

**FOR EXAMPLE ONLY**  
**PLEASE CONSULT YOUR DOCTOR FOR YOUR PATIENT'S SPECIFIC NEEDS**

**PATIENT'S WEEKLY SCHEDULE:**

AS OF DATE: _____	<u>MON</u>	<u>TUES</u>	<u>WEDS</u>	<u>THURS</u>	<u>FRI</u>	<u>SAT</u>	<u>SUN</u>
MORNING							
NEXIUM, & SORBON and ELLIQUIS & BRINTILLIX ½ HOUR BEFORE BREAKFAST							
Normalax							
BREAKFAST							
take blood pressure and record							
MORNING PILLS AFTER BREAKFAST: JANUET, (hold metoprolol if BP is low)) + EUTHYRAL							
SHOWER							
TEETH: CLEAN							
<u>AFTERNOON</u> AFTER LUNCH 2-3 P.M. PILLS: IRON,VITAMIN d SORBON + ALLOPURINAL							
B-12 UNDER TONGUE Sunday and Thurs only				yes b-12			yes B-12
6:30 pm TAKE NEXIUM + SORBON							
<u>EVENING:</u> 8 P.M. SPASMEX AND ELLIQUIS							
<u>SLEEP TIME; ABOUT 10 p&gt;m&gt;</u> TRAZODIL JANUET LITORVA							