
Trinity Solutions Enterprise, LLC

PRIVATE PAY PACKAGES

SITTER/COMPANION \$30.00 per hour

Includes

Sitter - A sitter is employed to monitor a bedbound client. The sitter may monitor the client allowing the family to sleep or run errands. The sitter can provide assistance with comfort measures and repositioning the client. The sitter does not provide aide services such as hygiene and feeding services.

- Companionship - conversation, playing games, watching TV, reading to the client, monitoring during naps, reminders to take medications, taking walks (if client is safe to walk), pushing wheelchair outside, sitting outside if weather permits.

ATTENDANT SERVICES \$35.00 an hour

Includes:

Those tasks agreed upon by the client and agency prior to providing care. The tasks must be clearly documented on an Individual Service Plan:

- Toileting:
 - Assistance with getting on and off the toilet, bedpan, bedside commode
 - Assisting with hygiene, including toilet paper and handwashing
 - Assisting with feminine hygiene needs
 - Changing diaper
 - Preparing toileting supplies
 - Stand by assistance
- Transfer:
 - Assisting to transfer from one stationary position to another
 - Repositioning in bed or chair
- Ambulation:
 - Walking with client/standby assistance
 - Assisting client to rise to use walking aid

- Assistance with leg braces and prosthesis (*requires training from PT or home health prior to implementation*)
- Assistance with using steps
- Exercise:
 - Taking client for a walk (*depending on weather and safety of environment*)
- Feeding:
 - Preparing meal
 - Setting out utensils/cleaning up after meal/washing client's dishes
 - Spoon feeding
 - Assisting with using utensils
 - Standby assistance and encouragement
- Meal Preparation:
 - Cooking full meal for client (only)
 - Warming prepared food
 - Planning meals
 - Cutting client's food for eating
 - Grinding or pureeing food
 - Preparing snacks
- Shopping: ***client/Family orders/pays***
 - Preparing shopping list
 - Going to store to pick up ordered items
 - Assisting with online shopping
 - Picking up medications
 - Putting away food
- Bathing:
 - Drawing water in sink, basin, tub, shower
 - Laying out supplies
 - Assisting in and out of tub/shower
 - Sponge bathing and drying
 - Bed bath
 - Standby assistance for safety
- Dressing:
 - Dressing client
 - Undressing client
 - Laying out clothes
- Grooming
 - Shaving
 - Brushing teeth
 - Cleaning dentures/plates/partial
 - Nail care

- Applying deodorant
- Laying out supplies
- Routine Hair and Skin Care:
 - Washing hair
 - Drying hair
 - Assist with setting hair. Does not include styling, permanents, cutting or chemical processing
 - Combing/brushing hair
 - Applying non-prescription lotion
 - Washing hands and face
 - Laying out supplies
- Escort: Client/Family arranges/pays for transport)
 - Accompanying client to doctor's office
 - Waiting in doctor's office with client and while client receives care. Taking care of any written instructions to be returned to the home.
- Assistance with medication:
 - Reminding client to take meds ONLY
- Cleaning: (is negotiable between agency/attendant and client/client's caregivers)
 - Cleaning up after personal care tasks
 - Emptying and cleaning bedside commode
 - Cleaning client's bathroom
 - Changing bed linens and making the bed
 - Floor cleaning in client's living area
 - Dusting client's living area
 - Carrying out trash and setting trash out for pick up
 - Cleaning stove tops, counter and doing dishes
- Laundry:
 - Doing hand washing
 - Gathering and sorting
 - Loading and Unloading washer and dryer
 - Folding and hanging up clothes