



Cynthia Vincent, PCC

Your Coach

Cynthia Vincent is an ICF-accredited Executive Coach and Senior Leadership Consultant with over a decade of experience working with high-potential professionals, senior leaders, and graduates across the globe. With more than 8,000 hours of professional development facilitation and coaching, she specialises in helping individuals clarify their goals, elevate their impact, and step confidently into their next chapter.

Holding certifications in psychometric testing from the British Psychological Society and known for her warm yet practical approach, she combines behavioural science, deep listening, and real-world insight to guide clients through thought-provoking conversations. Drawing on her cross-industry experience, she helps graduates uncover a future path aligned with who they are, what they want, and a 'how' that feels energising and achievable. Based in Dubai and working internationally, Cynthia created *Navigate Your Next* to help young graduates gain clarity, discover their strengths and navigate the transition from university to meaningful work.

Navigate Your Next

Clarity, Confidence, Career-ready.

Graduating into a world of endless options can feel exciting—and paralyzing. Many smart, ambitious graduates leave university unsure about what's next. They feel pressure to make the "right" choice, but don't yet have the self-clarity or strategy to confidently step into the job market. And in a world where AI is rapidly reshaping industries and reducing the demand for traditional roles, the competition for meaningful work is growing fiercer. The individuals who will thrive are not just those with the best CVs—but those who truly understand who they are, what they want, and can clearly articulate the value they bring.

The Plan

Navigate Your Next is a premium, one-to-one coaching program that combines science-backed assessments with expert coaching to help you:

1. Discover your top strengths, motivational drivers, and career interests so that you can articulate the value you bring.
2. Clarify your core values, ideal work environment, and long-term vision so that you can make confident decisions about what comes next.
3. Identify potential career paths that align with who you are and how you want to live.
4. Build a confident narrative to position yourself for job applications and interviews.

What You'll Get

- A suite of powerful psychometric assessments:
 - *CliftonStrengths*
 - *Horizons Career Guidance*
 - *Drivers Career Anchors*
 - *PQ Saboteur Assessment*
- 3 x 60-minute personalized coaching sessions
- A *Navigate Your Next* workbook with space for reflection, insight capture, and action planning
- Tools and templates to create your personal positioning statement

"Before coaching, I lacked a sense of direction and purpose, leaving me unmotivated and bored. Learning about my strengths and my motivational drivers showed me what I'm best at, how I can leverage it, and what I need to feel satisfied. I finally felt like I had a clear path forward."
-Alex V.



What's at stake?

Without direction, graduates often:

- Waste time in misaligned roles.
- Feel disconnected from their work.
- Struggle in interviews without a compelling story

Next Steps

Create a roadmap that energizes you rather than overwhelms you.

Investment: €1295
(all-inclusive for assessments, 3 one-to-one coaching sessions, and tools)

Apply Now to secure your spot in the *Navigate Your Next* Spring/Summer 2025 cohort. *Limited spots available.*
Sessions conducted via Zoom.

To get started contact:
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Or schedule a [discovery call](#) to learn more