



**BROAD RUN CREW**

# Interest Meeting

Parents and Students  
October 15, 2024

# Who We Are

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## Tier 3, Co-Ed Varsity Sport

- Sanctioned by LCPS / Broad Run, not supported financially
- 509(a) – non-profit public charity
- **Athletes are eligible for Varsity Letters and recognition through BRHS**
- 100% Parent-led & part of the team
- Board manages administrative and financial details
- A group effort where we support the rowers and YES, it is fun!

***We welcome ALL rowers – experienced and novice!***

***We welcome ALL parents – we need you!***

# Broad Run Crew Board

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Lauren Everingham, President

Jennifer Vassar, VP, Administration

Daniela Wagner, VP, Operations

Gene Chun, VP, Equipment

Godwin Babu, Treasurer

Emily Hanlin, Secretary

Advisor: Aimee Love

Contact us at [broadruncrewboard@gmail.com](mailto:broadruncrewboard@gmail.com)

# Exciting Changes for Broad Run Crew

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# Beaverdam Reservoir Boat House

- New practice location
- Innovative, state-of-art facility
- Protected equipment
- Indoor training room
- Ease on / off the water
- No more boots required!



# What Else Has BRC Been Up To?

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- More equipment updates – new cox boxes, new ergs
- Supported BRC entries at States, Stotes, and Nationals
- Hosted 2 Summer Learn to Row sessions
- Currently participating in Fall Rowing with Loudoun Rowing Association
- Broad Run Crew charter renewed with Broad Run High School
- Budget and planning for the 2025 season



# Meet the Coaches

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Head Coach, Mike Love



## Assistant Coaches:



Sathy Gunawardhana



Adam Kuntz



Cassie Essex



Rick Schall

# Strong finish to last season

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- Both our Novice Mens (4) and our Freshman Women (4) secured bronze medals at VA States
- Mens Jr. (4) also secured a bronze medal at VA States, allowing them to move on SRAA Nationals in NJ
- Securing VA States Finalist rankings were Boys 3-4 (3rd), Boys 2-4 (4th), Boys 1-4 (6th)



# BRC Alumni to Collegiate Rowing

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# 2024-2025 Captains

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Anfisa Starchenko | Matthew Vassar | Hema Chanamolu

# What is Rowing for BRC Like?

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- Commitment to teamwork and cooperation on boats of 4 or 8 + coxswain
- Row / Compete in the Spring; Fall/Winter Conditioning on land
- Spring Practices are at Beaverdam Reservoir boathouse, after school hours
- Winter conditioning combines erg training, running, and strength training
- **Athletes are eligible for Varsity Letters and recognition through BRHS**
- Regattas are run by the Virginia Scholastic Rowing Association (VASRA) and are held at Sandy Run on the Occoquan River (FFX)
- Yes, the blisters are real but so is the FUN!

# Regatta Line-Up

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- [3/22] **Polar Bear Regatta**
- [3/29] **Walter Mess Regatta**
- [4/5] **Darrell Winslow Regatta**
- [4/12] **Ted Phoenix Regatta**
- [4/26] **Al Urquia Regatta**
- [5/3] **VSR Championships (States) Day 1**
- [5/10] **VSR Championships (States) Day 2**
- [5/16-5/17] **Stotesbury Cup (Philadelphia, PA - optional and invite only)**
- [5/23-5/24] **SRAA Championships (Nationals), Pennsauken, NJ (qualifying boats only)**

# Eligibility Requirements

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- Broad Run High School Students
- Farmwell Station Middle School 8<sup>th</sup> grade students may participate if they became 14 on or before Aug 1, 2024
- School & Practice Attendance
- Maintain minimum grade requirement



# Financial Commitment

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- **Membership Dues**
  - Spring 2025 - \$1,100 (*sibling discount of \$330*)
  - Winter Conditioning - \$150
- **“Fundraising” Financial Requirement**
  - Each family - \$350 required “fundraising” commit
  - BRC Board will provide “fundraising” opportunities that can aid in meeting the BRC family financial requirement
    - *Opportunities will include: RaiseRight, Corporate Sponsorships, Erg-a-Thon Fundraiser*
  - Rowers (and families) are encouraged to participate in these opportunities once registered
- **Uniforms**
  - \$90 - new rowers only

# Volunteer Opportunities

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- **OPERATIONS** (Equipment, grounds, transportation)
- **FUNDRAISING**
- **HOSPITALITY** (Friday dinners, regatta food, socials)
- **SPIRIT WEAR & UNIFORMS**
- **COMMUNICATIONS**
- **ADMINISTRATION**
- **LEARN TO ROW (LTR)**
- **Virginia Scholastic Rowing Association (VASRA)**
- **BRC Board** (year commit / voted annually)



Visit [BroadRunCrew.com](https://BroadRunCrew.com) for full descriptions

# How to volunteer

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- See [BroadRunCrew.com](http://BroadRunCrew.com) for volunteer descriptions
- Look for sign-ups at the kick-off meeting
- Receive notification of volunteer needs by direct email, Sign-up Genius or TeamSnap.

Contact [broadruncrewboard@gmail.com](mailto:broadruncrewboard@gmail.com) with interest or questions.

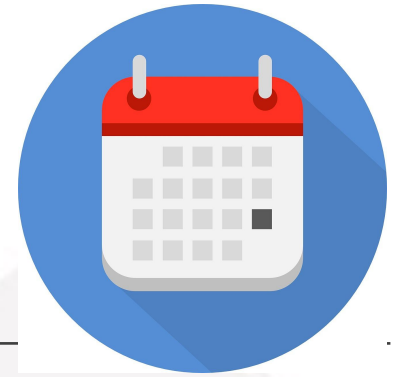
# Registration Steps

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1. Broad Run Crew Rower Registration Form
2. Broad Run Crew Liability Waiver & Member Acknowledgment
3. BRHS Athletic Team Registration
4. VHSL Sports Physical 2024-25
5. Broad Run Crew Dues (Winter, Spring & / or Uniform)
6. Broad Run Crew Required “Fundraising” Commitment
7. Join Team Snap – it’s how we communicate!
8. U.S. Rowing Membership

# Important Dates

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- ★ November 27, 2024 - Winter Conditioning Registration & Fees Due
- ★ December 2, 2024 - February 21, 2025 - Winter Conditioning @ BRHS
- ★ December 2024 - Holiday Party (date, time & location coming soon)
- ★ February 3, 2025 - Spring 2025 Season Kick-off Meeting (mandatory)
  - Registration & Fees Due
- ★ Week of February 24, 2025 - Tryouts
- ★ Week of March 3, 2025 - Spring Practices Begin
- ★ March 7, 2025 - Required “Fundraising” Commitment Due

For calendar updates visit: [Broad Run Crew Calendar](#)



## Next Steps: Registration



<https://spring-2025-registration-fees.cheddarup.com>

# Questions?

Contact us:

[broadruncrewboard@gmail.com](mailto:broadruncrewboard@gmail.com)

This presentation will be available  
online at [www.broadruncrew.com](http://www.broadruncrew.com)