

HOT DOG EATING CONTEST RULES, REGULATIONS, AND WAIVER FORM

Do you have dreams of being the next “Hot Dog Eating” Champion? Well here is your chance to sign up for the Belhaven Independence Day Hot Dog Eating Contest. You must be 18 years of age to enter the contest. All you have to do is fill out the application and return it to My Butcher in Belhaven or email to belhavenfestivalscommittee@gmail.com. This application must be completed in order to participate.

The number of contestants will be limited to the first 15 entries.

Registration Ends at 4:45 PM July 4, 2026 or when 15 completed entry forms have been received.

The rules:

- * The contestant to finish the most hot dogs in a 8 minute span is deemed the winner.**
- * One Hot Dog will be counted towards the participants' score when one full hot dog and one full bun is consumed.**
- * For example: If a competitor eats a bun, but none or partial of the dog, that counts for zero and vice versa.**
- * When the 8 minute time limit is up, contestants may not put any additional hot dog or buns in their mouths.**
- * Contestants will have 30 seconds to swallow what is in their mouths.**
- * Any contents remaining in the contestant's mouths at the end of 30 seconds will not be counted.**
- * Only fully consumed hot dogs will be counted towards an eater's score.**
- * There will be no partial hot dogs added to an eater's score, only fully consumed hot dog and buns.**
- * Participants are allowed water to aid with eating, dipping, or drenching. * Competitors can dunk hot dogs and buns in cups for no longer than five seconds. * Only water can be consumed during the competition.**
- * Eaters will have five hot dogs and buns plated in front of them. Eaters must finish one plate and move on to their next plate.**
- * Eaters must swallow the hot dog in order for it to count.**
- * Eaters are not allowed to use utensils.**
- * Eaters are allowed to deconstruct the hot dog, or eat the bun and meat separately. * Hot dog and bun can be separated.**
- * For example: Eaters are allowed to take the dog and snap it in any way they would like, they can also snap the bun anyway.**
- * Contestants must keep their food down for the duration of the contest to be counted. If a competitor cannot keep their food down, they are disqualified.**
- * Condiments are prohibited.**
- * In the event of a tie, there will be a three hot dog “eat-off,” which is a race to see who can eat the three fastest.**
- * During the three hot dog "eat-off," The person who eats the hot dogs the fastest will be named the winner.**
- * Contestants may sit or stand during the competition.**

Please complete the registration form and Return it to MY BUTCHER in Belhaven or email to belhavenfestivalscommittee@gmail.com

Name _____ DOB _____

Age _____

Address _____ , _____

Phone Number _____

Email _____

Hot Dog Eating Name*: (ex. Mad Dog, Dog Biter, etc.) _____

*The Belhaven Festivals Committee reserves the right to censor inappropriate names.

ALL CONTESTANTS MUST READ AND SIGN THIS WAIVER BEFORE ENTERING

In consideration for the privilege of participating in The Belhaven Independence Day Hot Dog Eating Contest ("the Hot Dog Contest"), the undersigned hereby agrees that:

1. I understand that there are inherent risks involved in participating in the Hot Dog Contest, including the risk of serious physical injury or death, and **I FULLY ASSUME ALL RISKS ASSOCIATED WITH THE HOT DOG CONTEST, EVEN IF SUCH RISKS ARE DUE TO THE NEGLIGENCE OF THE BELHAVEN FESTIVALS COMMITTEE, MY BUTCHER AND/OR ITS AGENTS, SERVANTS OR EMPLOYEES**, including but not limited to: CHOKING; NAUSEA; VOMITING; INDIGESTION; PAINFUL FLATULENCE; SEVERE HEARTBURN; DIARRHEA; FAINTING; ESOPHAGEAL INFLAMMATION; STOMACH RUPTURE OR DEATH.
2. I, for myself and for my heirs, assigns, successors, executors, administrators, and legal representatives, **AGREE TO DEFEND, INDEMNIFY AND HOLD HARMLESS BELHAVEN FESTIVALS COMMITTEE, MY BUTCHER AND THEIR AGENTS, SERVANTS OR EMPLOYEES** from any and all claims, suits or demands by anyone arising from my participation in the Hot Dog Contest **INCLUDING CLAIMS OF NEGLIGENCE ON THE PART OF THE BELHAVEN FESTIVALS COMMITTEE, MY BUTCHER AND/OR ITS AGENTS, SERVANTS OR EMPLOYEES**.
3. I, for myself and for my heirs, assigns, successors, executors, administrators, and legal representatives, **HEREBY RELEASE, AND AGREE THAT I WILL NOT SUE THE BELHAVEN FESTIVALS COMMITTEE, MY BUTCHER AND THEIR AGENTS, SERVANTS OR EMPLOYEES** for money damages for personal injury sustained by myself while participating in the Hot Dog Contest **EVEN IF SUCH INJURY IS DUE TO THE NEGLIGENCE OF BELHAVEN FESTIVALS COMMITTEE, MY BUTCHER AND/OR ITS AGENTS, SERVANTS OR EMPLOYEES**.

4. I understand and acknowledge that participating in the Hot Dog Contest may be inherently dangerous and while measures have been undertaken to make the Hot Dog Contest suitably safe, there is no guarantee that my participation in the Hot Dog Contest is safe and will not lead to injury. I assume all risks associated with my participation in the Hot Dog Contest.

I HAVE READ THIS WAIVER, HOLD HARMLESS AGREEMENT AND RELEASE OF LIABILITY AND FULLY UNDERSTAND ITS TERMS. I FURTHER UNDERSTAND THAT BY SIGNING THIS AGREEMENT, I AM GIVING UP SUBSTANTIAL LEGAL RIGHTS. I HAVE NOT BEEN INDUCED TO SIGN THIS AGREEMENT BY ANY PROMISE OR REPRESENTATION, AND I SIGN IT VOLUNTARILY AND OF MY OWN FREE WILL.

Signature_____

Date_____