

## **Emmaus Cheat Sheet**

- I. **Opportunities to serve on the mountain** (\*Always wear your name tag for any Emmaus event.) (\*No children allowed on the mountain at any time during a walk and only those adults who have been on an Emmaus Walk may attend Walk events)
- a. **Meals**-You can come and help with set up, serving, and clean up of any meal during an Emmaus walk without signing up. Just come about an hour prior to meal times. Meal times are:
- i. Thursday- Dinner 6:30 pm\* (Bring a covered dish and/or dessert. We arrive around 6 in order to fellowship and welcome the new pilgrims to the mountain.)
  - ii. Friday- Breakfast-8:00 am  
Lunch-12:15 pm  
Dinner-5:30 pm
  - iii. Saturday-Breakfast-8:00 am  
Lunch-12:15 pm  
Dinner-6:30\* (wear black pants and white shirts: preferably men only serve on women's walks and women only serve on men's walks for this meal)
  - iv. Sunday-Breakfast-8:00 am  
Lunch-12:15pm
- b. **Important times for sponsors/community**
- i. **Send-off**-Thursday night from 6-8 all sponsors and community members gather for a covered dish meal with the pilgrims. Wear your name badge and help to make the pilgrims feel welcome and at ease. If you are a sponsor, you will drive your pilgrim to the camp and help them settle in.
  - ii. **Sponsor's Hour**-As soon as the pilgrims exit to the conference room, all sponsors go into the prayer chapel to pray for each pilgrim by name, have a brief devotion and share in communion. ALL community members are welcome to stay and pray.
  - iii. **Saturday night dinner**-The idea is for the men to serve the women and the women to serve the men. Sponsors should ensure there is someone present to walk their pilgrim in. Preferably someone the pilgrim personally knows (spouse, family member, etc.)
  - iv. **Candlelight**-Immediately following Saturday night dinner the community gathers at First Church in Dayton to pray for each pilgrim by name, share in a brief devotion and communion. \*If you have a pilgrim on the walk, do not delay getting to the church after dinner so that you do not miss the prayer time. Candlelight starts at 8:30 pm and ALL members of the Emmaus community are encouraged to attend.
  - v. **Closing**- Sunday afternoon at 4:30 pm, closing ceremony will start. ALL community members should attend to celebrate with the pilgrims and officially welcome them into the community. If you are a sponsor, you will load your pilgrim's belongings prior to closing so that you may leave and return your pilgrim home after closing.
  - vi. **4<sup>th</sup> Day Follow-up meeting**- All sponsors should attend the follow up meeting with their pilgrim. ALL team members should attend as well. Other community members are welcome to attend if desired. This is typically the Tuesday after the walk.
- c. **Prayer**-You can sign up for any 30 minute time slot during the entire 72 hour walk at [www.emmausdayton.com](http://www.emmausdayton.com). You are also free to come to the mountain to pray for speakers in the prayer chapel before their talks. Arrive 30-45 minutes before their scheduled speaking time. Speaker times are:
- i. **Friday:**
    1. Priorities-9:15 am
    2. Prevenient Grace-11:15 am
    3. Priesthood of All Believers-1:45 pm
    4. Justifying Grace-3:00 pm
    5. Life of Piety-6:30 pm
  - ii. **Saturday:**
    1. Grow Through Study-8:45 am
    2. Means of Grace-10:15 am
    3. Christian Action-2:45 pm
    4. Obstacles to Grace-4:15 pm
    5. Discipleship-5:20 pm
  - iii. **Sunday:**
    1. Changing Our World-8:50 am
    2. Sanctifying Grace-10:00 am
    3. Body of Christ-11:00 am
    4. Perseverance-1:30 pm
    5. Fourth Day-2:30 pm

**\*If making Agape items, the numbers are: Cabins (30); Conference Room (42); Dining Room (80)**