



# **Soul-Cymatics™**

**The Principles of Spiritual Freedom**

**Alfred George Shaheen**



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This book is not intended as a substitute for the advice of health professionals. Readers should regularly consult health professionals in matters relating to their health and particularly with respect to any symptoms that may require diagnosis or medical attention.

Your Soul is Heaven in You.  
You and Your Soul are One.  
Love Your Soul.

“Be ye therefore perfect, even as your Father  
which is in Heaven is perfect.”

Matthew 5:48 (KJV)



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# Introduction

*Soul-Cymatics*<sup>™</sup> is the entrainment of one's physical body to the heavenly vibrations of one's soul body.

The nature of physical energy is conflict. The nature of soul energy is absolute peace. As one turns one's heart and mind toward one's soul body, one opens a river of absolute peace to this world. This outflow places the physical body midstream the currents of the soul. Immersed therein, the physical nature of one's physical body becomes a pure expression of one's soul body. This change from physical nature to soul nature is referred to herein as "spiritualization."

The physical body is physical energy/matter, the substance of the physical universe. Therefore, when one spiritualizes one's own physical body, one will learn that they can also spiritualize physical energy/matter everywhere.

As more people embrace the spiritualization process, the atmosphere (*influence*) of conflict on Earth will change to one of spiritual (*soul*) peace. This will influence harmony within humanity and with our planet. We are not forever stopping existing conflicts; we are changing the nature of the atmosphere (*influence*) of the planet from conflict to spiritual peace.

You can easily and immediately awaken to the heavenly (*soul*) dimension of your being by performing the *Edenic Prayer*™, presented herein. If you choose to awaken to your soul body, you will know the beatific energy of the dimension of the Soul (*Heaven*) that you can bring to the physical dimension. Moreover, you will see, that as more and more people receive their soul, the atmosphere of spiritual peace at the physical dimension can increase in density (*reality*) and spiritualize the Earth.

This is not only possible; it is inevitable. You will know this to be true as you experience the bliss of your soul and the effects of its beatific vibrations in your life.

There is no better teacher than our own souls. Awaken to your soul at the inner (*heavenly*) dimension of your being, and your soul, which is the presence of God (*Soul*) in you, will reveal to you the expanding activity of Its Heavenly Universe.

# Soul-Cymatics™

Cymatics, in a broad sense, is the resonant effect of a vibration on that which a vibration touches. A vibrating tuning fork, for example, touching a conductive plate with a layer of sand on it will rearrange those grains of sand into a pattern. Harmonious vibrations produce beautiful patterns and disharmonious vibrations produce muddled patterns.

*Soul-Cymatics™* is the resonant effect of the vibrations of the nature of one's soul body on one's physical body and physical life. Soul nature is the supreme (*divine*) harmony of Heaven. The heavenly patterns made in one's physical body and life by the vibrations of one's soul is *Edenic Healing™*, the supreme harmony of the soul made flesh.

Your soul is located at the inner dimension of your being. That inner dimension is our Soul Universe, commonly known as "Heaven." Our Soul Universe is composed of absolute life energy and life matter. The vibratory manifestations of the Soul in our Soul Universe compose the "Garden of Eden." The nature of Heaven, and thus of your soul, is Edenic self-completeness (*wholeness*) of being.

The physical universe is composed of physical energy and physical matter. Without the soul, the nature of physical en-

ergy/matter is conflict, separation, darkness, and doubt in the existence of good.

Each body, soul and physical, is absolute in its nature. While you are filled with the influences (*energy currents and vibrations*) of physical energy/matter, you will naturally contend with its dark nature. But as you awaken to your soul at the inner (*heavenly*) dimension of your being, you will see the difference between soul nature and physical nature, positive and negative, good and evil, peace and conflict, respectively. Moreover, as you continue to deepen into purer levels of your inner connection with your heavenly soul, you will learn that you are your eternal soul body, and that you are absolute (*divine*) good, also.

Who is this “you” that can connect to your soul body or to your physical body? Your heart and mind.

Your heart and mind are a lower dimension of your soul’s life energy.

Together, the heart and mind act as a conduit through which either body, physical or soul, expresses its universe.

The universe that expresses through you is determined by the influence (*energy currents and vibrations*) of the body, soul or physical, you choose to receive. The deeper (*purser*) your connection to either body the more powerful will be the influence (*energy currents and vibrations*) on your heart and mind from that body.

We can’t love the dark nature of physical energy/matter that possesses a heart and mind. But we naturally love the absolute good of Soul nature, which we are, and which we can express through our speech and actions.

All that is of God (*Soul*) is absolute good. If a manifestation is not of God's Soul, it is not of God (*Soul*). The manifestations born (*expressed*) through the heart and mind from the influence of physical nature are not Soul nature, they are of physical nature, which is darkness, conflict, and doubt in the existence of good. But through your heart and mind, Soul (*God*) will entrain (*raise*) the physical energy/matter in your life to the nature of the energy currents and vibrations of Heaven. This is the activity of Soul-Cymatics™.

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