

Vanessa Carroll

Professional Dancer

📍 Orange, California
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🌐 vanessacarroll.com

SOCIAL MEDIA

Please visit my website and Instagram account to view my modeling, dancing and influencing.

PROFESSIONAL SKILLS

Leadership
Team Player
Accountable
Collaborator
Guest services
Choreographer
Teacher
Social media management
Experience with children
Computer skills
Food service
Flexible
Positive attitude
Communicator
Strong work ethic
Creative
Interpersonal

LEADERSHIP SKILLS

Dance Choreographer
Two Year Captain of El Modena High School Dance Company
Two Year President of El Modena High School Collaborative Technology Program (CTP)

PASSIONS

Favorite color is pink
Walking on the beach
Disneyland enthusiast

SUMMARY

A dedicated performer and team player with five years experience collaborating on teams and fifteen years dancing competitively and commercially .

WORK EXPERIENCE

- Jan 2020 - Present **"Dance Down" Audition Instructor/Stage Manager/Social Media Coordinator**
Spotlight Dance Cup, Eagle Idaho
Team member for a national touring dance competition company. Excellent understanding of my role within the team that include choreographing dancers an audition combo for potentially winning scholarships, effectively communicating with dancers backstage to determine their readiness to perform , ability to work well under pressure during award presentations and keeping the backstage in order , successfully remain collected and energetic over long hours. In addition, excellent communicator with Spotlight Dance Cup management for promoting brand on social media.
- Jan 2021 - Present **Dance Choreographer**
Odyssey Dance Academy, Newport Beach California
Create dance routines that work with the music and lyrics of a performance. Provide clear direction and help dancers work as a team. Successfully apply creativity, skill, patience and determination to choreograph dance performances.
- March 2021 - Present **Hostess/Food and Drinks Runner**
BJ's Restaurant & Brewhouse
Member of a hospitality team to one of the most successful restaurant chains. Successfully maintain well organized seating charts and wait lists, excellent communicator by providing accurate wait times, assist servers by clearing and cleaning tables, effectively deliver food and drink orders from the kitchen and bar to customers' tables rapidly and accurately, help servers maintain a clean environment for restaurant patrons throughout the dining experience, keep management apprised of customer satisfaction.
- Jan 2020 - July 2022 **Tap and Ballet Dance Instructor**
The Mather Dance Company, Placentia California
Tap and ballet dance instructor at The Mather Dance Company. Responsible for training and choreographing beginning, intermediate and advance youth dancers. Excellent communicator and collaborator with mothers regarding costumes, music selection and choreographs. Extremely cooperative and flexible with other dance instructors regardig the availability of studio rooms.
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- ### EDUCATION
- Sept 2019 - Oct 2020 **Orange Coast College, Costa Mesa, CA**
Major: Communications
Completed 30 credits in general education.
- Aug 2015 - June 2019 **El Modena High School, Orange California**
Diploma
Successfully obtained high school diploma