

Hello Everyone...

Hi everyone. There's a fabulous two months ahead. Valentines Day, pancake day and Young Carers Action Day. To celebrate Young Carers Action Day we are hosting a Family Fun Day on 18th February (half term) at Blyth Sports Centre. It's FREE and you and your family are invited. Contact us to book.

Anne-Marie & Karen

Book it.

ALL ACTIVITIES AND EVENTS MUST BE PRE-BOOKED

How to book
Via our website:

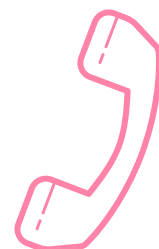
www.carersnorthumberland.org.uk/new-and-events

Telephone: 01670 320025

Email: youngcarers@carersnorthumberland.org.uk



**PLEASE TAKE NOTE OF OUR
NEW BOOKING SYSTEM**





Please note: Activities may be cancelled if we do not meet minimum numbers.

Date	Time	Activity	Age group	Book by
Sunday 8 th February	11am	Gymnastics	8+	2/2/26
Wednesday 18 th February	1pm-3pm	Family Fun Day	all	12/2/26
Thursday 19 th February	11am-2:30pm	Woodland ranger	8+	6/2/26
Friday 20 th February	12pm-3pm	Wagamama	12+	10/2/26
Monday 23 rd February	4:30pm-5pm	Welcome meeting	all	20/2/26
Thursday 26 th February	4:30pm-5:30pm	Banoffee pie	all	15/2/26
Thursday 12 th March	4:30pm-5:30pm	Unicorn drawing lesson	all	1/3/26
Saturday 21 st March	1pm-2pm	Climbing wall	12+	9/3/26
Saturday 28 th March	11am-1pm	Arcade Warehouse	8+	15/3/26
Sunday 29 th March	11am-3pm	Lilidorei & Alnwick Garden	8+	13/3/26
Monday 30 th March	4:30pm-5pm	Welcome meeting	all	20/2/26

Activities

Please take note of the age symbol next to our activities:

- 8 plus means for young carers aged over 8
- 12 plus is for those over 12
- If an activity has no symbol it is open to any age



How to book onto activities

Book onto an activity on our website in the young carers section or by emailing youngcarers@carersnorthumberland.org.uk.

Automated confirmation email from website (if booked through website).

Confirmation emails sent out after the booking deadline to confirm your child's place or place on the waiting list. Further details provided in this email including payment instructions.

You will receive a reminder text message a few days before the activity.

Activity 😊

Activity evaluation completed by young carers and photographs of the activity posted to our Young Carers Facebook page.

Please do not come to an activity without booking. If you have not had a booking confirmation email confirming your child's place and with further details contact us prior to the activity. Please cancel activities ASAP if you cannot make it.



Banoffee Pie



Join in our Zoom cooking session to make a delicious banoffee pie. Smooth toffee, cream, bananas and a biscuity base. Yum! Alternative fruits can be used if preferred. The best bit...there's no cooking required.

Thursday 26th February 4:30pm-5:30pm.
Book by Sunday 15th February.

No cost. A gift card will be sent to you prior to purchase ingredients.



The ARCADE WAREHOUSE



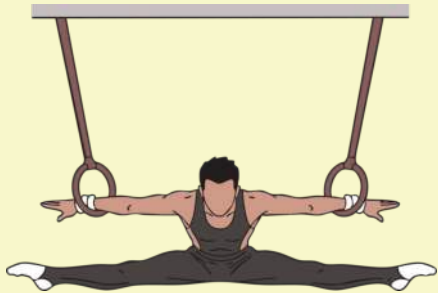
Play at the arcades until your heart's content at no cost.
Transport available from Alnwick, Amble Ashington & Blyth.

Saturday 28th March 11am-1pm.
Book by Sunday 15th March.

No additional cost for arcades but £5 cost for activity.

(Please note there is a minimum number per pick up location. If this is not met the pickup point may be cancelled)





GYMNASTICS



Meet us at Wansbeck Gymnastics & Trampolining Club for a fabulous gymnastics session and use of the air pit and trampolines.

Sunday 8th February 11am.
Book by Monday 2nd February.

No transport. No cost.



wagamama



Love Asian food? Curries, noodles, or stir-fry's? Come with us to Wagamama's in the Metrocentre for a delicious meal.

Friday 20th February 12pm-3pm.
Book by Tuesday 10th February.

Train transport from Ashington, Bebside, Newsham, Seaton Delaval or meet us at Newcastle train station.
 £5 cost.

Fair Futures for Young Carers

Being a young carer shouldn't be a barrier to a young person's dreams. It should be a stepping stone to a brighter future.

Together, let's create a future where young carers can dream without limits.

Your voice matters. Support us on Young Carers Action Day so every young carer can learn, earn, and thrive!



Young Carers Action Day is an annual event to celebrate young carers and to highlight the challenges faced.

The theme this year is 'Fair Futures'.

We will be posting regularly on our social media platforms throughout the day.

We will be celebrating Young Carers Action Day in half term, Wednesday 18th February 2026 at our Family Fun Day in Blyth. All young carers and their family welcome. Booking essential.

Find out more and get involved:
Carers.org/ycad

#YoungCarersActionDay



Wednesday 11th March 2026



WOODHORN MUSEUM PASSES



Snag Our Woodhorn Museum Passes!

Located in Ashington, once the largest pit village in the world, the former colliery is now home to a popular visitor attraction. Woodhorn brings to life Northumberland's proud mining heritage, making it a fun and cultural day out for all the family.

We have a number of passes for carers to borrow that allow free access to the museum. Get in touch on 01670 320025 or info@carersnorthumberland.org.uk for more details or to book your passes.

Up and coming events:

- The Hungry Miner - Craft your own miner and some food for their bait!
- Learn to make Proggy mats
- Northumberland exhibition

More info on their website: <https://www.northeastmuseums.org.uk/woodhorn/visit>



Young Carers Family Fun Day

When: Wednesday, 18th February 2026

Time: 1:00 PM – 3:00 PM

Where: Blyth Sports Centre

Exclusive Event: Open to registered young carers and family members only!

What's On:



Full Circle Food: Pedal the Smoothie Bike!



**Newcastle United Foundation:
Professional Football Session**



Gaming Bus: Latest games and consoles



Blyth Valley Samba: High-energy drumming



Mortal Fools: Arts & crafts workshop



+ Glitter Tattoos, Fun Team Games, and Art Table!

How to Join:

Booking is essential!

Please email:

youngcarers@carersnorthumberland.org.uk

to secure your spaces!



Woodland Ranger

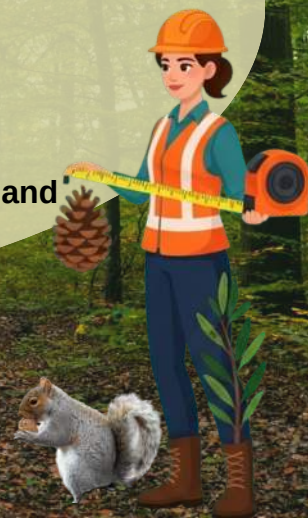


Fancy being a park ranger for the day? Come along to Wallington Hall and spend the day in the forest with nature. You'll learn about the forest and help to get stuck in cutting saplings.

Thursday 19th February 11am-2:30pm.

Book by Friday 6th February.

Transport available from Morpeth, Bedlington Ashington and Blyth. Cost £5.



Climbing Wall



Meet us in Morpeth at the Coliseum to climb with us at the first-ever bouldering wall, with a range of walls to suit all abilities, from beginner to expert.

Saturday 21st March

1pm-2pm.

Book by Monday 9th March.

No travel. No cost.





&



If you love the magical playground that is Lilidorei, love the water fountains and the poison garden if you've never been and fancy coming along, this activity is for you.

You will have time to explore the Garden and Lilidorei.
Those attending need to bring a packed lunch and a drink.

Sunday 29th March 11am-3pm
Book by Friday 13th March.

Transport available from Berwick.
Cost: £5.



Welcome Meeting

NEW

Are you a newly registered young carer and want to know more about us and what support we can offer?
Join our online Zoom welcome meeting for a chat.
Parents are welcome to join too.

Monday 23rd February and 30th March
4:30pm-5pm.
Book by 20th February for either.

Contact us if you'd prefer a different day/time.
Email: young_carers@carersnorthumberland.org.uk



UNICORN DRAWING LESSON

Pencils at the ready and join Rob Biddulph's step by step tutorial on Zoom to create your very own unicorn masterpiece. A Zoom link will be emailed to you.

Thursday 12th March 4:30pm-5:30pm
Book by Sunday 1st March.

No cost.



You must
complete

WHEN YOU REGISTER WITH US YOU MUST COMPLETE THE BELOW QUESTIONNAIRES



Scan here to
complete.
Don't forget
to add your
surname too
so we know
who it's from.

! WARNING

If you do not complete
the questionnaires you
will not be able to access
the activities.



Valentine's Day

Word Search



X	L	H				E	P	V						
T	P	C	F	B		V	V	L	G	E				
L	I	K	E	J	F	D	O	F	A	N	C	M	N	
H	D	Y	K	K	L	R	L	S	R	L	Y	U	B	P
A	E	W	U	I	O	O	K	W	I	E	X	P	R	K
A	R	A	B	S	W	M	L	E	E	N	O	I	A	K
P	F	Y	R	S	E	A	I	E	N	T	C	D	C	V
Z	X	F	B	T	R	N	O	T	D	I	R	R	E	M
P	D	E	E	S	T	A	H	S	N	A	P	F		
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		G	T	T	C	U	A	I	N	Y				
			H	E	I	G	R	P	K					
				P	C	O	T	F						
					V	K	N							
						A								

Word list:

AFFECTION
CRAZY
CUPID
DATE
EMBRACE

FLOWERS
FRIENDSHIP
HEART
HUG
KISS

LIKE
LOVE
ROMANTIC
SWEETHEART
VALENTINE



Borrow our
Alnwick Garden & Lilidorei Passes



We have a limited number of passes that allow free access to Alnwick Garden / Lilidorei.

Bookings can be made to access the Garden only or Garden and Lilidorei for registered carers and additional guests.

Passes include free car parking and 10% off food, beverages and gifts.

Further eligibility and booking criteria applies, contact us on 01670 320025 or info@carersnorthumberland.org.uk for more information and to check availability.



Young Carers Forum




Our next Young Carers Forum will be:

When: Tuesday 19th February 2026

Time: 1pm-2pm

Where: 107-109 Station Road, Ashington, NE63 8RS

Cakes & travel will be provided. Reps will be rewarded with an end of year trip if they attend 3 or more meetings, certificate and lanyard.



Your young carer ambassadors are:

- Ivy Wyatt
- Ella Peverley
- JessicaTurnbull
- Halie Ward
- Zakk Mitchell
- Kaitlyn Batchelor Bowman



Follow us on Facebook –
young carers Northumberland
We share updates on activities
and photos from events in this
group!



Follow Carers
Northumberland on
Instagram and you can see all
of our latest updates and
photos from our Young Carers
Project