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Pre-Instructions for PDT Therapy (blue light)

- 1. Please stop all Retinoids and Retinals 2 weeks before starting treatment.
- 2. Discontinue all Tetracycline-based antibiotics such as Doxycycline 1 week before procedure.
- 3. Tell us if you are on Accutane, Amiodarone or Furosemide (Lasix) or other photosensitizers.
- 4. If you have history of cold sores or sun induced fever blisters, let us know. You may need to pre-medicate for this problem.
- 5. Please be prepared to be in the office for a few hours due to Levulan application, incubation and the Blue Light treatment.
- 6. Please completely clean face before coming into office.
- 7. While under the Blue Light, you may experience discomfort like stinging, tingling and warmth. During the procedure, you will be provided with a fan and cooling stick to increase comfort.