



INTRODUCING THE *Pure Forest Collection*

Relax and replenish with the results-driven Pure Forest Collection. Adaptogenic ingredients are harnessed to enhance the mind-body connection, transform your complexion and calm the visible effects of stress.

87%
of users agreed they
felt relaxed immediately
after using*

*In vivo study results after 1 use.



Shiitake & Ashwagandha Bi-Phase Mist
Trust potent ashwagandha, reishi and snow mushroom to deliver a deep sense of calm. With two nourishing layers chock full of protective and hydrating ingredients, such as shiitake, this unique bi-phase mist works to restore stressed-out skin. Spritz on to promote relaxation while boosting hydration and shielding skin from the tiring effects of screens with a blue light complex.

PRO TIP - Induce feelings of tranquility by misting on a few spritzes prior to applying SPF to lock in moisture.

Tulsi & Snow Mushroom Cleansing Milk
Start your relaxation ritual with this soothing and purifying cleanser. Soft and milky in texture, it gently lathers to cleanse away impurities while replenishing hydration. Infused with tulsi, reishi, snow mushroom and birch water, it helps soothe redness and minimize the look of blemishes caused by daily stress.

PRO TIP - Achieve the ideal consistency for a comforting and soothing deep cleanse by blending a ratio of two parts cleanser to one part water.



89%
noted moisture in their
skin was restored

In vivo study results after 14 days



Ashwagandha Ultra-Rich Restorative Cream
Prioritize recovery with this rich and comforting restorative cream. Stress can also compromise your skin barrier – leaving you susceptible to redness, dehydration and premature aging. Undo the visible damage with adaptogenic ingredients. Ashwagandha, birch water, reishi and snow mushroom are united in this velvety cream to add tranquility to your routine while restoring hydration and supporting the skin barrier.

PRO TIP - Pair this cream with your favorite facial massage tool to enhance benefits while boosting skin stimulation and relaxing your mind.



Love the new Pure Forest products? Use #PureForest for a chance to be featured on our social media.



Scan for more details on the full Pure Forest Collection.

Seasonal Services

September/October/November

This new extension of the Pure Forest line resonates with me; I can't tell you how excited I was when I found out about these products & Ingredients In this line. I always try to practice my Intuition any chance I get, but especially during your facial treatments. I find so much peace In giving you a treatment that you simply can not get anywhere else. Incorporating tea, ASMR, mindfully sourced herb burning, accu-pressure, lymphatic drainage...all to feel everything come together. I don't require these new products to have an all encompassing treatment, but It does elevate It.



Shakti Skin Revival - \$77

*Let's bring you back to yourself.
This hour treatment inspires you to sink fully
Into modalities that intuitively restore both mind,
skin & body. With no rush, let's find calm.*

Double cleanse, enzymatic exfoliation, extractions, facial massage with cyro/thermal tools & cupping, toner, serum, moisturizer, SPF, eye & lip serum.



Kānti Ritual - \$44

*This treatment is a shortened offering similar to
the Shakti Skin Revival, using our half hour
intentionally to create the space you need for
mind, skin & body.*

Double cleanse, physical exfoliation, facial massage with cyro/thermal tools, moisturizer, SPF, eye & lip serum.

The PURE FOREST

COLLECTION

Connect with Nature.
Reconnect with Yourself.



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ORGANIC SKIN CARE
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WITH THE PURE FOREST COLLECTION

NEW



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DISCOVER THE COLLECTION

*In vivo study results after 1 use.

^In vivo study results after 14 days.

5 Signs That Stress Is Affecting Your Skin



1. Skin Irritation & Rashes

Stress levels impact the skin barrier and immune system and can even trigger flare-ups of contact dermatitis, psoriasis or eczema.



2. Fluid Retention & Dark Circles

Sleep patterns can be impeded by stress and poor sleep quality can impact the skin, showing up as under-eye bags and dark circles.



3. Dry Skin

The skin's natural barrier function can be disrupted by stress, leading to dryness, tightness and flakiness.



4. Premature Aging

Prolonged stress can contribute to the breakdown of collagen and elastin, resulting in fine lines, wrinkles and sagging skin.



5. Breakouts

Stress hormones like cortisol can increase oil production in the skin, leading to clogged pores and breakouts.