



YOUNG Carers NORTHUMBERLAND

MAY/JUNE
2022

NEWSLETTER

Hello Everyone..

and hello sunshine! I am loving the spring weather and it is making me so excited for the summer, as always we have lots of fun planned. Our activities book up fast, if you cannot make it please let us know in advance as last minute cancellations mean another young carer has missed out and we still have to pay for the event. Thanks...

Anne-Marie

Book it.

ALL ACTIVITIES AND EVENTS MUST BE PRE-BOOKED

How to book

Via our website:

www.carersnorthumberland.org.uk/new-and-events

Telephone: 01670 320025

Email: info@carersnorthumberland.org.uk

**PLEASE TAKE NOTE OF OUR
NEW BOOKING SYSTEM**

We are making some changes...



After some feedback from both young carers and parents, we have decided to make some changes..

Teen activities

Some of our Activities each month will be for young carers aged 12+ You can tell which of these activities are for your age group as it will now have this symbol...



If there is no symbol it is open to any age.

Booking activities - TRIAL SYSTEM

We are aware that our current 'first to book' system is not always seen as fair, we have now decided to try out another system. We will ask young carers interested in the trip to book by a certain date, once that date has passed we will randomly select the young carers from that list and allocate spaces this way. The people who did not get a space will be added to a waiting list, you may be contacted at short notice if a space becomes available. Please note this may mean siblings or friends may not be allocated together.

We have had several last minute cancellations, we understand that many young carers have emergencies, so please don't worry if you can't make it, just let us know as soon as possible.

Transport

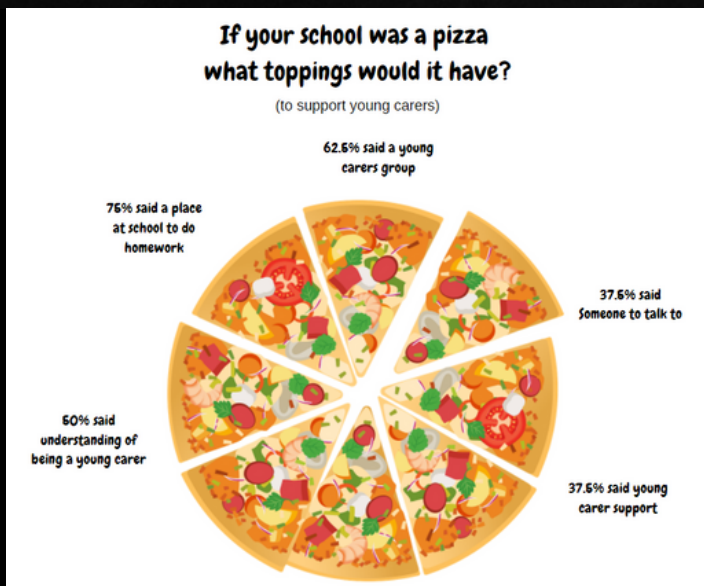
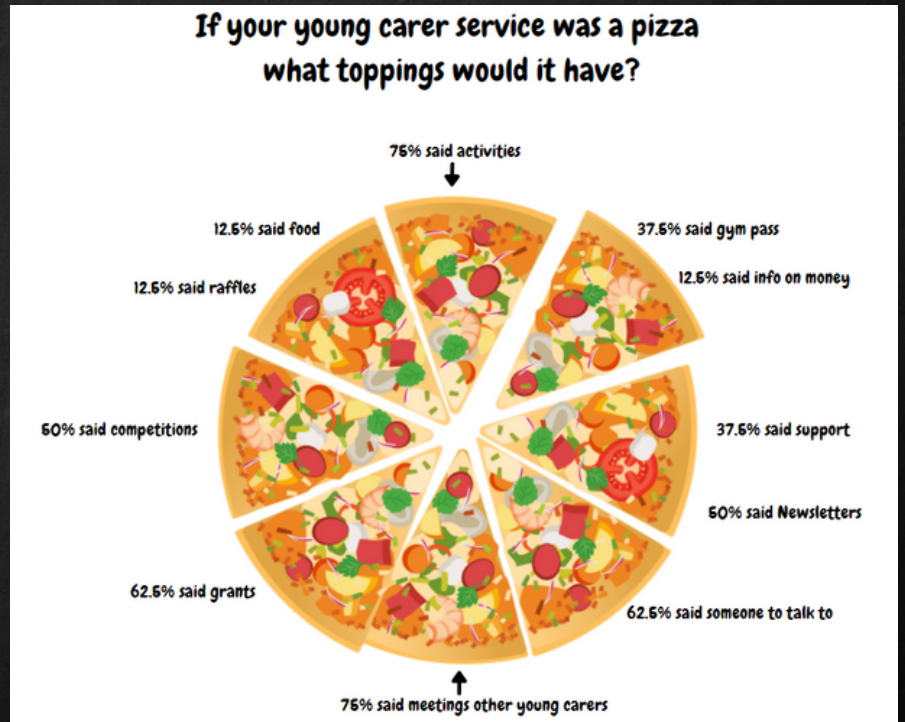
When using transport - there will now be a laminated sign in the bus window so you are aware it is our bus.

Collection/Drop-Off

A member of staff will always meet your child at the bus, please inform a member of staff if your child will be collected by a different person or they are allowed to make their own way home. If you child is anxious about attending, please inform a member of staff when booking

We had a slice talk...

At our pizza event we also had time to have a chat with the young carers who attended about what they wanted. We thought we would share that with you all, they told us...



Would you like to share your opinion? We would love to hear from you! Please get in touch via email info@carersnorthumberland.org.uk or you can contact us through Facebook or Instagram.

Local young carers groups

There are some great local young carers groups running through other organisations and charities, you can contact them if you would like to attend.

- **Cramlington** - Cramlington Voluntary Youth Project - Tel: 01670 739009
- **Hexham** - Hexham Youth Initiative - Contact Keda on 01434 607350
- **Berwick** - Berwick Community Trust - Contact Becky on 01289 30336

Help us go green

To do our bit for the planet and to save our little charity money (money that can be spent on fun things!)

We will be moving our newsletter to email. If you have provided us with yours or your parent's email addresses we will send it out to this address. If you really want the newsletter by post please let us know and we will still send you a paper copy. If you need to update your email address please contact info@carersnorthumberland.org.uk



GOLF SESSION

At Ponteland Golf Club
53 Bell Villas
Newcastle Upon Tyne, NE20 9BD

Thursday 26th May 5pm-6pm

Local transport available





Junk Yard Golf

Newcastle Upon Tyne
(limited transport available)

Sunday 15th May 2.00-3.00pm

Indoor fun mini golf event.

Wear comfortable clothing suitable for movement.

Please book by 8th May. Places will be allocated by 10th May and transport info given - these are usually sent via email, please ensure your email address is up to date.



Macramé Plant Hanger Online Zoom Session

Sunday 22nd May 10am -11am

All equipment supplied

Book by 10th May – Spaces Allocated
and resources sent by 15th May





COSTA

Coffee and cake

Meet at Costa Coffee Morpeth
22-24 Bridge Street, Morpeth NE61 1NL

Tuesday 31st May 4pm-5pm

Book by 22nd May – Spaces allocated by 24th May
NO TRANSPORT

We will pay for a cake and a drink for
the young carer attending



POT-A-DOODLE DO



Pot-A-Doodle Do pottery painting class
Borewell, Scremerston, Berwick-Upon-Tweed TD15 2RJ

Wednesday 1st June 2pm - 3pm

Book by 22nd May – Spaces allocated by 24th May
Info: 12 spaces, limited local northern transport only.

Come along and get creative painting your own pottery to take home.





COLOUR! OBSTACLE! RUSH!

High Gosforth Park, Newcastle upon Tyne
NE3 5HP, United Kingdom

Saturday 11th June 2pm-4pm

Only 10 spaces available.

Wear comfortable, old outdoor sports clothing and footwear.

Giant obstacle course with coloured powder paints and t-shirt provided to get messy and covered in paint.

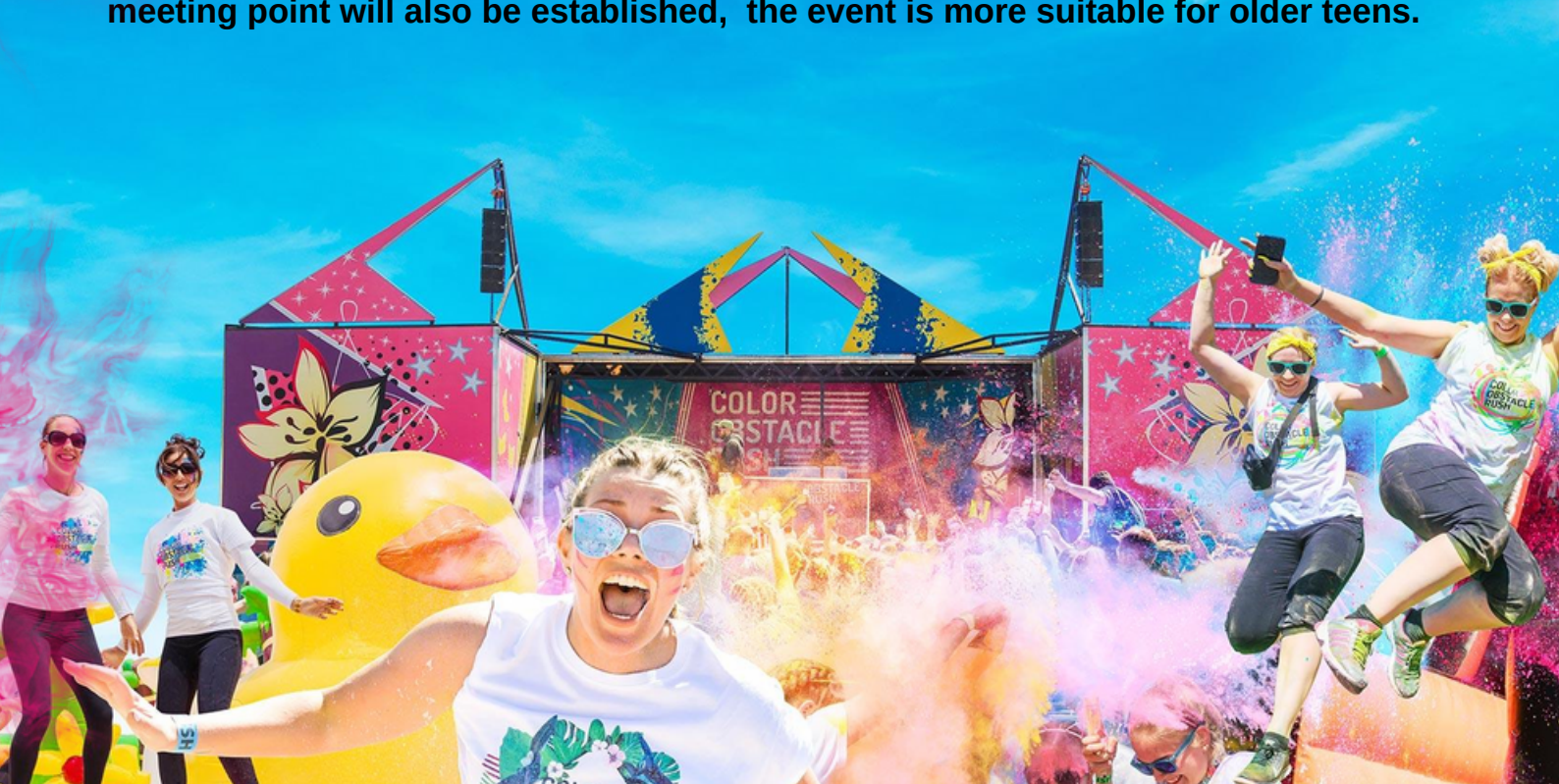
Change of clothing, towel and wipes required.

Transport available

Book by 29th May

Spaces and transport allocated by 1st June

Please note, we may get separated at the event, a buddy system will be in place, and a meeting point will also be established, the event is more suitable for older teens.





BOOK CLUB

online via zoom

**Tuesday 21st June
5pm-6pm**

A book of choice will be posted out for everyone to read and we will discuss it during the zoom session with a mini quiz and creative character drawing activities.

Book by 12th June
Spaces allocated and books posted 14th June

Zumba session

The Swan Centre For Leisure, Berwick

Tuesday 28th June 5.45pm-6.45pm

Wear sports clothing and footwear.

Come along to Zumba to have fun and get fit whilst dancing.

Local northern transport only.



ZUMBA

PADDLE

8+

BOARDING



**PADDLE BOARDING LESSON
NEWBIGGIN BY THE SEA**

SUNDAY 26TH JUNE 11AM-12PM

**MUST BE ABLE TO SWIM.
WET SUITS AND PADDLE BOARDS PROVIDED.
NO TRANSPORT PROVIDED.
CHANGE OF CLOTHING AND TOWEL REQUIRED.**

BOOK BY 12TH JUNE SPACES ALLOCATED BY 14TH JUNE

WINNER WINNER CHICKEN DINNER!!

Huge well done to Paige who won our Easter competition with this brilliant entry....



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of our latest updates and
photos from our Young Carers
Project