

Interview Tips

1 Research the business before you go for your interview, and know what the dress code is. Organisations such as [Smart Works](#) and [Suitability](#) can support you with free interview clothes.



2 Manage any nerves you have by thinking positively, taking deep breaths and getting some fresh air. This will help to clear your head of nerves before you go into the interview.

3 Make sure you know your key skills beforehand. Read over your CV and the job application you submitted.

4 Ask questions during the interview. This will show your enthusiasm and give you the chance to check the job is right for you.



5 The most important thing is to be yourself! This will show your confidence and help you to relax during the interview.



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