

Before Treatment Care

Please follow these rules to achieve the best healed results.

3 weeks before

- Botox can be performed
- Stop using retinol & vitamin A

2 weeks before

- No facials/chemical peels
- Sun beds/tan
- No tinting or waxing your brows

48 hours before

- Stop blood thinners if cleared by GP
- Fill in content form if not already done

Day Before

- No aspirin or ibuprofen
- No alcohol

Day of treatment

- No caffeine
- Wash hair before
- No exercise

