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[Watch the video!](#)

In the Garden with Grace Moon carrot

[Seseli gummiferum \(Moon carrot\)](#) is popping up in the Plant Select Garden at Denver Botanic Gardens Chatfield Farms! Discover the pros and cons of reseeding Moon Carrot and why DBG Horticulturist Grace Johnson loves this biennial pollinator magnet!



[Watch the video!](#)

York Street with Sonya The arrival of spring!

The snow has melted, bulbs are well on their way, and DBG Horticulturist Sonya Anderson is spring cleaning in the Plant Select Garden! Learn how Sonya is treading lightly but raring to go at Denver Botanic Gardens York Street! DBG gardens remain closed to the public due to COVID-19. Sonya and Grace have select hours to maintain their gardens. Thanks to the DBG staff for all that they do!



From mid-April to mid-June, the flower stalks and heads are much like broccolini. The tender heads and shoots can be used in any way that broccoli is used. My favorite is to coat the stalks and heads in olive oil, salt, and pepper and sear it a bit on the grill along with a tenderloin.

The parts that I like in salad are the honey-scented white flowers in June. They are delicious and sweet!

Curly leaf sea kale By Kelly Grummons

Oh, my favorite spring vegetable. From April 1st to about June 1st, the tender young leaves can be used like Italian kale or Japanese kale. Steam it, saute it, use it in a stir fry, or my favorite is a light coating of olive or sesame oil and sea salt, then dehydrated to make chips. Actually, I don't like it in a salad but some kale-o-philes probably would. My friend uses it in his green smoothies.

In summer, the huge blue leaves are too tough and strong tasting to eat. My chef friend comes over to gather some of them to use as presentation plates for his gourmet farm-to-table dinners.

I think this must be the most versatile, sustainable vegetable.



Plant Select's goal is to create smart plant choices for a new American Landscape inspired by the Rocky Mountain Region.

BRING ON THE HEAT June 6, 2020, 10 am – 1 pm



–STAY TUNED FOR UPCOMING EVENTS–

STATUS PENDING PER STATE AND NATIONAL DIRECTIVES REGARDING COVID-19



Ruby Moon
hyacinth bean



Comanche
gooseberry



St. Theresa
seedless grape

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DENVER BOTANIC
GARDENS

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