



**OCT 15**  
**7:00PM**

# **CREW INTEREST MEETING**

**BROAD RUN HIGH SCHOOL  
BOYS/GIRLS VARSITY TEAMS**



## **COME ROW WITH US!**

- No experience required! We welcome all Broad Run students.
- Learn about Winter Conditioning and the Spring Crew season: Winter Workouts, Spring Practices, Regattas, Team Dinners
- Interest meeting is for students and parents
- Join us in the Broad Run HS Library to talk about all things crew!



Broad Run High School Library



[www.broadruncrew.com](http://www.broadruncrew.com)