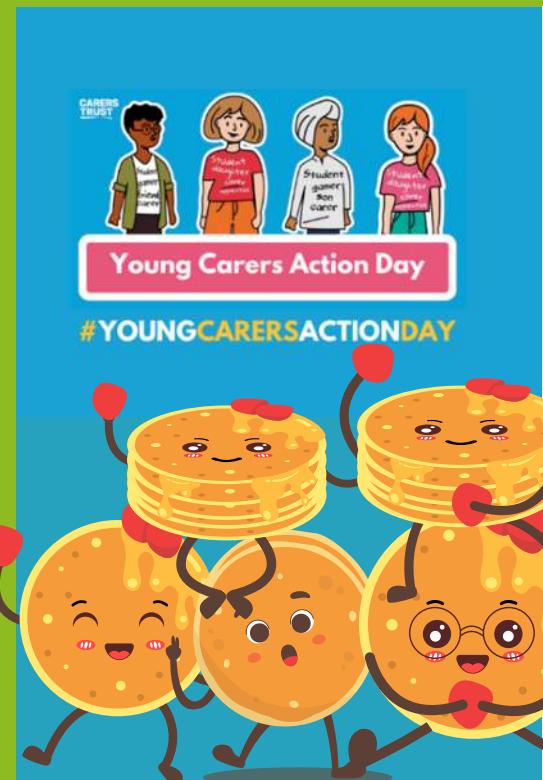




FEB / MARCH  
2026

# NEWSLETTER



## Hello Everyone...

Hi everyone. There's a fabulous two months ahead. Valentines Day, pancake day and Young Carers Action Day. To celebrate Young Carers Action Day we are hosting a Family Fun Day on 18<sup>th</sup> February (half term) at Blyth Sports Centre. It's FREE and you and your family are invited. Contact us to book.

Anne-Marie & Karen

# Book it.

ALL ACTIVITIES AND EVENTS MUST BE PRE-BOOKED

How to book

Via our website:

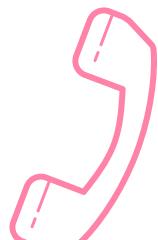
[www.carersnorthumberland.org.uk/new-and-events](http://www.carersnorthumberland.org.uk/new-and-events)

Telephone: 01670 320025

Email: [youngcarers@carersnorthumberland.org.uk](mailto:youngcarers@carersnorthumberland.org.uk)



PLEASE TAKE NOTE OF OUR  
NEW BOOKING SYSTEM



# what's on

**Please note: Activities may be cancelled if we do not meet minimum numbers.**

Date	Time	Activity	Age group	Book by
Sunday 8 <sup>th</sup> February	11am	Gymnastics	8+	2/2/26
Wednesday 18 <sup>th</sup> February	1pm-3pm	Family Fun Day	all	12/2/26
Thursday 19 <sup>th</sup> February	11am-2:30pm	Woodland ranger	8+	6/2/26
Friday 20 <sup>th</sup> February	12pm-3pm	Wagamama	12+	10/2/26
Monday 23 <sup>rd</sup> February	4:30pm-5pm	Welcome meeting	all	20/2/26
Thursday 26 <sup>th</sup> February	4:30pm-5:30pm	Banoffee pie	all	15/2/26
Thursday 12 <sup>th</sup> March	4:30pm-5:30pm	Unicorn drawing lesson	all	1/3/26
Saturday 21 <sup>st</sup> March	1pm-2pm	Climbing wall	12+	9/3/26
Saturday 28 <sup>th</sup> March	11am-1pm	Arcade Warehouse	8+	15/3/26
Sunday 29 <sup>th</sup> March	11am-3pm	Lilidorei & Alnwick Garden	8+	13/3/26
Monday 30 <sup>th</sup> March	4:30pm-5pm	Welcome meeting	all	20/2/26

## Activities

Please take note of the age symbol next to our activities:

- 8 plus means for young carers aged over 8
- 12 plus is for those over 12
- If an activity has no symbol it is open to any age



## How to book onto activities

**Book onto an activity on our website in the young carers section or by emailing [youngcarers@carersnorthumberland.org.uk](mailto:youngcarers@carersnorthumberland.org.uk).**

**Automated confirmation email from website (if booked through website).**

**Confirmation emails sent out after the booking deadline to confirm your child's place or place on the waiting list. Further details provided in this email including payment instructions.**

**You will receive a reminder text message a few days before the activity.**

**Activity**

**Activity evaluation completed by young carers and photographs of the activity posted to our Young Carers Facebook page.**

**Please do not come to an activity without booking. If you have not had a booking confirmation email confirming your child's place and with further details contact us prior to the activity. Please cancel activities ASAP if you cannot make it.**

# Banoffee Pie

Join in our Zoom cooking session to make a delicious banoffee pie. Smooth toffee, cream, bananas and a biscuity base. Yum! Alternative fruits can be used if preferred. The best bit...there's no cooking required.

Thursday 26<sup>th</sup> February 4:30pm-5:30pm.  
Book by Sunday 15<sup>th</sup> February.

No cost. A gift card will be sent to you prior to purchase ingredients.

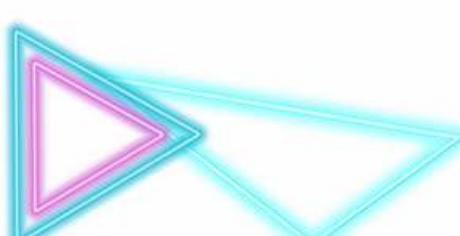


Play at the arcades until your heart's content at no cost.  
Transport available from Alnwick, Amble, Ashington & Blyth.

Saturday 28th March 11am-1pm.  
Book by Sunday 15<sup>th</sup> March.

No additional cost for arcades but £5 cost for activity.

*(Please note there is a minimum number per pick up location. If this is not met the pickup point may be cancelled)*





# GYMNASTICS

8+

Meet us at Wansbeck Gymnastics & Trampolining Club for a fabulous gymnastics session and use of the air pit and trampolines.

**Sunday 8<sup>th</sup> February 11am.  
Book by Monday 2<sup>nd</sup>  
February.**

No transport. No cost.



**wagamama**

12

Love Asian food? Curries, noodles, or stir-fry's? Come with us to Wagamama's in the Metrocentre for a delicious meal.

**Friday 20<sup>th</sup> February 12pm-3pm.  
Book by Tuesday 10<sup>th</sup> February.**

Train transport from Ashington, Bebside, Newsham, Seaton Delaval or meet us at Newcastle train station.  
£5 cost.

# Fair Futures for Young Carers

Being a young carer shouldn't be a barrier to a young person's dreams. It should be a stepping stone to a brighter future.

Together, let's create a future where young carers can dream without limits.

Your voice matters. Support us on Young Carers Action Day so every young carer can learn, earn, and thrive!



Find out more and get involved:  
[Carers.org/ycad](http://Carers.org/ycad)

#YoungCarersActionDay



Wednesday 11<sup>th</sup> March 2026

Young Carers Action Day is an annual event to celebrate young carers and to highlight the challenges faced.

The theme this year is 'Fair Futures'.

We will be posting regularly on our social media platforms throughout the day.

We will be celebrating Young Carers Action Day in half term, Wednesday 18<sup>th</sup> February 2026 at our Family Fun Day in Blyth. All young carers and their family welcome. Booking essential.



## WOODHORN MUSEUM PASSES



### Snag Our Woodhorn Museum Passes!

Located in Ashington, once the largest pit village in the world, the former colliery is now home to a popular visitor attraction. Woodhorn brings to life Northumberland's proud mining heritage, making it a fun and cultural day out for all the family.

We have a number of passes for carers to borrow that allow free access to the museum. Get in touch on 01670 320025 or [info@carersnorthumberland.org.uk](mailto:info@carersnorthumberland.org.uk) for more details or to book your passes.

#### Up and coming events:

- The Hungry Miner - Craft your own miner and some food for their bait!
- Learn to make Proggy mats
- Northumberland exhibition

More info on their website: <https://www.northeastmuseums.org.uk/woodhorn/visit>



# Young Carers Family Fun Day

**When: Wednesday, 18th February 2026**

**Time: 1:00 PM – 3:00 PM**

**Where: Blyth Sports Centre**

**Exclusive Event: Open to registered young carers and family members only!**

## What's On:



**Full Circle Food: Pedal the Smoothie Bike!**



**Gaming Bus: Latest games and consoles**



**Blyth Valley Samba: High-energy drumming**



**Mortal Fools: Arts & crafts workshop**

**+ Glitter Tattoos, Fun Team Games, and Art Table!**

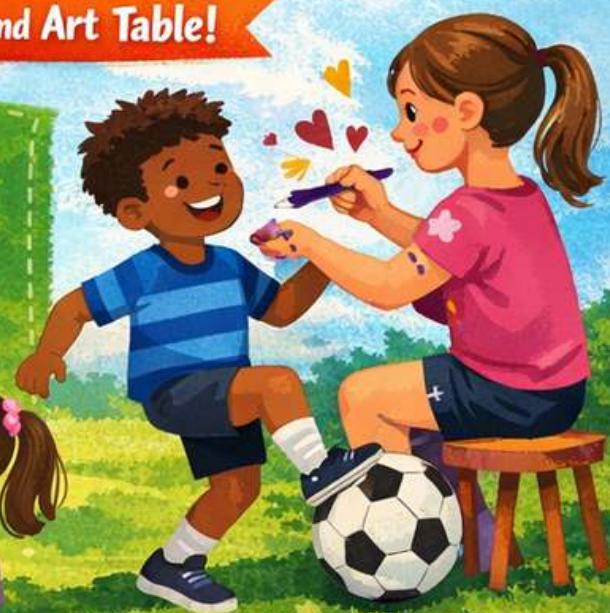
## How to Join:

**Booking is essential!**

**Please email:**

**[youngcarers@carersnorthumberland.org.uk](mailto:youngcarers@carersnorthumberland.org.uk)**

**to secure your spaces!**



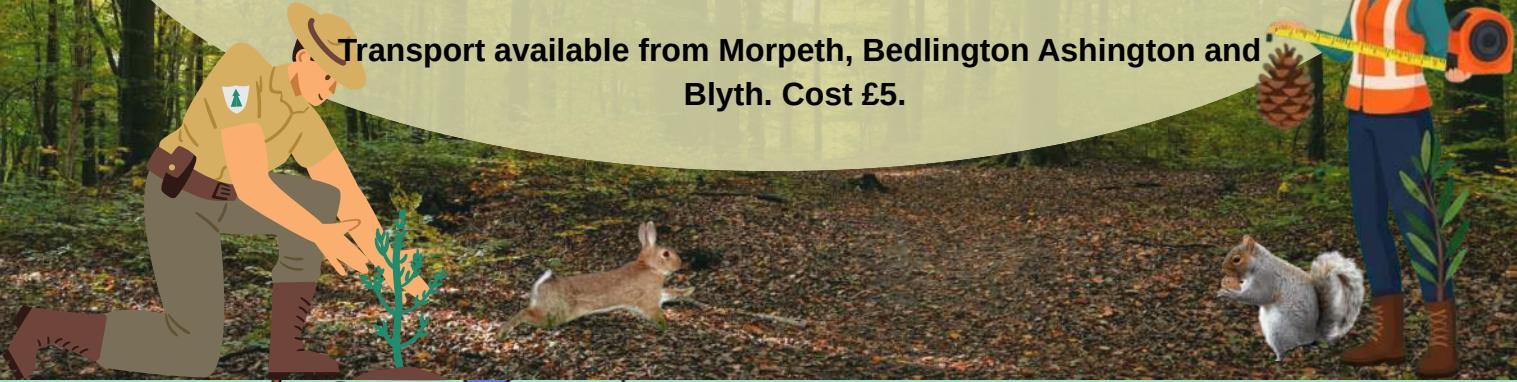
# Woodland Ranger

8+

Fancy being a park ranger for the day? Come along to Wallington Hall and spend the day in the forest with nature. You'll learn about the forest and help to get stuck in cutting saplings.

Thursday 19<sup>th</sup> February 11am-2:30pm.  
Book by Friday 6<sup>th</sup> February.

Transport available from Morpeth, Bedlington, Ashington and Blyth. Cost £5.



## Climbing Wall

12+

Meet us in Morpeth at the Coliseum to climb with us at the first-ever bouldering wall, with a range of walls to suit all abilities, from beginner to expert.

Saturday 21<sup>st</sup> March  
1pm-2pm.  
Book by Monday 9<sup>th</sup> March.

No travel. No cost.





&



If you love the magical playground that is Lilidorei, love the water fountains and the poison garden if you've never been and fancy coming along, this activity is for you.

You will have time to explore the Garden and Lilidorei.  
Those attending need to bring a packed lunch and a drink.

**Sunday 29<sup>th</sup> March 11am-3pm**  
**Book by Friday 13<sup>th</sup> March.**

Transport available from Berwick.

Cost: £5.



## Welcome Meeting

**NEW**

Are you a newly registered young carer and want to know more about us and what support we can offer?

Join our online Zoom welcome meeting for a chat.

Parents are welcome to join too.

**Monday 23rd February and 30th March**

**4:30pm-5pm.**

**Book by 20<sup>th</sup> February for either.**

Contact us if you'd prefer a different day/time.

Email: [young.carers@carersnorthumberland.org.uk](mailto:young.carers@carersnorthumberland.org.uk)

# UNICORN DRAWING LESSON

Pencils at the ready and join Rob Biddulph's step by step tutorial on Zoom to create your very own unicorn masterpiece. A Zoom link will be emailed to you.

Thursday 12<sup>th</sup> March 4:30pm-5:30pm  
Book by Sunday 1<sup>st</sup> March.

No cost.



You must  
complete

**WHEN YOU REGISTER WITH  
US YOU MUST COMPLETE  
THE BELOW  
QUESTIONARES**



scan here to  
complete.  
Don't forget  
to add your  
surname too  
so we know  
who it's from.



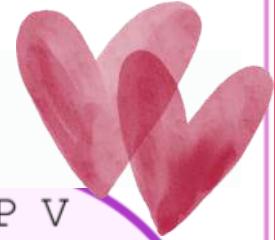
**WARNING**

If you do not complete  
the questionnaires you  
will not be able to access  
the activities.



# Valentine's Day Word Search

## Word Search



### Word list:

AFFECTION  
CRAZY  
CUPID  
DATE  
EMBRACE

FLOWERS  
FRIENDSHIP  
HEART  
HUG  
KISS

LIKE  
LOVE  
ROMANTIC  
SWEETHEART  
VALENTINE

Borrow our  
**Alnwick Garden & Lilidorei Passes**



We have a limited number of passes that allow free access to Alnwick Garden / Lilidorei.

Bookings can be made to access the Garden only or Garden and Lilidorei for registered carers and additional guests.

Passes include free car parking and 10% off food, beverages and gifts.

Further eligibility and booking criteria applies, contact us on 01670 320025 or [info@carersnorthumberland.org.uk](mailto:info@carersnorthumberland.org.uk) for more information and to check availability.



# Young Carers Forum



Our next Young Carers Forum will be:

**When:** Tuesday 19<sup>th</sup> February 2026

**Time:** 1pm-2pm

**Where:** 107-109 Station Road, Ashington, NE63 8RS

Cakes & travel will be provided. Reps will be rewarded with an end of year trip if they attend 3 or more meetings, certificate and lanyard.

**Your young carer  
ambassadors are:**

- **Ivy Wyatt**
- **Ella Peverley**
- **Jessica Turnbull**
- **Halie Ward**
- **Zakk Mitchell**
- **Kaitlyn Batchelor Bowman**



Follow us on Facebook -  
young carers Northumberland  
We share updates on activities  
and photos from events in this  
group!



**Follow Carers  
Northumberland on  
Instagram and you can see all  
of our latest updates and  
photos from our Young Carers  
Project**