

# Coaching Service Agreement

This agreement is entered into between the Coach and the Client for paid coaching services. Both parties acknowledge and agree to the terms below.

Coach Name: _____	Client Name: _____
Date: _____	Phone / Email: _____
Total Agreed Amount: \$ _____	Deposit Paid: \$ _____

## Service Selection

■ Coaching Service ■ One-Time Program

Selected Service: \_\_\_\_\_

- 1. Scope of Service** Coach agrees to provide the selected service in exchange for the agreed payment amount listed above.
- 2. Payment Terms** Client agrees to pay the agreed amount. Services may begin after deposit or payment is received as agreed by both parties.
- 3. Communication** Both parties agree to maintain respectful and professional communication.
- 4. Client Responsibility** Client understands results depend on consistency, effort, adherence, and lifestyle factors. No guaranteed results are promised.
- 5. Coaching Disclaimer** Coach provides fitness and educational nutrition guidance only and is not acting as a medical doctor or registered dietitian.
- 6. One-Time Program Terms** If one-time program is selected, service is considered fulfilled once the custom program has been delivered unless otherwise agreed in writing.
- 7. Refund Policy** Refund requests, if any, are subject to the written agreement between both parties.
- 8. Liability** Client participates voluntarily and assumes responsibility for exercise and lifestyle decisions.
- 9. Entire Agreement** This document reflects the agreement between both parties unless modified in writing.

# Final Signatures & Acceptance

By signing below, both parties confirm they have read, understood, and agree to all terms in this agreement.

Coach Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_

Client Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_