



# VANESSA CARROLL

*Professional Dancer*

📍 Orange, California

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📷 [instagram.com/vanessacarrolllll/?hl=en](https://www.instagram.com/vanessacarrolllll/?hl=en)

## Social Media

Please visit my website and Instagram account to view my modeling, dancing and influencing.

## Dance Techniques

Tap, Jazz, Modern, Contemporary, Lyrical, Irish, Ballet, Hip Hop, Pointe, Heels, Musical Theatre, Jazz Funk, Technique, Ballroom, Bollywood, Israeli Folk, Modern

Skilled in every genre of dance.

## Choreographers

Shannon Mather

Chehon Wespi- Tschopp

Krista Miller

Sam Nelson

David Slaney

Jessica Richens

Jonathan Sison

Blake McGrath

Alexis Gilbert-Rowland

Malia Asahino

Nicole Smith

Addison Holmes

## Summary

A dedicated performer with fifteen years experience dancing competitively and commercially that music videos, commercials and professional concept videos

Height 5' 8" Weight: 120 lbs. Hair Color: Light Brown/Dirty Blonde Eye Color: Hazel

Body Type: Athletic physique and elegant dancer's pose and posture

## Dance Experience

- June 2021 - Talent Extra  
June 2021 Olivia Rodrigo - "Sour Prom" Production Music Video  
Background extra for Olivia Rodrigo promoting her first album release.
- Jan 2020 - Professional Dance Educator  
July 2022 Mather Dance Company  
A part of award winning dance studio, Mather Dance Company's faculty. Responsible for training and choreographing beginning, intermediate and advance tap and ballet to children and adults.
- Jan 2021 - Dancer  
Jan 2021 "Walking on Air" Sock Advertisement  
Dancer for online advertisement promoting dance socks from Apolla Performance.
- Dec 2020 - Backup Dancer/ Production Assistant  
Dec 2020 Blake McGrath's "Love You the Most" Music Video  
Backup dancer to Blake McGrath's music video to support the release of his latest single. Assisted Ricky Palomino and Matt Cady who directed and produced the video by building props, purchasing clothes for the male dancers and assisting with makeup and hair.
- Jan 2020 - "Dance Down" Audition Instructor/ Stage Manager/ Social Media  
Present Coordinator  
Spotlight Dance Cup  
Employee for national touring dance competition. Roles include teaching the junior and senior division dancers an audition combo for dancers to potentially win scholarships, checking dance routines in backstage when they are ready to perform, award presenter and more. Travels with the company on select weekends.

## Training

- Aug 2022 - Launch Professional Training Program  
Present The (Brea) SP/\CE TV  
Training/ mentorship program that hones dancing, singing and acting skills. Receive personalized critiquing and coaching from industry professionals. Created and directed by Krista and Cory Miller.
- July 2021 - IAF Mentorship Program  
Dec 2021 I Am Force (IAF)  
A dance training/mentorship program created and directed by Chehon Wespi-Tschopp
- Sept 2019 - Bridge into the Industry  
July 2021 Mather Dance Company  
Enrolled in two consecutive years. It's an eleven month program that hones dancing, singing and acting skills. Receive personalized critiquing and coaching from industry professionals. Created and directed by Shannon Mather
- July 2018 - Radio City Rockettes Summer Intensive  
July 2018 Radio City Rockettes  
A dancer development program where dancers receive the highest level of training dedicated to the Radio City Rockettes precision techniques.