

# **MITCHEL U. SILVERMAN, M.D. A MEDICAL CORPORATION**

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DIPLOMATE AMERICAN BOARD OF ORTHOPAEDIC SURGERY  
FELLOW OF THE AMERICAN ACADEMY OF ORTHOPAEDIC SURGEONS  
FELLOW OF INTERNATIONAL ACADEMY OF INDEPENDENT MEDICAL EXAMINERS  
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Qualified Medical Evaluator  
Certified Impairment Rater

## **CURRICULUM VITAE**

Place of Birth: New York, New York

### **LICENSURE:**

|           |                            |
|-----------|----------------------------|
| G48611    | State: California          |
| 63011     | State: Arizona             |
| MD49157   | State: Florida             |
| MA0624020 | State: New Jersey          |
| 154311    | State: New York (Inactive) |

### **EDUCATION:**

#### **College:**

Union College; Schenectady, New York 1972-1976  
Bachelor of Science; Magna Cum Laude

#### **Medical School:**

University of Miami School of Medicine; Miami, Florida 1977-1981  
Doctor of Medicine

### **MEDICAL TRAINING:**

#### **General Surgery:**

Cedars-Sinai Medical Center Los Angeles, California  
July 1981 - June 1983

#### **Orthopaedic Surgery:**

Downstate-Kings County Hospital Brooklyn, New York  
July 1983 - June 1986

**Hand Surgery:**

University of Miami Jackson Memorial Hospital Miami, Florida  
July 1986 – June 1987

**Microsurgery:**

University of Miami Jackson Memorial Hospital Miami, Florida; January 1987

**PROFESSIONAL BACKGROUND:****Board Certifications:****American Board of Orthopaedic Surgery - 1989**

Initially Certified 07/21/1989-12/31/1999

Re-Certified 01/01/2000 - 12/31/2009

Re-Certified 01/01/2010 - 12/31/2019

Re-Certified 01/01/2020 - 12/31/2029

**Certificate of Added Qualification in Surgery of the Hand - 1990**

Initially Certified 09/10/1990 - 12/31/2000

Re-Certified 01/01/2000 - 12/31/2009

Re-Certified 01/01/2010 - 12/31/2019

Re-Certified 01/01/2020 - 12/31/2029

**Added Certifications:****Certified Impairment Rater:**

International Academy of Independent Medical Examiner (Formally AADEP)

American Academy of Disability Evaluating Physicians

Customized AMA Guides 5<sup>th</sup> Edition - June 2004

AMA Guides 6<sup>th</sup> Edition -American Board of Independent Medical Examiners-February 2023

American Academy of Disability Evaluating Physicians

CEDIR Exam – March 2007

Certified in Evaluation of Disability and Impairment Rating

AMA Guides – Spinal Impairment Review – March 21, 2020

**Publication Review:**

American Medical Association – Guides to the Evaluation of Permanent Impairment 6<sup>th</sup> Edition  
Published 2008; revised 2023.

**Research:**

Massachusetts General Hospital (Harvard Medical School)  
Boston, Massachusetts July 1976 – June 1977  
Research Assistant – Endocrine Unit (Joel Habener, M.D.)

**Society Membership:**

Fellow, American Academy of Orthopaedic Surgeons (AAOS)  
Fellow, IAIME – Formally (AADEP)  
American Society for Surgery of the Hand (ASSH)  
Sigma Xi-Scientific Research Society  
Los Angeles County Medical Association  
California Orthopaedic Association (COA)

**Appointments:****State Appointed Qualified Medical Examiner:**

Panel #920551 – Sherman Oaks: 1991 – Present  
Panel #981995 – Oxnard: 2003 – 2018  
Vice-Chief of Surgery – Sherman Oaks Hospital & Medical Center 2000 - 2001  
Director-Department of Hand Surgery-Sherman Oaks Hospital/Health Center 1992 - 2000  
Instructor-3M Agee Carpal Tunnel Release Device 1993 - 2001  
Executive Committee-Sherman Oaks Hospital and Health Center 1996 – 2000  
Medical Director-Occupational Therapy-Sherman Oaks Hospital 1997 – 2000  
Quality Assurance Committee – S&B Surgery Center 2003 – 2006

## Conferences/Meetings:

- 2011** AADEP Skill Course – January 6, 2011  
AADEP 24<sup>th</sup> Annual Scientific Session/Business Meeting – January 7-8, 2011  
ASSH 2011 Self-Assessment Examination – July 25, 2011  
ASSH 66<sup>th</sup> Annual Meeting – September 7, 2011
- 2012** ASSH/AHSS 1<sup>st</sup> Combined Meeting – March 22-25, 2012  
ASSH Self-Assessment Examination – June 3, 2012  
ASSH 67<sup>th</sup> Annual Meeting – September 5-8, 2012  
NASS 27<sup>th</sup> Annual Meeting – October 24-27, 2012
- 2013** AADEP 26<sup>th</sup> Annual Scientific Session/Business Meeting – January 18-19, 2013  
ASSH 2013 Self-Assessment Exam Package - June 5, 2013  
ASSH 68<sup>th</sup> Annual Meeting – October 3-5, 2013  
AAOS 15<sup>th</sup> Annual AAOS Occupational Orthopedics & Workers' Comp Course  
November 1-3, 2013
- 2014** ASSH 2014 Self-Assessment Exam Package – June 8, 2014  
AAOS 16<sup>th</sup> Annual Workers' Compensation/Musculoskeletal Injuries Improving Outcome with  
Back-to-Work, Legal/Administrative Strategies November 7-9, 2014
- 2015** ASSH 2015 Self-Assessment Exam Package – June 15, 2015  
ASSH 2015 70<sup>th</sup> ASSH Annual Meeting - September 8-12, 2015
- 2016** IAIME/AADEP 29<sup>th</sup> Annual Scientific Session/Business Meeting January 15-17, 2016  
EXAM WORKS – The Medical Report-Workers' Compensation 2016 – April 16, 2016  
ASSH 2016 71<sup>st</sup> ASSH Annual Meeting – September 27, 2016 - October 1, 2016
- 2017** ASSH 2017 Self-Assessment Exam Package - March 31, 2017  
ASSH 2017 72<sup>nd</sup> Annual Meeting September 5-9, 2017  
AAOS 19<sup>th</sup> Annual Workers' Compensation/Musculoskeletal Injuries Improving Outcome with  
Back-to-Work, Legal/Administrative Strategies #3056 – November 3-5, 2017
- 2018** ASSH 2018 Self-Assessment Examination – April 1, 2018 to July 31, 2018
- 2019** Cedars-Sinai 18<sup>th</sup> Annual Symposium on Current Concepts in Spinal Disorders  
February 7-9, 2019  
IAIME-32<sup>nd</sup> Annual Scientific Session and Business Meeting-Medicolegal  
Institute: The Science Art and Practice of Medical Evaluation  
ASSH-2019 Self-Assessment Examination – April 1, 2019 to July 31, 2019  
ABOS-2019 Online Activity WLA – May 22, 2019  
ASSH-74<sup>th</sup> Annual Meeting: Defining, Uniting Leading the Legacy of the ASSH in Las Vega, NV  
September 3-7, 2019
- 2020** ABOS-2020 Online Activity WLA- April 5, 2020  
ASSH-2020 Self-Assessment Examination – April 11, 2020  
ASSH-75<sup>th</sup> Annual Virtual Meeting: Defining, in Chicago, IL - September 29, 2020 - October 3,  
2020

- 2021** ABOS-2021 Online Activity WLA- April 9, 2021  
 ASSH-76<sup>TH</sup> Annual Meeting: Knowledge, Commitment, Compassion in San Francisco, CA  
 September 28, 2021 - October 2, 2021
- 2022** COA-2022 Annual Meeting; Indian Wells, CA- April 7, 2022-April 10, 2022
- 2023** IAIME-36<sup>th</sup> Annual Scientific Session and Business Meeting - January 26-28, 2023  
 ACIME/ABIME Advance/Complex Case Studies - 6<sup>th</sup> Edition - February 11-12, 2023  
 COA-2023 Annual Meeting; Monterey, CA - May 18, 2023- May 21, 2023  
 CAAA-2023 Annual Meeting; Carlsbad, CA - June 22,2023-June 25, 2023

**Presentations:**

- Common Hand Problems:** Sherman Oaks Hospital - March 1989  
**Rheumatoid Arthritis:** St. Joseph Hospital – April 1989  
**Hand Trauma:** Tarzana Hospital – June 1989  
**Endoscopic Carpal Tunnel Release:** St. Joseph Hospital – June 1989  
**Carpal Tunnel Syndrome:** Van Nuys, California  
**Workers’ Compensation Hearing Representatives:** March 1991  
**Carpal Tunnel Release-Endoscopic Release, Technique Instructor:**  
 Rancho Mirage – June 1993; Santa Barbara – August 1993  
 Sherman Oaks Hospital – November 1993; September 1994; August 1993; December 1995;  
 Woodland Hills – April 2001  
**Carpal Tunnel Syndrome:** Medical Center of North Hollywood – February 1991  
**Carpal Tunnel Syndrome:** St. Joseph Hospital – May 1991  
**Carpal Tunnel Syndrome/Cumulative Trauma:** Disney Company Burbank – October 1999  
**Disorders/Ergonomic Precautions:** City of Glendale – October 1993  
**Repetitive Use Syndrome:** Disney Company Anaheim – May 1994  
**Football Field Hand & Upper Extremity Injuries:** LAUSD  
 Associations of School Nurses, Sherman Oaks – March 1995  
**Carpal Tunnel Syndrome:** CNA Insurance Nurse Case Managers  
 Southern California Occupational Health Nurses Association, Brea – August 1990  
**Common Industrial Injuries to the Hand & Upper Extremities:** Van Nuys – November 1997  
**Carpal Tunnel Syndrome:** Zenith Insurance Company, Woodland Hills – April 2001  
**“Case Resolution & Med/Legal Documentation of the Complicated Work Injury” Symposium:**  
 Universal Hilton Hotel Centre for Hand Therapy – September 2004  
**Pitfalls in the AME’s Report and How They Can Be Avoided:** Central Coast Applicants’  
 Attorneys Association, Ventura – February 2008

**Thesis:**

Unstable Dorsal Fracture/Dislocation of the Proximal Interphalangeal Joint  
A New Method of Treatment - University of Miami, School of Medicine  
Presented in Miami, Florida – May 1987

**Selected to participate in the following Municipality Independent Medical Examiner Carve Out Programs - (Alternative Dispute Resolution-ADR; Expedited Resolution Process-ERP; Dispute Resolution-DR):**

Anaheim Firefighters ADR Program  
City of Bakersfield ADR Program  
City of Fresno ADR Program  
City of Glendale ADR Program  
City of Madera ADR Program  
County of Kern ERP Program  
City of Los Angeles Police Department ADR Program  
County of Los Angeles Fire Department DR Program  
Orange County Fire Authority ADR Program  
Vons ADR Program

**Film Hand Consultant:**

“Free Willy” – Warner Bros.  
“Tank Girl” – MGM/United Artists

**Agreed Medical Evaluator**  
**Qualified Medical Evaluator**  
**Independent Medical Examiner**  
**Certified Impairment Rater**  
**OWCP Provider**