capacity. The brain grows in direct response to the exact stimulus.

¹⁶ Ruth F. McCann and David A. Ross, PlumX Metrics, "A Fragile Balance: Dendritic Spines, Learning, and Memory", Society of Biological Psychiatry, 2017, [July 15, 2017](https://doi.org/10.1016/j.schres.2017.07.015) Volume 82, Issue 2, Pages e11–e13, [https://www.biologicalpsychiatryjournal.com/article/S0006-3223\(17\)31622-0/fulltext](https://www.biologicalpsychiatryjournal.com/article/S0006-3223(17)31622-0/fulltext)

you give it. This is often in response to direct vibration, indirect vibration-initiated energy production such as chemical changes or heat.

This process of increased capability of spines and dendrites is very significant. This is how the brain grows capacity. The brain grows in direct response to the stimulus you provide to it. When you study math, the spines on the dendrites being stimulated increase. When you memorize something, spines grow in order to store extra information. When you are depressed, the spines shrink. When you quit using them, dendrite spines disappear. Instead of just extra signal space, the spines and dendrites actually provide additional processing capacity.¹⁷

¹⁷ Refik Kanijhan, Peter G. Noakes, and Mark C. Bellingham, "Molecular Mechanisms of Dendritic Spine Development and Plasticity, Emerging Roles of Filipodia and Dendritic Spines in Motoneuron Plasticity During Development and Disease", Hindawi, Neural Plasticity, Special Issue.

6. The Perfection of Thought

Now we realize that our very thoughts are a physical manifestation both within us and resonating into the world around us.

Jesus Christ taught that we should avoid the very thought of sin.

Ye have heard that it was said by them of old time, thou shalt not commit adultery. But I say unto you, that whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.

— Matthew 5:27-28, *King James Version of the Bible*

This verse in the Bible makes much more sense now. From a resonance standpoint, the vibrations caused by thought can be very similar to the vibration of action. Jesus Christ seems to be making the point that we are sending evil into the world's vibrations when we merely think of engaging in sinful activities. This is Pono (truth).

This knowledge brings with it a responsibility.

We are responsible for our own thoughts.

It is now also clear that the brain is plastic, changeable, and that we can bring in our own choice of stimulation to increase its capacity for memory, skills, and inspiration.

Be ye therefore perfect, even as your Father which is in heaven is perfect.

— Matthew 5:48, *King James Version of the Bible*

Now Jesus Christ's instruction becomes clear. The end goal: perfection.

We are responsible for the growth of our own mind throughout our life.

First Nations cultures and traditions, their primal religion, stress the perfection of thought, purging from “domestication” and freeing the mind to its full capacity. This is exercise of the mind. Freedom of the mind is true wealth. The Western focus on materialism as a measurement of success is counterintuitive to this process. This is why in many cultures it is customary to go on a pilgrimage or a spiritual journey without any physical possessions or concerns. That is not the proper focus in life. It detracts from the world’s resonance.

Blessed are the poor in spirit; for theirs is the kingdom of heaven.

— Matthew 5:3, *King James Version of the Bible*

The second single greatest asset in life is learning to be flexible. It is our responsibility to become malleable and changeable, so that we can achieve mental maturity and spiritual perfection.

How do you go about purposely maturing? How do you control what you are thinking before you even think about it? How do you immobilize the right type of thoughts to generate a higher resonance? To help accomplish this, I present *Huna*, which is the Hawaiian ancestral belief on how the mind is organized and how it is meant to provide an avenue to heaven through the Way of Knowing, so that inspiration and spiritual guidance can be received.

6.1 *Huna*: The Three Selves

You cannot perfect the mind if you do not know how it works. I present here the ancient traditions of my forefathers regarding the organization and functioning of the mind and spirit.

No written discussion can provide actual experience. I encourage you to open your senses. Breath in the *Ha*, the breath of life, for a moment and prepare yourself for new information.

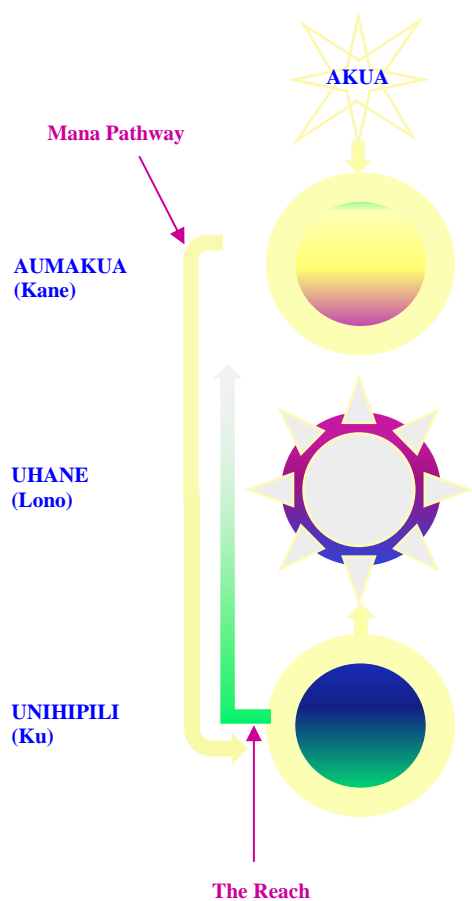
In our ancient wisdom, there are three major components of the mind.

The first component or “self” is the *Uhane*, the Conscious Mind. This is our plane of existence and is filled with our emotions and actions. It contains the ego desires and wants. This consciousness perception is only of a small part of life. Without the other components and the Way of Knowing system, life is very confusing. One does not know why they are here. They may not know their role in existence or their attachment to others and to all living things. This creates a constant imbalance.

The *Unihipili* is the Subconscious Mind. It is from the *Unihipili* that the individual reaches out for external connection to the Creator. The reach can be encouraged by the *Uhane*, Conscious Mind, but the action is taken by the *Unihipili* alone. It is the *Unihipili* which retains a memory of its creation and therefore it knows its Creator.

Once the *Unihipili* (Subconscious Mind) reaches outward to the Creator, the *Mana* Pathway is created. The *Mana* Pathway is established in full only with the assistance of the *Amakua* (Superconscious or Third Mind or Third Self). The *Amakua* are the Ancestors who are always present in this way in the mind and who have the ability to open the individual's *Mana* Pathway for the free flow of *Mana* (life force). This assistance is necessary to give the *Unihipili* direction so that the connection can be made. This brings family unity; the ancestors, the individual, and future generations.

THE THREE SELVES



The Uthane (Conscious Mind)

The Uthane does *not* directly access this flow.

The Uthane is our plane of existence. It is filled with our emotions. It is our ego desires and wants. It is the small part of life that we perceive directly.

Without the rest of the Way of Knowing system, life is confusing. One does not know why they are here. They do not know their role with all other living things. This creates a state of constant imbalance.

The Role of the Unihipili (Subconscious Mind)

The Uthane receives the Way of Knowing but the choice is made by the Unihipili (Subconscious Mind) to allow access; literally to *reach* for access. This can be encouraged by the Uthane (Conscious Mind).

The Mana (Life Force) Pathway

Once the Unihipili (Subconscious Mind) reaches out, the Mana pathway is created. It is established only when the Aumakua pours the energy, knowledge and light from Aukua down through the pathway via the Mana, responding to the reaching which created the pathway.

In this way, life becomes balanced for the individual. Purpose is clear. Role is apparent.

Amakua (Superconscious) Doorway

The Amakua, as Ancient Family Representatives, assist in opening the last doorway of the Mana pathway. They are there to bring the family together through unity with Akua. The Amakua assists this pathway to ensure the individual's knowledge of their life purpose and their reason for existence.

Diagram 12: The Three Selves and the role they play in the Way of Knowing.¹⁸

¹⁸ Edmund K. Silva Jr, "Novel Coronavirus COVID-19; Keeping the Way", February 27, 2020 <https://www.thekingdomofhawaii.org/>

The Way of Knowing is like looking up from the *Unihipili* (Subconscious Mind or Third Mind), through the *Uhane* (Conscious Mind), through the *Amakua* (Superconscious Mind), and straight to *Akua* (God). It is to see past the sky to heaven through the eyes of the subconscious. It is different than vision. It is the *Ka'auhelema* of the soul, the soft rain falling down, the Way of Knowing our purpose, our role and guiding how we live our lives.

This opening up of the Way of Knowing is extremely important. This is the way that *Mana* can flow from you to everyone and everything around you. Through the *Mana*, energy and information are carried to you. The *Mana* Pathway carries the energy, knowledge and *Akua*-given insight. The *Mana* Pathway allows your own thoughts and vibrations to become transparent to the Creator, thus your true heart is known by *Akua* (God).

When this happens, it opens up the way to know what is *Pono* (truth). It is not something that you know. That is how man tries to achieve truth. Finding out what is *Pono* means feeling the resonance of it from within — the vibrations, the resonance should all line up together and when it does, you feel it. You can tell that *Akua* approves, your body feels the same, your spirit is in harmony and the vibrations coming from the other person or situation also align. To say something is *Pono* is to say that it all is congruent in vibration; the total resonance is harmonious.

6.1.1 Pineal Gland and Spiritual Brain Capacity Growth

It can seem challenging when you understand that the *Uhane* (Conscious Mind) is not the part of your mind that reaches spiritual awareness. It may seem so at first glance; however, it actually simplifies the process greatly. It is not necessary for the individual to struggle with the process. The *Uhane* (Conscious Mind) can encourage. The *Uhane* (Conscious Mind) can accept. The *Uhane* (Conscious Mind) can let go. This is its role in the process. Only the *Unihipili* (Subconscious Mind) can reach.

The Pineal Gland is a physical component that assists the *Amakua* to open the mind, to release the *Mana* Pathway. You might see this as the threshold of the door used by the brain to accept outside information flowing into the brain through the *Mana* Pathway.

6.1.2 *Mana* Flow Established

Increasing the mind's capacity to "hear" the Third Mind. The more you hear the spirit, the more you hear the spirit. This is *Pono* (truth). The more you listen, the greater the Mind's capacity to hear through the *Amakua* (Third Mind or Superconscious) This hearing of the spirit changes the vibration of your body. It awakens the crystal formations. It brings perfect resonance with the Creator.

The days of believing only that which can be seen by the naked eye have passed, and we are now starting to open our eyes to the importance of the soul. It's a move in the right direction, and I think it will become the way the majority thinks within this century. The human body is essentially water, and consciousness is the soul. Methods that help water to flow smoothly are superior to all other medical methods available to us. It's all about keeping the soul in an unpolluted state. Can you imagine what it would be like to have water capable of forming beautiful crystals flowing throughout your entire body? It can happen if you let it.

— Masaru Emoto, *The Hidden Messages in Water*

This time when the individual questions his purpose for existence, there is an answer through the Third Mind. *Mana* fills the person with understanding and knowledge of their specific purpose and role in life. This experience is often facilitated by using Dream Time or Spirit Travel during sacred times, taken for the purpose of discovery. The Native

American way is to go for three days and nights without water or food, going to the wilderness and waiting to receive direction and insight from *Akua*. It can take several such experiences until the individual hears an answer, but if sought diligently and with great focus, the answer will come. Adulthood in the First Nation cultures often comes when connection is achieved. This is to experience richness. The value of the connection is priceless.

“Here is where indigenous realities, contexts and understandings can benefit from cross fertilization with Western classical sciences because a hologram is made with modern techniques but its implications are best understood with an ancient mind... What Native intelligence as an enduring pattern of thinking is putting forth with the aid of quantum sciences is the notion that a realm of unseen connecting patterns exist and we are the causal linkages that alter the capacity. There is a new/old game in town. It must include what has forever been present but denied because of the beliefs of the day. As always, Indigenous people are near; watching, waiting, ready to be of service... It is a connection with the physical and non-physical states altered by our own seeing. Einstein held the same belief that our own viewing of phenomena changed it. Is it any wonder the Hawaiian word for knowledge is ‘ike, to see/to know. Seeing then is an act beyond mere looking. Seeing is infused with the cultural shaping of its purpose, and that by itself collapses waves into particles. Yes, why not work to understand this miracle? Why not see what intentionality and consciousness have to do with matter? Here lies the path across dangerous waters where science and culture must meet and cross if we are to develop solutions necessary for our own evolution.”

— Manulani Aluli Meyer, *Holographic Epistemology: Native Common Sense*

We cross the line between Western Science and Indigenous Way of Knowing as we combine our understanding that the brain capacity can be changed and the ability to make the change in a new way.

When *Akua* sends information to you through the *Mana* Pathway, the stimulation in the mind encourages the growth of new dendrite branches. The Filopodia reaches to the incoming spirit and sparks new spine growth. The pineal gland becomes stronger in order to accommodate more flow.

Now the mind and spirit of you are ready to learn new ways and additional capabilities. You are accepting of something new and different.

It becomes more and more possible to perfect thought.

The physical evidence of spiritual experience is there for the occurrence is *Pono* (truth). It cannot be disproven, only proven. In this case, science needs to catch up with Indigenous spiritual knowledge. I have no doubt that measuring physical changes due to spiritual experience will broaden through the coming years.

The problem is not with the empirical data of science but with the contention that these data alone constitute the legitimate ground for developing a comprehensive worldview or an adequate means for responding to the world's problems. There is more to human existence and to reality itself than current science can ever give us access to.

— HH the Dalai Lama

How do you go about expanding the ability to receive *Mana* and hear with “*Mana*” ears?

Masaru Emoto was correct in his belief that learning to be free from negative thoughts was the place to start.

However, it is indeed painful to be unable to free ourselves from constant negative thoughts and feelings that eat away at our souls. If only for a moment, how can we go about freeing ourselves from all of the negativity? Based on the principles of vibration, the answer is very clear. All we need to do is emit the emotion that is opposite to the negative emotion. By combining two opposite waves, the negative emotion disappears.

For every negative emotion, there is an exact opposite positive emotion.

The following list contains emotions that create opposing frequencies:

hate	gratitude
anger	kindness
fear	courage
anxiety	peace of mind
pressure	presence of mind

—Masaru Emoto, *The Hidden Messages in Water*

In the work, there is knowledge. This *olelo no'eau*, Hawaiian proverb tells us true power is found in using the knowledge we have to serve our world. We have a beautiful fern in the Hawaiian Islands called *kupukupu*. It symbolizes the unfolding of knowledge. *'Ike*, in our language, is knowledge or wisdom. *'Ike pono* is the harmonious way in which we draw in that knowledge and then use it to do what is right. This is useful in the way we interact with one another. Apply knowledge and pass it along to your children and others. This is so important. We have the ability to support one another and inspire one another in a positive way by sharing our experiences. Knowledge is everywhere and in everything.

— Jeana Iwalani Naluai

The Polynesian culture is extremely ancient. It comes down from the beginning of all things. I assure you that there is no way to put into words all aspects of this knowledge. It would be like trying to record the source of visions for many spiritual people who have communed with God. How does one document God? Only after going through the transformation of living as the Indigenous do, will people who haven't experienced it be ready to hear.

There is a contextual aspect of the ancient mind. Comprehension, understanding, placement of self within context, knowledge placed into the mind by outside sources — all of these, form the connectivity that we speak of wherein resides *'Ike* (knowledge). The context itself, in all its complex interrelationships, is part of the revelation process; part of the transformation to comprehension.

— Edmund K. Silva Jr., Sovereign King

Resonance is at the heart of the Indigenous Way of Knowing. As an Indigenous person, I have experienced the connectedness which is a way of life for us. Resonance is like breathing, for it permeates every thought and action. This is why you can feel the vibrations of a Tibetan singing bowl in your body. Vibrations travel *through* you. In Hawai'i, we feel it when we blow on the conch shell. Three blows of the conch shell signify that the King is going to speak. It raises the vibration of the People to better hear my words. There are many ways to increase the *Mana* and the *Mana* flow.

6.1.3 Sacred "i"

In the Kingdom of Hawai'i, the letter "i" is pronounced as a long vowel sound of "e" such as in the word, "tree". The sound of i is a very sacred one. It creates vibration.

Try it. Explore the sound while you sit quietly and focus totally on feeling the vibration as you chant it. Extend out the sound and see if you can feel it tickle slightly. Try low, then jump up each octave, slowly extend out the sound until you run out of breath on each note. Experiment with how you are chanting it until you can feel the vibration.

This experience empties the mind of daily “chatter”. It is excellent prior to meditating or sleeping. It is helpful to look at the Hawaiian Sacred Symbol “i” just before or during the chant.

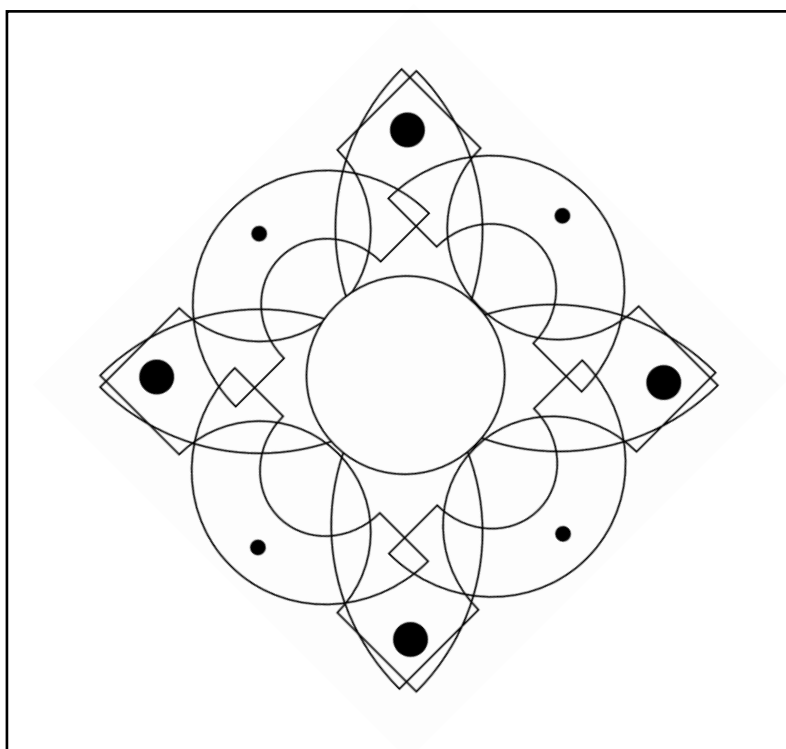


Diagram 13: Hawaiian Sacred Symbol “i” reflecting perfectly balanced vibrational harmonics.

Let's examine the Hawaiian Sacred Symbol "i" for just a moment. *This symbol represents the interlocking components which achieve harmony.* For example, if representing heaven, then the Three Heavens are represented by the three large dots and points on the protruding arrow points. The bottom arrow point represents the Fourth Heaven – Planet Earth.

When representing humanity, the sacred symbol "i" represents the four races created by *Akua* (God) to live on Earth.

When representing an individual, the sacred symbol "i" is the earth, fire, air, and water, that form the human body. It also represents the Three Minds connected by the *Mana* Flow to heaven within man, the *Amakua* (Superconscious Mind)..

When representing the community, the People, the sacred symbol "i" is the directions, North, South, East and West and the different destinies of the People. It contains the four rainbows, when all the Rainbow Warriors of the Earth join together with the People to save our planet.

When representing the planet Earth, the Hawaiian Sacred Symbol "i" represents the magnetics and protections which surround the planet which were there from the beginning.

6.1.4 Power Chants

A good example of being *Pono* is the ancient chant, the *Kumulipo*. It is an ancient Chant passed down since the beginning for the *Kanaka Maoli*. It is 2102 lines long. It is sacred to my People. It is particularly sacred to me as it is meant to be chanted as an affirmation of the *Pono* history of the *Ali'i*, the Ruling Chiefs of the Kingdom of Hawai'i as leaders, tracing their ruling role and lineage from the current day back to the beginning of creation and as related to the genealogy of the Islands themselves in continuous connectivity. These are all the historical basis of *Pono* resonating through the body as the *Kumulipo* Chant is performed, resonating

through the spirit as the Pono truths are received, and resonating through the energy in the Universe up to *Akua* in recognition of all that is *Pono* — the great balance of truth in life.

The *Kumulipo* speaks of a Celestial understanding of all creation: According to ancient historical traditions and philosophies, the *Kumulipo* speaks of the beginning of creation long before man walked the earth. The *Mele* (Chant) describes the Celestial Council as the managing force behind the creation of the whole universe. This *Mele* is an imperial order which directs, guides and counsels the King. What is the *Kumulipo*? It is a *Mele Ko'ihonua* 'Genealogical Chant'. It is a remembrance from the lipo (dark depth) of our deep past to the lipo of our unknown future. It heralds existence from dawn to dawn or the numerous beginnings and endings. The *Kumulipo* acknowledges the *Walewale* as the earthy matter from which all forms, nature and mankind, have ascended. The fundamental image, thoughts, forms and shapes from *Walewale* evolved and increased into familial patterns. It is the organic inception of all family systems.

The *KUMULIPO* articulates and reveals the connections of the sky and earth, the earth and the ocean, the ocean and the land, the land and man, man and Gods and returns again to repeat the interrelationship of all things is an everlasting continuum, it is *Ponahakeola*, the chaotic whirlwind of life.

The *KUMULIPO* echoes the complexities and details of the Hawaiian thought process. Its author made skillful observation and examination, as well as brought understanding and respect to everything in the world. He realized that the powers for growth and bounty were the basic universal elements. The moon cycle was the principle motivator of the earth. It generated extreme movements of the ocean, and caused the eyes of the land and sea to bloom and it dictated the time for earth to commence or rest from production. The sun and rain were the penetrating nourishing forces into the earth. The wind, ocean currents and rivers provided mobility for things and objects incapable of movement. The Hawaiian and all other

natural forms of his world were the beneficiaries of this primal cadence and flow with the rhythm of the universe.

The *KUMULIPO* maintains the theme of survival, urgency for life and preservation of all species with procreation and evolution as the sinew. The dualistic nature of this Chant supports this theme. The dichotomy of land-ocean pairing as a husband and wife, strengthened the notion for procreation and survival of the species. The drama of manipulation between *Wakea*, sky-father and Papa, earth mother, is the ultimate example of procreation and regeneration. The first son born later assimilates with the taro child, emphasizing the life within the taro plant, its relationship to man, and its place in history. As the legend continues, there is a folding in of many generations of forms of the Goddesses, Haumea and Hina, who take multiple forms within nature, reflecting the continued episode of preservation, evolution and survival.

The *KUMULIPO* represents *Pono* which is in the reality of our dim past, the foundation for our present, and a pathway into the future. It is a genuine reminder of our ancestors, their intelligence, failure, defeat and conquest.

This Chant is a gift which encourages the warrior within us to awake to the contests and challenges, which continue to confront us today, by using all that is *Pono* — ancestral intelligence and experiences with our own intelligence. It is the genealogy which connects the Native Hawaiian and truly all mankind to land, sky and ocean.

— Edmund K. Silva Jr., Sovereign King¹⁹

¹⁹ HRM Edmund K. Silva Jr., “*Indigenous Intuitive Education Model: Exploring Learning Methods of First Nations Culture and Traditions – A Case Study of the Kingdom of Hawai‘i*”, July 2019, <https://www.thekingdomofhawaii.org/documents>

6.1.5 *Ha*: The Breath of Life

In our Hawaiian traditions, we believe that *Ha* represents the first breath of life we take and the last breath of life we take.

Ha means Breath of Life. *Ha* Breathing is an ancient *Huna* breathing technique for building energy. The practice of *Ha* increases your vital energy.

Ha increases the vibration within the body and allows personal control of building a greater resonance within. *Ha* breathing was practiced by our *Iwi Kupunas* (Ancient Ones) for the purpose of healing themselves and others. It is used for meditation and insight and to enhance spiritual experiences, i.e., the old Hawaiian phrase, “The *Mana* is rising”, still heard frequently today.

Sit in a comfortable chair. Focus on the section just below your ribs, the solar plexus. This is where *Ha* is held and released. The intaking of breath is half the time of the releasing of breath. Breathe in through your nose and release through your mouth. This is complete in sets of four or multiples of four. Four breaths in and out or eight breaths in and out, etc.

As you breathe out, say an extended, “*Ha* a a a” to the end of the breath. Say it with increasing power and strength. Do not shorten the breath. As you say “*Ha*”, visual a spiral of energy building in front of you. Each breath increases the height of the spiral.²⁰

The use of *Ha* is “in preparation”. It builds up the energy and then the energy can be directed to the need. For instance, after breathing a multiple of four, if you are directing it inward, think of the need you are working on, or perhaps the area of the body that needs healing. As you identify and clarify in your mind this area, continue the *Ha*, increasing the frequency as you feel is needed.

²⁰ Surging Life; Body and Mind, “*Ha Breathing Technique*”, <https://surginglife.com>

As you breathe in sharply and then break out slowly, you are creating a wave within yourself, a wave of your own fluids. It may help to think of it as your “internal” ocean. You choose the frequency and strength of those waves within your resonance. With practice, you will feel what your body needs.

Practicing *Ha* requires you to listen to your body and to learn to read your own resonance. This can be subtle at first. You are not listening for a sound, but you are observing a change in how the body feels. It will show in a mood uplift, a healing change in a problem, a calming, a relaxation of muscles, tingling on or increased warmth of the skin, or a feeling of the outward connection, thoughts in the mind that have come from outside, etc. It will come with practice. At first it may be simply that you feel good and can’t identify any more detail. As you use *Ha* for specific reasons, the slight changes in that exact area will be apparent and you will know.

The more that you practice *Ha*, the more proficient you will become and the more efficient your *Ha* work. Use *Ha* any time, any place. It is a marvelous stress reliever. Don’t forget to take a moment and remove Dissonance by thinking of gratitude.

6.1.6 The Strength of the ‘Aina

Laying just beneath your feet is incredible power. It is the power of the ‘*Aina* (land or homeland).

Remember that your own body has 570 Trillion vibrations per second? Now imagine what is going on inside Mother Earth. Just as we discovered waves inside our own body, the planet is a body also. The oceans move an endless sequence of vibration. The magma at the core is constantly hardening, liquifying, shooting through the crust, or bursting through the crust and shooting incandescent lava. The crust is moving, fraction by fraction. Underground rivers flow and splash and accept droplets from stalactites overhead. Microbial life flourishes and vibrates with every movement. Animal life abounds.

The *‘Aina!* Just as you had specific genetic parents contributing their DNA to your own unique mix, the Earth at the time and place of your birth was unique in its resonance. It sang in celebration with your own first cries. For the Indigenous, the Earth is truly our mother, starting our life with resonance, holding and comforting us with resonance, and laying us gently in her arms with resonance with our last *Ha*.

There is great power in knowing the vibrational harmonics of your special place on the earth. As an Indigenous person, I become ill if I am away from my land for too long. It physically affects me. I suppose it is my body searching for the harmony it misses.

As you begin to learn a life of resonance, connect with the land beneath you or go to a place that calls you to it. Learn to feel and read the changes in the *‘Aina!*

You increase your own resonance when you extend outward and connect with the resonance of the planet.

6.1.7 Mother Earth’s Vortex Creation

In January, 2017, Omitr Mitrofanova, Professor, National Research Nuclear University, produced an article which “presents some results of experimental researches of mechanisms of the emergence of stable vortex structures leading to acoustic, resonance and electromagnetic effects in complicated hydro mechanical systems.”

Sounds just like a test to verify vibrations and the resonance and electromagnetic effects we’ve been discussing, doesn’t it? That’s exactly what happened.

Professor Mitrofanova further indicates, “in the ongoing scientific research a special place is given to the development of the acoustic method of research and the establishment of experimental techniques for the simulation of resonant effects related to the emergence of stable vortex structures. The use of liquid metal as a coolant requires a study of the effects of the emergence of self-excitation of magnetic fields in the turbulent process of movement of a conductive medium. It is known that turbulence is not always the cause

of the destruction of large-scale vortex structures, but under certain conditions is able to create them, bringing the instability in the flow of conductive coolant. Even more dangerous phenomenon, which leads to violations of flow of liquid-metal coolant, may be the emergence of large-scale vortex motion with non-zero helicity.”

Helicity is the spin and the linear motion of a subatomic particle. *Exactly* what we have been discussing regarding electrons and their vibrational properties.

Professor Mitrofanova indicates they are presenting results of “experimental researches of mechanisms of the emergence of stable vortex structures leading to acoustic, resonance and electromagnetic effects in complicated hydro mechanical systems.”²¹

Here are the results of his experiments.

²¹ Omitr Mitrofanova, IOP Science, “*IOP Conference Series: Materials Science and Engineering*”, Mater. Sci. Eng. 168, 1 January 2017, <https://iopscience.iop.org/journal/1757-899X>

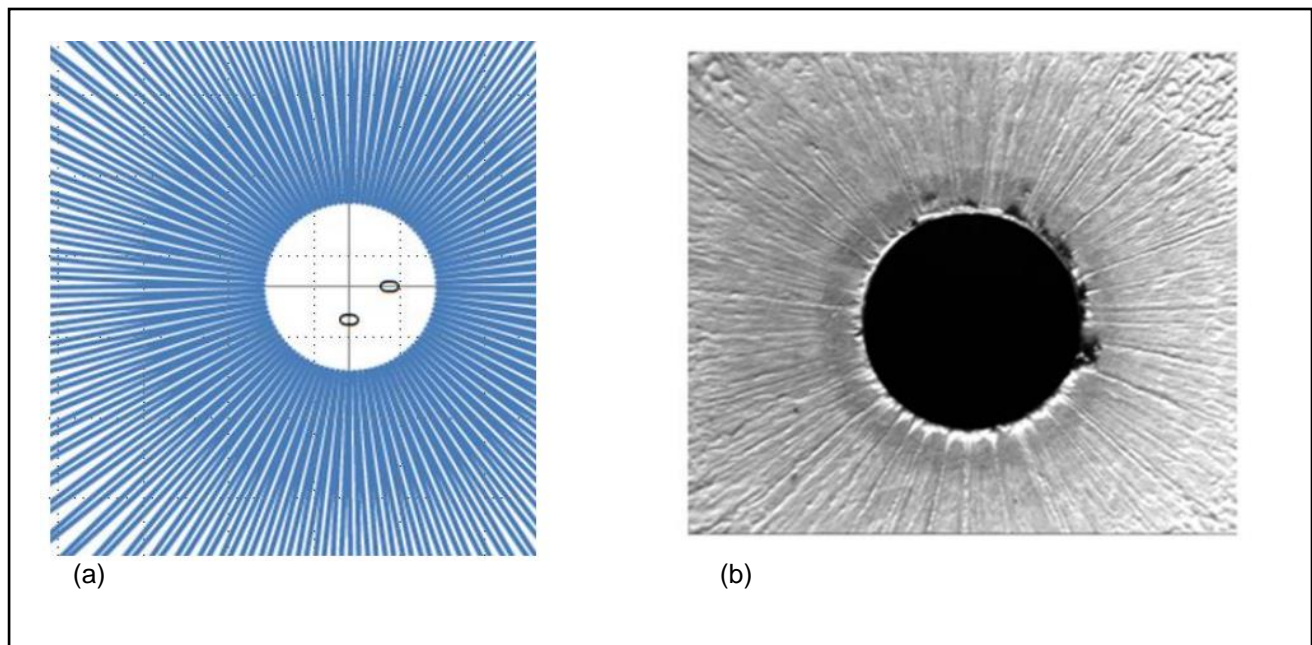


Diagram 14: The comparison of calculation results with visualization of the flow pattern in the resonance mode: (a) the result of the addition of harmonic oscillations with frequencies $f_1 = 2796$ Hz and $f_2 = 27$ Hz in the form of Lissajous figures in cylindrical coordinates; b) – a picture of the vortex wake on the bottom surface of the gap.

Notice the beautiful perfection of the resulting resonance on the flow pattern of the vortex, what they modeled as well as the actual flow photograph.

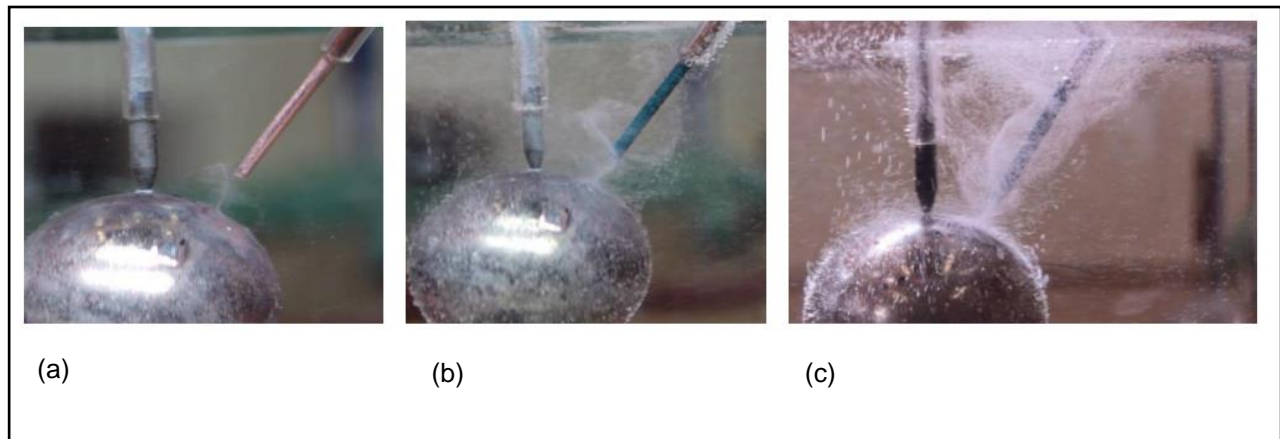


Diagram 15: Visualization of the occurrence of vortex motion in the electrolyte solution: (a) the stage of generation of vortex motion, (b) the formation of a stable spiral-vortex structure, (c) the two layer helical vortex with downward and upward movement.

Regarding the second experiment to test in a constant electromagnetic field, Professor Mitrofanova states that, “It was proposed a physical model of vortex flow generated in a conductive medium placed in a constant magnetic field while creating a potential difference between the electrodes and at their various orientations relative to the magnetic field lines it was noted that thermal physical properties of liquid metals may contribute to the formation of stable helical vortex structures.”

These experiments are like playing in *Akua’s* (God’s) sandbox, but they show that there is a great interplay between different types of energy and vortex formation and power, particularly electromagnetic fields and all greatly influenced by vibration.

Looking closely at the parameters of these experiments, you can see why it is exciting. Inside the earth exist liquid metals, the same medium that Professor Mitrofanova utilized. There are already proven electromagnetic fields. There is sound from all the vibrating atoms and more complex structures resonating through the earth. These factors create stable helical vortex structures. This is a strong indicator that ley lines of extraordinary properties do exist around Earth.

As the person in my generation determined to be of the highest blood lines, I was asked to be King. I have been privileged to know certain Sacred Information which has been passed down from generation to generation among my family. I also have access to others who have the same responsibility and keep significant information from Ancient Times. I do not wish to offend, but Western knowledge is considered “new” to my People. The matter of ley lines is known to me, first, because I can feel them in my body and with my mind, secondly, because knowledge of their existence and use is very old, indeed.

The ley lines are straight lines of energy force except where they intersect each other. Wherever ley lines cross, it creates an energy vortex. The type of energy will depend on the properties of the surrounding area. When several ley lines cross, the vortex will be larger and more powerful. On the ley lines, the energy runs in straight lines for miles. This is the reason they are called Song Lines in Australia. The vortexes are famous around the world as healing places. They provide electromagnetic realignment within the body, insight to the mind from energy patterns, and healing by bringing the body back to normal functioning at the atomic level. If vortexes and the ley lines were visible, they would be like fireworks in the ground. They feel like your spirit is flying at times. They have always been very spiritual places and were considered sacred in Ancient Times by the Iwi Kupunas in Hawaiʻi, by shamans in the Native American territories, by Elders in the Dream Time in Australia and in all First Nation Peoples.

The resonance of the Earth can be influenced by the resonance and can influence the Earth's resonance. They are part of bringing the planet into balanced harmonic resonance.

6.1.8 Huna Practices

Huna was practiced by the Ancient Ones. It is based on seven principles which are all related to vibrational matters. When mastered, these principles bring about the transformation into the Way of Knowing. In his book, *The Four Agreements*, Miguel Ruiz describes domestication as restrictions and limits placed upon the individual during

childhood by parental and societal training. Ridding yourself of domestication allows the freedom of choice to return. This freedom of choice is necessary to allow the Third Mind to “reach” for a connection with *Akua* (God) through the Mana Pathway.

The seven principles are:

***IKE* — The world is what you think it is**

This principle is essentially saying that our consciousness creates our reality. Our perception of reality is subjective and does not necessarily reflect the true objective reality, if such a reality should even exist. If someone thinks the world is full of deception, evil, and hatred, they will only focus their awareness on such matters and become completely blind to anything that would otherwise contradict this perception. Each one of us has the inherent power to transform our reality in any way we see fit. This power has the ability to transform not only oneself, but all those around them.

***KALA* — There are no limits**

In an infinite reality, there is no beginning or end of anything, which signifies the limitless nature of all that is. Anything is possible and self-growth is likewise infinite. There is always a process of being and becoming. With no limits, anything that is infinitely possible, can happen, is happening, and will happen, in its infinite forms.

***MAKIA* — Energy flows where attention goes**

Where someone focuses their attention, that is where a directed energy stream will go. This is how the healing method of reiki works and how the method of prayer works as well. When someone directs their thoughts towards a particular form of sentient energy, such as a loved one, this additional energy will be either in a positive or negative form. Depending whether the thought-forms are malevolent or benevolent, the end-result will be mimicked. Sending positive energy and healing hope will have a beneficial effect. If the contrary is occurring, the opposite will

result. This can be magnified to show its effects on global consciousness. If positive thoughts are sent into the global consciousness, then there will be less animosity, hatred, anger and other malevolent emotions. This was demonstrated to be a reality in the 1987 Harmonic Convergence²².

MANA WA — Now is the moment of power

The power of now is monumental. Existing and living in the present moment does away with the stress of thinking about what-if scenarios or reliving painful memories in an endless loop. All that is, is, and always will be as such. There will be complete inner peace when someone lives in the moment.

ALOHA — To love is to be happy

Love is such a powerful state of consciousness. When love is experienced, it is a feeling that requires something to be happy about. It can be a physical manifestation of energy such as a person, tree, etc. or it may be completely subtle and nonphysical such as the love for existence. This requirement of having something else be a part of the love equation, demonstrates the interconnectedness with all that is, in all its varying frequencies and energy forms. *Aloha* sees no faults. Our higher consciousness speaks to each other with *Aloha*.

MANA — All power comes from within

The individual is the greatest power plant that exists. The mind is more powerful than it is often given credit for. With the power to create, destroy, restore, shift, and change, anything is truly possible for a person to do. Realizing the inner power that each individual has will empower that person to not only completely control their

²² Wikipedia, "Harmonic Convergence", https://en.wikipedia.org/wiki/Harmonic_Convergence

being, but will give oneself the opportunity to share this power with others and create mutually beneficial, equal exchange relationships.

There are some who see *Mana* as a mystic power from heaven. There are others who grasp the concept that it is a political power given to an individual by the people. In reality, it is involved with both. The power from the people comes from them recognizing honesty, integrity, leadership and courage. When this is recognized, the people want such a person to have authority and they naturally follow. This is *Mana*. However, truth, honesty, courage, i.e., walking in integrity also tie into the higher self, the *Aumakua*, which is the part of us that connects with everything else in existence, including *Akua*, the Creator of all things.

It is this resonance between the authority given through naturally recognized leadership and goodness combined with the blessings pouring down from *Akua* to bless the person who is acting in an appropriate way. This power flowing from *Akua* is another evidence for the people and they are drawn to it when a person has *Mana* rising within.

Mana power is also in physical things such as the (Sacred Mountain) *Mauna a Wakea* in Hawai'i. This is why spirit sensitive leaders are drawn to the mountain to hear the energy of the universe and the wisdom of *Akua*. In this sense the mountain is blessed and *Akua* flows through it to the people. So their mana rises when in physical touch with the mountain. The *mana* rises again when they commune with *Akua* in the presence of the mountain. The Creator rises up within a person and is a strength that is seen by others. As you can see, it is a circle, not a single event or experience. It is a being that is tied to everything and everyone and instructs the People in right leadership choices if they are listening. It instructs through a harmony inside and out for the *Kanaka Maoli*. It will do the same for anyone who learns these truths.

***PONO* — Effectiveness is the measure of truth**

Pono is a multi-dimensional measure and impact of truth. In Hawai'i we say that *Pono* includes the great value we place on integrity, the balance you feel in your spirit and way of knowing when all energy supports the act, belief or moment being considered as true, and a sense of deep contentment that all is in alignment or all is good and all is right. This is the effectiveness — the sense that everything is right.

— Edmund K. Silva Jr., Sovereign King

These are the traditional meanings of the seven guiding Huna principles. They are the place of beginning.

6.1.9 *Ho'oponopono*

Gratitude is the greatest vibration that humankind can create. In a search for Western materialism, we neglect to nourish our own souls or to learn what true freedom is. Freedom is letting go.²³

Ho'oponopono is how to let go. It is conflict resolution in a practical sense. It is spiritual enlightenment in the harmonic sense.

The process of *Ho'oponopono* begins with both sides agreeing to “let the sins fall from the hands”. This means that both sides agree up front to level the playing field, i.e. to release expectations, assumptions and blame behind. The *Ho'oponopono* common saying is “that we all go home together at the end of the day.” The end of the process

²³ Sarah K Harrison, “*Learn to Practice and Implement Ho'oponopono*”, September 28, 2016,

<https://sarahkayharrison.com/hooponopono/>

must be kept in mind from the beginning. All agree to reach a fresh resolution and walk away as respected friends.

The straightforward, practical use of *Ho'oponopono* resolves conflict. After the initial cleansing agreement, the process may move through a series of four questions that can assist in resolving and letting go. The four statements are: I'm sorry, I love you, thank you, please forgive me. You find what you have done incorrectly, no matter how small, and you apologize for it as a beginning. You reaffirm your love for the other person. You thank them for all that they have contributed to your life. Then, you ask them to forgive you. This happens on each side and clears the emotions surrounding the issue, turning them from negative to positive, thus making a resolution possible.

Ho'oponopono is a beautiful practice, but what is really happening on a deeper, vibrational level?

Embracing all the information that has come before this, you can embrace *Ho'oponopono* on a very different level. You can approach it from resonance.

Let me use the Hawaiian Sacred Symbol "i" to graph out what is happening on a resonance level.

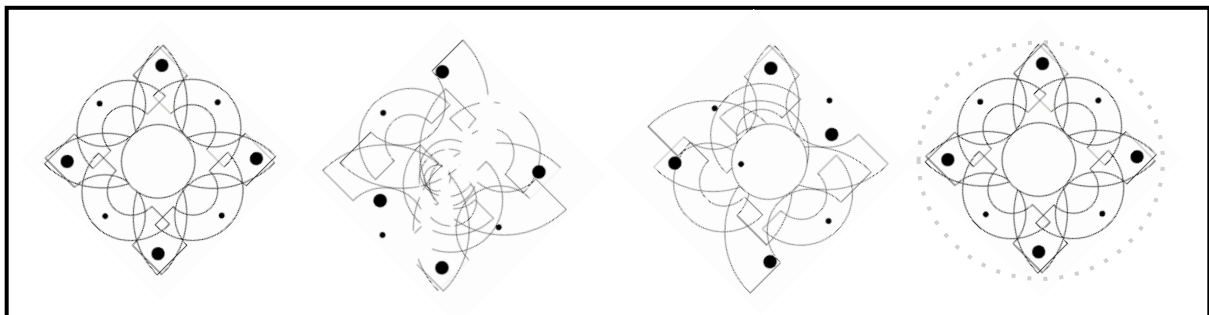


Diagram 16: Original Harmony, Shattered Harmony, Partial Harmony, Enhanced Harmony

We start out in harmony. We have a strong resonance.

When a trauma happens, our resonance can be shattered by the strength of the vibrations involved, or, in other words, our vibrations are quickly and devastatingly altered with no warning. This can have a debilitating effect.

We have discussed the quiet ripples from a drop of water on the calm surface of a lake. Now, perhaps you can imagine in a situation such as rape or physical assault, that the smooth, glass-like surface is instantly shattered by a thousand pebbles hitting at the same instant. From a vibrational standpoint — chaos. This is Shattered Harmony. The original vibrations are almost totally disrupted.

Help may be received or perhaps the individual asks for help. This becomes Partial Harmony. There is an attempt to restore, but it takes real skill to be able to restore vibrational harmony after intense anger or other deep trauma. Many times it degrades the quality of the harmonic resonance. Over time, that decay of the original, beautiful harmony is increasingly dulled down.

When the skill of *Ho'oponopono* is used, balanced resonance can be restored. In a purely human experience, the bonds between the injured parties are often stronger than they were prior to the incident. This is the goal of the *Ho'oponopono* practitioner — to assist the participants back to restored vibrational harmony. When participants return to balance and are stronger, more kind, more loving and forgiving than they were before, they have enhanced the positive resonance of Earth. This is Enhanced Harmony.

From the first statement of “letting the sins fall to the ground”, vibration has changed from hostility to hope. Now, let's look at those four steps of *Ho'oponopono* again, this time with skill from the *Ho'oponopono* Practitioner's view.

1. **I'm sorry.** Is the Participant ready for *Ho'oponopono*? Have their vibrations calmed down enough to identify the area of hurt which they caused as well as the hurt that was brought to them? Does it feel *Pono*?

2. **I love you.** Is there consistent resonance between the statement and the person's vibration? Does it feel sincere to the heart? Is it *Pono*?
3. **Thank you.** Has the individual put thought into this thank you? Have they raised their resonance during the thought process? Is the other person's response showing that they feel a genuineness behind it? Is the person resonating gratitude? Is it *Pono*?
4. **Please forgive me.** How is the vibrational harmony? Does this statement reflect the ability to let go? Are the vibrations balanced? Is the individual showing balanced resonance? With both individuals together, do you feel your own resonance enhanced? When you send resonance to the individual does it absorb and blend or is it bounced off and distracting to the harmony? Do you sense a connection with *Akua* for them through the Third Mind?

Each step is repeated until the Practitioner feels the vibration reach balance. The process concludes only after a stronger enhanced balance is in place.

This is an involved process for the Practitioner as well as for the Participants. It requires a balanced vibration for the Practitioner after the process or the process is not complete. There are brave and compassionate Ho'oponopono practitioners in The Kingdom who are very skilled at this practice.

This is a difficult process to accurately portray in writing. It is much better to be experienced, for it is life-changing. There are those experiencing it for the first time that tell me they feel loved, unconditionally loved, for the first time in their lives.

The *Ho'oponopono* practice can occur between individuals as we just discussed, or it can work on the same principles with the leaders of countries. Resonance is resonance. It does not lie.

7. The Evils that Shatter the Earth's Harmony

We have spoken of many beautiful things. Surely your vibration has been lifted up. Please observe how you feel for a moment. Pause and take in the breath of life, the Ha.

Are you aware of the state of your resonance?

Now, read the following paragraph, pausing after each word.

Suffering, hardship, loss of life, destruction of the planet, greed, pedophilia, cries of the children, cheating, starvation with no hope, torture, genocide, theft, breach of trust, fraud, rape, pollution, planned lowering of the population through pollution, domestic violence, assault, medications, war, maiming, cancer-inducing chemicals purposely used, lies and deception, addiction, murder, displacement, sorrow, terror, and corruption of all types.

Has your vibration fallen? Has it shifted in feel? Do you feel different? Learn to read and sense the differences in your resonance.

Please take a moment to cleanse yourself with the breath of life once again, the Ha. Take your time. Breathe until you feel a calming of your spirit, please. It is important to quickly shift out of such negatives so that you are not broadcasting harmful vibrations.

When you are ready, then proceed to read again.

7.1 The Dissonance Cycle

In ancient times, our Ancestors describe coming from a “dark time”. This was when an age where great enlightenment and civilization abounded, but was utterly destroyed. This was before they took to the ships in search of new land. Part of the impact of the darkness and loss of sophisticated culture was to leave where they had been, and travel into the unknown. They finally discovered the Hawaiian Archipelago and settled into the Islands. In early stories, life was seen as a tragedy because they lost their advanced society. We know that they were very knowledgeable in ways we could hardly comprehend now.

The Dark Time came after a great war which devastated the world. The end of that world was the beginning of ours. My family goes back to this time at 316 B.C. They retained all the Sacred Knowledge that they could, and set about transforming themselves to fit their new world.

This Sacred Knowledge has been carried down to our generation, in part by oral chants and at times by individual families who were charged with keeping the information intact, sacred and withheld from the public until the appropriate time. The Sacred Knowledge which I have seen and heard, contains indications that they held immense knowledge of the heavens and how they worked. They developed advanced skills in medicine, metalworking, ocean faring, of food and clothing, in addition to all forms of science. We know that they understood ley lines. This assisted them in using free energy on the planet. They interacted with the Star People regularly.

Sacred Knowledge is contained in many of the First Nation Peoples of Earth. It is time to use this information wisely. It is time to act as One People of the Earth. Saving the Earth requires everyone.

We, the First Nations, have been directed through DreamTime by our Ancient Ones, our earth is approaching a great danger. We are experiencing a cycle of negative frequency on the planet where the level of evil has generated an immense Dissonance that is now likely to destroy the planet.

How does evil destroy a planet? When it fills it with highly destructive Dissonance. Dissonance can break the planet apart.

Dissonance should not be underestimated. Neither should balanced harmonic vibration or resonance as a solution.

Mother Earth has *Mana* (life force) within it. It is possible to harm the *Mana*. Harm occurs when those that dwell on the earth create Dissonance.

What is Dissonance? Dissonance is a jarring clash which results from combining two or more incongruous elements together. Dissonance can be felt as a war between two or more incompatible frequencies. It buzzes. It itches. It causes mental anxiety. It makes the soul anxious and uncomfortable. At its worst, it can disable and destroy.

Evil causes harmful discordant vibration at the atomic level as more and more particles are excited and are not paired properly with their counterparts. Dissonance is low frequency vibration. Harmony is high frequency vibration. They cannot exist together in strength. Only one or the other dominates. At the present time, Earth is dominated with evil frequencies. As this Dissonance increases, the planet literally shakes and trembles, as it tries to expel the harmful frequencies. We see this in the increasing tectonic plate shifts and in the earthquakes, volcanic eruptions, and mega-storms all over the planet.

There is a naive view today that we live in the most peaceful era in the history of the world. This is not *Pono* (truth). There is a sickness in the People of this world that has grown quietly. It is so subtle in most cases that it is hardly recognized. It is difficult to fight. This sickness is corruption and the face it wears is terrorism.

7.2 Corruption and Negative Frequencies

Corruption has reached very high levels, invading all levels of government, leadership, commerce, religious institutions, and other organizations.

Corruption haunts our families and our neighborhoods. It stalks our youth, our innocent children, the elderly, and our spouses. No one is safe.

When we think of terrorism, it is easy to think only of the extremists who kill violently, yet, it is the insidious infiltration of society that does the most harm. That infiltration is threatening the planet and our very existence.

Corruption delights in overt control of People, but this terrorism is so subtle that the public is largely unaware of it as they go about their daily lives.

Corruption is the underlying soil supporting a field of rapidly growing greed, control, genocide and population control. Corruption is every form of evil wrapped into one.

— Edmund K. Silva Jr., Sovereign King

Corruption is the scab on a very deep wound. It is corruption in institutions such as law enforcement and government that allow terrorist organizations to expand out of control. The infiltration of those motivated by greed and power over others is complete. This negative vibration is filling every country, every city, and nearly every organization. There is nowhere to hide from it.

Following are excerpts from the “Global Terrorism Index 2019 Measuring the Impact of Terrorism”, produced by The Institute for Economics & Peace, an independent, non-partisan, non-profit think tank headquartered in Sydney, Australia.

“Although the intensity of terrorism has diminished its breadth has not, with 103 countries recording at least one terrorist incident in 2018, and 71 countries suffering at least one fatality in the same year. This is the second worst year on record for the number of countries suffering at least one death, and highlights the need for continued assertive international action to combat terrorism.

In the coming years it is likely that much of global terrorist activity will still come from a small number of regionally based Islamist/jihadist militant movements that control territory.

The global economic impact of terrorism was US\$33 billion in 2018, 38 per cent lower than in 2017. Compared to other forms of violence such as homicide, armed conflict, and military expenditure, terrorism is a small percentage of the total global

cost of violence, which was equal to 14.1 trillion dollars in purchasing power parity (PPP) in 2018. It should be noted that the figures for terrorism are conservative as they do not account for the indirect impacts on business, investment and the costs associated with security agencies in countering terrorism.

Terrorism also has wide-ranging economic consequences that have the potential to spread quickly through the global economy with significant social ramifications.

One of the more worrying trends is the surge in far-right political terrorism over the past five years, although the absolute number of far-right attacks remains low when compared to other forms of terrorism. In North America, Western Europe, and Oceania, far-right attacks increased by 320 per cent over the past five years. This trend has continued into 2019, with 77 deaths attributed to far-right terrorists to September 2019.

The number of arrests linked to right-wing terrorism in Europe in 2019 increased for the third year in a row. However, the level of political terrorism in the West was much higher in the past. In the past ten years there have been 322 terrorist attacks classified as either far-left or far-right, compared to 1,677 attacks between 1970 and 1980.

Far-right terrorism is also more likely to be carried out by individuals unaffiliated with a specific terrorist group. Nearly 60 percent of far-right attacks from 1970 to 2018 were carried out by unaffiliated individuals, compared to under ten per cent for both far-left and separatist terrorist groups. The rise in politically motivated attacks by unaffiliated individuals comes at a time when Positive Peace is declining across the West. The US had one of the largest deteriorations in Positive Peace, with its score deteriorating by 6.7 per cent over the past decade. Declines in Positive Peace are usually associated with higher levels of social disorder.

The research also found that armed conflicts with high levels of terrorism tend to last longer and be more deadly. In conflicts where the primary rebel or insurgent

group started as a terrorist group, the average length of the conflict was 33 years, compared to 17 years for conflicts where the insurgents did not start as terrorists. There is also a strong correlation between battle deaths and the number of terrorist attacks where the two increased or decreased in tandem.

Terrorist attacks in conflict countries are also three times as lethal as terrorist attacks outside of conflict, and are much more likely to target police and the military. By contrast, terrorist attacks in non-conflict countries disproportionately target tourists, business, and the media.

There has been a growing trend of increased female participation in terrorism, although still a small percentage of all attacks. Between 1985 and 2018 there were 300 suicide attacks involving at least one female. These attacks killed over 3,000 people. The trend has intensified over the past five years, with the number of female suicide attacks increasing 450 per cent between 2013 and 2018.

71 countries recorded at least one death from terrorism in 2018, the second highest number of countries since 2002.

The global economic impact of terrorism in 2018 amounted to \$33 billion in constant PPP terms, a decline of 38 per cent from its 2017 level.

Bombings and armed assaults have been the most common type of terrorist attack over the past two decades.

'Far-right' refers to a political ideology that is centered on one or more of the following elements: strident nationalism (usually racial or exclusivist in some fashion), fascism, racism, anti-Semitism, anti-immigration, chauvinism, nativism, and xenophobia. Far-right groups tend to be strongly authoritarian, but often with populist elements, and have historically been anti-communist, although this characteristic has become less prominent since the end of the Cold War. Groups that are strongly anti-government are not necessarily far-right, although there is a subset of anti-government groups in the US that have been classified as far-right.

Not every group or organization with any of these characteristics can be considered far-right, and not every far-right group is automatically violent or terroristic.

Incidents of far-right terrorism have been increasing in the West, particularly in Western Europe, North America, and Oceania. The total number of incidents have increased by 320 per cent over the past five years.

In 2018, total deaths attributed to far-right groups increased by 52 per cent to 26 deaths. To the end of September in 2019, 77 deaths have been attributed to far-right groups.

Deaths have been increasing year on year for the past three years, from 11 deaths in 2017, 26 deaths in 2018, to 77 deaths by the end of September 2019.

However, far-right terrorism remains a small fraction of total terrorism worldwide. Even in the West, historically nationalist or separatist, Islamist, and farleft terrorism has been much more common. The three largest politically motivated terrorist attacks in the West in the last 50 years have been perpetuated by far-right extremists.

Far-right terrorism in the last ten years has become increasingly associated with individuals with broad ideological allegiances rather than specific terrorist groups.

In the last decade, one in three mass shootings have been classified as a terrorist attack, compared to one in five over the last 40 years.

The US has had one of the largest deteriorations in Positive Peace, deteriorating by 6.7 per cent.

The fall in Positive Peace in the West in the last decade has increased the likelihood of a continued increase in politically motivated violence in the next

decade. There were 270 politically motivated terrorist attacks between 2013 and 2018.

At least 84 people have been killed in politically motivated terrorist attacks in 2019 thus far.

"Far-right terrorism in the last ten years has become increasingly associated with individuals with broad ideological allegiances rather than specific terrorist groups." The last decade has seen a significant increase in both the level of conflict and the impact of terrorism around the world." (Emphasis added).

— Global Terrorism Index 2019 Measuring the Impact of Terrorism

7.3 Destructive Level of Negative Frequencies

The decaying, rotten fruit lying on the ground beneath the Corruption Tree are the rotting corpses of the innocent victims of pedophilia, child trafficking, sex slavery, satanic sacrifice, sexual abuse, and domestic violence. The profitable crop: getting away with it.

— Edmund K. Silva Jr., Sovereign King, 2020

The world can no longer put its head in the sand and ignore the rise in evil. Though many causes are stated, the low frequency vibrations are the insidious cause of planetary activity that is a slow, systematic breaking of the planet.

There are many causes for the low frequencies. Pollution with its attendant lack of concern for the harm it causes. Mental illnesses and cancers coming from knowing individuals who are purposely injecting chemicals into our microbiome that are known to be destructive, and doing so without conscience. Domestic violence.

Now, the Novel Coronavirus, COVID-19, is causing planetary fear and anger at very high levels. Lengthy restriction on movements and stay-at-home confinement are increasing negative vibrations as strong emotional reactions seep into the resonance.

7.3.1 Case in Point: Sound Sickness

“At the right frequency, one might not even realize it’s happening Consider an analogy: Light from the sun. You can’t see past the ultraviolet part of the spectrum, yet it can burn your skin, produce skin cancers, and X-rays and gamma rays can kill.

With sound as the culprit, at the right frequency, amplitude and duration, your health may be at risk. Go to a heavy-metal concert for an hour or so (it is hoped without ear damage). However, nausea might be a side effect. In that situation, sound has made the body vibrate and react.

The span of sound that a person hears is termed frequency range; the unit of measurement, Hertz (hz). Although there is considerable variation between individuals, the hearing range is commonly accepted to be 20 to 20,000 hz.

To place that in perspective, the low frequency of a tuba is 29 hz and of a bass 27 hz. Below 20 hz, it’s called “infrasound.” Those sounds are imperceptible to the human ear, but the body hears it, although one may not be aware of the bombardment.

These sounds might occur from the whirl of motors, water pumps, construction-site noise, an equipment room near your residence, or close-by traffic.

Daria Vaisman, a research editor at the New York Press, told of an incident with Walt Disney and his team of cartoonists. After they slowed down a 60-cycle tone in a short cartoon to 12 hz, they became sick for days afterward.

A good example of extreme low frequencies that might be encountered is the church pipe organ. It can cause sensations of sorrow, coldness, anxiety and even shivers down the spine.

Sounds around 19 hz match the resonant frequency of the human eyeball, with reports of apparitions as detailed by the Coventry Telegraph newspaper.

The most dangerous frequency is at the median alpha-rhythm frequencies of the brain: 7 hz. This is also the resonant frequency of the body's organs. At high volumes, infrasound can directly affect the human central nervous system, causing disorientation, anxiety, panic, bowel spasms, nausea, vomiting and eventually organ rupture or even death from prolonged exposure.

The first documented attempt to reproduce the infrasound effects was by Vladimir Gavreau in 1957. He became interested in infrasound when asked to cure a case of "sick building syndrome."

The staff at a research plant in Marseilles, France, were mysteriously falling ill. Chemical or pathogen poisoning was suspected, but Gavreau eventually traced the origin of the illnesses to air conditioning units' rotating fans that were generating low-frequency sound waves.

Gavreau began to experiment with low-frequency acoustics with the intention of creating a viable audio weapon for the French military. Several prototype designs were produced, christened "canon sonique," consisting of piston-driven tubes and smaller compressed air horns and whistles.

Gavreau and his team tested the instruments on themselves at the Marseilles plant, with unexpected results. One of the team members died instantly, "his internal organs mashed into an amorphous jelly by the vibrations."

Fortunately, they could turn it off quickly. Even so, others in nearby laboratories were sick for hours. Everything was vibrating: stomach, heart, lungs.²⁴

— Bill Khan

As King, I receive private information regarding weapons production around the globe. There are many destructive mechanisms which exist or are being developed by many countries. Each of these uses adds to the negative energy disrupting the planet. If used on a larger scale, dangerous amounts of negative frequencies can create chaos emotionally as well as disrupting the planet itself.

7.3.2 Case in Point: Lethal Negative Emotion Vibrations

All atoms on the planet produce, receive and emit (send out) energy and operate at specific frequencies. The “signature” of various combinations of atoms are the unique electro-magnetic fields generated. These combinations of atoms include everything on the planet; humankind, animals, plants, and the tissues, cells, organs, blood and body fluids. They include our thought patterns and our emotions. It includes the air, the earth and basically everything around us, below us, or above us. It includes the microbial world of fungi, microbes, pathogens, viruses and allergens. All of it. And everything produces their frequency, each unique, each representing the *Mana* (life force) within.

Life is extraordinary!

Everything on this planet, including animals, plants, and water are made of atoms which produce, emit, and receive energy which operates at a specific frequency. Everything –

²⁴ Bill Khan, Fredericksburg.com, “COLUMN: Low-frequency sound is silent, but it can kill you”, December 28, 2017

https://www.fredericksburg.com/opinion/columns/column-low-frequency-sound-is-silent-but-it-can-kill/article_dbe57e07-8d66-5af6-aad3-ab21fbef58a.html

all our tissues, cells, organs, emotions and thought patterns – have their own unique electro-magnetic fields, as do allergens, viruses, bacteria and fungi.

According to Dr. Candace B. Pert, author of *Molecules of Emotion*, emotional memories of the subconscious mind are stored in our glands, organs, tissues, and cells. She states that the body is the storage facility for frequencies created by emotion at the atomic particle level. It is apparent that our physical body frequency can be changed by the emotions we experience as the combined frequencies of all the components of our body shift. This is a major part of learning to understand our own resonance.

The frequencies generated by emotion can affect the body in a positive or a negative way. As we look at the Dissonance in the world's vibrations, we examine the negative impacts, both to ourselves and to the planet itself.

“An interruption or distortion in the range, strength, and coherency of the body's electromagnetic energy system leads to a breakdown in the body's self-healing mechanisms,” says naturopath Stephen Linsteadt, co-founder of Natural Healing House and co-author of *The Heart of Health: The Principles of Physical Health and Vitality*. “Our thoughts and emotions are also frequency patterns and have a direct relationship on the integrity of our energy field,” he continues. “A disruption in our consciousness can create an area of stagnation or incoherence in our bodies that can derail DNA transcription, suppress T-cell and NK-cell activity and other immune system functions, and lead to chronic and degenerative illnesses, depression, and other psychosis.”

Those instigating corruption world-wide are taking advantage of factors which will promote the production of disruptive frequencies, particularly in the body. One such factor is medication. Each medication introduced changes the frequencies of those using it. As the medications move through our system, they enter the public water supply and then affect animal and microbial life which also start producing negative frequencies. As you can imagine, this adds to the total Dissonance.

7.3.3 War and Genocide

There is conflict everywhere you turn today. These are turbulent times. Is the Novel Coronavirus, COVID-19 a weapon in the hands of a clever enemy? If we live in such a peaceful time, then why is the world in a refugee crisis? Why are there so many wars? Why is genocide occurring and why hasn't it been stopped by the "civilized world?"

I will share with you what it has been like for me to be born, to grow up, and to live as an adult within one of the Indigenous societies that lived through genocide.

What happened to destroy such beautiful, loving people as the First Nations? Oh, that my beloved Kingdom of Hawai'i was the only Indigenous nation to live through such atrocity. It is not. You cannot imagine what it is like to have everything you know and love be the target of those who desire to utterly destroy you, even to the point of taking your life. It is difficult to discuss genocide without sending the vibration of sorrow into the resonance.

There are many in the world who do not know of the Doctrine of Discovery or Colonialism. Both the Doctrine of Discovery and Colonialism involve a publicly accepted attitude, which is wiping out the culture, traditions and worship beliefs of a nation. In addition, such policies rationalize taking the lives of the People themselves, as if they are of no value. It is prejudice in the extreme.

For all Indigenous People, this was the beginning of being invisible while our Nations and our People were treated as subhuman beings. It became "holy" to exterminate our cultures and traditions, our homes, our governments, our families, our little children and even to kill us. Such extermination became a warped effort to perform God's will.

The Doctrine of the Discovery has allowed "civilized nations" to rationalize heinous behaviors against Indigenous People throughout the centuries. Forced removals such as the Trail of Tears, seizure of natural resources, destruction of traditional languages, destruction of their culture, sterilization of Indian women and the disruption of Indigenous communities are all examples of implementation of the concepts of 'discovery' and

‘dominance.’ The Vatican Papal Bulls of the fifteenth and sixteenth centuries actively encouraged the subjugation of Indigenous Nations and the enslavement of African people. The secularization of the Doctrine in the United States and elsewhere perpetuated subjugation and its consequences²⁵.

The Documents clearly indicate Indigenous People were considered subhumans, not even capable of owning land²⁶. The origin of the doctrine goes back to the Papal Bulls documents first issued by Pope Nicholas V in 1452 and 1455 respectively. European countries like Spain, Portugal, England, France, and Holland used the doctrine²⁷ as an Order to commit evil. The first two documents allowed the invasion and killing of the Indigenous Peoples.

The Vatican’s Doctrine of Discovery, clearly outlined in the 1493 Papal Bull *Inter Caetera*, it states that any land not inhabited by Christians is available to be discovered, claimed, and exploited by Christian rulers. It declared “the Catholic faith and the Christian religion be exalted and be everywhere increased and spread, that the health of souls be cared for and that barbarous nations be overthrown and brought to the faith itself.” These heinous criminal writings have never been rescinded and stand as testament to the motives behind Colonialism and the atrocities committed under it.

This Doctrine of Discovery was used to facilitate European claims in the Americas as well as provided the foundation for claims in the United States during their Western expansion. Demonstrating the worst moments of self-deception, the U.S. Supreme Court case of *Johnson v. McIntosh* in 1823, indicates Chief Justice John Marshall’s Supreme Court

²⁵ New England Quaker, The New England Meeting of Friends Quakers, Footprints of the Doctrine of Discovery, <https://neym.org/rsej/doctrine-of-discovery/about>

²⁶ Pope Alexander VI, *The Papal Bull "Inter Caetera"*, May 4, 1493

²⁷ Daniel N. Paul, We Were Not The Savages; First Nation History, *Doctrine of Discovery*, <http://www.danielnpaul.com/DoctrineOfDiscovery.html>

opinion stated that a unanimous decision held “that the principle of discovery gave European nations an absolute right to New World lands.” In essence, American Indians had only a right of occupancy, which could be abolished²⁸.

The Doctrine of Discovery justified a genocidal destruction of Indigenous People and led to the suppression of Indigenous knowledge, the Indigenous Way of Knowing, and Indigenous cultures and traditions. Indigenous Primal Religion was misrepresented and misunderstood as a polytheism worship of multiple Gods. This is a misconception that stands even today. Colonialism replaced the First nation knowledge with the foreign culture of the conquering nation. Indigenous children were forced from their families and any evidence of their culture at a young age, dressing, cutting and styling their hair, and worshipping as the conquering nation did. They lost the use of their language. Any reference to the Primal Religion was held as blasphemy and ended in the loss of the stories of their Ancient Ones and the traditions of the Elders. Children were kept from any ability to learn the Indigenous Way of Knowing. They were forced from land that was their natural inheritance for untold generations.

The true measure of horror from the Doctrine of Discovery is difficult to measure. One must look at the loss of the children, grandchildren and great grandchildren. They are now being raised in a way that leaves them completely unaware of what they have lost. Planned from the initial contact, the separation of the children from their native culture, allowed the conquering people to teach the children to respect the conquering nation instead of their own People and history. They did not even know who they were. This is the greatest tragedy to the Elders. There is no one to pass the history to; no one to hear the stories that have been kept since before Christ’s birth. What better way to break the hearts of millions of people?

²⁸ Pope Alexander VI, The Gilder Lehrman Institute of American History, “*The Doctrine of Discovery, 1493 A Spotlight on a Primary Source*”, May 4, 1493, <https://www.gilderlehrman.org/content/doctrine-discovery-1493>

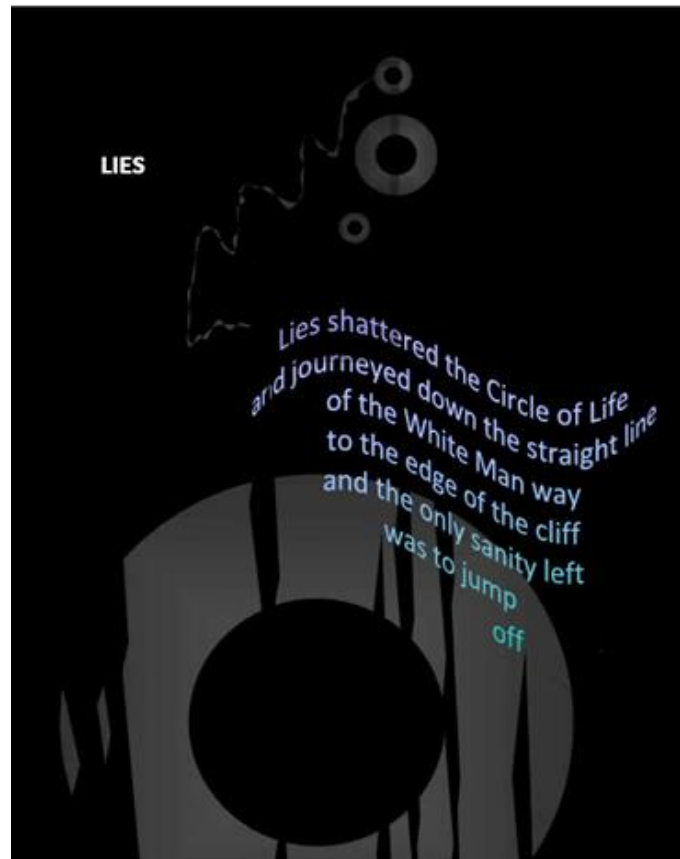


Diagram 17: `A`ohe Inoa, “Lies” represents the destruction of the Indigenous way of life and the sense of loss felt by the loss of all culture and traditions.

There are no greater Infectious diseases plaguing the human family than the Immoral Unconscionable Fraud against another human-being; Murder, Rape, Treachery, and Premeditated Criminal Acts caused by unkept promises. These unkept promises left behind Broken Bodies and Decapitated Spirits. The Root cause, COLONIALISM - Broken Treaties, Theft of a Nation, the Doctrine of Discovery that eviscerated original people, and Genocide, is 'The Great Evils' of unkept promises against Indigenous Nations.

— Edmund K. Silva Jr., Sovereign King, 2005

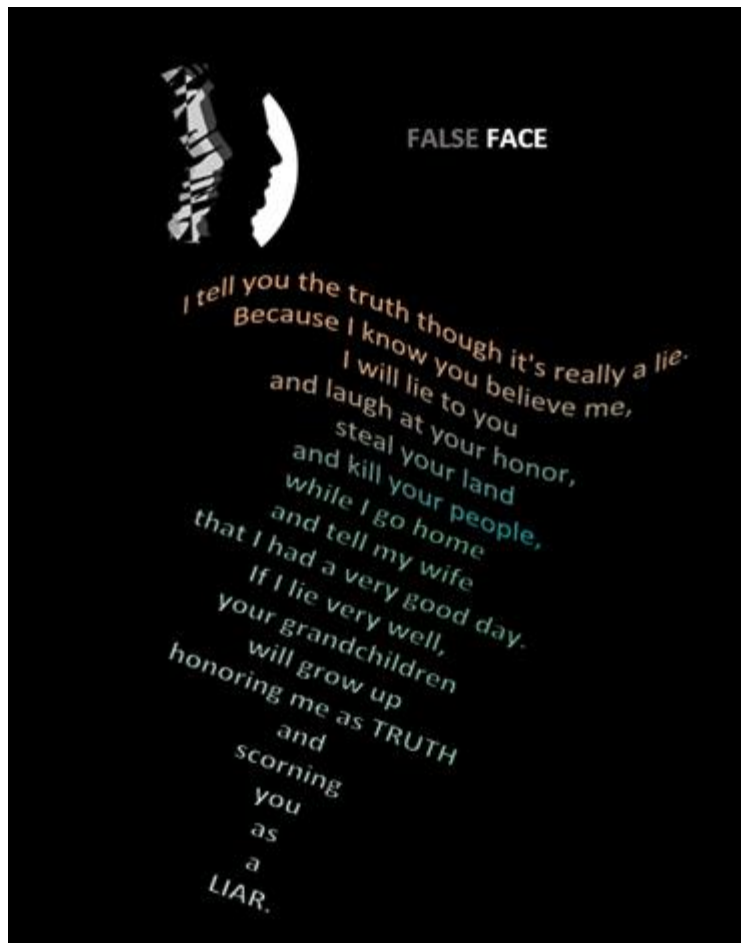


Diagram18: `A`ohe Inoa, "False Face", a poem regarding the tragedy of replaced culture among Indigenous People and the corruption of the lost children that result.

No one knows what it is like to be beaten until they have been beaten.

No one knows what it is like to be raped until you have been raped.

No one knows what it is like to witness satanic sacrifice until it is forced upon a family member.

No one knows what it is like to go through genocide unless you are one of the only ones left to remember what once was and is no more.

Indigenous are uniquely qualified to police genocide as they have experienced it directly.

We have seen it. We have lived it. We have survived it.

We can help protect against it.

Those that would destroy the world have crept into every crack and crevice of society. There is no safe place left. If we are naive now, it will be the last time. The world is in its last moments. It will take all of us, every one, to stop the tide of destruction to the planet and to people and to turn it around.

The disturbance of the resonance of millions of starving people affects all of us and is destroying the planet's resonance. Adding to the vibrational Dissonance are refugees in massive numbers, increasing cancers, and millions of homeless. We also are allowing the poisoning of the seas. Why do people so disregard the oceans? If the oceans go, so do we. All of these are affecting the planet.

The most tremendous damage from the Doctrine of Discovery does not lie in the past, but in the present where it resides in the minds of the public who have been led to believe that Colonialism is actual history and that it is a noble and true pursuit. Those Indigenous children raised in foster homes or born outside of their countries may not even know the truth of their own history and the continuing lie that is perpetrated against them and their heritage. The leading politicians were greedy for military power, resource enrichment and strategic geography. This mindset still permeates Western strategies even today. Even more menacing is the mindset of the Doctrine of Discovery that allows modern politicians to justify taking over and keeping Indigenous countries and territories that are not theirs.

The Doctrine of Discovery statements are not true and never were. The real truth of the worthiness and value of Indigenous people is incontrovertible. The Doctrine of Discovery, an evil and vile document, was utilized to destroy the Indigenous People of Hawai'i, the Americas, and all Indigenous cultures throughout the world.

— Edmund K. Silva Jr., Sovereign King

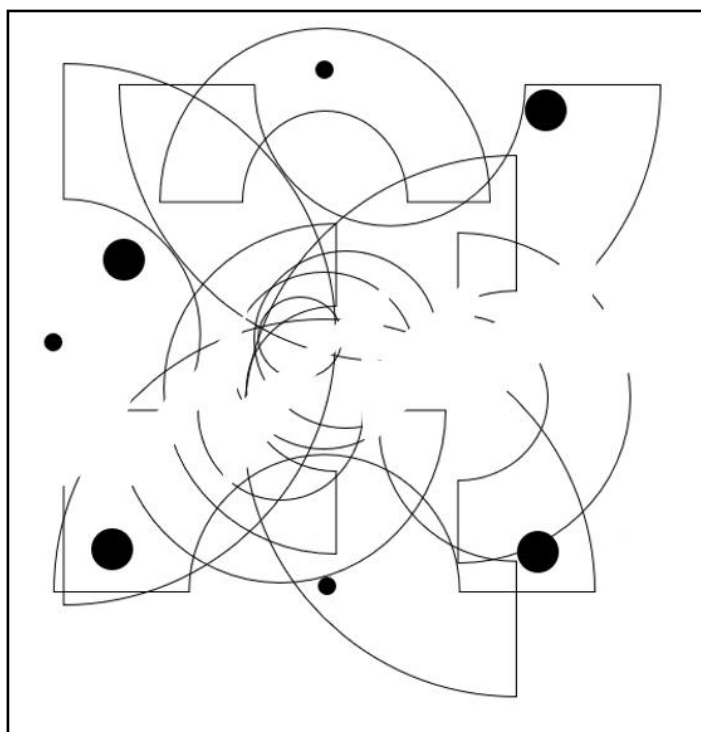


Diagram 19: Shattered Harmony; Dissonance.

7.3.4 Crisis Point

The extremely high bombardment of the planet by negative frequencies from so many sustained sources is nearing explosive Dissonance. In the Sacred Knowledge, we are made aware that Earth has faced these crises before. Each time it has forced a

transformation and restart for the human race and all life on the planet. This is how the planet rids itself of the Dissonance. Our Prophecies tell us that this is the last time humankind has an opportunity to correct the Dissonance. If we do not, our world will continue down a path to ultimate destruction.

It is my Indigenous-based belief that Mother Earth is in great sorrow. Unfortunately, there are not many who realize it.

We face a Crisis Point of great magnitude.

It has been scientifically measured that vibrations in the earth increase at different times and that they are currently rising. There are many speculations as to why. I do not discount other's theories. I simply present my own Indigenous knowledge.

I have observed that there is a tremendous increase in energy streaming into the earth from space. This phenomenon is well documented. This is beginning to interfere with cell phone use. Lines are dropping frequently. This will become worse, based on the resonance in my Way of Knowing.

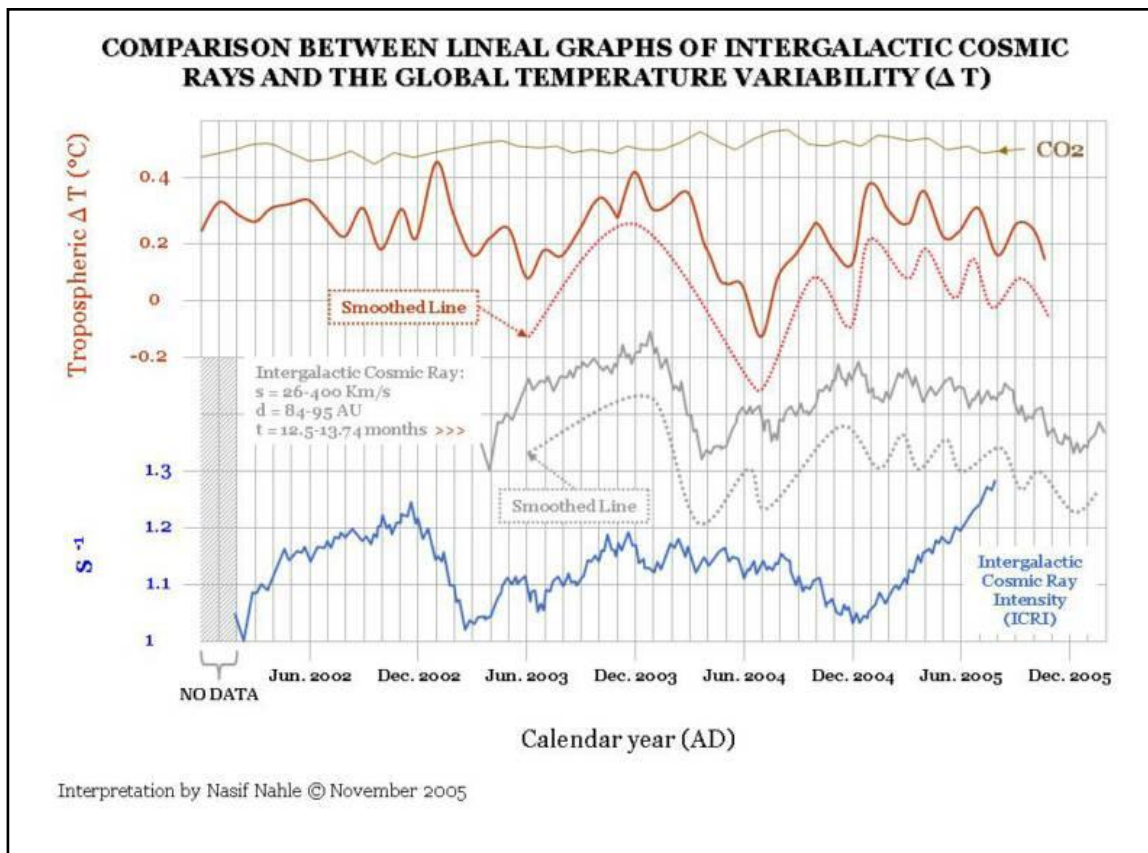


Diagram 20: Intergalactic Cosmic Ray Intensity (ICRI) indicates increasing bombardment that is affecting cell phones.²⁹

One clue to the imbalanced resonance within the earth is the activity at super volcano sites world-wide. I have observed the Yellowstone location in the United States, the very dangerous site in Iceland, Uturuncu in Bolivia, Santorini in Greece, the Campi Flegrei in Italy and the Laguna del Maule in Chile. These major hot spots are exhibiting “inflation”, a situation where the ground begins to rise. This is a sign that pressure is building up and an eruption is getting closer. In the Islands, we grow up with volcanoes under our feet and in our blood. The force can be felt at this time.

²⁹ Nir J. Shaviv, Racah Institute of Physics, “LONG-TERM VARIATIONS IN THE GALACTIC ENVIRONMENT OF THE SUN”, Hebrew University, Jerusalem, Israel, September 19, 2004, <http://old.phys.huji.ac.il/~shaviv/articles/ShavivChapter.pdf>

The World Harmony has tried to right itself to the best ability of our current civilization, however, it cannot be done properly without correcting the Dissonance. It results in a Partial Harmony. A Partial Harmony is not enough to prevent the coming destruction.

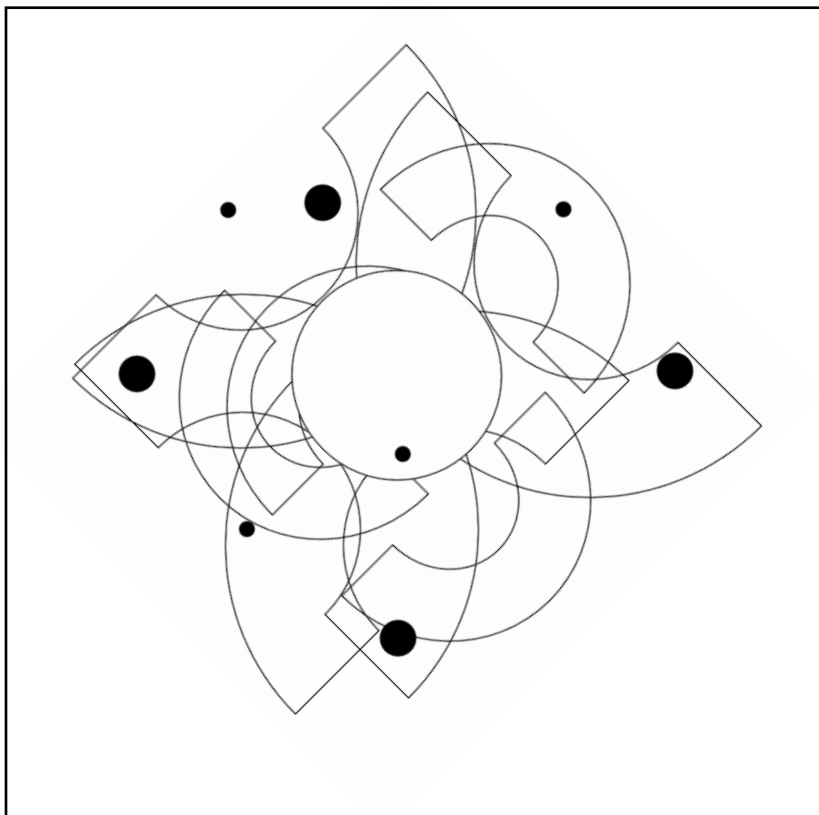


Diagram 21: Harmony Partially Restored

8. An Answer Through the Way of Knowing

Based on the wisdom the First Nation Peoples and myself as well as our Iwi Kupunas (Ancient Ones), we know that there are certain vibrations of the planet that have been greatly disturbed beyond the point of return, unless the People of the entire world join together and receive instruction from the Rainbow Warriors in the Way of Knowing and harmonics repair. The Indigenous have attempted to reach the People of the earth and assist with this information, but there has been little to no response.

As the Dissonance is thrown off, most life will perish.

I will now share with you the royal perspective on vibrational harmony, combined with knowledge from the Ancient Ones, as I received in my Way of Knowing. See the beauty unfold of how these seven principles of Huna work together to achieve balanced resonance.

In releasing this information, I ask for your respect. In many ways, this Dissertation represents a doorway for both the Western education institutions and the Indigenous Peoples. Respect is the threshold and must be given to cross over to understanding. This information will show the profound understanding that comes through my family to bring awareness to the world as needed. It has been needed before. It is very much needed now.

Let us examine the seven guiding Huna principles, but let us look at them through educated “vibration eyes” as *Mana* rises within our spirits.

***IKE* — The world is what you think it is (vibration view)**

From a vibrational standpoint, nothing could be more correct! What you envision is as real as the vibration it creates and sends out to the universe. Akua (God) receives these vibrations and knows your heart.

KALA — There are no limits (vibration view)

If you can envision it, then it exists in vibration. If you can create the vibration, it is possible. Your vibration creates reality so unfold your mind and heart to your full resonance.

MAKIA — Energy flows where attention goes (vibration view)

Energy flows before action. The thought precedes the act. Sigmund Freud said, “Thought is action in rehearsal.” That is Pono (truth). You may also say that vibration follows vibration. The thought activates the destination and the vibration runs the path to it.

MANA WA — Now is the moment of power (vibration view)

Because vibration comes from thought, our thought becomes very powerful. It means that we can control our thoughts; therefore we control our vibration. We control what it is like. We control what it does. We control how powerful it is. We control how loving and grateful it is. It must not be abused for there is a responsibility to use it honorably in order to keep the balance in the world resonance.

ALOHA — To love is to be happy (vibration view)

Love and gratitude are the strongest vibrations. In this case, Aloha is more than love. Aloha is gratitude for the other person so that you greet them with the Ha of life. Kapu Aloha is an agreement to approach enemies without anger and treat them with respect. This leads them to treat you the same way. This greatly raises the resonance of People but pours tremendous energy into the world resonance as well. This love of the world and all things in it is they key to turning around today’s major planetary issues.

MANA — All power comes from within (vibration view)

Of course, it is now clear that all power comes from within for you know that all vibration begins within. What great cause for rejoicing! *Akua* (God) entrusts us with the power of being alive and using it as he would. He has given us the vibration that makes us living beings. He created our resonance and it floats to heaven as music of the eternities. It is

within our power to make major changes through vibration. It is our responsibility to learn this power and to use it for good.

PONO — Effectiveness is the measure of truth (vibration view)

This is the true measure; have we used vibration to make the world a better place than when we came here? This is the Fourth Heaven and all humankind, together, can raise, repair and balance the resonance of Mother Earth once again.

The seven principles look very different now, from this new perspective. Knowledge is power and power grows with each new understanding.

Just within reach inside each of you now lies the potential for the experience of unity.

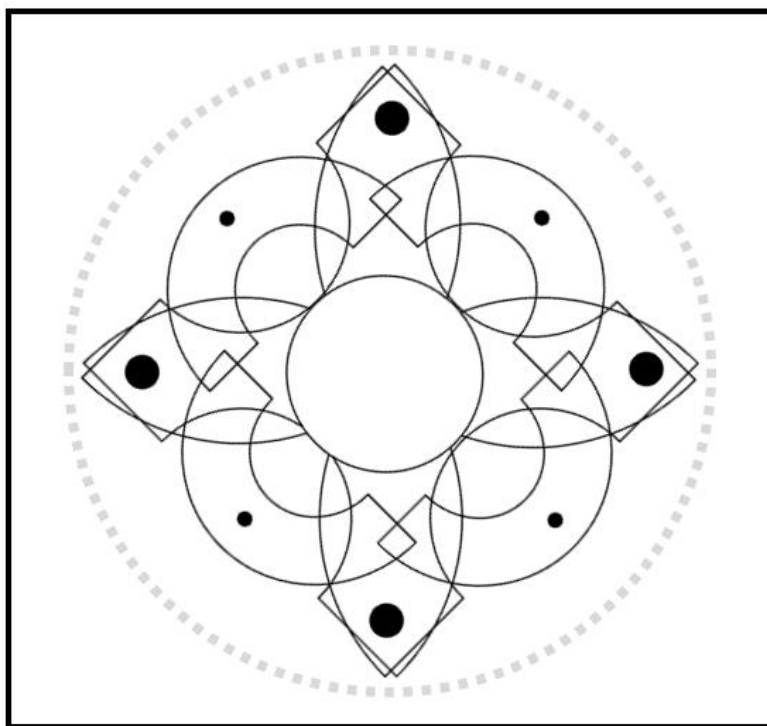


Diagram 22: Enhanced Harmony individual resonance with enhanced outreach looking for others.

Through personal effort and *Mana* inspiration, each individual may receive the choice to participate in the healing of our world in a very personal manner. Each person has the right to experience the transformative power of Enhanced Harmony and to feel perfectly balanced vibrational harmony within.

This inner experience allows the person to reach outward and to link together in vibration, healing and calming the planet's resonance.

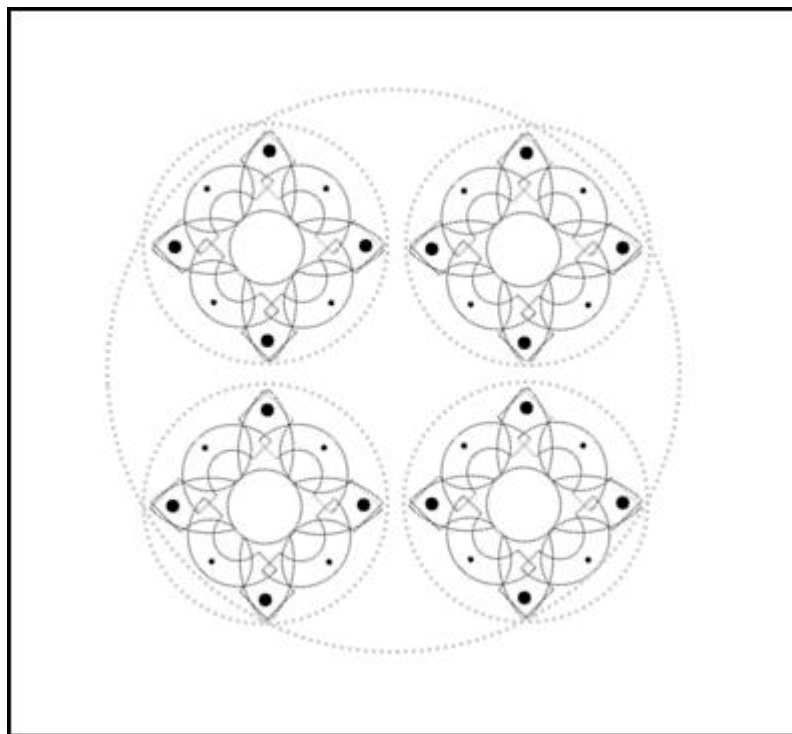


Diagram 23: Group Harmonic Bond with enhanced resonance outreach to join with everyone and everything.

As the link grows to include more and more People, it reaches the right vibrations and establishes the proper resonance. To experience the planet filled with properly balanced resonance is to experience Heaven on Earth. This is as it should be.

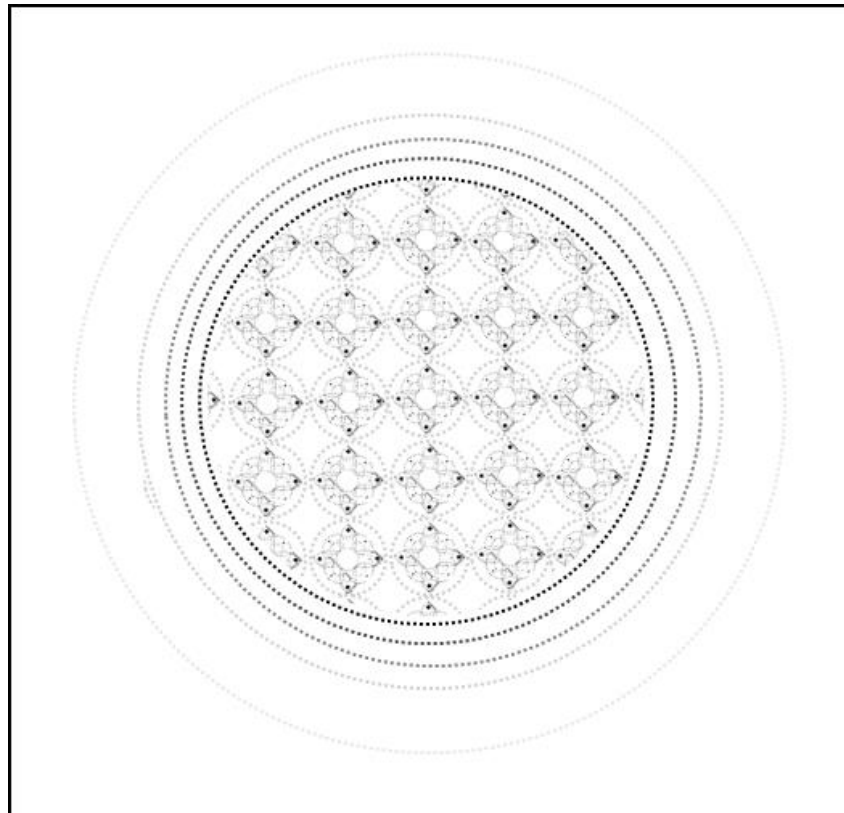


Diagram 24: World Harmonic Bond = Perfectly Balanced Resonance with outreach from the planet to Creator.

The answer lies in the Way of Knowing. The Way of Knowing is to speak the language of *Akua* (God). In this way, *Akua* (God) knows the heart. It is very simple, either you are in the correct resonance or you are not. Perfectly balanced resonance is the Way of the Sacred Light and harmony with our Creator.

If World Leaders do not take humankind down this path, then each of us must do it. It cannot wait. It is urgent now. It is at the last hour of sunlight before the setting of the sun across the ocean.

As *Akua* (God) is speaking through me now, even so, he can work in you. You can bring up your ability to hear him. You can respond and feel your spirit and let your mind grow.

9. Conclusion

The earth and everything are composed of atomic particles called electrons.

The earth was created with a natural resonance that was perfect in his harmonic balance.

In its fragile beauty, our planet sings. In His Great Wisdom, our Creator composed his creation with tiny electrons — each filled with the vibration of life. This *Mana*, or Life Source, is in every part of creation. It allows a connection from person to person. It connects all of Nature to itself and then to us. This luminescent rainbow of life shimmers across the planet — inside and out — when it is all harmonizing in perfect balance. It is the song of existence. It is the praise received by the Creator in return for his great efforts. it is the glory of humankind.

We have looked at the glory of water and how it ties all vibration together. We are humbled that our own water blends with distant universes and the farthest reaches of life. We will bless the water to enliven it and to express our gratitude for now we understand the power of gratitude.

We have looked at the evidence of this vibration and found it solidly confirmed in many places. It can be seen in the physical workings of our mind. It shows in the interactions within our body's microbiome. It is in the signals of our cells as they perform their functions. It is in the way electrons form into perfectly spaced patterns in response to light. It is in our heartbeats and our technologies. It is deep within our spirits, and then resonates outward to find its match across the universe, for we are Children of the Stars.

We have looked at Sacred Knowledge, passed down from *Iwi Kupunas* to our modern-day generation.

We have learned traditional *Huna*, seen through practical application and then marveled as it transforms in meaning when seen as directions for working with vibration, creating harmony, and balancing resonance with all around us.

We have hungered together for this better way.

We have sorrowed as we learned of Dissonance and the great breaking of our planet. We have been bereft as we have seen the extent of evil in the world today. It is vast. We are responsible for it. We take that responsibility into ourselves and no longer hide from it.

Now, having understood and built a desire to find a better path than the one of destruction, we listen attentively and ask, "What can we do?"

This is when the Great Creator whispers into the Third Mind, "Live in Harmony. Love one another, as I love you."

We realize that we can make a difference, each one of us.

We have a choice. We can live as we are and take no responsibility for the destruction that is upon us. Or, we can stand up and take responsibility for choosing a better way. We can leave a legacy that will last for seven generations and beyond. This is our ability to give and to be more than we are as we live in Enhanced Harmony.

We can cease to pollute. We can reconsider materialism and the waste that it generates.

As you consider my words, I reach out also to my Brothers, the First Nation Chiefs and Elders across the world. It is time to take responsibility for our part of the imbalance. For too long we have allowed our children and our Peoples to sorrow for our losses. They are in no way diminished for the loss was overwhelming, but continuing to harm the planet with Dissonance provides no future for our children. It is time to teach each other, as equals, what we know and to cause a great Alignment of Peace to enter the world. Mother Earth is weeping. She is in great pain and grieving. We must save the planet. In doing so, we will surely save ourselves.

We stand alone in each of our individual decisions to believe in resonance and to learn to channel it for good. We choose knowledge and no longer turn our heads aside.

We are the ones who decide to return to harmony. When we do, and when we treat each other with respect and kindness as citizens of the world, we return back to the Creator the harmony with which he created us. We will resonate in perfectly balanced harmony and it will reach the Heavens!

We connect from the *Pika* (navel) of *Mauna a Wakea* to the stars and beyond and bring back the power of the Third Mind by enlightening our Mana pathways. It will be physically manifest on earth when we return the right vibrations to heaven. It is not so much that *Akua* (God) will transform us as that He will guide us to transform ourselves.

It is all a matter of choice. The choice to commit to the perfection of thought. The choice to commit to perfection. The choice to resonate internally, to resonate without and to reach for the stars with our vibrations.

It is not too late, if we make a choice. We can change the future by changing ourselves within, transforming ourselves into the Warriors we were meant to be.

We are all Descendants of our Ancestors. When our Ancestors returned back to the Creator, they ascended. Therefore, we are not only their Descendants, living out our lives, and improving on the legacies our Ancestors left for us to continue, but we too are ascending to a higher vibrational level of spirituality of understanding, as we come into harmony with the power, and majesty of life.

We will never be finished. We may never be done, for the task is to achieve perfect peace. In that search for peace, let us be filled with resonance until we are utilizing 100% of our brain with no waste and we will find we are close to God.

On behalf of my country, The Kingdom of Hawai'i, I invite all humankind to join together and overcome evil. I invite you to become one People, the People of Earth.

Let us turn our greatest weapons, our tongues, into instruments of song. Let us face fear with hope, depression with belief, anger with love, and apathy with gratitude.

Let us turn from our naivete and our ignorance. Our song can overcome Evil. We can drown it out. We can soothe and calm our planet, filling the entire world with love and gratitude. We can resonate the waters back to health and life. We can sing clear skies above us and clean earth below us.

E hūnā i ka kaumaha nui e kū ana iā 'oe, a kapa aku ia. 'A'ole ia ka 'eha e hō'ino iā mākou, 'o ia nā mea a mākou e hana ai e pale ai i ka 'eha. E wāwahi ka 'uhane iā 'oe. E ho'olō'ihi 'ia 'oe iā 'oe i loko o ke ke'a o kou 'eha'eha ... i ho'ohuli 'ia i loko o ke 'ano mea pono kūpono o ka hopena o ka hopena.

In English: "Face the heaviness that's stopping you, and name it. It's not the pain that ruins us, it's the things we do to avoid the pain. Let the spirit break you wide open. Let yourself be forged in the crucible of your own agony ... Transformed into the most perfect instrument of destiny."

This world is only a reflection of our thoughts as supported by our emotions. There can be no cause without effect or effect without a cause. Every cause begins in us and then reflects its effect outside of us. If together we create the idea of peace within us and support it with our faith, we will see peace in this material world. When we realize that this world is only an electromagnetic impulse, we will no longer doubt our ability to create a better world. No one will dare to violate human rights and peace will prevail.

May *Akua*, hear these words and find them pleasing.

The memory of life arrived on this earth carried by the soul of water. From this memory, life awoke, the human being emerged, and finally you and I were born. And now once again we look at water and breathe life into it. Your consciousness, awareness, and good will, and your smile from a feeling of love, all give new life to water and result in the creation of a new and glorious universe.

— Masaru Emoto, *The Hidden Messages in Water*

I, Edmund K. Silva Jr., Sovereign King, do declare that these are my final *Mana`o* (thoughts).

The theme of the Dissertation, in all of its parts, is vibration and how vibration works together to create the signature of each of us and of our planet.

The Dissertation proposes that the vibrations are being thrown off to dissonance instead of harmony and that it is the negative vibrations which will destroy the planet.

For what it is worth, in my mind, I saw this dissertation as God forming a bridge that would bring in every type of person into the Way of Knowing. All of us, from every race and religion, every walk of life, have a responsibility for the negative vibrations we send into Earth's resonance.

This Dissertation proposes that when everyone in the world learns, understands, and uses the Way of Knowing and Ho'oponopono, they can raise their vibration and send strong, positive resonance out to save the earth, the natural world, and the human family.

This letting go is true freedom.

Aloha Oe

It's more than just an easy word for casual good-bye;

It's gayer than a greeting and it's sadder than a sigh;

It has the hurting poignancy, the pathos of a sob;

It's sweeter than a youthful hearts exquisite joyous throb;

It's all the tender messages that words cannot convey;

It's tears unshed, and longing for a loved one gone away;

It's welcome to Hawaii and it's lingering farewell;

It's all the dear and silent things that lover's lips can tell;

It's woven into flower leis and old Hawaiian songs;

It's frailer than a spider-web and strong as leather thongs;

It's fresh as dew on ginger blooms and older than the moon;

It's in the little lullabies that native mothers croon;

It's said a hundred different ways, in sadness and in joy;

Aloha means "I love you." So, I say "Aloha Oe"

Queen Liliuokalani, Beloved Ancestor of King Silva

List of Terms

‘Aina – Homeland

Akua – God

Aloha – To love is to be happy. The word Aloha embraces great depth. It represents the connection of the people to each other and the people to that energy which resides in all things.

Akamakua – Superconscious or Third Mind or Third Self.

Dissonance - Vibrations jarring against each other in an unpleasant and harmful way.

DreamTime - The walk between this world and the land of the Ancestors where knowledge is given and gained.

Ha – Breath of life

Hawai‘i – The Hawaiian Archipelago, a chain of islands which is a sovereign country, the Kingdom of Hawai‘i, under the current rule of HRM Edmund K. Silva, Jr.

Ho‘oponopono – Conflict Resolution technique passed down from ancient times and used in the modern-day Peace Center, the headquarters of Hawai‘i’s program to bring Ho‘oponopono to the world.

Huna – A model of mind function.

‘Ike – The world is what you think it is.

Iwi Kupuna – Ancestors

Kala – There are no limits.

Koa – Hawaiian Warrior of supreme capability.

Kumulipo – An ancient chant.

Kupuna – Those holding ancient wisdom in Hawai'i, the Elders.

Makia – Energy flows where attention goes.

Mana – All power comes from within.

Mana'o – Thought

Mana Wa – Now is the moment of power.

Pono – Effectiveness is the measure of truth.

Primal Religion – The spiritual beliefs of First Nations.

Uhane – The conscious mind.

Unihipili – The subconscious mind.

Vibrationis Civitas – is a vibration community; an assemblage of vibrations which are present in a defined area.

List of Diagrams

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Diagram 2: Graphene Lattice structure which channels phonon activity

Diagram 3: A crystal created of light and atoms

Diagram 4: Lake water before a Buddhist healing prayer

Diagram 5: The same lake water after a Buddhist healing prayer

Diagram 6: After the word, “Satan”, was spoken

Diagram 7: After the word, “Angel”, was spoken

Diagram 8: Water after the words, “Love and Gratitude” were spoken. Masaru Emoto felt that this was the most beautiful water crystal he ever filmed. Emoto felt that this beauty reflected gratitude as the single most powerful thought to direct to water. He saw love as an integral part of gratitude.

Diagram 9: Diagram of a spinal motor neuron, showing both the cell body and synapse to a muscle (Kadel et al., 2000), copyright McGraw-Hill Education

Diagram 10: Dendrites with spines. Impact on spines shown here after a single administration of cocaine.

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Diagram 16: Original Harmony, Shattered Harmony, Partial Harmony, Enhanced Harmony.

Diagram 17: `A`ohe Inoa, “Lies” represents the destruction of the Indigenous way of life and the sense of loss felt by the loss of all culture and traditions.

Diagram 18: `A`ohe Inoa, “False Face”, a poem regarding the tragedy of replaced culture among Indigenous People and the corruption of the lost children that result.

Diagram 19: Shattered Harmony; Dissonance.

Diagram 20: Intergalactic Cosmic Ray Intensity (ICRI) indicates increasing bombardment that is affecting cell phones.

Diagram 21: Partial Harmony Restored

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Diagram 23: Group Harmonic Bond with enhanced resonance outreach to join with everyone and everything.

Diagram 24: World Harmonic Bond = Perfectly Balanced Resonance with outreach from the planet to Creator.