



JAN 22

4:45PM

CREW INTEREST MEETING

**BROAD RUN HIGH SCHOOL
BOYS/GIRLS VARSITY TEAMS**



COME ROW WITH US!

- No experience required!
- Learn about Winter Conditioning and the Spring Crew Season: winter workouts, on-the-water practices, regattas, team dinners
- ALL Broad Run students are welcome
- Join us in the BRHS Cafeteria to talk all things crew!



Broad Run High School Cafeteria



www.broadruncrew.com