



BROAD RUN CREW

Interest Meeting

Parents and Students
October 16, 2023

Who We Are

Broad Run Crew

Tier 3, Parent-Led Varsity Sport

- Sanctioned by LCPS, BR, not supported financially
- **Athletes are eligible for Varsity Letters and recognition through BRHS**
- 509(a) – non-profit charity, fundraising contributions are tax deductible
- Parent-led; Board manages administrative and financial details; we need more parents.
- This is a group effort - we support the kids and YES, it is fun!

We welcome ALL rowers – experienced and novice!

We welcome ALL parents – we need you!

BR Crew Board

Lynnette Brewer-Slaughter, President

Julie Schall, VP, Administration

Steve Kasban, Operations & Equipment

Thomas Ward, Treasurer

Emily Hanlin, Secretary

Advisors: Aimee Love, Meenakshi Parthasarathy,
Carolyn Galleher

Contact us at broadruncrewboard@gmail.com

What Has BRC Been Up To?

- New parent-led Board - 3 new officers, 2 returning
- Equipment updates – refurbished oars and motors, new cox boxes, new branded tents, new ergs coming soon
- Officially hired new coaches
- Events to attract new rowers – table sign-ups, presence at home games, etc.
- Budget and planning for the 2024 season
- Developing streamlined administrative processes
- Broad Run Crew charter renewed with Broad Run High School
- Supported BRC entries at States, Stotes, Nationals in TN
- Hosted 2 Summer Learn to Row sessions
- Currently participating in Fall Rowing with Loudoun Rowing Association

Commitments to BRC

Rowers:

- **Attend Winter Conditioning**
- **Tryouts in February - pass swim test**
- **Crew Season:** February - May 2024
 - **Practices:** After School (M-F)
 - **Regattas:** 8 Saturdays

Crew Team Families:

- **Pay Membership Dues & Fees**
- **Volunteer**
- **Fundraise**

See [Broadruncrew.com](https://broadruncrew.com) and TeamSnap for schedule of events.

Financial Commitment

- **Membership Dues**

- Spring 2024 - \$1,100 (sibling discount of \$330)
- Winter Conditioning - \$150

- **Uniforms**

- \$90 - new rowers only

- **Fundraising**

- Each family - \$350 “fair share” fundraising commitment
- Covers equipment purchases like ergs, shoes, oars, cox boxes, refurbishment of motors, etc.
- All rowers (and families) are expected to participate
- BRC Board will provide fundraising opportunities

Eligibility Requirements

- Broad Run High School Students
- Farmwell Station Middle School 8th grade students may participate if they become 14 on or before Aug 1, 2023
- School & Practice Attendance
- Maintain minimum grade requirement

SPRING 2023 VOLUNTEERS



Volunteer Committees

- **OPERATIONS** (Equipment, grounds, transportation)
- **FUNDRAISING**
- **HOSPITALITY** (Friday dinners, regatta food, socials)
- **SPIRIT WEAR & UNIFORMS**
- **COMMUNICATIONS**
- **ADMINISTRATION**
- **LEARN TO ROW (LTR)**
- **Virginia Scholastic Rowing Association (VASRA)**



Visit [Broad Run Crew Website](#) for full committee descriptions

Committee Leads

BRC VOLUNTEER COORDINATOR - *Volunteer needed*

OPERATIONS COMMITTEE - Steve Kasban, Gene Chun & Miguel Umana

FUNDRAISING COMMITTEE - *Volunteer needed*

HOSPITALITY COMMITTEE - *Volunteer needed*

SPIRITWEAR & UNIFORM COMMITTEE - *Volunteer needed*

ADMINISTRATION COMMITTEE - Thomas Ward, Jennifer Vassar

COMMUNICATIONS COMMITTEE - Julie Schall, Michaela Ward

LEARN TO ROW COMMITTEE - *Volunteer needed*

LRA FALL ROWING REPRESENTATIVE - Lynnette Brewer-Slaughter

VASRA LOC (Local Organizing Committee) - Nate Wenger - *Freshman or Sophomore Volunteer Needed to Shadow*

How to volunteer

- See [Broad Run Crew Website](#) for committee descriptions.
- Select committee(s) on BRC Rower Registration Form or Sign-up Sheets.
- Receive notification of volunteer needs by direct email, Sign-up Genius or TeamSnap.

Contact broadruncrewboard@gmail.com with questions.

Additional Volunteer Opportunities

Loudoun Rowing Association (LRA) Board (Fall rowing)

- Seasonal
- 1 BRC Board Member & 1 BRC Parent

BRC Board

- Year-round (elections in May/June)
- BRC Parents

Contact broadruncrewboard@gmail.com to learn more

Meet the Coaches

Head Coach, Mike Love



Assistant Coaches:



Sathy Gunawardhana



Adam Kuntz



Cassie Bends

Rick Schall

Coaches Corner

- Results / highlights from last season
- BRC Alumni have gone on to row at Temple, Tennessee, OSU etc.
- 2023-24 Captains
- What do I need for practice – Winter / Spring?
- Winter Conditioning Schedule
- What if I need to miss a practice?
- Rowing and the weather
- Spring '24 Regattas
- Stotesbury Cup
- Nationals

What is Rowing for BR Like?

- Commitment to teamwork and cooperation on boats of 4 or 8 + coxswain
- Row / Compete in the Spring; Fall/Winter Conditioning on land
- Practices are at “The Gonk” (Algonkian Park, Sterling) after school hours
- Winter conditioning combines erg training, running, and strength training
- **Athletes are eligible for Varsity Letters and recognition through BRHS**
- Regattas are run by the Virginia Scholastic Rowing Association (VASRA) and are held at Sandy Run on the Occoquan River (FFX)
- Yes, the blisters are real but so is the FUN!

Next Steps: Registration

[Register](https://broadruncrew.com/brc-registration) at: <https://broadruncrew.com/brc-registration>

REGISTRATION

BRC Winter Conditioning

+

BRC Spring Crew Season 2023

+

BRC WINTER CONDITIONING & SPRING REGISTRATION

Please complete all steps listed below.

BRC Team Registration and Fees

+

Broad Run High School Activity Registration

+

Other Required Forms

+

Join TeamSnap

+

USRowing Membership

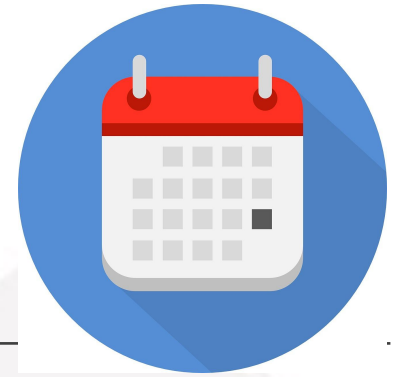
+

Questions regarding registration should be directed to Mrs. Vassar at brcrowmembership@gmail.com. PDF documents may also be scanned to this address.

Registration Steps

1. Complete BRC Rower Registration Form
2. BRC Membership Fees & Fundraising Obligation
3. BRHS Athletic Team Registration
4. VHSL Sports Physical 2023-24
5. BR Crew Liability Waiver & Member Acknowledgment
6. **BR Crew Financial Commitment**
7. **BR Crew Fundraising Commitment**
8. Join Team Snap – it's how we communicate!
9. U.S. Rowing Membership

Important Dates



- ★ November 13, 2023 - Winter Conditioning Registration & Fees Due
- ★ November 27, 2023 - February 16, 2024 - Winter Conditioning @ BRHS
- ★ December 2023 - Holiday Party (date, time & location coming soon)
- ★ February 1, 2024 - Spring 2024 Season Kick-off Meeting (mandatory)
 - Registration & Fees Due
- ★ Week of February 19, 2024 - Tryouts
- ★ Week of February 26, 2024 - Spring Practices Begin
- ★ March 8, 2024 - Fundraising Fair Share Commitment Due
- ★ March 16, 2024 - First Regatta of the Season: Polar Bear Regatta

For calendar updates visit: [Broad Run Crew Calendar](#)

Questions?

Contact us:

broadruncrewboard@gmail.com

This presentation will be available
online at www.broadruncrew.com