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## **Surgery Pre-op Instructions**

To prepare for your upcoming surgery, please review the following instructions:

1. 5 days prior to your scheduled procedure stop all non prescription medications that may thin the blood. These include, but are not limited to: Ibuprofen, Motrin, Aleve, Aspirin, Garlic, Ginseng, Gingko, Vitamin E. Avoid Alcohol 5 days prior to your procedure. If you have specific questions regarding the medications you are taking, please call our office to discuss them
2. During the day of your procedure, you may take all your prescription medications that morning.
3. It is recommended that you eat and drink the morning of your scheduled surgery.
4. Most patients are able to drive themselves to their procedure. We will use local anesthesia, which does not affect your ability to drive. If you are generally uncertain as to how you will handle the procedure, please have someone drive you.
5. If you premedicate prior to procedures, please let us know if you need a refill on the antibiotic as we will need you to take your premedication 1 hour prior to your scheduled procedure.
6. Most surgeries are considered minor, and will only require rest the day of your procedure. In some cases, patients may return to work the day of their procedure, and in other cases, patients may need to be off work for a few days.
7. In general, strenuous activity will need to be avoided for 1-2 weeks. We will go over this specifically on the day of your procedure.
8. Missed surgery appointments are subject to a \$150.00 NO SHOW fee. Please provide at least 24 hours notice if you need to reschedule or cancel your appointment.

**Any questions regarding your procedure, please call the Patient Care Coordinator at  
(352) 350-5230 ext 704.**