Before Treatment Care

Please follow these rules to achieve the best healed results.

3 weeks before

•Botox can be performed • Stop using retinol and vitamin A

2 weeks before

•No facials/chemical peels • Sun beds/tan • No tinting or waxing your brows

48 hours before

• Stop blood thinners if cleared by GP • Fill in content form if not already done

Day Before

• No aspirin or ibuprofen • No alcohol

Day of treatment

• No caffeine • Wash hair before • No exercise • No smoking 3 hours before